KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

בא
BO

בס״ד

KINLOSS
WWW.KINLOSS.ORG.UK

27 / 28 JANUARY 2023 ו׳ שבט תשפ״ג

SHABBAT WILL START AT 4:26pm AND TERMINATE AT 5:33pm

WE ARE PLEASED TO WELCOME THIS SHABBAT
RABBI AVICHAI GOODMAN, RAV SHALIACH OF BNEI AKIVA

FRIDAY NIGHT

4:30pm Mincha, Kabbalat Shabbat and Ma'ariv in the Large Deal Hall
Followed by Story Time with Rabbi Lawrence followed by Chicken Soup Kiddush

4:20pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
'Hilchot Gerushin, the Laws of Divorce'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Michael Fluss
Rabbi Avichai Goodman, Rav Shaliach of Bnei Akiva will speak



9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Neil Nachshen
Rabbi Avichai Goodman, Rav Shaliach of Bnei Akiva will speak

After Kriat Hatorah in the Minyan, in honour of the forthcoming Women's Shabbat there will be a Womens Haftorah Group Haftara read by Rebbetzen Mandy Lawrence and Atarah Ruback is sharing an insight in the Kinloss Suite Foyer

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Lara Bassalian & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ellie Marantz & Gila Schajer
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

The whole community is invited to kiddush in the Kinloss Suite
after the service sponsored by Daniel, Samantha, Aaron & Eliana Stiefel-Sevitt
to celebrate the birth of Miri

12:35pm EARLY MINCHA IN THE MAIN SYNAGOGUE

SHABBAT AFTERNOON

3:30- 5:30pm Bnei Akiva

4:30pm Mincha followed by Shiur by Rabbi Avichai Goodman titled
"Exodus - success or failure?"

5:33pm MA'ARIV & TERMINATION OF SHABBAT in the Liora Graham Beit Midrash

Sign of Trust and Belief – Leora and Harry Salter

This week's Parasha contains a number of talking points. It discusses the final 3 plagues; a swarm of locusts which destroy all the crops in the land, a thick palpable darkness which envelops the land of Egypt and finally the killing of the firstborn. The Parasha also deals with the laws of Pesach, the commandment to sanctify the new moon as well as the Mitzvah of Tefillin.

However, one of the most interesting things which in the Parasha was the plague of Makat Bechorot (killing of the firstborn) which finally broke Pharaoh's resistance. Indeed, the killing of the firstborn was to take place at exactly midnight on the 15th Nissan. Hashem commanded all the Jewish people to sprinkle the blood of the peach-offering on their doors as a sign to G-d that when all the Egyptian firstborns are killed, Hashem will pass-over the houses of all the Jews so that they would not be impacted by the plague.

It states in (12:13) "When I shall see the blood, I shall pass-over you: there shall not be a plague of destruction upon you when I strike the land of Egypt".

Nevertheless, the verse alludes to a simple question: Surely Hashem who has infinite power, would not need a sign on the door to differentiate between the Israelites and the Egyptians as He would know where all the Jews lived.

Firstly, before answering this question it is important to understand what the door symbolises. The door is what separates the public person from the private person, the external self from the infernal self. It is the privacy of one's home where a person's pretences tend to fall away, enabling the best of what a person has to offer come to the surface.

So, what was the significance of the Israelites marking their doorposts with the blood of the pesach-offering? It was not simply an address or door marker. It was their testimony that they were truly ready to leave Egypt. Indeed, the sign indicates that they were devoted on both the inside and out towards Hashem. Rashi comments that the blood on the door-posts acts as a notice of the fact that the Jewish people were engaged in the performance of Hashem's commands.

It can thus be ascertained that the blood on the doorpost was not there for Hashem's benefit, but for the benefit of the Jews who finally understood what it was that separated them from the Egyptians. The Sforno states that this episode is similar to that of the story of Lot. The angel told Lot not to turn around when he was warned that the city of Sodom would be destroyed. It was a test of his faith in Hashem and trust that all would be fine.

The sign on the door-post was not a sign of Hashem to know exactly where the Israelites were, rather it was a sign to Hashem that the Israelites put their trust in Hashem. We need to show our trust and faith in Hashem inside and outside our homes, to be proud of who we are and what we believe in.

BO STATISTICS
MITZVOT: 20 (9 POSITIVE, 11 NEGATIVE) OF THE 613 MITZVOT
VERSES: 106 (29TH LONGEST OF THE 54 SIDROT)
WORDS: 1655 (21ST LONGEST)
LETTERS: 6149 (22ND LONGEST)
HAFTARAH: 16 VERSES (JOINT 13TH SHORTEST OF THE 80 HAFTAROT)
BO IS ONE OF THE SIDROT WITH THE LONGEST VERSES. IN THE FIRST 14 SIDROT OF THE TORAH, THERE HAVE ONLY BEEN 3 MITZVOT. BO MARKS THE BEGINNING OF THE LEGISLATIVE PART OF THE TORAH.

