

KOL KINLOSS



וארא

SHABBAT START

4:20pm

SHABBAT END

5:28pm

VA'ERA

ROSH CHODESH
SHEVAT
IS ON THURSDAY
30TH

Last weekend's Kinloss Girls
ID Programme Paris Trip



כ"ה טבת תשפ"ה
24 - 25 January 2025


KINLOSS

SHABBAT AT KINLOSS

FRIDAY NIGHT

4.20pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall

4.20pm Minyan La'Shir in the Liora Graham Beit Midrash

4.10pm Sephardi Mincha, Kabbalat Shabbat & Maariv

SHABBAT MORNING SERVICES

7:45am **HASHKAMA** in the Liora Graham Beit Midrash

9:00am **SEPHARDI SERVICE** in the Sephardi Synagogue

9:15am **MAIN SERVICE** in the Main Synagogue

9:15am **THE MINYAN** in the Nissan and Rifca Deal Halls celebrating the Bar Mitzvah of **ELI WOHLGEMUTH**

9:30am **MINYAN HATZA'IR** in the Rabstein Room

9:45am **YOUTH SERVICE** in the Liora Graham Beit Midrash

MAZEL TOV
ELI
WOHLGEMUTH
on his
Bar Mitzvah

10.45am CHILDREN'S SERVICES

Age 0-4 in the Silver Suite with Leah Frankl and Zac Simmons

Reception to Yr 2 in the Nemetnejad Room with Jason Roomer

Yr 3-Yr 4 in the 1st floor classrooms with Jasmine Bor and Sam Ellis

Yr 5-Yr 6 in the Newman Room with Mia Wohlgemuth and Tomer Doctors

YR 3-6
RAFFLE -
come along
to find out
more

12.30pm **EARLY MINCHA** in the Main Shul

SHABBAT AFTERNOON

4.15pm **MINCHA** followed by a light Seuda Shlishit and **SHIUR** in the Liora Graham Beit Midrash by **RABBI JOSH HARRIS**, entitled '**WHAT THE HALACHIC RESPONSE TO THE RELEASE OF HOSTAGES AND FREEING OF PRISONERS TEACHES US ABOUT THE CURRENT DEAL**'

The topical shiur will take place each week approximately half an hour before the end of Shabbat - all welcome!

5:28pm **MA'ARIV & TERMINATION OF SHABBAT**



KIDDUSHIM AT KINLOSS

Friday Night Chicken Soup Kiddush in the Kinloss Suite Foyer after Maariv

Shabbat morning at the conclusion of the:

HASHKAMA MINYAN in the Silver Suite

COMMUNITY KIDDUSH in the Kinloss

Suite sponsored by Anna & Zvi Wohlgemuth in celebration of Eli's Bar Mitzvah

MINYAN HATZA'IR in the Rabstein Room



10.15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER

MAZEL TOV



ELI WOHLGEMUTH

Eli attends Hasmonean Boys and his hobbies are table tennis, tennis, swimming and playing the drums. He raised money for Jewish Child's Day and is twinning his Bar Mitzvah with a boy in Israel. Eli is also taking part in Kinloss Bar Mitzvah Programme and Camp Simcha Bnei Mitzvah Programme.

Mazel Tov to parents Anna & Zvi, brother Ari and sister Mia, grandparents Laraine & Lester Abrahams and Eliane & Mendi Wohlgemuth

Mazel Tov to Abi & Marc Levinson on the engagement of their daughter Timna to Benji, son of Anne & Robert Baruch. Mazel Tov to grandparents Carmella Bentley, Fraybin Gottlieb, Paul Gottlieb and Ann & Jeff Levinson.

