

KOL KINLOSS



Final session of the
Bar Mitzvah
Programme 5785.
Mazel Tov to all those
who completed the
programme

Rosh Chodesh
Tammuz:
Thurs/Fri
26/27 June

שלח-לך

LaShir

Service starts: 7.00pm
Candle lighting: 7.38pm

Minyan Sheini

Service starts: 7.40pm
Candle lighting: 7.55pm

Shabbat Ends: 10.28pm

SHELACH LECHA



KINLOSS

20th - 21st June 2025
כ"ה סיון תשפ"ה

SHABBAT AT KINLOSS

FRIDAY NIGHT

Earliest candle lighting - 7.38pm

7.00pm Minyan LaShir in the Large Deal Hall (candles should be lit at 7.38pm)

Special Tehillim & Prayers for Israel will be recited straight after Mincha.

Rabbi Moshe Yehuda Turner LMSW, Senior Educator at Seminary Programmes in Israel, will be giving a short Guest Dvar Torah.

7.00pm Sephardi Mincha, Kabbalat Shabbat & Maariv

7.40pm Minyan Sheini in the Liora Graham Beit Midrash (candles should be lit by 7.55pm)

Please note: If you (and members of your household) are unable to attend shul altogether, you should light candles by 7.55pm.

SHABBAT MORNING SERVICES

7.45am **HASHKAMA** in the Liora Graham Beit Midrash

9.00am **SEPHARDI SERVICE** in the Sephardi Synagogue

9.15am **MAIN SERVICE** in the Main Synagogue

9.30am **THE MINYAN** in the Nissan & Rifca Deal Halls celebrating the **BAR MITZVAH OF ETHAN GREEN**

9.30am **MINYAN HATZA'IR** in the Rabstein Room

9.45am **YOUTH SERVICE** in the Liora Graham Beit Midrash

10.45am CHILDREN'S SERVICES

Age 0–4 in the Silver Suite with Leah Frankl and Zac Simmons

Reception to Yr 2 in the Nemetnejad Room with Natalie Sommer

Yr 3–Yr 4 in the 1st floor classrooms with Jasmine Bor and Sam Ellis

Yr 5–Yr 6 in the Newman Room with Eliyahu Cohen and Yoni Laitner

8.30pm **PRE-MINCHA TZURBA (PRACTICAL HALACHA - HADLAKAT NEIROT) CHABURAH WITH RABBI JOSH**

9.00pm **MINCHA** in the Liora Graham Beit Midrash

9.30pm **SUMMER SEUDA SHLISHIT SERIES** with **DR SHAINA TRAPEDO** entitled **"TO KILL OR NOT TO KILL: THE DEATH PENALTY IN HAMLET AND PARASHAT SHELACH"** in the Nissan & Rifca Deal Halls



DR SHAINA TRAPEDO is LSJS Visiting Scholar & Lecturer at the Zahava & Moshael Straus Center for Torah & Western Thought at Yeshiva University

10.28pm **MA'ARIV & TERMINATION OF SHABBAT**

MAZEL TOV
TO ETHAN
GREEN ON HIS
BAR MITZVAH

SPECIAL
YOUTH KIDDUSH
IN HONOUR OF
OUR YEAR 13
LEAVERS

SHABBAT MORNING KIDDUSHIM AT KINLOSS

HASHKAMA in the Silver Suite

MAIN SERVICE in the Kinloss Suite

THE MINYAN in the Small Deal Hall sponsored by **JUDITH & RODWIN JACKSON** celebrating their Diamond Wedding Anniversary

YOUTH in the Liora Graham Beit Midrash

MINYAN HATZA'IR in the Rabstein Room



MAZEL TOV



ETHAN GREEN

Ethan attends JFS. His hobbies are football, skiing and cliff jumping.

Mazel Tov to parents Chaja & Aron, siblings Matti, Lili and Kiri, and grandparents Melvyn Green and Marcel & Nadia Wikler and Ineke & Michael Woof. Remembering grandmother Ruth Green z'l at this time.

