KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

עקב

EIKEV

4 / 5 AUGUST 2023

י״ח אב תשפ״ג

בס״ד

KINLOSS

WWW.KINLOSS.ORG.UK

SHABBAT WILL START AT 8:29pm AND TERMINATE AT 9:37pm

Mazel tov to David Prager on his Bar Mitzvah.
We extend a warm welcome to his family and guests

FRIDAY NIGHT

Earliest Candle Lighting Time is 7:08 pm

Friday Night sing-a-long Minyan will resume in September

7:15pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall

7:15pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
'Hilchot Yibum v'Chalitzah - Law of the Brother-in-Law'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by David Prager
Rabbi Laitner will speak



9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Daniel Ruback
Scholar in Residence, Rabbi Danny Mirvis will speak
Kiddush sponsored by The Tapnack Family

The Youth Service is on the summer break until September

10:15am Anim Zemirot Club in the Newman Room led by David Lesser (off on 12 and 19 August)

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Coral Harding & Daniel Frankl
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 6 - combined in the Newman Room - run by Benjy Falk

There will be a Kiddush in the Kinloss Suite after the Services
sponsored by Sandrine & Ashley Prager in honour of David's Bar Mitzvah

SHABBAT AFTERNOON

8:10pm Mincha followed by Seuda Shelishit with
Simon Goulden in the Small Deal Hall
Titled "From Ahuzat Bayit to Tel Aviv - a sideways look at the birth of the State of Israel"
Sponsored by Lisa & Stephen Harrison in memory of their fathers
Avraham Pesach Ben Eliyahu Z"L and Eliyahu Zvi Ben Leib Yaakov HaLevi Z"L

9:37pm MA'ARIV & TERMINATION OF SHABBAT in the Liora Graham Beit Midrash

Unworthy Inheritors? – Rabbi Josh Harris

We like to hope that we have earned the good things that come to us in life. There's little doubt that the Jewish people at the end of their sojourns through the desert would have liked to believe that their imminent inheritance of the land of Israel was based on merit and as a result of following G-d in the desert for the previous 40 years. However, Moshe makes it very clear to the nation in this week's Parsha that that is not the case. In fact, Moshe could not be any less subtle when as part of his rebuke he informs the nation, (4:9) "Do not say to yourselves, 'Hashem has enabled us to possess this land because of virtues', it is rather because of the wickedness of those nations that Hashem is dispossessing them before you." He further adds that the inheritance of the land is also a fulfilment of the promise made to the forefathers, before labelling the Jewish people as a "stiff-necked people" and reminding them of all their sins and mistakes during their time in the desert. As pre-match talks go, it isn't the biggest motivator. Why is it so necessary for Moshe to be this direct to the people? What does it mean that we didn't inherently deserve to enter the land of Israel at that time?

Famously, the Torah emphasizes the righteousness of Noach when introducing his character. This leads many commentators to question why the Torah does not do this when we are introduced to Avraham. The Maharal of Prague explains (based on the Mishna in Avot 5:16) that a love which is dependant upon a particular reason – a conditional love – will disappear when the reason is gone. The Torah did not want to place a reason for G-d's love towards Avraham to show how unconditional the love was; even if Avraham's descendants would not be righteous, Hashem would still love them unconditionally. The covenant forged with Avraham was everlasting, no matter the level of righteousness of the nation. While punishment exists as a result of straying away from the path of G-d, even sin does not lead to rejection.

The Maharal understands that it's the very same reason why Moshe was so direct in his rebuke. Moshe was emphasizing that even without merit, they are still worthy inheritors of the land as the continuation of the Divine masterplan; that which was promised to Avraham, Yitzchak and Yaakov. Moshe labels them as a "stiff-necked people" and mentions their earlier sins as proof of this – even though this is true, G-d is still bringing you into the land!