**Mazel Tov to the children in our community
celebrating their birthdays this week:**

**Zak Joseph (9), Olivia Levy (8),
Naphtali Myer (4)**



For more information visit: kinloss.org.uk/volunteer
Or email: volunteer@kinloss.org.uk

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15 AM	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10 AM	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	8.45 – 9.15 AM	Rambam: Mishna Torah	Rabbi Zarum	Large Deal Hall	All
	Half an hour before Shabbat ends	Contemporary Themes	Rabbi Birnbaum / Rabbi Josh / Guests	Beit Midrash	All
Sunday	8.45 – 9.30 AM	Gemara Megilla	Rabbi Birnbaum	Small Deal Hall	All
Monday	1.30 – 2.10 PM	Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.45 – 9.15 AM	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
Wednesday	8.45 – 9.15 AM	Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 8.45 PM	Timeless Torah Parsha Shiur	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 9.00 PM (fortnightly)	KYC Gemara Chabura	Rabbi Josh	Members' Homes	Men
Thursday	8.50 – 9.15 AM	Navi – Sefer Iyov	Rabbi Heller	Beit Midrash	All
	8.00 – 8.40 PM	Advanced Practical Halacha with Shalem Student Fellowship	Rabbi Birnbaum	Beit Midrash	Women
	8.30 – 9.30 PM (fortnightly)	KYC Practical Halacha Chabura	Rabbi Josh	Members' Homes	Men

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
18th Feb	8.00 – 9.00 PM	The Stories You Weren't Taught In School (3 Part Series)	Rebbetzen Tali	Members' Homes	Women
7th Feb 7th Mar 4th Apr	10.00 – 11.00 AM	Highlights & Hot Drinks – Inspiration around the Jewish year	Rebbetzen Elisheva	Small Deal Hall	Women
3rd Feb 3rd Mar	8.00 – 9.00 PM	Women's Rosh Chodesh Shiur	Rebbetzen Elisheva / Rebbetzen Tali / Guest Speakers	Beit Midrash	Women
20th Feb 20th Mar	12.30 – 1.15 PM	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Homes	Those in the year of mourning or marking a Yahrzeit

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

For further information on any of the outstanding learning opportunities on offer at Kinloss, please contact the Shul Office or the speaker directly.

TIMELESS TORAH

PARSHAT VA'ERA - Plagues & Perceptions: A Study in Alternate Realities

The Belief Paradox

The parshah opens with Moshe Rabbeinu's message of the four expressions of redemption and the inability of the Bnei Yisrael to acknowledge them. The verse tells us that the Jewish people did not listen to Moshe, *mikotzer ruach u'me'avodah kashah* — 'because of their shortness of breath and their harsh oppression' (Shemot 6:9). This reaction, though, is surprising when we bear in mind that just a few verses earlier, when Moshe first arrived in Egypt and spoke to the elders of the nation we are told that, '*vaya'amein ha'am*—the people believed'. What happened between then and now to produce such a drastic shift in the Jewish people's reaction?

It is possible, as suggested by the Rashbam (d.1158), that although the people initially believed that their redemption was near, they became disillusioned when Pharaoh increased their workload. When they suddenly found themselves in a much harder situation than they had previously been, they despaired of ever being free. Rabbi Yehudah Leib Chasman (d. 1931) was the spiritual leader of the Chevron Yeshiva during the horrific Hebron massacre of 1929, thrust into the role of somehow rebuilding a decimated institution that had seen 24 of its students murdered. He provides us with a magnificent insight that takes this to a far deeper level. The emotional capacity of a human being, he says, has no limits. This means that not only can a person experience unrestricted levels of emotion, but one can even have within them two completely opposing forces that affect him or her simultaneously. People exist with infinite questions yet also infinite belief, and the Bnei Yisrael in Egypt, while believing entirely in Moshe's prophecy, could not,

at the very same time, break out of their rut of despair. The late great Israeli military leader and politician Moshe Dayan (d. 1981) once defined freedom as, 'the oxygen of the soul'. It was this breath of freedom that they struggled to take in their enslaved state.

Delusive Realities

This understanding can provide an answer to a second question that arises from the parshah. When Hashem instructed Moshe to command Pharaoh to release the Jewish people, Moshe hesitated, arguing that if the Jews had not listened to him, Pharaoh would certainly not heed his words. But the difficulty here is that while the Jews were not able to internalise Moshe's encouragement due to their oppression, Pharaoh had no such impediment. What, then, was Moshe's reluctance?

