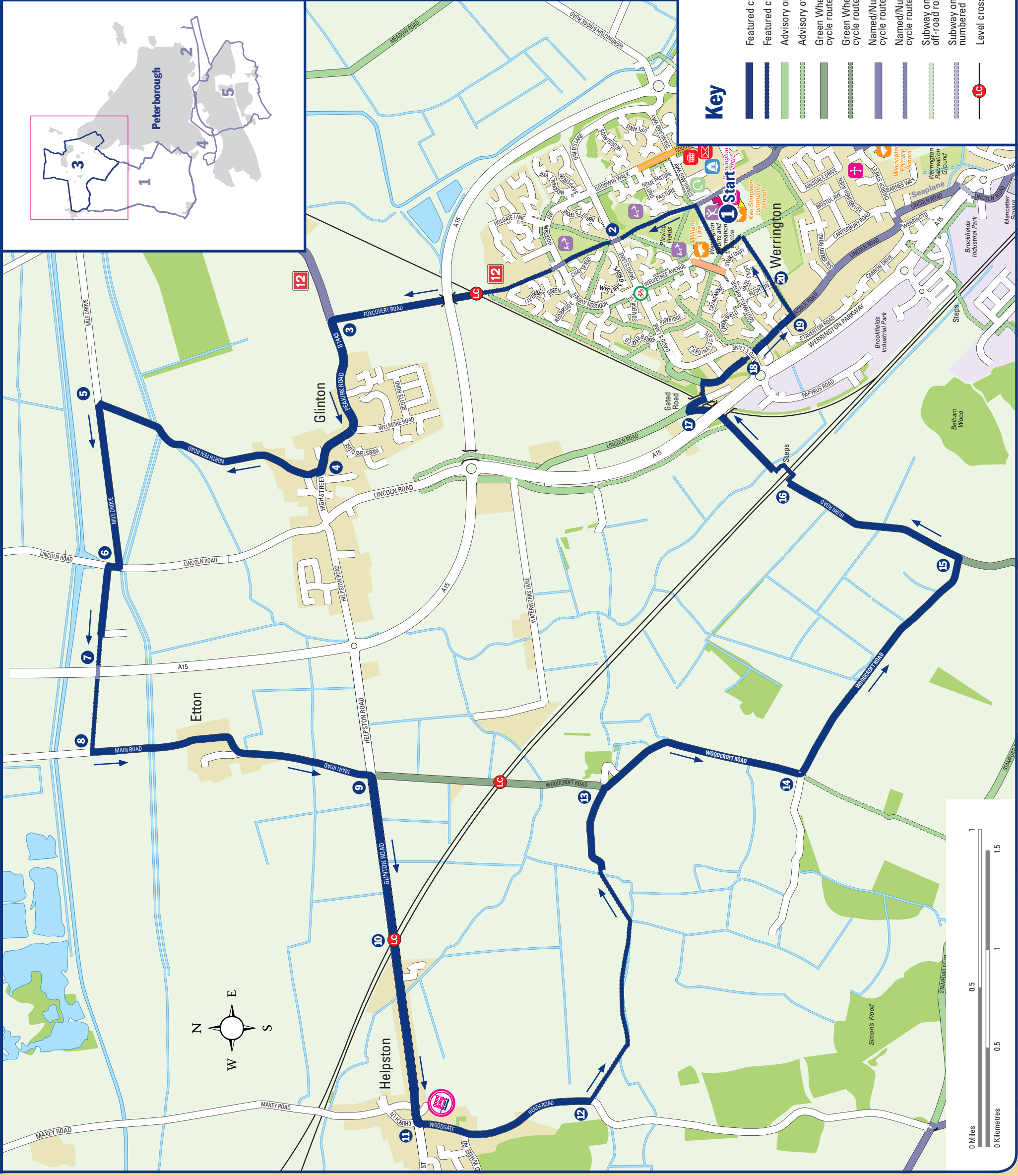


11miles / 17km Approx. 1hr 30mins



11miles / 17km
Approx. 1hr 30mins

This 11 mile circular route takes in a selection of northern Peterborough's quaint rural villages, including Glinton, Etton and Helpston. This route is suitable for families as the majority of the route is on quiet lanes and off-road cycle paths; however, there are a couple of main road crossings and a railway bridge to negotiate, so please take care.



Country track near Helpston



Church of St Benedict

The Church of St Benedict in Glington is considered to be one of the finest needle spires in England. An interesting feature of the church is the gargoyles on the south side of the roof. Three show their faces, however, take a close look at the fourth. The story is told that, the mediaeval stonemason was paid according to the items' worth as assessed by the patron. The mason failed to be paid what he considered to be a fair value and decided to show his displeasure.

Clare Cottage - As you pass through Helpston be sure to stop off at Clare Cottage. This was the home of John Clare, one of our most remarkable poets of the English countryside for many years. Born in Helpston in 1793 Clare lived and worked in the Helpston area all his life. He died in 1864 and you can visit his gravestone in the Helpston churchyard.

Woodcroft - After passing through Helpston you enter Woodcroft Road, which is the start of Woodcroft, a deserted medieval village.



