Derby & Derbyshire
Emotional Health & Wellbeing

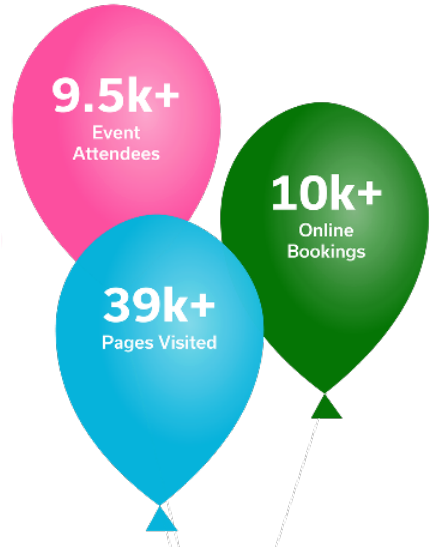
Training & Events Newsletter – 04.05.21

All courses are fully funded by NHS Derby and Derbyshire CCG
To view further information, please click on the session title
If you have any queries, please email Training.Events@derbyshire.gov.uk

HAPPY BIRTHDAY!

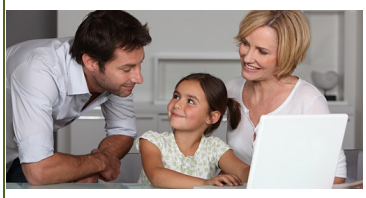
On 4 May 2021, the Derby and Derbyshire Emotional Health and Wellbeing Website is 1 year old! Can you believe it?

As a present, we 'refreshed' its Home Page. Have a look!





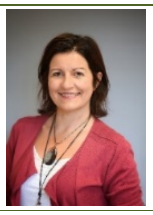
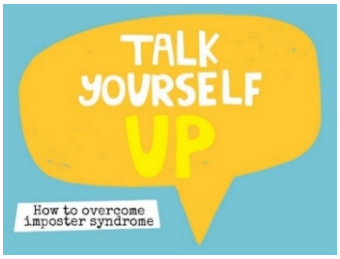
Tell us at training.events@derbyshire.gov.uk what you think of it and follow us @LearnDerbys for new training and content.

	An Introduction to Positive Behaviour Support Hosted by Charles Lynn Friday 7 May 2021 09:30 - 12:00 **This session is now fully booked, please join the waiting list**
	**Motivational Interviewing 2 Day Course (10.05.21 and 17.05.21)** Hosted by Deborah Page (Principal Educational Psychologist Monday 10 May 2021 - 09:30-12:30 **and** Monday 17 May 2021 - 09:30-12:30 **Attendance is required on both days** **This session is now fully booked, please join the waiting list**
	**Thinking Fast and Slow – What Influences the Decisions We Make** Hosted by Ian Kay Tuesday 11 May 2021 09:30 - 11:00
	**Online Safety for Parents and Carers** Hosted by Traci Good Wednesday 12 May 2021 10:30 - 12:00 **This session is now fully booked, please join the waiting list**
Stonewall Acceptance without exception	NEW **Supporting LGBT Children and Young People** Hosted by Sarah Rose from Stonewall Monday 17 May 2021 10:00-11:30
	**Sabre Tooth Tigers and Teddy Bears (For Derbyshire and Derby City Foster Carers with children aged 0-5 and Early Years Settings)** Hosted by Dr Suzanne Zeedyk Wednesday 19 May 2021 10:00-12:00
	**Difficult Conversations and Positive Challenge** Hosted by Lee Morris & David Tomkinson from &Partnership Tuesday 25 May 2021 10:00 - 11:30 **This session is now fully booked, please join the waiting list**
	An Introduction to Positive Behaviour Support Hosted by Charles Lynn Friday 28 May 2021 09:30 - 12:00 **This session is now fully booked, please join the waiting list**

To book a session, please visit derbyandderbyshireemotionalhealthandwellbeing.uk and search for the course title. For any queries, please email training.events@derbyshire.gov.uk

