

KOL KINLOSS



**The
Bar & Bat
Mitzvah
Programmes
Enjoy Challah
Baking & Tzitzit
Making**



וישלח

Service Starts: 3.35pm
Candle lighting: 3.38pm
Shabbat Ends: 4.46pm

VAYISHLACH



KINLOSS

5 - 6 December 2025
ט"ז כסלו תשפ"ו

SHABBAT AT KINLOSS

FRIDAY NIGHT

- 3.30pm **SEPHARDI MINCHA, KABBALAT SHABBAT & ARVIT** in the Sephardi Synagogue
3.35pm **MINCHA FOLLOWED BY MINYAN LASHIR KABBALAT SHABBAT**
in the Deal Halls
3.38pm **CANDLE LIGHTING**

SHABBAT MORNING SERVICES

- 7.45am **HASHKAMA** in the Liora Graham Beit Midrash
9.00am **SEPHARDI SERVICE** in the Sephardi Synagogue
Following Mussaf, **GAL RAVIV GALEA**, widow of Itay Galea, who fell
in battle in Northern Israel on July 4th 2024, will be speaking
9.15am **MAIN SERVICE** in the Main Synagogue celebrating
REUBEN MORRIS' BAR MITZVAH
9.30am **THE MINYAN** in the Nissan & Rifca Deal Hall
9.30am **MINYAN HATZA'IR** in the Silver Suite
9.45am **YOUTH SERVICE** in the Liora Graham Beit Midrash



10.15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER

10.45am CHILDREN'S SERVICES

Age 0-4 in the Kinloss Suite Foyer with Roy
Reception - Yr 2 in the Nemetnejad Room with Natalie
Yr 3-4 in the 1st floor classrooms with Amitai and Adina
Yr 5-6 in the Newman Room with Ora and Ari

12.25pm **EARLY MINCHA** in the Main Synagogue

SHABBAT AFTERNOON

- 3.30pm **BNEI AKIVA**
3.30pm **MINCHA** followed by a light Seuda Shlishit and **SHIUR** in the Liora Graham Beit Midrash by **RABBI JOSH**, entitled '**FROM YAAKOV TO YOUR BUTCHER: HOW THE GID HANASHE ERASED THE HINDQUARTER FROM LONDON'S KOSHER MARKET?**
The Shiur will take place during the last half hour of Shabbat (4:15pm)

4.46pm **MA'ARIV & SHABBAT ENDS**

KIDDUSHIM AT KINLOSS



FRIDAY NIGHT PRE-MINCHA REFRESHMENTS in the Main Foyer and **CHICKEN SOUP KIDDUSH** in the Kinloss Suite sponsored by **VICKI & ELLI MORRIS** to celebrate **REUBEN'S BAR MITZVAH**

Shabbat morning at the conclusion of:

HASHKAMA in the Rabstein Room

MINYAN HATZA'IR in the Silver Suite

YOUTH KIDDUSH in the Liora Graham Beit Hamidrash

The entire community is invited to kiddush at the conclusion of the **MAIN SERVICE** sponsored by **VICKI & ELLI MORRIS** in honour of **REUBEN'S BAR MITZVAH**

To sponsor a Kiddush please contact Ian in the Shul Office 020 8346 8551 / ian.kamiel@kinloss.org.uk

MAZEL TOV



REUBEN MORRIS

Reuben attends JFS. His hobbies are piano, Minecraft, designing and creating games, drawing, going to the gym, swimming, doing puzzles and 3D printing.

Mazel Tov to Vicki & Elli, Jaye, Asher and Lev Morris on Reuben's Bar Mitzvah. Mazel tov to grandparents Rosemary & Mel Rosenthal (Manchester) and Frimette Morris (Ra'anana). Remembering Reuben's Saba, Raymond Morris z'l on this special occasion.

Mazel Tov to Margi Abeles & family on the birth in Israel of a great grandson, Aryeh Yehudah, son for Yacov & Dasi Abeles & a grandson for Simon & Shifra. Remembering great grandfather Leo z'l at this happy time.

