

KOL KINLOSS

Our youth
baking for this
week's
Family
Shabbaton



בשלח

SHABBAT START

4:45pm

SHABBAT END

5:51pm

BESHALACH



7 - 8 February 2025
י" שבט תשפ"ה


KINLOSS

SHABBAT AT KINLOSS

FRIDAY NIGHT

4:45pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall
led by Guest Chazan, Rafi Sandford

4:35pm Sephardi Mincha, Kabbalat Shabbat & Maariv

4:45pm Special Tu B'Shevat activity for Primary School Children in the Silver Suite

SHABBAT MORNING SERVICES

7:45am **HASHKAMA** in the Liora Graham Beit Midrash

9:00am **SEPHARDI SERVICE** in the Sephardi Synagogue

9:15am **SPECIAL COMBINED SERVICE** in the Main Synagogue led by our youth,
Rafi Sandford and featuring the Children's Services Choir.

WOMEN'S HAFTORAH GROUP led by the youth, after Kriyat Hatorah,
in the Kinloss Suite Foyer

9:30am **MINYAN HATZA'IR** in the Rabstein Room

YR 3-6
RAFFLE -
come along
to find out
more

10:45am CHILDREN'S SERVICES

Age 0-4 in the Silver Suite with Leah Frankl and Zac Simmons

Reception to Yr 2 in the Nemetnejad Room with Jason Roomer

Yr 3-Yr 4 in the 1st floor classrooms with Jasmine Bor and Sam Ellis

Yr 5-Yr 6 in the Newman Room with Mia Wohlgemuth and Tomer Doctors

**All children (ages 0-Yr 2) are invited to sing 'Adon Olam' in the Main Shul
at the conclusion of the service**

12:30pm **EARLY MINCHA** in the Main Shul

SHABBAT AFTERNOON

4:40pm **MINCHA** followed by a light Seuda Shlishit and **GUEST SHIUR** in the Liora
Graham Beit Midrash by **MICAL SANTHOUSE**, entitled '**KRIYAT YAM SUF: THE
WAVELETS OF THE ERUPTION**'

A topical shiur will take place each week approximately half an hour before the end
of Shabbat - all welcome!

**MUSICAL HAVDALLAH FOR
THE ENTIRE COMMUNITY
with Rafi Sandford at 6:30pm**

**Everyone welcome,
no need to pre-book.**

KIDDUSHIM AT KINLOSS

Friday Night Chicken Soup Kiddush in the
Kinloss Suite Foyer after Maariv

Shabbat morning at the conclusion of the:

HASHKAMA MINYAN in the Silver Suite

COMBINED SERVICE in the Kinloss Suite

MINYAN HATZA'IR in the Rabstein Room



**10:15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER**

BIRTHDAYS



Mazel Tov to the children in our community celebrating their birthdays this week:

Oliver Reches (12), Rachel Nourani (11), Noa Sacker (11), Tamara Ellis (8)

PURIM - SAVE THE DATE



COMMUNAL SEDER - SAVE THE DATE



Save the Date

KINLOSS COMMUNAL SEDER

2ND NIGHT PESACH - SUNDAY 13TH APRIL

Open to all

Full details to follow

 **KINLOSS**

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15 AM	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10 AM	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	8.45 – 9.15 AM	Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Main Shul	All
	Half an hour before Shabbat ends	Contemporary Themes	Rabbi Birnbaum / Rabbi Josh / Guests	Beit Midrash	All
Sunday	8.45 – 9.30 AM	Gemara Megilla	Rabbi Birnbaum	Small Deal Hall	All
Monday	1.30 – 2.10 PM	Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.45 – 9.15 AM	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
Wednesday	8.45 – 9.15 AM	Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 8.45 PM	Timeless Torah Parsha Shiur	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 9.00 PM (fortnightly)	KYC Gemara Chabura	Rabbi Josh	Members' Homes	Men
Thursday	8.50 – 9.15 AM	Nach - Kohelet	Rabbi Heller	Beit Midrash	All
	8.00 – 8.40 PM	Advanced Practical Halacha with Shalem Student Fellowship	Rabbi Birnbaum	Beit Midrash	Women
	8.30 – 9.30 PM (fortnightly)	KYC Practical Halacha Chabura	Rabbi Josh	Members' Homes	Men

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
7th Feb 7th Mar 4th Apr	10.00 – 11.00 AM	Highlights & Hot Drinks – Inspiration around the Jewish year	Rebbetzen Elisheva	Small Deal Hall	Women
25th Feb	8.00 – 9.00 PM	Combined Shiur 'The Stories You Weren't Taught In School' & 'Women's Rosh Chodesh' - The Story of Megilat Esther through Adult Eyes	Rebbetzen Tali	Beit Midrash	Women
27th Feb 20th Mar	12.30 – 1.15 PM	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Homes	Those in the year of mourning or marking a Yahrzeit

THIS WEEK!