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SIDRA	377	248	340
HAFTARAH	404	263	1151

Ordinary People, Extraordinary Lessons.

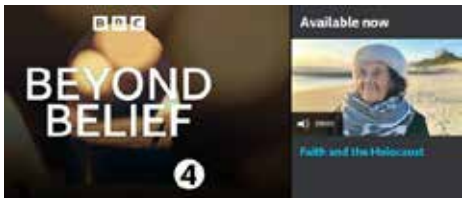
Friday 27th January is International Holocaust Remembrance Day.

In 1949 and 1950, the Israeli Rabbinate observed a Shoah commemoration on the Tenth of Tevet, which Chazal instituted as a default date of tragic commemoration, mindful that throughout history each day could and might be become associated with a massacre here or there. Rather than have a calendar filled with localised fasts of mourning, 10th Tevet, the anniversary of Nebuchadnezzar's siege of Jerusalem became the designated day of solemnity and grieving. Already in 1948, the rabbis declared that 10th Tevet should be the *Yom HaKaddish Haklali* – the appropriate day of Kaddish for anyone whose family members had perished, but where no details such as the correct timing of a Yahrzeit were known.

The establishment of Yom HaShoah on 27th Nissan, a week after Pesach was based around the anniversary of the 1943 Warsaw uprising (14th Nissan). This date was first marked in 1951 and became enshrined in Israeli Law in 1959. A number of religious communities rejected the State-instituted commemoration, and continued to say Selichot for the Shoah on 10th Tevet, and pointedly ignored the Yom HaShoah sirens and silence in the streets around them.

The international commemoration was adopted by the United Nations in 2005 on the anniversary of the liberation of Auschwitz Birkenau. Resolution 60/7 of that year called for a remembrance of the victims, a repudiation of Holocaust denial and also of "religious intolerance, incitement, harassment or violence against persons or communities based on ethnic origin or religious belief".

While it is not a Jewish observance, the IHRD is the "J'Accuse" platform, where the Jewish community can and should point a public finger at the aiders and abettors, the perpetrators and bystanders, the systems, sophistication and subterfuge, all of which combined to enable the murder of millions, masquerading as "resettlement" and the "final resolution" of an ethnic problem. It is also a chance to highlight the righteous and heroic; acts of valour and martyrdom by those who stood firm and did not stand by. The Holocaust was not an aberrant zeitgeist mass-madness. Actions, good and bad were individual choices for which the actor is accountable.



On Wednesday, I was a part of the Beyond Belief BBC Radio 4 panel which explored the impact of the Shoah on Jewish Faith. The programme opens with survivor Lily Ebert's inspiring words, testimony to her faith in God; it follows through to her faith, despite everything, in the goodness of mankind. www.bbc.co.uk/programmes/m001hf2c

On Thursday morning I spoke on BBC Radio 2 Pause for Thought about Syda Selinger, who I came to know in Sydney. Syda met and married her husband Peter in the Kovno Ghetto. Her remarkable survival was through both Oskar Schindler and his wife, Emilie.

www.bbc.co.uk/sounds/play/p0dyp6jn

This year's IHRD theme is Ordinary People. From ordinary people, we can learn extraordinary lessons.

While Yom HaShoah may be our inward facing priority, I encourage taking our opportunity to share valuable lessons and insight on the outward facing International Holocaust Remembrance Day.

At 4pm on 27th January, the Holocaust Memorial Day Trust encourages everyone to light a candle and Light the Darkness www.hmd.org.uk/lightthedarkness/ to share the name and memory of a victim.

Godliness is not remote, nor out of reach. It is close and in our hearts. We can be godly or diabolical, in the choices we make every day. It is for us to choose, to encourage and to affirm the good.

Shabbat Shalom



R' Jeremy Lawrence

This Shabbat we are delighted to host **Rav Avichai Goodman** as a visiting scholar. Rav Avichai recently came to England as the **Rav Shaliach for Bnei Akiva UK.** He has Rav-Ir smicha from the Chief Rabbinate Israel and is a graduate of the "Manhigut Toranit" program at Kollel Eretz Hemdah. He is joined by his wife Aviya, and they have four kids. We wish them hatzlacha in their shlichut and look forward to his addresses over Shabbat and their contribution to our youth and our community.