St Botolph's Church, Helpston



Photo: Roger Page

Peterborough LEISURE CYCLING Routes



Cycling for leisure is great fun. It's convenient, gives you freedom, independence and a real sense of well being. Furthermore, it is a great way to get to know Peterborough and its surrounding area. From relaxing family-friendly traffic-free trails to longer-distance rural favourites, Peterborough's Leisure Cycling Guides has a cycle route to suit.

‘Cycling the John Clare Loop’ is just one of five leisure cycling guides. Why not try another route in the series and visit some of the wonderful attractions on your doorstep including: Ferry Meadows Country Park, Flag Fen Archaeology Park, Crown Lakes Country Park, Castor Hanglands, the Nene Valley Railway and numerous delightful rural villages:

- 1 The Nassaburgh Trail
- 2 The Celtic Causeway
- 3 John Clare Country
- 4 The Nene Park Loop
- 5 The Crown Lake Link



If you would like to receive any additional information on cycling in Peterborough, please visit www.travelchoice.org.uk, contact the Travelchoice Team on 01733 747474, or why not sign up to the cycling e-newsletter: 'The Inner Tube'.

If you would like to explore further than the Leisure Cycling Guides, why not purchase the “**Your Cycle Map Peterborough**” for £1.50 from The Travelchoice Centre, Peterborough Destination Centre or one of Peterborough’s numerous cycle shops.



Whether you are new to cycling, just a bit rusty or would like more confidence in on-road situations, there are plenty of opportunities for cycle training.

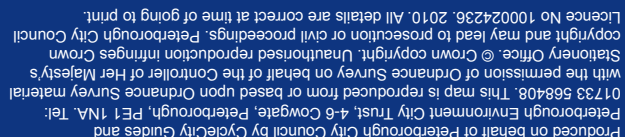
Peterborough City Council offer training for children and adults including free adult cycle training for adults*



*First lesson (90mins) free of charge

Take advantage of discounts at local attractions and shops including cycle shops by joining the *good going* campaign! In return for making a pledge to travel by sustainable transport where possible you will receive a membership card entitling you to discounts at all independent cycle shops around Peterborough, as well as a number of local attractions and shops.

Just show your *good going* membership card. Visit **www.travelchoice.org.uk**, pick up an application form from the Travelchoice Centre or telephone the Travelchoice Team on 01733 747474.



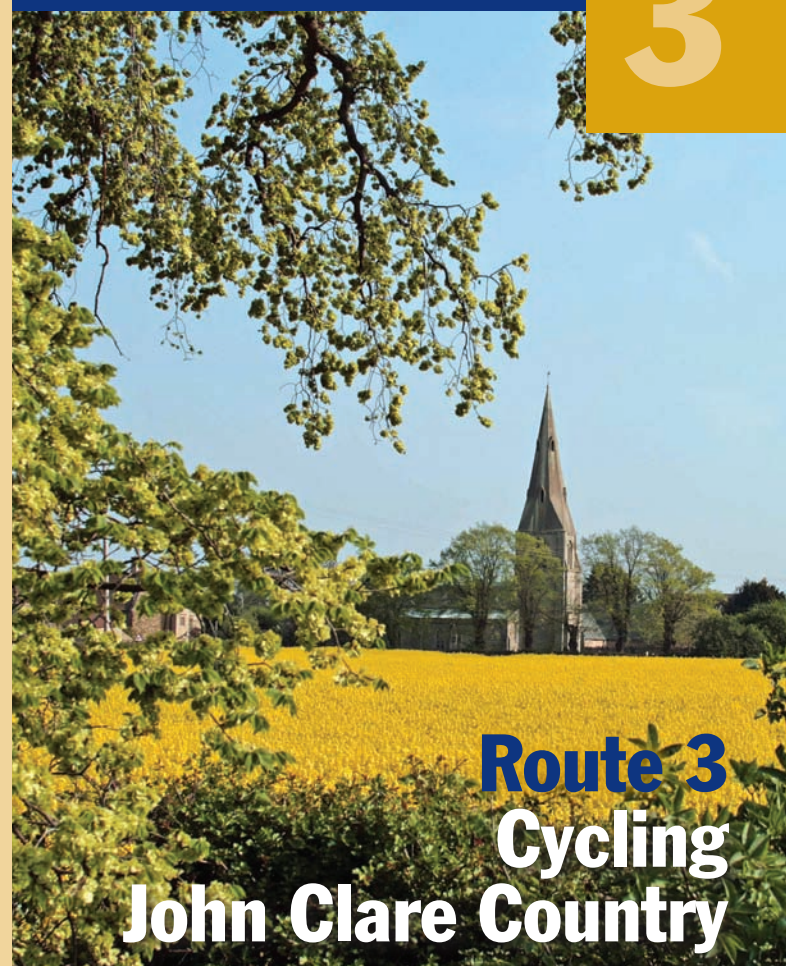
Clare Cottage, Woodgate, Helpston,
Peterborough, Cambs PE6 7ED
Tel: 01733 253330
www.clarecottage.org

The Cottage is open every day from 10:30am to 3pm and includes a café selling light refreshments. Good Going discounts available on refreshments.

Home of the poet John Clare from 1793 until 1832. John Clare was an early 19th century rural poet. A visit to his home provides an opportunity to learn about the man, see his works, and see how he lived. You can also spend time in the gardens and walk.



Clare Cottage - Helpston



11miles / 17km Approx. 1hr 30mins



Exercise your
TRAVELCHOICE
in Peterborough