Mazel Tov to Sylvia & Irving Schryber on their Diamond Wedding anniversary.

Mazel Tov to Judith & Rodwin Jackson on their Diamond Wedding anniversary.

Mazel tov to Danielle & Jonathan Glasser on the birth of a granddaughter, Mia Ariella, a daughter for Simone & Benjamin Glasser and a sister for Millie & Toby.

Mazel Tov to Anna & Dani Schuchman on forthcoming marriage of their daughter Ella to Saul, son of Michal & Eli Mocton. Mazel Tov to grandparents Sally & Aubrey Moher, Lesley & Sidney Schuchman, Jonathan & Shulamit Pfeffer and Sam Mocton.

BIRTHDAYS



Mazel Tov to the children in our community celebrating their birthdays this week:

Vivienne Shem-Tov (3), Libby Koppelman (9)
Alma Solomon (11), Zev Boltman (7),
Matan Dahan (12), Talia Kogan (11), Eliav Morris (12),
Reuben Rabbie (4), Louis Cohen (10),

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15am	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10am	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	9.00 - 9.30am	Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Deal Hall	All
	Half an hour before Mincha	Tzurba (Practical Halacha) Chabura	Rabbi Josh	Beit Midrash	All
Sunday	8.45 – 9.30am	Gemara Megilla	Rabbi Birnbaum	Small Deal Hall	All
Monday	1.30 – 2.10pm	Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
	6.45 - 8.00pm	Gummy Bears & Gemara	Amichai Lerer	Beit Midrash	6 th Form Boys
Tuesday	8.45 – 9.15am	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
	8.15 - 9.15pm (fortnightly)	L'Chaim & Learn	Rabbi Josh	Members' Homes	All
Wednesday	8.45 – 9.15am	Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 - 8.45pm	Timeless Torah Parashat Shiur	Rabbi Birnbaum	Beit Midrash	All
Thursday	8.50 - 9.15am	Perek Chelek in Sanhedrin	Rabbi Heller	Beit Midrash	All

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

LEARNING AT KINLOSS

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
21st June 19th July	11:45am - 12:15pm	Kinloss Youth Kiddush Club Chaburot	Rabbi Josh/ Rebbetzen Tali/ Elisheva/ Amichai	Beit Midrash	Youth
20th June 18th July	10:00 - 11:00am	Highlights & Hot Drinks	Rebbetzen Elisheva	Small Deal Hall	Women
3rd July	12.30 - 1.15pm	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Homes	Those in the year of mourning or marking a Yahrzeit

THIS
WEEK!

THIS
WEEK!

Operation Rising Lion

**CHIZZUK & INSPIRATION
WITH RABBI JOSH**

Tuesday 24th June, 8pm - 8:45pm

A special one off Shiur looking at the remarkable historical
and religious implications of the current situation.

In the Beit Midrash



KINLOSS

TIMELESS ∞ TORAH

Shelach Lecha: The Moment That Changed History - A New Look at the Spies

The Message of the Pomegranate Shell

The episode of the Meraglim, the spies sent on a reconnaissance mission to the Land of Israel, is one of the most well-known episodes in the entire Torah. Instead of bringing eagerness and inspiration to enter Eretz Yisrael, the spies' report brought far-reaching and damaging consequences to the Jewish people. A remarkable Midrash sheds light on what seems to be a central theme behind this episode. When the spies describe the alarming size of the inhabitants of the Land of Canaan, they mention that compared to the giants, they felt like grasshoppers. This demoralising description of themselves, it seems, was inappropriate, but the Midrash states that Hashem 'forgave them' for that. According to the Midrash, though, what Hashem did not forgive them for was their next statement: 'And so we were in their eyes (13:33)'.

'How do you know how they perceived you?' asks the Midrash rhetorically, 'Perhaps they viewed you as angels!'.

With these few words, the Midrash encapsulates the catalyst that caused the spies' downfall. It might have been understandable for them to have felt vulnerable, but they did not have to jump to conclusions as to the giants' perception of them. The commentaries elaborate on this theme, explaining how the spies were stricken with a lack of self-belief that eventually brought down the entire nation. This represents a cycle of negativity in which we feel that we are trapped in a certain position that affects not only the way we think of ourselves but also gives us the assumption that others view us in the same light.