Next Shabbat (Beshallach/Shabbat Shira) is the United Synagogue's designated **Women's Shabbat**. There will be a women's Kabbalat Shabbat as well a chicken soup kiddush and storytime for the kids.

JANUARY 2023 EVENTS

After Life

Exploring Jewish Teachings and Traditions of Death and Mourning

16 Jan **Transitions:** Bikkur Cholim, Vidui and Passing

23 Jan **Tahara & Levaya:** Honouring Body & Soul, the bereaved Family

☞ **30 Jan** **A Timeframe for Grieving:** Shiva, Sheloshim & the Mourners' Year

No need to have attended previous sessions.

with **Rabbi Lawrence** at the **Zuckers**, 73 Broughton Ave N3 **7.30pm**

HOLOCAUST MEMORIAL DAY

Rickett Quadrangle
Middlesex University
The Burroughs Hendon NW4 4BT

Sunday 29 January 2023
at 2.00pm

Please be seated by 1.45pm

Come and join us in this commemorative service to remember the victims of genocide.

Free Entry

Tube: Hendon Central
Buses: 143, 113, 83, 183, 186 and 326
Disabled parking facilities and access.

For more information:
call: **020 8359 2652**
email: **mayor@barnet.gov.uk**
or visit: **www.barnet.gov.uk/holocaust**

BARNET LONDON BOROUGH

KINLOSS

Kids Art Classes

Let your children explore art and their imagination

FOR CHILDREN AGED 6-11 YEARS

FORTNIGHTLY ON MONDAYS
4.30PM-6PM

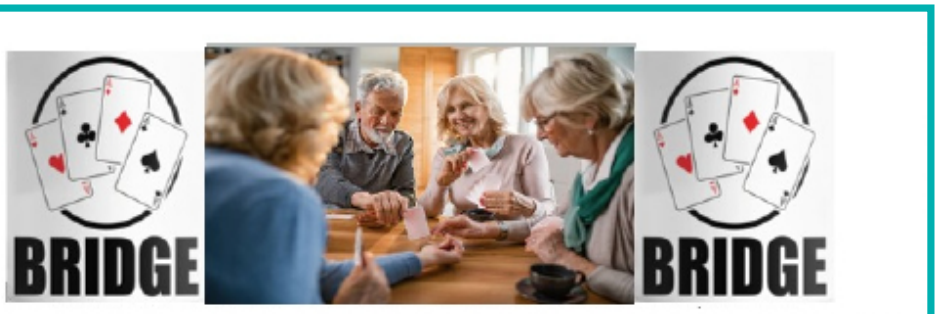
16 & 30 JAN, 13 & 27 FEB, 13 & 27 MARCH



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDS

JANUARY 2023 EVENTS





Weekly on Wednesdays, 10.30am-12.30pm, Persian Synagogue, 2nd floor. There is a lift should you need it. Self-taught bridge will be played with a possibility of Supervision.
All abilities are welcome, feel free to bring a friend.

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 0208349 5267.