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

For further information on any of the outstanding learning opportunities on offer at Kinloss, please contact the Shul Office or the speaker directly.

TIMELESS TORAH

PARSHAT BESHALACH - To Survive & To Thrive

The Challenge of Miracles

In order to properly understand *Parshat Beshalach*, we have to focus on finding the overarching messages conveyed to us in the episode of *Kriat Yam Suf* (the Splitting of the Sea). Rabbeinu Bechaye (d.1340), in his introduction to the *parshah*, finds its central theme in a verse in Mishlei (17:3): 'A refining pot is for silver and a crucible is for gold, but Hashem tests hearts'. The majority of the miracles that the *Bnei Yisrael* faced as they left Egypt were designed to test their faith. For example, he writes, the sea was not split for them all at once but moved away from them as they approached. They had to find in themselves the fortitude to move forward continuously towards the water. After hundreds of years in slavery, their freedom was not given to them on a silver plate, but the miracles they experienced were designed to ingrain within their hearts the importance of trusting Hashem.

Throughout the trials and tribulations of our daily lives, we look back at the entire episode of *Yetziat Mitzrayim* and understand that, despite all the miracles that occurred, life was extremely complex for our ancestors, with their faith tested time and time again. In this way, we are able to learn strategies to keep us strong amid all the challenges that we face.

Divergent Experiences

A powerful observation from the Kli Yakar illustrates this. Two verses in the *parshah* contain almost exactly the same words but with an important difference. In one place, the verse says, 'And Bnei Yisrael walked into the sea on dry land' (14:22).

This verse reflects their faith when they entered a raging sea **before** it split and became dry land. The second verse switches the order: 'And *Bnei Yisrael* walked on dry land through the sea' (14:29), meaning that they waited for the sea to split before they entered. This group of people had less faith. They enjoyed the same miracles, but their experience was different.

Indeed, the Ramban, analysing the verses in the run-up to *Kriat Yam Suf*, shows how there were diverse attitudes among the *Bnei Yisrael* as they were trapped at the seashore. Some cried out in prayer to Hashem, while others complained to Moshe. Similarly, after the sea had finally returned to its original place, the Torah alludes to different reactions among the people. The '*am*', referring to the people as a whole, 'feared Hashem and believed in Moshe', but only the '*Yisrael*', the aspirational individuals of the nation, 'saw the great Hand of Hashem' (14:31). Spiritual growth in life, even in the presence of open miracles, is not a given but is a challenge that we must accept in order to succeed.

Faith Through Hardship

Rav Shimon Schwab (d.1995), in his commentary to the *Siddur*, makes a fascinating observation. Throughout the entire *Shirah* (Song by the Sea), and indeed when *Kriat Yam Suf* is mentioned in *Maariv*, only a nominal reference is made to the actual splitting of the sea. The bulk of our praise to Hashem is concentrated on the ordeals that the Egyptians faced when the sea returned to its place.



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

The reason for this, he explains, is that our focus needs to be on what we can comprehend as human beings. The sea splitting for the Jewish people to walk through is beyond our comprehension. Although we believe entirely that it happened, it is difficult to connect to such a miraculous event. What we can connect to is the sea returning to its natural state, destroying our enemies and saving us. In essence, after all the wondrous events at the *Yam Suf*, the legacy for future generations is that while the sea will not split for us, Hashem will rearrange nature in order to allow us a way through.

Continuing in this vein, Rav Schwab presents a second idea. In the blessings of *Kriat Shema*, which revolve largely around *Kriat Yam Suf*, only two verses from the Shirah are quoted. One is, '*Mi kamocha ba'eilim Hashem* — Who is like you among mighty ones, Hashem' (15:11), and the other is, '*Hashem yimloch l'olam va'ed* — Hashem will reign for eternity' (15:18). While reciting the second verse, a proclamation of faith in the everlasting kingship of Hashem, can be well understood, the choice of the first verse needs some explanation.

Our Sages see in this verse one of the most challenging aspects of faith and a pathway towards attaining it. The word '*ba'eilim*—among the mighty ones' can be re-voweled to read '*ba'ilimim*—among the mute ones'. This interpretation is used by the Gemara (Gittin 56b) in response to the horrific acts committed by the Roman general, Titus, when he brazenly entered and profaned the Holy of Holies in the Beit HaMikdash.

After all he did, he received no retribution at all; Hashem seemingly remained silent in the face of these terrible acts.