BIRTHDAYS



Mazel Tov to the children in our community celebrating their birthdays this week:

**Noah Ellis (6), Alexa Mark (10), Sam Dunitz (8),
Jacob Fenton (11), Emmy Angel (8)
Natan Renshaw (2)**

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15am	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10am	Divrei Torah for the Shabbat Table	Rabbi Fine	Zoom	All
Shabbat	9am - 9.30am	*Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Deal Hall	All
	Between Mincha & Maariv	Contemporary Jewish Topics	Rabbi Birnbaum/ Rabbi Josh	Beit Midrash	All
Sunday	8.45 – 9.30am	Gemara Megilla	Rabbi Birnbaum	Deal Hall	All
Monday	1.30 – 2.10pm	Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.40 – 9.15am	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
	8.15 - 9.15pm	L'Chaim & Learn	Rabbi Josh	Rabbi Josh's home	All
Wednesday	8.45 – 9.15am	Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 - 8.45pm	Timeless Torah Parsha Shiur	Rabbi Birnbaum	Beit Midrash	All
Thursday	8.50 - 9.30am	Gemara Pesachim - 10 th Perek	Rabbi Heller	Beit Midrash	All
	8:50 - 9:30pm	Advanced Hilchot Shabbat	Rabbi Birnbaum	Beit Midrash	Women

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

* indicates not taking place this week

Sponsor a Week of Learning at Kinloss

A powerful way to mark a special occasion, honour a loved one, commemorate a yahrzeit, celebrate a simcha, or recognise an important milestone.

To Sponsor a Week of Learning go to www.kinloss.org.uk/sponsor-one-week

LEARNING AT KINLOSS

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
9 th December, 10 th January, 10 th February	8pm– 8.45pm	Women's Rosh Chodesh Shiur (The Book of Shoftim)	Rebbetzen Tali	Beit Midrash	Women
11 th December	12.30 pm – 1.30pm	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Home. <i>Contact Samantha Sussman (020 8349 5269) for the address</i>	Those in the year of mourning or marking a Yahrzeit
10 th January	11:45am – 12:05pm	Horim V'Yeladim	Rabbi Josh & Rebbetzen Tali	Large Deal Hall	Primary School Children & their Parents

THIS
WEEK!

THIS
WEEK!

Sponsor Timeless Torah

to mark an upcoming yahrzeit or to celebrate a special occasion
sponsorship will be digital as well as in-person

TO SPONSOR A WEEKLY EDITION (DONATION £180), PLEASE VISIT
www.kinloss.org.uk/sponsortt

TIMELESS ∞ TORAH

VAYISHLACH: Navigating Complexity & Commitment in Family Dynamics

The Bond of Two Brothers

Among the lesser-known stories of heroism in the Warsaw Ghetto surrounds the activities of Irena Sendler, a non-Jewish social worker, who, over the course of the war, smuggled 2,500 Jewish children from the clutches of the Nazis. Risking her life countless times, Irena changed the identities of these children, preserving their real names and personal details until after the war in a coded document buried under an apple tree in Warsaw. The parents of these children had an unthinkable decision to make. On the one hand, no one knew what the future would hold or if they would ever again be reunited with their children; on the other hand, the parents understood that this was probably the only way to save them. Together with Irena's heroic bravery, this is a story of the loyalty of family bonds and the complexities that can affect these commitments.

The narrative of Parshat Vayishlach, which has numerous examples of complex family relationships, gives us an opportunity to reflect on these dynamics. The most dramatic relationship of all – that of Yaakov and Eisav – comes to its climax in the opening passage of the parshah, as Eisav, surrounded by an army of four hundred soldiers, marches towards Yaakov's camp. At the last moment, though, Eisav is seemingly overcome with emotion and, in tears, the brothers hug and kiss one another. In the *sefer* Torah, the word '*vayishakeihu* – and he kissed him' is written with dots on top of the letters, indicating that it holds a hidden meaning. Rav Shimon Schwab (d.1995) suggests that this moment was an epiphany for Eisav. Facing his brother, against whom he had harboured strong

resentment for so many years, Eisav suddenly realised how low he had fallen. He wept over all he had lost over the intervening years. Yaakov, too, cried, mourning the tragedy of his brother, a scion of Avraham and Yitzchak, who had drifted so far away from his family's values. This was an electric moment, with the deep animosity between the brothers miraculously suspended.

And, as the Netziv (d.1893) remarks, this miracle lasted longer than just that moment. There have been countless positive relationships between the two nations descended from Yaakov and Eisav, built on genuine respect and admiration. As a specific example, the Gemara describes the close friendship that existed between Rabbi Yehudah HaNasi and Mark Antony. The love between Yaakov and Eisav that was present at that moment reflected a genuine bond that can be traced through the rest of history.

Family Honour

Another passage that underscores the power of family commitment is Shechem's abduction of Dinah, the daughter of Yaakov. Shechem was one of the local chieftains, a prince of the city that bore his own name, and after violating Dinah, he took her to be his wife. It is fascinating to observe the two immediate reactions of Dinah's brothers when they heard of the atrocity. The verses describe that at first, they were deeply saddened – '*vayis'atzevu ha'anashim*' – and then they became exceedingly angry – '*vayichar lahem me'od*'. Rav Hirsch (d.1888) explains that the first reaction, sadness, was born from a sense of loss; it was the anguish of forfeiting forever the innocence their sister.