Whether as individuals or as a nation, we may sometimes feel like we're not worthy of the next stage in G-d's plan. After all, many greater generations have preceded us who weren't witness to the full redemption and the times of the Beit Hamikdash. As a nation, our generation have already been granted the tremendous gift and opportunity of returning to the land of Israel and seeing it flourish in every way possible. Whatever the next stage of G-d's plan is, it's not for us to question our worthiness, but rather it is our duty to grab the opportunity and ensure we don't miss our chance. Through doing that, we ourselves can become worthy of that next stage in the redemption.

Eikev Statistics

Mitzvot: 8 of the 613 mitzvot, 6 positive and 2 prohibitions
Verses: 111(26th longest of the 54 Sidrot)
Words: 1747 (16th longest)
Letters: 6865(14th longest)

Page No	SONCINO	HERTZ	ARTSCROLL
Sidra	1032	780	980
Haftarah	1051	794	1197



We are delighted to welcome Scholar in Residence this week
Rabbi Danny Mirvis, Deputy CEO of World Mizrachi
and Rabbi of Ohel Moshe Synagogue in Herziliya Pituach

Dublin-born and London-raised, Rabbi Mirvis is an alumnus of the Hesder program at Yeshivat Har Etzion. In 5782, he returned to Israel after serving as the Senior Rabbi of Mizrachi Melbourne.

During his six years in Australia, he was the co-Vice President of the Rabbinical Council of Victoria, and the co-Chair of the Rabbinic Advisory Panel of the Melbourne Chevra Kadisha Cemeteries Trust. He led the Melbourne Beth Din review of Conversion Practices and Procedures, and through his Mizrachi role he provided Rabbinic leadership to its numerous Synagogues, Leibler Yavneh College, Bnei Akiva Melbourne, Kosher Australia and the Melbourne Eruv.

In addition to his weekly Shiurim in Herzliya, he is a presenter for World Mizrachi's leadership training programs, and a regular writer for HaMizrachi Parsha Weekly.

KINLOSS OFFICE OPENING HOURS W/C 14 AUGUST 23

Due to staff holidays, the Kinloss office will be open during the following times w/c 14th August

Mon 14 Aug 10.30am - 2pm
Tue 15 Aug 10.30am - 2pm
Wed 16 Aug 10.30am - 2pm
Thurs 17 Aug CLOSED
Fri 18 Aug 10am - 1pm

In case of emergency please leave a message on the office phone 0208 346 8551 or email office@kinloss.org.uk

AUGUST 2023

All Welcome

SEUDA SHELISHIT

KINLOSS

A new season at Kinloss - Inspiring Speakers - Great Company - and Food!



Simon Goulden
5 August, 8.35pm

Mincha commences 25 minutes before the start of the Seuda each week.

If you are able to help with ***setting up*** the Seuda - if you are happy to ***sponsor*** a Seuda, Please contact the Office - office@kinloss.org.uk - 020 8346 8551

Simon Goulden is an education and management consultant, writer and international lecturer. Initially qualifying and working in civil engineering, Simon switched to education management, firstly at Jews' College, then leading the Agency for Jewish Education for many years, finally becoming a Group Director of the United Synagogue.
In 2020 he obtained his MA in Jewish Education from LSJS.
Simon has authored, edited and acted as consultant on Jewish prayer books and books about Judaism, Jewish history and Israel and he lectures and leads museum tours for LSJS as well as other communities.
He and his wife Rosalind, moved to Finchley in 2019.

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SHUL FOR THE MIND

Is a unique prayer service for people living with dementia and their family carers.
(Professional carers are welcome).

13th August at 10:45am
and 10th September at 10:45am
in the Large Deal Hall

All are invited to come and connect spiritually through prayer, song and of course a great kiddush.

Contact Rochelle in the office on 0208 349 5263

SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS.
THE GROUP READ ALOUD AND WE DISCUSS IT.
NO NEED TO PREPARE ANYTHING IN ADVANCE,
COME AND HAVE A CUP OF TEA WITH US
AND ENJOY THE GROUP.