In this sense, 'among the mute ones' refers to the forces of nature, which remain completely indifferent to human suffering. Elie Wiesel in his work *Pilgrimage to the Kingdom of Night*, echoes these sentiments: '*The beauty of the landscape around Birkenau is like a slap in the face. Low clouds, the dense forest, the calm scenery. The silence is peaceful, soothing. Dante understood nothing; Hell is a setting whose serene splendour takes the breath away.*'

The cry of '*mi kamocha ba'eilim*' according to this, is a recognition of the unfathomable existence of suffering in this world, yet at the same time, in that immensely powerful moment of redemption, it highlights the key epiphany of the *Bnei Yisrael*. With tremendous joy, they were able to sing a '*shirah chadasha* — new song', a song of realisation that the Hand of Hashem was leading them despite His seeming silence throughout their years of oppression. This is the critical message from the Shirah that we reiterate every day, through emphasising this particular verse. If we were to try to sing only when we experience good things in life, this would not be a real song, because this is not how our lives work. Our challenge, both individually and as a people, when we face seemingly unnavigable seas of conflicting emotions, is to praise Hashem not only when He acts as our Redeemer but even through the times of silence as well.

**Next Week: Parshat Yitro -
Standing Together At Sinai - One
People, One Heart**

COMING UP AT KINLOSS

GROUPS AND CLUBS



MONDAY 7.30PM
IVRIT DISCUSSION GROUP (ONLINE)
[KINLOSS.ORG.UK/CHUG](https://kinloss.org.uk/chug)



MONDAY 8PM
WOMEN'S PILATES
[KINLOSS.ORG.UK/PILATES](https://kinloss.org.uk/pilates)



TUESDAY 10.30AM
FRIENDSHIP CLUB
[KINLOSS.ORG.UK/FRIEND](https://kinloss.org.uk/friend)



TUESDAY 2.00PM
BRIDGE
[KINLOSS.ORG.UK/BRIDGE](https://kinloss.org.uk/bridge)



TUESDAY 2.00PM
ART CLASS
[KINLOSS.ORG.UK/ART](https://kinloss.org.uk/art)

עברית

TUESDAY 7.30PM
IVRIT CLASSES
[KINLOSS.ORG.UK/IVRIT](https://kinloss.org.uk/ivrit)



TUESDAY 8.00PM
KINLOSS WHISKY SOCIETY
[KINLOSS.ORG.UK/WHISKY](https://kinloss.org.uk/whisky)



THURSDAY 10.30AM
CHAIR BASED EXERCISE
[KINLOSS.ORG.UK/EXERCISE](https://kinloss.org.uk/exercise)



THURSDAY 5.30PM
JUNIOR TABLE TENNIS CLUB
[KINLOSS.ORG.UK/TABLETENNIS](https://kinloss.org.uk/tabletennis)

COMING UP AT KINLOSS

UPCOMING EVENTS

SUNDAY
9TH FEB
11.00AM

SHUL FOR THE MIND

A unique prayer service for people living with dementia and their family and professional caregivers. All are invited to come and connect spiritually through prayer, song and of course a great kiddush.

KINLOSS.ORG.UK/MIND

MONDAY
10TH FEB
8.00PM

YOUR ESSENTIAL GUIDE TO CHOOSING A JEWISH PRIMARY SCHOOL

Hear from our panel of representatives from across the Jewish educational sector, who are ready to answer your questions and guide you through the process

KINLOSS.ORG.UK/PRIMARY

MONDAY
3RD MAR
8.00PM

BOOKS & BEYOND - THE RABBI SACKS PODCAST

Join us for a live podcast discussing Rabbi Sacks' ideas in a post October 7th World.

Dr Tanya White in conversation with
Daniel Finkelstein OBE and Gila Sacks.

KINLOSS.ORG.UK/PODCAST

SHABBAT
30TH/31ST
MAY

RABBI BIRNBAUM'S INDUCTION

Please save the date for the formal Induction Shabbat of Rabbi Birnbaum by the Chief Rabbi. More information to follow.



**TO KEEP INFORMED OF UPCOMING EVENTS
AND ALL THINGS KINLOSS, JOIN THE
KINLOSS WHATSAPP COMMUNITY
KINLOSS.ORG.UK/WHATSAPP**



FAMILY SHABBATON

THE ANNUAL KINLOSS FAMILY SHABBATON

with guest speaker, Mical Santhouse & guest Chazzan, Rafi Sandford

**FRI. 7th
FEB
4:45pm**

GUEST CHAZZAN, RAFI SANDFORD
Join us for a special Kabbalat Shabbat
followed by a Chicken Soup Kiddush

**FRI. 7th
FEB
5:00 - 5:45pm**

CHILDREN'S TU B'SHEVAT ACTIVITY
A special activity for children in primary school
during davening, in the Silver Suite.
With lots of treats!