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

Sponsored by Linda and Donald Sharpe in Honour of Donald's 93rd Birthday

This was a personal emotion. The brothers' reaction that followed immediately after this, however, was anger; they were outraged by the profaning of the moral nobility of their family.

At the end of this episode, after the battle against the people of Shechem, the brothers justified their actions to their father, saying, 'Shall our sister be made like a harlot?' (34:31). According to the commentators, this rhetorical question could reflect either one of their two initial reactions. The Malbim (d.1879) explains that the brothers argued that it would have been a fatal mistake to let this breach in their security pass. As strangers in the land, they felt compelled to stand up forcefully for their rights so that they would not be further and further oppressed. This interpretation follows from the second reaction, that of anger over the moral degradation inflicted on their family. Rashi, however, in a cryptic comment explained by the Chizkuni, notes the singular form of the word '*achoteinu* – our sister'. Faced by the dilemma that has challenged the Jewish people in almost every generation – to keep quiet in the face of aggression or to respond actively – the brothers responded with unbridled personal emotion, 'This is our sister! We cannot restrain ourselves!'

Strength in Mourning

The two passages that we have looked at until now have demonstrated the power of commitment to family members even in adverse conditions. The verses describing the end of Rachel's life, however, show us the depth of such relationships even after death. Rachel, who had waited so long for children, was experiencing difficulty during

the birth of her second child, and, wanting to encourage her, the midwife told her to take heart, as the baby was the second son she had longed for. Rachel, however, knew that she was dying, and she replied pithily that the baby should be called 'Ben-Oni, the son of my mourning'.

Interestingly, the verse (35:18) relates that Yaakov, instead of immortalising his wife's memory by using the name that his wife had chosen with her last breath, immediately changed the baby's name to Binyamin. Why did Yaakov not follow his beloved wife's choice? In a fascinating piece, the Ramban shows that Yaakov, in fact, did use Rachel's name. The word *oni*, he explains, has two meanings. It can mean 'mourning' or 'pain', which was Rachel's intention, and alternatively, it can mean 'strength', and it is this meaning that is signified in the name Binyamin, which translates literally as 'Son of the Right'. By calling the baby Binyamin, Yaakov was re-interpreting the name that Rachel chose, changing it from an insinuation of hopelessness and despair to a sense of positivity. At this immensely painful juncture of Yaakov's life, he was acutely aware that his role was to look forward and somehow find the strength to continue. With the name Binyamin, Yaakov would never forget the fact that his son was named by Rachel in a moment of immense grief and pain. At the same time, he elevated the name, demonstrating his commitment to her even after their relationship on this earth had ended.

Next Week - VAYEISHEV: Building a Life of Moral Integrity

COMING UP AT KINLOSS

GROUPS AND CLUBS



MONDAY 7.30PM
IVRIT DISCUSSION GROUP (ONLINE)
KINLOSS.ORG.UK/CHUG



MONDAY 8PM
WOMEN'S PILATES
KINLOSS.ORG.UK/PILATES



TUESDAY 10.30AM
FRIENDSHIP CLUB
KINLOSS.ORG.UK/FRIEND



TUESDAY 2.00PM
BRIDGE
KINLOSS.ORG.UK/BRIDGE

עברית

TUESDAY 7.30PM
IVRIT CLASSES
KINLOSS.ORG.UK/IVRIT



THURSDAY 10.30AM
CHAIR BASED EXERCISE
KINLOSS.ORG.UK/EXERCISE



THURSDAY 5.30PM
JUNIOR TABLE TENNIS CLUB
KINLOSS.ORG.UK/TABLETENNIS



MONDAY 22ND DEC 11.00AM
CHAPS FOR CHAT
AND MONDAY MATTERS
KINLOSSCARES@KINLOSS.ORG.UK

SHUL FOR THE MIND - CHANUKAH SPECIAL



SUNDAY 14TH DECEMBER, 11.15AM
DEAL HALLS, KINLOSS



A unique prayer service for people living with dementia and their family caregivers. All are invited to come and connect spiritually through prayer, song and of course doughnuts! Professional caregivers welcome.

For more information, contact Rochelle in the kinloss office on
020 8349 5263 / kinlosscares@kinloss.org.uk

COMING UP AT KINLOSS

UPCOMING EVENTS

SHABBAT
13TH DEC
11:30AM

SHABBAT FORUM: SPARKS OF CHANUKAH INSPIRATION

Join the Rabbinic Team for a special Shabbat Forum, following kiddush, sharing four short ideas to illuminate your Chanukah.