MONDAY 21 AUGUST
@ 1pm
in The Rabbi's Office at Kinloss

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members and £4 non Members
For more information,
please speak to: Kate Fulton on 07801 911 481
or kathrynfulton@hotmail.com

KINLOSS cares about you

CHATS FOR CHAPS AND MONDAY MATTERS

WILL BOTH BE HELD ON

MONDAY 14 AUGUST
IN KINLOSS SHUL

STARTING AT 11:00AM
FOLLOWED BY COMBINED LUNCH

FOR CATERING PURPOSES, IF YOU WOULD LIKE TO ATTEND PLEASE CALL ROCHELLE SCHRANK
020 8349 5263
BY WEDNESDAY 9 AUGUST LATEST

KINLOSS

On Shabbat 19th August 2023, there will be a combined service in the Main Synagogue with Ladies Seating downstairs

Would you like to sponsor a Kiddush in the Minyan on Shabbat?
Please sign up via:
www.kinloss.org.uk/minyankiddush

במוצאי מנוחה קדמנוך תחלה

At the outgoing of the Sabbath we first approach You

Choral Midnight Selichot

Saturday Night, 9th September 2023
Motzei Shabbat, 24 Ellul 5783
11.30pm, doors open 10.45pm
In the Main Synagogue

Service conducted by
Rabbi Lionel Rosenfeld, Jerusalem

and
Chazan Jonny Turgel, Stanmore & Canons Park Synagogue

with
The Shabbaton Choir
Musical Director: Harry Style
Boy Soloists:
Joseph Abramson and Aaron Cooperman

The Shabbaton Choir accompanies the Cantors in a night of prayer, set to stirring, evocative melodies in the traditional Shabbaton Style.

KINLOSS
Shabbaton Choir

SEPTEMBER 2023 EVENTS

Shabbat 9th September
Scholar in Residence: Michal Horowitz
Repentance, Prayer & Charity: Being Inscribed in the Book of Life

Shabbat Forum (Approx 11.45am)
"Repentance: Are We Paying Attention To G-d, To Others, To Ourselves?"

12.30pm: Pre- Booked Shabbat lunch: "Charity: Going Beyond Ourselves, A Heart & Hand To Those In Need" - Booking via www.kinloss.org.uk/michal

7.05pm: Mincha followed by Shabbat afternoon Shiur. "Tefilla: Service of the Heart in the Worship of G-d"



Mrs. Michal Horowitz earned a Bachelor of Science from combined studies at York University, Toronto, and Brooklyn College, NY and completed a Master of Science from Brooklyn College, NY. She delivers weekly shiurim in her community of the Five Towns, NY, while her zoom shiurim reach audiences across the world. Mrs. Horowitz has been a guest lecturer and scholar in residence in schools and communities, nationally and internationally. She is a regular presenter for various OU Women's Initiative Torat Imecha programs, launching the world-famous Torat Imecha Nach Yomi program in 2020. Mrs. Horowitz has close to 2,000 shiurim online, located on YUTorah.org,TorahAnyTime.com, OUTorah.org, the OU Torat Imecha app and the OU AllParsha app.

Office of The

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Kids Art Classes

Let your children explore art and their imagination

SUITABLE FOR PRIMARY SCHOOL CHILDREN

NEW TERM

MONDAYS AT 4.30PM-6PM

18 SEPTEMBER
9, 16 & 23 OCTOBER
6 & 20 NOVEMBER



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDSART

SEPTEMBER 2023

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BETTER
the feel good place







CHAIR BASED
EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

NEW BLOCK OF 10 CLASSES
September - 21, 28
October - 12, 19, 26
November - 2, 9, 16, 23, 30