FEBRUARY 2023 EVENTS



Join Us and Plant a Tree

In Front of Kinloss



For Tu BiShvat, Sunday 5th Feb 10.30am

Tree & Bulb planting

with Words of Torah, Fruit & Refreshments

Register: www.kinloss.org.uk/tree



FEBRUARY 2023 EVENTS

HOW TO PREVENT COMMON CONDITIONS & ILLNESSES AS YOU GET OLDER

Join us on Thursday 9th February at 8pm



Dr Vanessa Eisman (Chair)
General Practitioner



Mr Andy Goldberg
Consultant Orthopaedic Surgeon



Mr Colin Elton
Consultant General Surgeon



Dr Bal Athwal
Consultant Neurologist

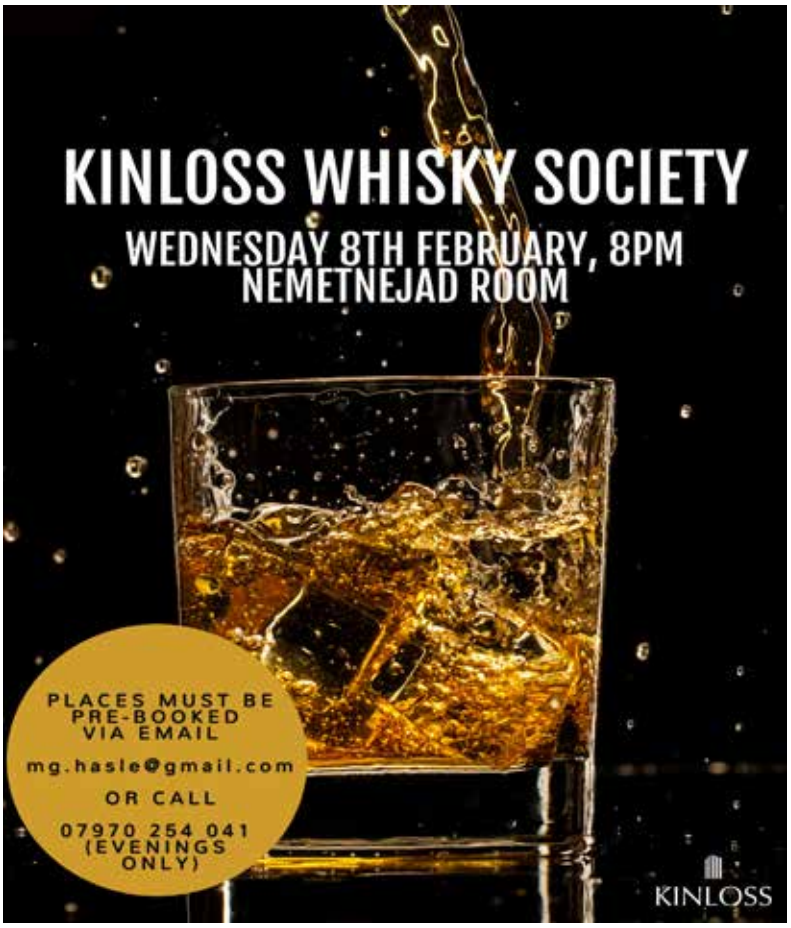


Dr Sundeep Kalra
Consultant Cardiologist

REGISTER ONLINE AT:
kinloss.org.uk/health

KINLOSS

The Wellington Hospital
part of HCA Healthcare UK





FEBRUARY 2023 EVENTS

KINLOSS cares about you

Tu Bishvat TEA

Tuesday 7th February
3pm - 4.30pm
The Deal Hall, Kinloss



Please RSVP to:
Rochelle 0208 349 5263/
07517 577 019
kinlosscares@kinloss.org.uk



SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS.
THE GROUP READ ALOUD AND WE DISCUSS IT. NO NEED TO PREPARE ANYTHING IN ADVANCE,
COME AND HAVE A CUP OF TEA WITH US AND ENJOY THE GROUP.

Tuesday 7th February at 2pm
in The Rabbi's Office at Kinloss

For more information, please speak to :

Kate Fulton on 07801 911 481

or

kathrynfulton@hotmail.com

KINLOSS cares about you

CHATS FOR CHAPS AND MONDAY MATTERS

Informal discussion groups for men and women, all subjects up for discussion, current affairs, anything topical, music, and much more! We are always happy to see new faces.

MONDAY 6TH FEBRUARY STARTING AT 11:00AM FOLLOWED BY LUNCH

FOR CATERING PURPOSES, IF YOU WOULD LIKE TO ATTEND
Please call Rochelle on
020 8349 5263 or email
kinlosscares@kinloss.org.uk

BY WEDNESDAY 1ST February 2023

FEBRUARY 2023 EVENTS

BACK BY POPULAR DEMAND



Monday afternoons

Doors Open 1.45pm
Screening Starts 2pm
Nemetnejad room



Season 5 (2 episodes a week)
6th, 13th, 20th & 27th February
and 13th March

£3 Kinloss Members I £4 non Members

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NOTICE

In the interest of Health and Safety, to avoid accidents in the main foyer and for the safety of everyone attending the shul, we have installed additional restrictors to the bannisters

FEBRUARY 2023 EVENTS

KINLOSS

Shabbat 18th February 2023 with

CHIEF RABBI SIR EPHRAIM AND LADY MIRVIS



The Chief Rabbi will be addressing all our services, followed by a special kiddush in honour of the Chief Rabbi and Lady Mirvis, following his recent knighthood.

FEBRUARY 2023 EVENTS



KINLOSS tribe

Bo

9:25am - Breakfast Shmooze in Youth Flat

9:45am - Youth Service - Liora Graham Beit Midrash

Followed by a Dvar Torah and Kiddush sponsored by Kinloss Youth

and the Year 9 Shabbat Lunch in the youth flat

KINLOSS YOUTH LAST WEEK!

12@KINLOSS LEARNING ABOUT TU BISHVAT





COMING SOON!



youth@kinloss.org.uk

Kinlossyouth

07827031851

MAZEL TOV - מזל טוב

* Mazel Tov to Mandy & Michael Staszewski on the engagement of Moishy to Sarie Curtis, daughter of Mark & Ruth Curtis. Mazel Tov to grandparents Zena Gross, Margaret & Pinchas Rothem, Giyuri & Katy Curtis.