MOTZEI
SHABBAT
13TH DEC
5:30PM

MOTZEI MADNESS

Inviting Years 3-6 for a Motzei Shabbat extravaganza - musical Havdallah followed by pizza and a Mad Science Party for Years 3 & 4 and a Graffiti Night for Years 5 & 6

Booking essential at kinloss.org.uk/motzei

THUR
18TH DEC
3PM

KINLOSS CARES CHANUKAH TEA

Please join us for afternoon tea, doughnuts and candle lighting

Book now at www.kinloss.org.uk/chanukah-tea or call Rochelle on 020 8349 5263

Chanukah Candle Lighting & Party

A SPECIAL EVENT FOR THE ENTIRE COMMUNITY



Motzei Shabbat 20 December
5.30pm-7.00pm

Havdalah & Music
Chanukiah Lighting
Doughnuts, Popcorn & Candy Floss
Candle Decorating
Photo Booth

DON'T MISS IT!

**Including an Innovative LED
Light Show Performance!**



FREE OF CHARGE - REGISTER VIA
WWW.KINLOSS.ORG.UK/CHANUKAH

 KINLOSS



SAVE THE DATE

Kinloss Community Shabbaton

TO LAUNCH KINLOSS 100

SHABBAT 6-7 FEBRUARY 2026

FRIDAY NIGHT GALA DINNER | FAMILY SHABBAT LUNCH

MORE DETAILS COMING SOON

YAH RZEITS

Shabbat 6th December

Joyce Grossmark	Mother
Elli Morris	Father

Sunday 7th December

Alan Class	Mother
Edward Cooper	Brother
Gary Djanogly	Father
Leonie Djanogly	Husband
Vitek Frenkel	Mother
Alex Hajioff	Mother
Sandra Halperin	Father
Bernard Kaye	Mother
Gerald Lucas	Sister
Anna Phillips	Mother
Josephine Symons	Mother

Monday 8th December

Gary Bargroff	Mother
Peter Bloom	Father
Gila Hakimian	Father
Lester Kendler	Mother
David Lesser	Mother
Eve Nachman	Husband

Tuesday 9th December

Edna Barnett	Mother
Zara Blaskey	Mother
Barbara Bleiberg	Brother
Wendy Class	Mother
Tanya Dahan	Mother
Rosalind Gerrard	Husband
Lea Gilchrist	Husband
Robert Lyons	Father
Sara Renshaw	Father
Ann Winkler	Father

Wednesday 10th December

Martin Coleman	Father
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Thursday 11th December

Anne Cavendish	Mother
Karen Davis	Mother
Keith Graham	Mother
Sally Saunders	Father
Colin Sive	Father
Sarah Weisz	Father

Friday 12th December

Farita Franklin	Mother
Rami Kanzen	Brother
Pamela Plesner	Husband
Aviva Shoolman	Mother



CONDOLENCES

Edward Lazarus and Rupert Lazarus on the passing of their father Maurice Lazarus z'l.

CONSECRATIONS

Sunday 14th December 2025, 11.00am at
Bushey Old in memory of Eva Greenspan z'l

Sunday 25th January 2026, 10.30am at
Bushey New in memory of Philip Klinger z'l

Sunday 22nd February 2026, 11.00am at
Bushey Old in memory of Roberta Sanford z'l

Sunday 22nd March 2026, 11.00am at
11.30am at Bushey Old in memory of Shirley
Davidson z'l

Tuesday 24th March 2026, 11.00am at Bushey
Old in memory of Harold Stewart z'l

SERVICE TIMES

SERVICES	Sun 7 th Dec 17 Kislev	Mon 8 th Dec 18 Kislev	Tue 9 th Dec 19 Kislev	Wed 10 th Dec 20 Kislev	Thur 11 th Dec 21 Kislev	Fri 12 th Dec 22 Kislev
Shacharit	8.00am	7.00am	7.00am	7.00am	7.00am	7.00am
Shacharit 2	-	8.00am	8.00am	8.00am	8.00am	8.00am
Sephardi Shacharit	8.00am	6.30am	6.45am	6.45am	6.30am	6.45am
Mincha / Ma'ariv	3.40pm	3.40pm	3.40pm	3.40pm (Late Ma'ariv 8.45pm)	3.40pm	3.35pm



KINLOSS IS BACK ON INSTAGRAM!

Follow us **@kinlosscommunity**
for all the latest updates



KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207

Rebbetzen Elisheva Birnbaum: rebbetzen.elisheva@kinloss.org.uk / 07581 312 310

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Security (volunteering): security@kinloss.org.uk