PSHE Learning Journey What are my options post 18? Writing a personal In what ways are we **EYFS - Y13** different? statement Discrimination Looking for a job. How can we prevent discrimination Human rights. How can I keep myself safe How can I look after How can I be aware of my money? in the real world? my body? How can I take care of myself during sex? Debt Conception Contraception Pornography Mortgages Contraception Sexual transmitted Infections How can I be an active **FGM** What does a healthy How can I be a safe Gambling Abortion citizen? Forced Marriage driver? Pregnancy lifestyle look like? The Equality Act What skills do I need for Level 3 Impacts of unsafe Healthy diet Volunteering study? driving Vaping Blook/organ and stem Persuasion and Influence How can I prepare for Theory test Drugs cell donation. later life? Study Skills Alcohol Mental health Careers Coping with exam stress **Building motivation** Skills for the future How can I look after How is the Uk How are we all different? What do I want for myself in the future? Governed? How can I have healthy LGBTQ+ my future? relationships? Racism How can I keep myself safe? Healthy lifestyle Consent Religious discrimination Free Speech High level First aid Sexual relationships **FGM** Ablism Extremism apprenticeships Forced Marriage Drugs and Sexual intercourse How can I stay safe online? What are human rights? How can I maintain a healthy lifestyle? Rights and Responsibilities online Human rights charter Alcohol Photoshop and Body image Amnesty International Drugs International law Online Bullying Vaping and Smoking What are our shared British Values? Rule of Law Democracy The right to vote How can I maintain a healthy relationship? How can I prepare for work experience? Sexual violence **Employer expectations** Abusive relationships Health and Safety in the workplace. Family relationships What are the risks of the risky How can I manage risk in my life? Sexual behaviour? **Careers** Is the UK a democratic country? Future planning, skills for work, The role of the MP entrepreneurs, STEM careers Contraception How are laws made and enforced? Staying safe online. and public sector jobs. Consent What is mental health? What it is? How do I keep safe in relationships? How can I use my voice effectively? How can we look after it? Grooming Radicalisation and Extremism **Emotional Wellbeing** Healthy and Unhealthy relationships **Protests and Riots** Consent Using my voice for positive. How does my body change What is a healthy during puberty? What are some of the biggest relationship? What are my aspirations? Personal Hygiene issues in our society? Types of families Using the internet to find Differences between men Online Friendships Homelessness careers. and women's bodies. Positive friendships. Refugees and Asylum seekers. Social mobility Sexual Violence What does a healthy lifestyle look like? Physical health Mental Health How can I stay Healthy eating healthy? How can I stay safe in my First aid Diversity What is Democracy? community? Mental health **Equality Act Student Voice** Criminal Exploitation Different types of Physical health **British Values** Bemrose PASS How can I look after Road safety leadership. Homophobia my money? UK parliament. Economy. How are laws made? What do we all have in common Debt Budgeting and what are our differences? Living in the wider Living in the wider world Who I am world The Bemrose Community My community Stereotypes Anti-bullying Volunteering **YEAR** Health and Relationships Wellbeing Danger or risk? Health and Wellbeing Danger, risk, Body space Helping each Friends are special hazard other to stay safe All change! Living in the wider Living in the wider My special pet world Alcohol and world How can we look Health and Why we have cigarettes Wellbeing after our classroom rules Health and How safe would environment? Basic aid Wellbeing you feel? How should we look Eat well after our money Super sleep Who can help? Relationships Relationships Who are our I don't like that special people Bullying or teasing? It's not fair An act of kindness Relationships Rights and Valuing KS1 **Growing and** Marvellous Me! Responsibilities **Rights and Responsibilities** difference I'm special Changing Being helpful at Looking after Same and Religious home myself/others/environment different families Looking after money practices and Kind and caring ways of living **EYFS Growing and** Changing Seasons Life Relationships stages Being my Best Valuing Keeping myself safe My feelings **Keeping myself** Being my Best difference Resilience Listening to my safe I can do it! Healthy eating Me and my feelings Safety friends Keeping safe online indoors/outdoors