The solution that Rav Shach (d. 2001) offers to this problem is stimulating and inspiring. Let us take a moment to understand Pharaoh's character and the mindset that governed the way he ruled. The prophet Yechezkel poetically describes Pharaoh as, 'the great serpent who crouches in his river, saying, "this is my river—I created it."' (Yechezkel 29:3). Pharaoh, no matter how self-contradictory this was, viewed himself as an all-powerful god. In fact, the verses repeat continuously that Moshe would meet Pharaoh in the morning on the banks of the Nile. Rashi explains that this was chosen as the meeting-point because Pharaoh, who claimed that he was a god and existed above the rules of nature, would go every morning to secretly perform his bodily functions in the river. Bizarre as it might sound, Pharaoh was convinced of the fact that he was not only the ruler of the mighty



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

Egyptian empire but was actually omnipotent and invincible.

This delusion, argues Rav Shach, was so great, and so firmly entrenched in the Egyptian psyche, that it was almost impossible for Pharaoh to break out of it and accept that a higher Power was commanding him to release his slaves. The claim of Pharaoh that he had 'created the river' was not simply the raving of a lunatic, but an expression of his perception of the absolute nature of his existence; he was unable to conceive of something outside of his control.

This, therefore, was Moshe's parallel to the Jewish people. They could not listen to his encouragement and his prophecies because they were bound in a self-made reality that they were slaves and would always be slaves. Pharaoh was not hampered by such obstacles, but Moshe understood that if the Bnei Yisrael could not break out of their current perception to envision a new reality, Pharaoh's vision would certainly be too narrow to accept the reality of Hashem's existence.

Restless Jews

These lessons of pre-disposed mindsets outline a prominent motif through these parshiyot. The plethora of miraculous signs that characterise the story of the Exodus were designed to demonstrate the reality of Hashem's absolute existence, and this was necessary for two principal reasons. Firstly, the open miracles were crucial to the redemption because they challenged the foundation of Egyptian culture and its belief system, which placed a great reliance on sorcery and witchcraft. Fascinatingly, the Hebrew word for a demon is *shed*, and is closely related to the

the word *shoded*, which connotes misappropriating and rearranging.

This was the speciality of the Egyptians: to realign the systems of nature with their magic, and Hashem's display of open miracles demonstrated His absolute existence unbound to the rules of the world as we know it. The second reason for the miracles was to show the Jewish people that they had hope of breaking free from their captivity. In their current slave mindset, they had no way of leaving the thankless lives they lived, but the miracles of the plagues showed them that one's personal experiences form only a subjective level of reality that is superseded by Hashem's sovereignty. The redemption of the Jewish people was not only from the physical experience of slavery but also from the dominant attitude of slavery which threatened to consume them.

In the same vein, Hashem promised the Jewish people that He would take them out from the '*sivlot Mitzrayim*' (Shemot 6:6). According to Rabbi Menachem Ben Tzion Zacks (d. 1987), although this term is normally translated as 'the burdens of Egypt', it can also be interpreted as 'the patience of Egypt'. The Jews had become so 'patient' and accustomed to their suffering that they were unable to fathom leaving it. A prerequisite of the redemption was that they should learn not to be content with their slavery. To be a Jew is to be restless - to strive for greatness in freedom, rather than survival in oppression. Only when they were able to feel the need to move out of their situation were they ready to be redeemed.

**Next Week: Parshat Bo:
First Moments of An Eternal
People**

COMING UP

GROUPS AND CLUBS



MONDAY 7.30PM
IVRIT DISCUSSION GROUP (ONLINE)
[KINLOSS.ORG.UK/CHUG](https://kinloss.org.uk/chug)



MONDAY 8PM
WOMEN'S PILATES
[KINLOSS.ORG.UK/PILATES](https://kinloss.org.uk/pilates)



TUESDAY 2.00PM
BRIDGE
[KINLOSS.ORG.UK/BRIDGE](https://kinloss.org.uk/bridge)

עברית

TUESDAY 7.30PM
IVRIT CLASSES
[KINLOSS.ORG.UK/IVRIT](https://kinloss.org.uk/ivrit)



