

KOL KINLOSS



Yom
Yerushalayim
BBQ



נשא

La Shir

Service starts: 7.00pm

Candle lighting: 7.31pm

Minyan Sheini

Service starts: 7.35pm

Candle lighting: 7.50pm

Shabbat Ends: 10.18pm

NASO



KINLOSS

6th - 7th June 2025

י"א סיון תשפ"ה

SHABBAT AT KINLOSS

FRIDAY NIGHT

Earliest candle lighting - 7.31pm

7.00pm Minyan LaShir in the Large Deal Hall (candles should be lit at 7.31pm)

7.00pm Sephardi Mincha, Kabbalat Shabbat & Maariv

7.35pm Minyan Sheini in the Liora Graham Beit Midrash (candles should be lit by 7.50pm)

Please note: If you (and members of your household) are unable to attend shul altogether, you should light candles by 7.50pm.

SHABBAT MORNING SERVICES

7.45am **HASHKAMA** in the Liora Graham Beit Midrash

9.00am **SEPHARDI SERVICE** in the Sephardi Synagogue

9.15am **MAIN SERVICE** in the Main Synagogue

9.15am **THE MINYAN** in the Nissan & Rifca Deal Halls celebrating the **BAR MITZVAH** of **ARI JOSEPH**

9.30am **MINYAN HATZA'IR** in the Rabstein Room

9.45am **YOUTH SERVICE** in the Liora Graham Beit Midrash

10.45am CHILDREN'S SERVICES

Age 0–4 in the Silver Suite with Leah Frankl and Zac Simmons

Reception to Yr 2 in the Nemetnejad Room with Natalie Sommer

Yr 3–Yr 4 in the 1st floor classrooms with Jasmine Bor and Sam Ellis

Yr 5–Yr 6 in the Newman Room with Eliyahu Cohen and Yoni Laitner

8.15pm **PRE-MINCHA TZURBA (PRACTICAL HALACHA) CHABURAH WITH RABBI JOSH** in the Liora Graham Beit Midrash

8.45pm **MINCHA** in the Liora Graham Beit Midrash

9.15pm **SUMMER SEUDA SHLISHIT SERIES** with **RABBI DR RAPHAEL ZARUM** entitled **'WOULD IT HAVE BEEN BETTER FOR HUMANITY NOT TO HAVE BEEN CREATED? THE 912 DAY DEBATE BETWEEN THE HOUSES OF HILLEL AND SHAMMAI'** in the Nissan & Rifca Deal Halls

10.18pm **MA'ARIV & TERMINATION OF SHABBAT**



KIDDUSHIM AT KINLOSS

Shabbat morning at the conclusion of the:

HASHKAMA in the Silver Suite

MAIN SERVICE & THE MINYAN in the Kinloss Suite sponsored by **JULIA & JONATHAN JOSEPH** for **ARI'S BAR MITZVAH**

MINYAN HATZA'IR in the Rabstein Room



10:15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER

MAZEL TOV



Mazel Tov to **ARI JOSEPH** on his Bar Mitzvah. He is really looking forward to sharing his simcha with family, friends and the whole community.

Mazel tov to Julia, JJ, Noah and Rafi on Ari's Bar Mitzvah. Mazel Tov to grandparents Pat & Neil Joseph and Vicki & Alex Harris.

Mazel Tov to Dalia & Alex Hajioff on the Bar Mitzvah of their grandson Gavriel, also to parents Shira & Rafael Joseph, sisters Shani & Ayelet. An extra big Mazel Tov to great-grandmother (Safta) Sheila Soleiman.

Mazel Tov to Sally & Aubrey Moher on the engagement of their grandson Yishai son of Claire & Pinny Rotter of Efrat to Daphna daughter of Marcy & Michael Charish of Hashmona'im.

Mazel Tov to Eli & Leah Shear and Rabbi Benyamin & Fraidel Shollar of New York on the birth of a grandson, Yossi, a son for Rabbi Mendy & Sara Shollar and brother for Avi and Goldie. Mazel Tov also to great grandparents Maurice & Rosalind Shear.