Another curious Midrash relates that a giant, after eating a pomegranate, discarded the empty husk and threw it on the ground. This husk was so large that all twelve spies were able to enter it and shelter from the sun. Rabbi Norman Lamm, former Chancellor of Yeshiva University (d.2020), in a drasha delivered in 1952, commented on this Midrash in a scathing critique that highlights the devastating effects of the loss of self-belief. 'If a man thinks of himself as no more than an insignificant insect', he wrote, 'it is the inviolable law of nature that his fellows will think of him in the same way. If a man is willing to cringe in the pomegranate shells thrown to him, then thrown to him they will indeed be.' Without realising it, we can completely lose our self-respect and become dependent on the way we imagine that the rest of the world perceives us.

This was the trap into which the spies fell, but the message that the commentaries conclude with is that, as we say in our *tefillot*, 'Until now Hashem has not forsaken us' (*Nishmat*), and we can trust with full confidence that this will continue. This should generate the necessary self-belief to know that we are able to go the distance, whatever the challenges we face as a nation. Cringing in a discarded pomegranate shell is never necessary.

Digging for Victory?

Three different words are used in the context of this episode that all denote the term 'spying'. In the opening verse of the parsha (13:2), Hashem says to Moshe that he may send spies that will, 'v'yaturu — look through' the Land. The people, however, used a different word when they requested to send the spies: in Parshat Devarim (1:22),



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

the verse says that they asked that the spies should, 'v'yachperu — search'. Finally, the spies themselves are referred to as *meraglim*, a third synonymous term. The Kli Yakar (Prague, d. 1619) explains that these three terms are used in progression. *Yaturu* is connected to the word *yitron*, which means something extra and higher. Hashem, when he allowed this expedition to be sent, said that they should look for the advantages of this Land over other lands; the mission of the spies was really to report back on all the wonderful elements of Eretz Yisrael. The people, however, had other motives. They asked that the spies should *yachperu*, related to the word *lachpor* — to dig — and to the word *cherpah* — disgrace. They were asking for a full, uncensored report, and clearly, if one digs too much, they will always find something that can be criticised. Lastly, the spies themselves were *meraglim*, the inevitable final stop on this downward trajectory. This word is related to the word *rochel*, slanderer, because they magnified the negativity that they found in a manner that bordered on falsehood.

The message for us here is that the difference between these three words is the attitude that one chooses when analysing a situation. Hashem told the spies to search; they could have searched for *yitronot*, for the features that would have encouraged them along a higher and better path. Instead, though, they searched indiscriminately, and they ended up contriving negativity.

The Choice of Positivity

'And the people wept on that night' (Bamidbar 14:1). That night, our Sages tell us, was the Ninth of Av, and a consequence of the weeping following the spies' report was that the Ninth of Av would always be a date that

would be wept over. But what indeed was so significant about the tears the Jewish people shed on that first Tisha B'Av?

The Alshich (Safed d. 1593) discusses a seeming tautology in the verse. At first, the verse says that the *eidah* raised their voices and then says that the people (am) 'gave their voices in crying'. The *eidah*, he explains, refers to the spies themselves, who at first, entered only their own tents and raised their voices, bewailing the misfortunes that they were expecting would befall their wives and children when they entered Eretz Canaan. Of course, the family members joined their father in his tears, until the neighbours came over to investigate the commotion. The neighbours, too, were affected and slowly, in concentric circles, spread panic over the camp. Thus, after the *eidah* raised their voices, the people 'gave' their tears to others.

Of course, the concern here was real; it cannot be said that their unease was needless. But what was necessary for them to display was faith, and instead, they spread panic from circle to circle until it reached the entire people. As Victor Frankl wrote in his seminal work, 'Man's Search for Meaning' (1959), 'Between stimulus and response lies our freedom to choose'. We cannot choose the circumstances we are given in life, but we do have freedom in how we respond. Instead of choosing to focus on what will push one into the trap of negative response, a person can look for positivity and growth. Eretz Yisrael, then, was not suitable for this generation who had chosen the path of false perspectives, but would be given only to their children, who would hopefully learn the critical lessons of faith and growth-orientated outlooks.