* Mazel Tov to Lorna Bennett on her special Lifetime Achievement Award from the Jewish Volunteers Network, for her 26 years volunteering in the All Aboard Shops.

KINLOSS cares about you

"Kinloss Cares" offers discreet and confidential financial help through the Phyllis Nathan Trust for those in our community in need of support. Over the years we have helped with, for example,

1. Regular financial support to those struggling with the payment of utility bills, etc
2. The distribution of vouchers for the "Kosher Outlet", to help with weekly shopping bills
3. Contributions towards tuition fees for children with special educational needs.
4. Help towards special medical needs, eg physiotherapy, speech therapy, and wheelchairs.

If you have financial difficulties, or know of someone else who does, the Trustees can be contacted, in complete confidence, by writing to the Trustees of the Phyllis Nathan Trust c/o the Shul, or through Shimon or Rochelle in the Shul office email : pnt@kinloss.org.uk



KINLOSS cares

Volunteers needed to shop for our elderly members. We also need volunteers to give lifts to our elderly members.

Please contact Rochelle

0208 349 5263/ 07517 577 019

TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21-29

Is your child single and between the age of 21 - 29?

If so, they are not covered under your household membership and funeral scheme.
It is essential they are members in their own right

The cost is £5 a month.

This will also enable them to attend weekday, Shabbatot and Chaggim Services.
Please sign up here : https://portal.tribeuk.com/account/tcm/register/







Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk

kinloss.banqueting







SERVICE TIMES:

SERVICES (שבת **see front page)**	Sun 29th 7 Shevat	Mon 30th 8 Shevat	Tues 31st 9 Shevat	Wed 1st 10 Shevat	Thur 2nd 11 Shevat	Fri 3rd 12 Shevat
Shacharit	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
Shacharit 2		8:00am		8:00am followed by breakfast		
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	4:35pm	4:35pm	4:35pm	4:35pm	4:35pm	Mincha Kabbalat Shabbat 4:40pm

Services are in the Liora Graham Beit Midrash

THERE WILL BE A SECOND SHACHARIT AT 8AM EVERY MONDAY
IN ADDITION TO SECOND SHACHARIT WITH BREAKFAST AT 8AM ON WEDNESDAY MORNINGS



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 28 JANUARY

Albert Bauernfreund	Father
Charles Cohen	Mother
John Goldman	Mother
Rebecca Nemetnejad	Mother
Marilyn Stock	Father

Sunday 29 JANUARY

Farzaneh Amini	Mother
Suzanne Black	Father
Clive Chippeck	Mother
John Frenkel	Father

Monday 30 JANUARY

Shirley Arkush	Sister
Brian Clarke	Brother
Huguette Cukier	Mother
Reuben Ezekiel	Brother
Norman Goldner	Mother

Tuesday 31 JANUARY

Susan Gradel	Father
David Kass	Father
Leonard Klahr	Father
Michael Moliver	Mother
Harry Rabbie	Mother
Lisa Woolfson	Mother
John Zucker	Father

Wednesday 1 FEBRUARY

Jonathan Glasser	Mother
David Lewi	Mother
Sarah Nicholls	Mother
Beatrice Primhak	Father
Gary Schajer	Father
Marcel Schajer	Father

Thursday 2 FEBRUARY

Evelynne Garbacz	Father
Deborah Goulden	Father
Jonathan Lewis	Father
Maurice Shear	Father
Anita Stewart	Father
Simon Winston	Mother

Friday 3 FEBRUARY

Michael Birnhak	Mother
Nahid Hakimi-Sefat	Mother
Shirley Kenley	Brother
Myrna Young	Mother

Would you like to sponsor a Kiddush in the Minyan on Shabbat?

Please sign up via: www.kinloss.org.uk/minyankiddush

We have a few surplus Coronovirus Testing Kits at Kinloss if anyone would like a box, please come to the office to collect one

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat at 10:15am in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

CONDOLENCES:

* Jonathan Rutland on the passing of his sister Dominique Myers Z"L

CONSECRATIONS:

29/01/23	11:00 in Bushey New in memory of Lorraine Kingsley Z"L
29/01/23	12:00 in Bushey Old in memory of Sally Levy Z"L
26/02/23	10:00 in Bushey Old in memory of Rhoda Goldberg Z"L
05/03/23	12:00 in Bushey Old in memory of David Eckhardt Z"L
19/03/23	14:00 in Federation Burial Grounds Edgwarebury Lane in memory of Sheila Fertleman Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124
Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263