THURSDAY 10.30AM
CHAIR BASED EXERCISE
[KINLOSS.ORG.UK/EXERCISE](https://kinloss.org.uk/exercise)



THURSDAY 5.30PM
JUNIOR TABLE TENNIS CLUB
[KINLOSS.ORG.UK/TABLETENNIS](https://kinloss.org.uk/tabletennis)



MONDAY 3RD FEB
CHAPS FOR CHAT
AND MONDAY MATTERS
KINLOSSCARES@KINLOSS.ORG.UK



TUESDAY 4TH FEB
FRIENDSHIP CLUB RESTARTS WEEKLY
[KINLOSS.ORG.UK/FRIEND](https://kinloss.org.uk/friend)



TUESDAY 18TH FEB
KINLOSS WHISKY SOCIETY
[KINLOSS.ORG.UK/WHISKY](https://kinloss.org.uk/whisky)



DAY 11TH FEB
ART CLASS
[KINLOSS.ORG.UK/ART](https://kinloss.org.uk/art)

For more information about events at Kinloss please contact lucy.marcus@kinloss.org.uk

AT KINLOSS

UPCOMING EVENTS

MONDAY
27TH JAN
8.00PM

HEROES FROM THE FRONT LINE

Hear IDF soldier, Ariella Ruback, retell her powerful account of October 7th, when she was stationed on the Kissufim base

[KINLOSS.ORG.UK/HEROES](https://kinloss.org.uk/heroes)

SUNDAY
2ND FEB
6.00PM

FILM SCREENING OF 'THE COMMANDANT'S SHADOW'

A film which shows for the first time a descendant of a major war criminal meeting an Auschwitz survivor in a private setting

[KINLOSS.ORG.UK/SHADOW](https://kinloss.org.uk/shadow)

SHABBAT
7TH/8TH FEB

GUEST CHAZAN AND MUSICAL HAVDALLAH

Rafi Sandford, one of the UK's most in-demand Jewish singers, will be spending Shabbat with us, leading Kabbalat Shabbat and Mussaf. Shabbat will culminate with a special musical Havdallah for the entire Kinloss community, led by Rafi

SHABBAT
8TH FEB

ANNUAL FAMILY SHABBATON AT KINLOSS

For all families with children ages 0-18. A delicious lunch bringing the families of Kinloss together with entertainment for all ages: guest speaker Mical Santhouse (an Israeli educator who lost her brother and nephew on October 7th) will be sharing her remarkable and inspirational story, special Youth programme, lego party for primary school children, and a play room for toddlers and babies

[KINLOSS.ORG.UK/FAMSHAB](https://kinloss.org.uk/famshab)

MONDAY
10TH FEB
8.00PM

YOUR ESSENTIAL GUIDE TO CHOOSING A JEWISH PRIMARY SCHOOL

Hear from our panel of representatives from across the Jewish educational sector, who are ready to answer your questions and guide you through the process

[KINLOSS.ORG.UK/PRIMARY](https://kinloss.org.uk/primary)



KINLOSS GOES TO PARIS



Last Motzei Shabbat, 17 Kinloss girls departed for an exciting trip to Paris, led by Rebbetzen Tali, Rabbi Josh and Elisheva Stanton, our youth director.

The trip was part of the new Kinloss ID Programme, a project started this year which seeks to give girls in Years 8 & 9 greater opportunities for engagement with the community while furthering their Jewish identities. This is achieved through unique trips within London, thought-provoking speakers, and of course, the trip abroad to Paris.

The goal of the trip to Paris was to explore the idea of self expression within Judaism, and of course to have a fun day bonding as a cohort. After arriving late Motzei Shabbat, the girls settled into the hostel in anticipation of a busy day in the morning. The day began with breakfast and ice breakers followed by a Kosher food and Jewish history tour of the Le Marais area. The girls enjoyed sampling macarons, various pastries, and falafel, while learning about the Jewish presence in the area through the ages and the way in which Parisian and Jewish culture have fused today. Sites on the tour included the oldest shul in Paris and the 'Square of the 260 Children', which remembers the French children of the Holocaust.

