



The
Rivers
Trust

Lesson 1

Getting to know rivers



With thanks to:



Illustrations © The Adventures of Scout 2025

Starter Task:



My planet is dry and dusty, what is a river?



CHALLENGE What questions do you want to ask the alien about their planet?

Know:

What a river is (and what it is not)

Understand:

The features of a river

Apply:

Create your own river scene





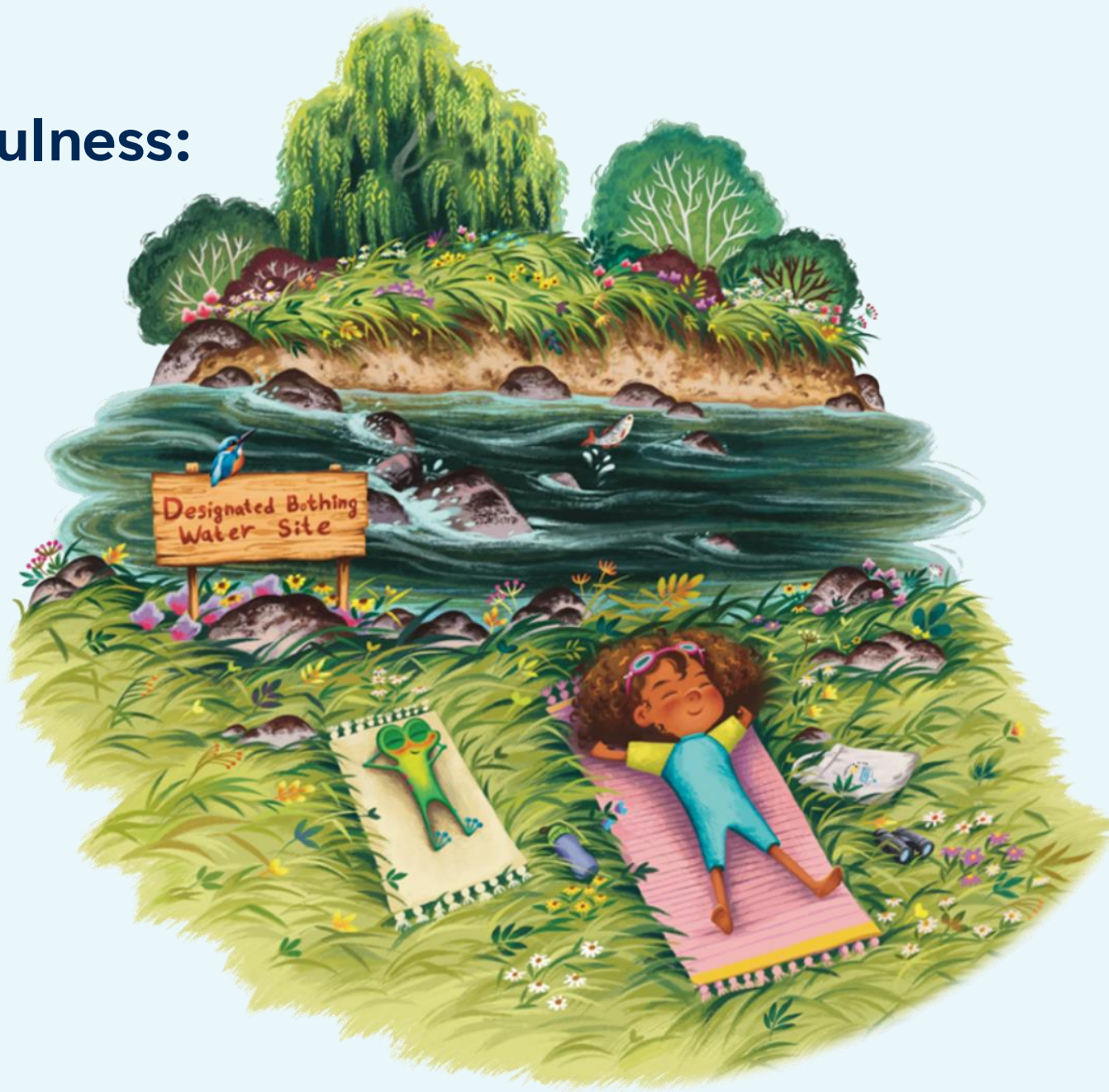
Which images show rivers?



Can you link each image to rivers in some way?



River Mindfulness:



Scout and Vinnie rest after their swim.
Why is this such a great spot for this?



- How does Scout know the river is safe to swim in?
- Are all rivers safe?

River Senses:



Imagine you are lying with Scout and Vinnie.

How does the river...



How do rivers make you feel?
Why?

A central collage illustrating the five senses. At the top center is a large red number "5" above a green rounded rectangle containing the word "SENSES". Surrounding this are five circular icons: a purple ear, a pink eye, a yellow nose, a blue mouth, and a green hand. Each icon is paired with a photograph of a child and a light blue text box with a question: "...sound?" (girl listening), "...look?" (girl with binoculars), "...smell?" (girl smelling), "...taste?" (boys playing in water), and "...feel?" (boy touching a rock).

Get Creative:

Create your own river scene using the materials that have been given to you



Can you add anything from River Senses e.g., things that you can touch?

Can you label the main features on your river scene?

Trees

Bridge

Rocks

Water flowing- I have added this because...



- Why have you added each of the things on your picture?
- Can you group any of these features?



Which photo is the odd one out?



- Why have you chosen this image as the odd one out?
- What features can you pick out in the other 3 images that are similar?



The
Rivers
Trust

Lesson 1

Getting to Know Rivers



With thanks to:



Illustrations © The Adventures of Scout 2025