Next Week: Korach - Rebels & Revolutions: Learning the Lessons

COMING UP AT KINLOSS

GROUPS AND CLUBS



SUNDAY 20 JULY 11.00AM

SHUL FOR THE MIND

KINLOSS.ORG.UK/MIND



MONDAY 7.30PM

IVRIT DISCUSSION GROUP (ONLINE)

KINLOSS.ORG.UK/CHUG



MONDAY 8PM

WOMEN'S PILATES

KINLOSS.ORG.UK/PILATES



TUESDAY 10.30AM

FRIENDSHIP CLUB

KINLOSS.ORG.UK/FRIEND



TUESDAY 2.00PM

BRIDGE

KINLOSS.ORG.UK/BRIDGE

עברית

TUESDAY 7.30PM

IVRIT CLASSES

KINLOSS.ORG.UK/IVRIT



THURSDAY 10.30AM

CHAIR BASED EXERCISE

KINLOSS.ORG.UK/EXERCISE



THURSDAY 5.30PM

JUNIOR TABLE TENNIS CLUB

KINLOSS.ORG.UK/TABLETENNIS

**DOES ANYONE HAVE A TABLE TENNIS TABLE THEY NO LONGER USE
AND WOULD BE WILLING TO DONATE TO KINLOSS?**

IF SO, PLEASE CALL THE KINLOSS OFFICE ON 020 8346 8551



COMING UP AT KINLOSS

UPCOMING EVENTS

SUNDAY
22ND JUNE
9AM -
10:15AM

TBC - TEFILLA (& TEFILLIN), BAGELS, CHAVRUTA

Special breakfast and opportunity to daven and learnin the merit of the continued safety and security in our nation and homeland for all youth

Please RSVP to Rabbi Josh

THIS WEEK!

SHABBAT
28TH JUNE
8PM

EASY WAYS TO KEEP KOSHER WHILST INTERRAILING FOR SIXTH FORMERS

Join Rabbi & Rebbetzen Birnbaum for a Practical Shiur and Travel Guide! Contact the shul office (020 8346 8551/office@kinloss.org.uk) for the address

SUNDAY
29TH JUNE
2PM AT
THE HIVE

KINLOSS FOOTBALL TOURNAMENT

Lace up your boots and see who will be crowned 5-a-side champions of Kinloss

Register your team kinloss.org.uk/football or contact Rabbi Josh 07721 423 316

SHABBAT
5TH JULY
11.45am

HORIM V'YELADIM

Join us in the Large Deal Hall for ten minutes of parent-child learning, followed by a raffle.

SHABBAT
12TH & 19TH
JULY

YEAR 6 STEP UP SHABBATOT

Special Shabbatot to prepare Year 6 for the transition into the Youth Service. More details to follow

SHABBAT
19TH JULY

KINLOSS CARES SHABBAT LUNCH

Enjoy lunch with the Birnbaums after the Shabbat service. To book, please call Rochelle bfore Tuesday, 15th July, on 020 8343 5263

SUNDAY
20TH JULY
5PM-
9.30PM

KINLOSS PRESENTS THE JEWISH ART FAIR

Exhibits for sale include Paintings, Sculptures, Jewellery, Embroidery, Silk, Ceramics, Fused Glass and Photography