Follow us for training updates @LearnDerbys V3



	NEW **Non-Directive Play Practice and the Importance of Play in the Pandemic** Delivered by Dr Pete King, Swansea University Friday 28 May 2021 - 10:00-12:00
	**Monthly Mindfulness** Hosted by Martin Burder from 'Art of Brilliance' Friday 28 May 2021 14:00 - 15:00
	**Relationships: Paving the way for transitioning into adulthood** Delivered by Lisa Cherry Tuesday 8 June 2021 14:00 - 16:00
Science of Happiness For Better. For Good.	**The Science of Happiness: Coping with Adversity** Delivered by Professor Bruce Hood Tuesday 8 June 2021 - 16:00 to 17:00
Science of Happiness For Better. For Good.	**The Science of Happiness: Coping with Adversity** Delivered by Professor Bruce Hood Thursday 10 June 2021 - 16:00 to 17:00
	NEW **It's all about YOU (and the 'new normal')** Hosted by Jason Todd from Art of Brilliance Friday 11 June 2021 - 14:00-15:00
	**Thinking Fast and Slow – What Influences the Decisions We Make** Hosted by Ian Kay Monday 14 June 2021 14:00 - 15:30
	NEW **Talk Yourself Up: How to overcome Imposter Syndrome** Hosted by Jonathan Peach from Art of Brilliance Thursday 17 June 2021 - 13:00-14:00

	NEW **It's all about YOU (and the 'new normal')** Hosted by Jason Todd from Art of Brilliance Friday 18 June 2021 - 14:00-15:00
	**Difficult Conversations and Positive Challenge** Hosted by Lee Morris & David Tomkinson from &Partnership Tuesday 22 June 2021 10:00 - 11:30
	NEW **Non-Directive Play Practice and the Importance of Play in the Pandemic** Delivered by Dr Pete King, Swansea University Friday 25 June 2021 - 10:00-12:00
	**Monthly Mindfulness** Hosted by Martin Burder from 'Art of Brilliance' Friday 25 June 2021 14:00 - 15:00
	NEW **Talk Yourself Up: How to overcome Imposter Syndrome** Hosted by Jonathan Peach from Art of Brilliance Thursday 8 July 2021 - 10:00-11:00
	**Monthly Mindfulness** Hosted by Martin Burder from 'Art of Brilliance' Friday 30 July 2021 14:00 - 15:00

E-learning Opportunities

National Autistic Society Autism E-learning modules

We still have a few licenses left for our range of autism e-learning modules hosted by the National Autistic Society:

- Understanding Autism
- Autism, Stress and Anxiety
- Autism: Supporting Families
- Safeguarding Autistic Children
- Women and Girls on the Autism Spectrum

This training is open to parents and carers as well as professionals working with autistic children in Derbyshire and Derby City. If you work with a child who you think may have autism, or who has (or is awaiting) a diagnosis, please click to view the flyers above and decide which module/s would be useful to you. Each module covers a different autism theme and you can apply to do as many as you like.

Please note: all licenses for autism modules must now be redeemed within 30 days of being allocated. (After you redeem a license, you still have 6 months to complete it).

Mental Capacity Act and DOLS E-learning course

Fully funded by NHS Derby and Derbyshire CCG and delivered online by 'Careskills Academy', this Level 2 and 3 CPD certified e-learning course will introduce you to **the Mental Capacity Act (MCA) and Deprivation of Liberty Safeguards (DOLS)** and can be done any time.

This course will:

- Outline the **Mental Capacity Act 2005 (MCA)**
- Explain the term 'capacity' and identify who is affected by the legislation
- Explore the five statutory principles of the MCA and good practice in supporting an individual to make decisions
- Describe the two-stage test for assessing capacity and who should be involved in the capacity assessment
- Explain the role of the Mental Capacity Advocate, the Court of Protection and the Lasting Power of Attorney
- Outline and examine the **Deprivation of Liberty Safeguards (DOLS)**
- Explore the meaning of the term 'deprivation of liberty'
- Explain the difference between restriction, restraint and deprivation of liberty
- Outline the purpose of the DOLS and how to make an application if an individual is being deprived of their liberty.

To apply for a licence (allocated on a first come, first served basis), click this link to complete the booking form and email it to **training.events@derbyshire.gov.uk**

Now Live

1- **New Home Page** – Showing ‘New Content’ and ‘Campaigns’

2- **Partner Training** – From Autism to Mental Health and Wellbeing, explore the training available through partner organisations. Click on ‘Professionals’, ‘Parent/Carer’ or ‘Child/Young person’, then ‘Partner Training’.

3- **New Wellbeing Podcasts** – Three further podcasts available from 04.05.21.

- An open mind
- Random Acts of Kindness
- To do or to be

We have teamed up with ‘The Art of Brilliance’ to bring you short wellbeing podcasts, available on derbyandderbyshireemotionalhealthandwellbeing.uk , selecting ‘Training & Events’, then ‘Events Resources’.

