



# The first minutes matter

## Free post collision response training to help protect drivers and save lives

Research shows that the first minutes after a collision are critical, and simple bystander actions can make a life-saving difference while emergency services are on their way.

That's why our new immediate post collision response training modules aim to give drivers the information, advice, and confidence to:

- Make a great 999 call
- Stay safe and make effective decisions at the scene
- Provide simple first aid if they choose to help

Developed with medical, emergency and industry specialists, the training modules are quick, practical, and designed for real roadside situations.

If you need help accessing this or any other National Highways information, please call **0300 123 5000** and we will help you.

## What does the training cover?

### **1. Making the perfect 999 call for assistance**

Learn how to stay calm, provide the right information, and pinpoint your exact location to help emergency services respond faster.

### **2. Keeping yourself and the incident scene safe**

Understand where to stop, how to assess danger, when **not** to intervene, and how to support emergency services without putting yourself at risk.

### **3. Trauma-related first aid**

Discover safe, practical actions such as airway checks, bleed control and CPR basics that you can choose to do – plus the legal protections in place for bystanders.

## Simple training Life-saving potential

Click the link to access the free immediate post collision response modules and join a community of drivers prepared to make a difference when it matters most.

<https://courses.armm.org.uk/courses/nh-post-collision-response>

### **Questions or suggestions?**

Email: [incidentprevention@nationalhighways.co.uk](mailto:incidentprevention@nationalhighways.co.uk)