**FRI. 7th
FEB
9:00 -
10:00pm**

YOUTH ONEG WITH MICAL SANTHOUSE
Mical will be speaking about the loss of her
brother and nephew on October 7th.
For Years 7-11 @ Family Teacher, 30 Chessington Avenue

**SHA. 8th
FEB
9:15am**

SPECIAL COMBINED SERVICE
Led by the youth of the shul, Rafi Sandford,
and ft. the Children's Services Choir.
Women's Haftorah Group led by the Youth

**SHA. 8th
FEB
12:30pm**

FAMILY SHABBATON LUNCH
With guest speaker, Mical Santhouse, and
entertainment for all ages.
250 people booked in - sold out!

**MOTZEI SHA.
8TH FEB
6:30pm**

MUSICAL HAVDALLAH
for the entire community with Rafi Sandford,
in the Silver Suite. No need to pre-book

**WE ARE DELIGHTED TO WELCOME OUR GUEST SPEAKER,
MICAL SANTHOUSE AND GUEST CHAZZAN, RAFI SANDFORD**



Mical is an Israeli Educator, who lost her brother
and nephew on October 7th

Rafi is one of the most sought after singers in the UK



YAHARZEITS

Shabbat 8th February

Jonathan Glasser	Mother
David Lewi	Mother
Sarah Nicholls	Mother
Beatrice Primhak	Father
Gary Schajer	Father
Marcel Schajer	Father
Joel Weitzman	Mother

Sunday 9th February

Evelynne Garbacz	Father
Deborah Goulden	Father
Jonathan Lewis	Father
Maurice Shear	Father
Anita Stewart	Father
Simon Winston	Mother

Monday 10th February

Michael Birnhak	Mother
Nahid Hakimi-Sefat	Mother
Shirley Kenley	Brother
Myrna Young	Mother

Tuesday 11th February

Helen Azizoff	Brother
Angela Bull	Father
Edward Cooper	Mother
Harvey Hirsh	Father
Edna Moser	Father
Angela Pelled	Father
Roberta Sanford	Husband

Wednesday 12th February

Mimi Benisty	Father
Elizabeth Feldmann	Father
David Halperin	Step Father
Julia Hammell	Father

Thursday 13th February

Shirley Arkush	Husband
Leslie Rotenberg	Mother

Friday 14th February

Anthony Abrahams	Father
Sandra Coleman	Father
David Collins	Step Father
Sarah Curtis	Mother
Frances Glassberg	Sister
Robert Harris	Father
Elaine Young	Father



CONDOLENCES

To Judy Daniel, Jaclyn Chernetz, Rachel Friend and Anna Kinchuck on the passing of their father and husband **BRIAN CHERNETT Z”L**

To Joanne Lappin, Anne Ezekiel and Lesley Ezekiel on the passing of their father and husband **REUBEN ISAAC EZEKIEL Z”L**

To Vikki Shields, Anna Bartfeld and Rachel Kaimowitz on the passing of their daughter and sister **DEBORAH SHIELDS Z”L**

To Lindsey Gee, Anita Walker, Ashley Holder and Stephen Walker on the passing of their father and husband **JEFFREY WALKER Z”L**

CONSECRATIONS

Friday 7th February 2025, 10am Israel time at Modi'in Cemetery in memory of Eta Weitzman z”l

Wednesday 12th February 2025, 11am at Bushey New in memory of Edith Breskin z”l

Sunday 23rd February 2025, 11.30am at Bushey Old in memory of Fay Aarons z”l

Sunday 9th March 2025, 10.30am at Bushey Old in memory of Hanna Nisse z”l

Sunday 9th March 2025, 11.00am at Bushey New in memory of Kenneth Silver z”l

SERVICE TIMES

SERVICES	Sun 9th 11 Shevat	Mon 10th 12 Shevat	Tues 11th 13 Shevat	Wed 12th 14 Shevat	Thurs 13th 15 Shevat Tu B'Shevat	Fri 14th 16 Shevat
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	-	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:30am	6:45am	6:45am	6:30am	6:45am
Mincha / Ma'ariv	4:50pm	4:50pm	4:50pm	4:50pm	4:50pm	4:55pm

KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207
Rebbetzen Elisheva Birnbaum: rebbetzen.elisheva@kinloss.org.uk / 07581 312 310
Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423 316
Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423 317
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Bills and Finance: finance@kinloss.org.uk / 020 8349 5261 (monitored answerphone)
Kinloss Cares: 020 8349 5263
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Jami Ambassador, Richard Kafton: 07973 986 344
Security (volunteering): security@kinloss.org.uk