FREE ENTRANCE

To book as an exhibitor go to www.kinloss.org.uk/fair

SAVE THE DATE - 26TH JULY

Shabbat Forum with Phil Rosenberg, President of the Board of Deputies

MEMORIAL BOARDS ANNUAL UPDATE 5785



**Add your loved ones' name
and Yahrzeit to the
Memorial Boards in the
Main Synagogue Foyer.**

**The price of a
single plaque is £850***

**Bookings taken until Friday
29th August 2025**

**For further information please
contact the office:**

T: 020 8346 8551

E: office@kinloss.org.uk

***Please note : this cannot be Gift Aided
or paid by Charity Voucher**



YAH RZEITS

THE KEHILLA
WISHES
חיים ארוכים
'LONG LIFE' TO THE
FOLLOWING WHO
HAVE YAH RZEIT
THIS WEEK

Shabbat 21st June

Laurence Gold	Father
Richard Hildebrand	Father
Robert Owen	Sister

Sunday 22nd June

David Davis	Wife
Jarvis Lebetkin	Father
David Seres	Sister
Michelle Spencer	Father
Isaac Symons	Father

Monday 23rd June

Stanley Jacobs	Father
Alexa Tapper	Mother
Alexa Tapper	Father

Tuesday 24th June

Sandra Coorsh	Father
Neil Egnal	Mother
John Josephs	Father
Elizabeth Meyer	Father
Glenda Nathan	Mother

Wednesday 25th June

Michal Aminoff	Husband
Elliot Choueka	First Wife
Gilles Dahan	Father
Laurence Greenspan	Father
Laurence Kalman	Sister
Susan Lee	Father
Ian Liss	Mother
Jean Rauch	Mother
Cynthia Rothman	Mother
Karen Waters	Father

Thursday 26th June

Samuel Margolin	Mother
Mark Nevies	Mother

Friday 27th June

Adrienne Bearman	Husband
Shirley Freeman	Brother
Jeffrey Gold	Father
Caroline Gray	Brother
Lisa Harrison	Father
Marian Stern	Father
Sandra Tauber	Father

CONDOLENCES

Rosalind Ross and Gillian May on the passing of their mother Sarah Joyce Curtis z'l

CONSECRATIONS

Sunday 22nd June 2025, 9.30am in Bushey Old Cemetery in memory of Sheila Aidalbery z'l

Sunday 22nd June 2025, 10.00am in Bushey New in memory of Gillian Joseph z'l

Sunday 22nd June 2025, 2.00pm at Bushey New in memory of Alan Fine z'l

Friday 27th June 2025, 9.30am at Bushey New in memory of Eli Abt z'l

Sunday 29th June 2025, 10.00am in Bushey Old Cemetery in memory of Virginia Pomerance z'l

Sunday 6th July 2025, 11.30am at The Federation cemetery in Edgwarebury Lane in memory of Verity Zeidman z'l4

Sunday 13th July 2025, 9.30am at Bushey Old in memory of Sylvia Woof z'l

SERVICE TIMES

SERVICES	Sun 22 nd 26 Sivan	Mon 23 rd 27 Sivan	Tue 24 th 28 Sivan	Wed 25 th 29 Sivan	Thurs 26 th 30 Sivan Rosh Chodesh	Fri 27 th 1 Tammuz Rosh Chodesh
Shacharit	8.00am	7.00am	7.00am	7.00am	6.50am	6.50am
Shacharit 2	-	8.00am	8.00am	8.00am	8.00am	8.00am
Sephardi Shacharit	8.00am	6.30am	6.45am	6.45am	6.30am	6.30am
Mincha / Ma'ariv	7.30pm	7.30pm	7.30pm	7.30pm	7.30pm	7.00pm & 7.40pm

TO KEEP INFORMED OF UPCOMING EVENTS
AND ALL THINGS KINLOSS, JOIN THE
KINLOSS WHATSAPP COMMUNITY
[KINLOSS.ORG.UK/WHATSAPP](https://kinloss.org.uk/whatsapp)



KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207

Rebbetzen Elisheva Birnbaum: rebbetzen.elisheva@kinloss.org.uk / 07581 312 310

Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423 316

Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423 317

Ian Kamiel, COO: ian.kamiel@kinloss.org.uk / 020 8349 5264

Shul Office: office@kinloss.org.uk / 020 8346 8551

Bills and Finance: finance@kinloss.org.uk / 020 8349 5261 (monitored answerphone)

Kinloss Cares: 020 8349 5263

Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk

Jami Ambassador, Richard Kafton: 07973 986 344

Security (volunteering): security@kinloss.org.uk