



Chigwell School

Job Title: Self Employed Class Instructor – Support Staff

Reporting to: Assistant Health & Fitness Manager & Health & Fitness Manager

Main Purpose: To assist the Health & Fitness Manager to run specific studio classes for members of Chigwell School Sport & Wellness Centre

SUMMARY OF RESPONSIBILITIES AND DUTIES

- To run a variety of studio classes available to members.
- To ensure all classes are varied and open to all levels of fitness.
- To ensure that Members receive high quality classes.
- To continually update any training requirements related to knowledge and qualifications.
- To provide the Health and Fitness Manager with any changes to their teaching status or updates they may have obtained.
- To be responsible for the safety and cleanliness of the class environment.
- To be punctual and be set up ready for the class to commence.
- To wear appropriate sports / training attire.
- To ensure high standard of customer care and a quality service at all times.
- To attend appropriate training for professional development.
- To work as a team and attend team meetings if required.
- To carry out any other duty as requested by your Line Manager.

CONFIDENTIALITY

The successful candidate must maintain the confidentiality of information regarding the School, its staff and its business as sensitive and confidential materials are regularly handled in the Department. Information must not be communicated to other persons either in or outside the School except in the recognised course of their duties.

PERSON SPECIFICATION

SKILLS & ABILITIES

- A motivated, friendly, vibrant and outgoing individual with a passion for health and fitness.
- The ability to motivate others in an environment of continuous improvement.
- The ability to encourage class users with the appropriate techniques.
- The ability to communicate effectively with class participants.
- To be empathetic to users with varying abilities.



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KNOWLEDGE

- Knowledge of studio classes within a leisure facility.
- Knowledge of specific class requirements and any regular updates of qualifications they have obtained
- Knowledge of health related benefits of regular exercise.

EXPERIENCE

- Experience of working in a health and fitness environment.
- Experience of teaching exercise classes.

QUALIFICATIONS

Recognised exercise class qualifications, CIMPSA or other recognised professional affiliation

HOURS OF WORK

On a self employed basis which will involve mornings, evenings and weekends.

PAY

£25/£30 per hour

Please note that job descriptions cannot be exhaustive, and the post-holder may be required to undertake other duties, which are broadly in line with the above key responsibilities.

Chigwell School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undergo child protection screening appropriate to any post, including checks with past employers and the Disclosure and Barring Service.