We then made our way to the Trocadero Gardens overlooking the Eiffel Tower followed by a boat ride along the River Siene. Everyone enjoyed baguette sandwiches on the boat while taking a few minutes to rest their legs and enjoy a break from the cold. After disembarking from the boat, the group headed towards the luxurious high streets surrounding the Champs-Elysees where we got to explore the Dior Galleries. The girls were in awe of the beautiful couture galleries and especially enjoyed perusing the gift shop afterwards. We then made our way to our final stop of the day - dinner! The group feasted on pasta, pizza and chips. At this point we also took a few minutes to reflect on the day and have discussions about the Jewish perspective on self expression and finding our own unique paths. Everyone made their way back to the Eurostar exhausted yet invigorated from a thrilling day filled with group bonding.



YAHRZEITS

Shabbat 25th January

Danielle Amdur	Sister
Alan Lee	Mother
Denise Plant	Father
Jennifer Sosnow	Mother

Sunday 26th January

David Aminoff	Father
Gabriel Aminoff	Father
Ruth Goldman	Father
Gloria Lebetkin	Sister
Helene Levene	Father
Gerald Lucas	Sister
Elaine Oster	Father
Jean Rauch	2nd Husband
Paul Richer	Mother
Simon Winston	Father
Raphael Zarum	Sister

Monday 27th January

Leon Barnes	Father
Sandra Coleman	Mother
Bernice Klinger	Mother
Warren Levy	Father
Myrna Taylor	Husband

Tuesday 28th January

Nuri Faiwusiewiez	Mother
Carole Jayson	Brother
Muris Kalatizadeh	Father
Youssef Kalatizadeh	Father
Marian Phillips	Mother
Sandra Wagner	Mother

Wednesday 29th January

Rosemary Miller	Father
Carole Mond	Husband
Rachel Murray	Father
Hilarie Rose	Mother
Russell Shaw	Father
Marian Stern	Mother

Thursday 30th January

Louise Azizollahoff	Father
Denis Felsenstein	Brother
Barbara Frank	Father
Cheryl Jacobs	Father
Anthony Kraiss	Father
Janet Rabbie	Father
Valerie Sanders	Mother
Geoffrey Soll	Father
Monique Solomon	Mother
Sidney Wagner	Father
Saul Zneimer	Father

Friday 31st January

Shirley Davidson	Brother
Rami Kanzen	Brother
Nicola Koppelman	Mother
Lorraine Silver	Father
David Whiteman	Father

THE KEHILLA
WISHES
חיים ארוכים
'LONG LIFE' TO THE
FOLLOWING WHO HAVE
YAHRZEIT
THIS WEEK

CONDOLENCES

To Barbara Klinger and Mark Klinger, Lisa Dauber and Tracey Klinger on the passing of their husband and father **PHILIP KLINGER z"l**

CONSECRATIONS

Sunday 2nd February 2025, 12pm at Bushey New in memory of Brian Graham z"l

Sunday 23rd February 2025, 11.30am at Bushey Old in memory of Fay Aarons z"l

Wednesday 12th February 2025, 11am at Bushey New in memory of Edith Breskin z"l

SERVICE TIMES

SERVICES	Sun 26th 26 Tevet	Mon 27th 27 Tevet	Tues 28th 28 Tevet	Wed 29th 29 Tevet	Rosh Chodesh Shevat Thurs 30th 1 Shevat	Fri 31st 2 Shevat
Shacharit	8:00am	7:00am	7:00am	7:00am	6:50am	7:00am
Shacharit 2	-	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:30am	6:45am	6:45am	6:20am	6:45am
Mincha / Ma'ariv	4.25pm	4.25pm	4.25pm	4.25pm	4.25pm	4.30pm

KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207
Rebbetzen Elisheva Birnbaum: rebbetzen.elisheva@kinloss.org.uk / 07581 312 310
Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423 316
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Bills and Finance: finance@kinloss.org.uk / 020 8349 5261 (monitored answerphone)
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Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Jami Ambassador, Richard Kafton: 07973 986 344
Security (volunteering): security@kinloss.org.uk