Expedition Kit List (Advisory)

You are encouraged to wear as much civilian clothing and footwear as possible, provided it meets the required standards for warmth, waterproof ability, comfort, breathability etc. If you do not have the necessary civilian kit your Army Cadets’ kit and uniform will also be acceptable.

Clothing

- Strong, lightweight walking boots
- Jacket, ideally a wind/waterproof Gore-Tex one (May be issued by Platoon)
- 4x pairs socks
- 2x T-shirts
- 1x Fleece
- Spare Underwear
- Clothes to sleep in
- Flip flops
- Hat
- Gloves
- Waterproof trousers (May be issued by Platoon)
- Boot cleaning kit & spare laces

Personal Kit

- Rucksack/Bergen (May be issued by Platoon)
- Waterproof bergen liners or plastic bin liners to line bergen
- Sleeping mat (May be issued by Platoon)
- Sleeping bag, 3-4 season (May be issued by Platoon)
- Bivvi bag (May be issued by Platoon)
- Small amount of money
- Note book & pencil
- Watch
- Whistle
• Wet wipes, such as Johnson’s Baby Wipes
• Torch & spare batteries
• Personal First Aid Kit - including personal medication
• Sun block & after sun
• Food rations that provide you with hot breakfast and evening meal, plus snacks for lunch. Nutritional value is more important than ‘comfort’ value - Pot Noodles are a big ‘no no’
• Snacks to suit personal preferences
• Water Bottle & Mug (May be issued by Platoon)
• Spoon
• Cooking system, ideally a JetBoil or similar (Hexamine/Dragon Gel cookers may be issued by Platoon)
• Mess tins if using Hexamine or Dragon Gel cookers (May be issued by Platoon)
• Scouring pad & tea towel
• Wash kit
• Towel
• Small pen knife

**Group Kit**

• Tent - Issued @ Yoxter or locally
• Stove - Issued @ Yoxter or locally
• Maps - Issued @ Yoxter or locally
• Compass - Issued @ Yoxter or locally
• Map Case