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

BOOKING IS ESSENTIAL
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267

MAZEL TOV · מזל טוב



DAVID PRAGER

Mazel Tov to David on his Bar Mitzvah

David has one brother Samuel, and he attends JFS

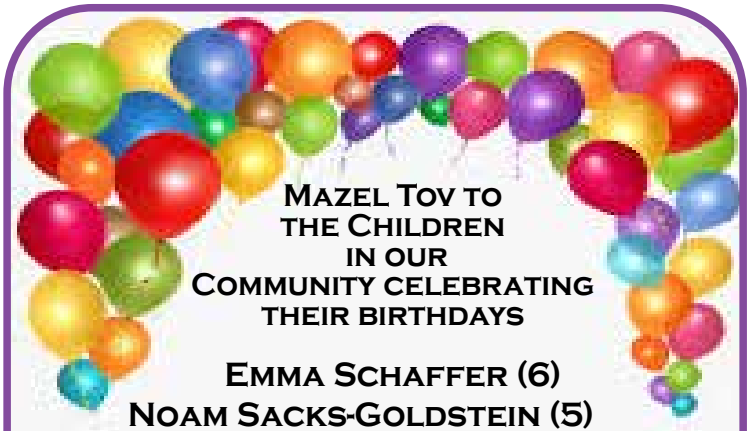
His hobbies include horse riding, squash and travelling to new places

David has completed charity work for Project Impact / Bar Impact. David participated in the Bnei Mitzvah challenge and raised over £500 for Norwood. This involved climbing the St Sunday Crag and Mount Helvellyn in the Lake District along with his dad

* Mazel tov to Sandrine & Ashley and Samuel Prager on David's Bar Mitzvah. Mazel tov to Grandmother Helen Prager and all the family. Remembering grandparents Georges and Yvette Korcia (Paris) along with the late Cyril David Prager Z"L.

* Mazel tov to Shoshy & Jackie Lax on the marriage of their daughter Eliane to Moshe Tilse.

* Mazel tov to Francesca & Iain Miller on their son Elan's engagement to Aviya Meshulam (from Rosh Ha'ayin). Mazel Tov to grandma, Rosemary Miller.



MAZEL TOV TO
THE CHILDREN
IN OUR
COMMUNITY CELEBRATING
THEIR BIRTHDAYS

EMMA SCHAFFER (6)
NOAM SACKS-GOLDSTEIN (5)
GABRIEL CONWAY (1)
SCARLETT STOLLER (8)
JAIMIE HOCHMAN (8)
MARCO RENSHAW -HADDAD (2)
HANNAH WEIL COHEN (11)
ILAN RENSHAW(6)
SOPHIA ISON (9)
NETANEL MINDELL (6)
GOLDIE SPECTOR (6)
MAYA WOLFSON (3)



Membership Bills for 2023/2024

You have received your membership bills from Pesach 2023 in the post.

If you haven't already done so, could you please pay your invoices via:

* Online BACS payment

* The member portal https://myus.theus.org.uk/login

* If you would like to pay by Credit / Debit Card over the phone please call Denise on 020 8346 8551

PEACE OF MIND

Peace of Mind together with Kinloss are bringing a group of Combat Veteran Israeli soldiers to the UK for group therapy. The group were drafted in 2000 and were part of a special unit called Palsar Givati. We will be bringing over 15 – 20 veterans who all served together.

The dates for the group is 29 October to 5 November.

We are looking for 10 family hosts. Each host will house 2 veterans.
The veterans can share the same room.

To view more information click here https://www.youtube.com/watch?v=rGwfpB-C1RC0



The Bridge Club meet on **TUESDAY AFTERNOONS, 2PM-4PM** in the Persian Synagogue, 2nd floor. There is a lift should you need it.

Meeting weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits/cake will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 020 8349 5267



THE FRIENDSHIP CLUB WILL CONTINUE UNTIL 29 AUGUST
CLOSED FROM 5 SEPTEMBER ONWARDS AND WILL RE-OPEN AFTER ALL THE CHAGGIM (DATE TO BE CONFIRMED)

NATALIE'S SIMCHAT TORAH GRADUATION SERVICE SUNDAY 8 OCTOBER

If your child has currently left year 2
And would like to attend this service too
Please confirm without any delay
Whether a Dvar Torah your child might like to say...
No problem at all should they not wish to speak -
Just let us have 2 hobbies like HIDE AND SEEK!
Deadline for RSVP close of play 18 September
So contact us - don't forget - please remember!
Natalie Sommer 07949 684 842
email: nataliesommer2000@yahoo.co.uk

