




# WATT'S FOR LUNCH? FUEL YOUR DAY WITH A HEALTHY SCHOOL LUNCH

| Week 3  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|--|
| Main Dish   | Chicken Sausage Served wedges                            | Teriyaki Chicken served with Noodles                     | Roast Chicken served with Stuffing & Roast potatoes                | Moroccan Minced Beef & Chickpea stew served with cous cous | Southern Fried Chicken served with chips                 |
| Vegetarian Main Dish  | Macaroni Cheese Served with Garlic Bread                 | Quorn Vegetable Paella                                   | Vegetarian sausage and Bean Gratin served with seasonal vegetables | Quorn & Vegetable Lasagne Served with Potato Wedges        | Vegetable Frittata served with Chips                     |
| Accompaniments<br> | Garden Peas  | Green beans  | Carrots  | Sweetcorn  | Baked Beans<br>Mushy Peas                                |
| Street Food   | Love Joes Wraps<br>Jacket Potato Bar<br>Burger Selection | Love Joes Wraps<br>Jacket Potato Bar<br>Burger Selection | Love Joes Wraps<br>Jacket Potato Bar<br>Burger Selection           | Love Joes Wraps<br>Jacket Potato Bar<br>Burger Selection   | Love Joes Wraps<br>Jacket Potato Bar<br>Burger Selection |
| Italian Daily Special   | TUGO Pizza & 4ORK Pasta Bar                              | TUGO Pizza & 4ORK Pasta Bar                              | TUGO Pizza & 4ORK Pasta Bar  | TUGO Pizza & 4ORK Pasta Bar                                | TUGO Pizza & 4ORK Pasta Bar                              |
| Dessert   | Selection of homemade treats and dessert                 | Selection of homemade treats and dessert                 | Selection of homemade treats and dessert                           | Selection of homemade treats and dessert                   | Selection of homemade treats and dessert                 |

**KEY**

-  - 1 OF YOUR 5 A DAY
-  - MEAT-FREE MONDAY
-  - CHEF'S CHOICE
-  - PLANT-BASED (VEGAN)



# MENU