If your child is currently leaving Year 2 and would like to take part in Natalie's Simchat Torah Graduation too - please confirm without delay including whether your child a Dvar Torah might like to say - no problem at all if they don't wish to speak - just let us have two hobbies like hide and seek!
email nataliesommer2000@yahoo.co.uk
07949684842

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

SHUL MEMBERS, PLEASE JOIN OUR SECURITY ROTAS FOR SHIFTS.
OUR SHUL IS ONE OF THE MOST VISIBLE, HIGH PROFILE BUILDINGS IN LONDON.

THE COMMUNITY REMAINS ON A SERIOUS STATE OF ALERT AND WE MUST PROVIDE A VISIBLE DETERRENT.

YOU WOULD ONLY BE REQUIRED FOR ONE HOUR EVERY 8 WEEKS, ON SHABBAT MORNING.

PLEASE EMAIL : SECUREKINLOSS@YAHOO.CO.UK
OR CALL MARTIN SHIERS ON 07831 836 031 TO VOLUNTEER

DAILY MINYAN:

SERVICES (שבת **see front page)**	Sun 6th 19 Av	Mon 7th 20 Av	Tues 8th 21 Av	Wed 9th 22 Av	Thurs 10th 23 Av	Fri 11th 24 Av
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2		8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:15pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash
8:00am minyan will continue on a Daily basis.

The morning minyanim have a good ruach but there is the challenge to maintain that over the Summer when so many regulars are on holiday. So if you can please support the minyanim over the Summer and enjoy the companionship and atmosphere.





KINLOSS FANTASY FOOTBALL LEAGUE

Get ready for the new season and join the Kinloss Youth League!

League Code: 1omreu

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 5 AUGUST

Rodney Geminder	Mother
Nigel Howard	Father
Gerald Kirsh	Father
David Lightstone	Mother
Leonard Stern	Mother
Jonathan Tapnack	Father

Sunday 6 AUGUST

Gloria Fox	Mother
Ivor Freedman	Mother

Monday 7 AUGUST

Frida Aboody	Husband
Donald Breslaw	Wife
Mia Lyons	Sister
Edith Nissen	Husband
Philip Platt	Father

Tuesday 8 AUGUST

Farzaneh Amini	Son
Patricia Arnold	Father
Estelle Belmont	Mother
David Isaacs	Father
Sharon Levin	Father

Wednesday 9 AUGUST

Rochelle Garfinkel	Mother
Cheryl Jacobs	Mother
Hilarie Rose	Father
Antony Schneider	Father

Thursday 10 AUGUST

David Bennett	Father
David Brodie	Mother
Sandrine Prager	Father
Myrna Taylor	Mother

Friday 11 AUGUST

Lynne Dyan	Father
Rose Ralton	Father
Benjamin Schuldenfrei	Father
Peter Sheldon	Brother
Blanche Stechler	Father



Kinloss JAMI Ambassador is Richard Kafton

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Mobile no: 07973 986344

Email: richard.kafton@cedarhfs.co.uk

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Moths have been found in some of the boxes of Talitot in the shul.
Please ensure you store your Talitot either in cases or sealed plastic bags

PLEASE NOTE WE DO NOT ACCEPT SHAIMOS/GENIZA

If you would like to dispose, please take it to one of the following locations:
Beis Hamedrash Nishmas Yisroel, 4 Brent Green, Hendon, NW4 2HA
OR
Sinai Golders Green, 54 Woodstock Avenue, NW11 9RJ

CONDOLENCES:

* Michelle Bull and David Harounoff on the passing of their mother Devorah Harounoff Z"L

CONSECRATIONS:

06/08/23 13:30 in Bushey New in memory of Mark M Freeman Z"L
13/08/23 11:30 in Bushey New in memory of Harry Kaufman Z"L
03/09/23 12:00 in Willesden in memory of Zena Gerstler Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263