BIRTHDAYS



**Mazel Tov to the children in our community
celebrating their birthdays this week:**

Jaden Tenenblat (9), Kaia Greibach (3) Juliet Lesser (4)
Abe Marks (12), Jamie Soussan (11)

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15am	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10am	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	8.45 - 9.15am	Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Deal Hall	All
	8.15pm	Tzurba (Practical Halacha) Chabura	Rabbi Josh	Beit Midrash	All
Sunday	8.45 – 9.30am	Gemara Megilla	Rabbi Birnbaum	Small Deal Hall	All
Monday	1.30 – 2.10pm	Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.45 – 9.15am	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
	8.15 - 9.15pm (fortnightly)	L'Chaim & Learn	Rabbi Josh	Members' Homes	All
Wednesday	8.45 – 9.15am	Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 - 8.45pm	Timeless Torah Parashat Shiur	Rabbi Birnbaum	Beit Midrash	All
Thursday	8.50 - 9.15am	Perek Chelek in Sanhedrin	Rabbi Heller	Beit Midrash	All
	8.00 – 8.40pm	Advanced Practical Halacha with Shalem Student Fellowship	Rabbi Birnbaum	Beit Midrash	Women

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

LEARNING AT KINLOSS

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
21st June 19th July	11:45am - 12:15pm	Kinloss Youth Kiddush Club Chaburot	Rabbi Josh/ Rebbetzen Tali/ Elisheva/ Amichai	Beit Midrash	Youth
20th June 18th July	10:00 - 11:00am	Highlights & Hot Drinks	Rebbetzen Elisheva	Small Deal Hall	Women
3rd July	12.30 - 1.15pm	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Homes	Those in the year of mourning or marking a Yahrzeit


KINLOSS



Great Debates of Jewish History

SUMMER SEUDA SERIES

14 June

21 June

28 June



9:25pm - Rabbi Glenn Bezalet: Deputy Head (Academic) at City of London School, where he teaches Religion & Philosophy

The Universal vs the Particular: Debates in Bein Adam LeChavero



9:30pm - Dr Shaina Trapado: LSJS Visiting Scholar & Lecturer at the Zahava & Mosheel Straus Center for Torah & Western Thought at Yeshiva University

To Kill or Not to Kill: The Death Penalty in Hamlet and Parashat Shelach



9:40pm - Rabbi Josh Harris

Land for Peace

Further Dates to Follow!

Mincha Commences 30 Minutes Before the Start of the Seuda Each Week

TIMELESS TORAH

NASO - THE SEARCH FOR BALANCE IN LIFE

From the Outside In

Parshat Naso is, in a way, a confusing parshah. Although the parshah begins and ends with the narrative of the inauguration of the Mishkan and the encampment around it, it also covers a kaleidoscope of seemingly unrelated topics with no clear or logical sequence. The commentary of the Ralbag (Gersonides, France, d. 1344), however, offers an insight that sheds light on at least four of this week's parshah's topics.

The first passage following the description of the roles of the Levites outlines the halachot of certain ritual impurities that require the person experiencing them to leave the camp until they can purify themselves. After establishing the encampment around the Mishkan, the Ralbag explains, the Torah must tell us how to remove any elements of impurity that could detract from the nation's sanctity.

The next passage teaches the halachot of *gezel hager*, detailing a very specific scenario where a person steals from a convert, initially denies his guilt but eventually admits. This person must not only repay his theft with an additional 25% fine but must also bring a korban to atone for his sin. If the convert has died in the meantime leaving no blood relatives, the money and the fine is to be paid to the Kohanim. Here, as the Ralbag continues his theme, the Torah is underscoring the need to remove interpersonal strife and negativity from within the camp, a point that is emphasised by bringing together the Kohanim, the spiritual leaders of society, with those who may have only recently joined the Jewish people.

Having dealt with spiritual and interpersonal strife on a national level, the Torah moves on to strengthen the nuclear unit of the family. This is the parshah of the sotah, the woman accused by her husband of immorality, which states the procedure that the couple must follow to determine their guilt or innocence. With these three sections, the Torah has therefore given us the depth of attaining communal peace - while the end goal may be spiritual perfection, this must begin with harmony within every family unit.

Personal Emancipation

In the fourth section of this sequence, the Parshah progresses to the nazir, a man or woman who takes a vow to abstain from certain enjoyments, most notably wine. The purpose of such a vow is to train oneself to curb any desires that might lead them to sin, and a nazir, therefore, is a person who is combatting negativity on a personal and individual level. Great weight is attributed to this exercise of self-control, and throughout Tanach and the words of our Sages, the nazir is considered the pinnacle of spiritual achievement. In fact, the Ibn Ezra (Spain, d. 1167) points out that the very name 'nazir' means 'crowned'. A nazir, he explains, is indeed crowned a king because he or she has broken free of enslavement to their desires and truly rules over themselves.

According to the Ralbag, the nazir represents an even more fundamental building-block of communal harmony than the sotah does. The laws of the sotah preserve harmony in the home; the nazir is someone who finds harmony within himself as an individual



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

striving for perfection. But Rav Chaim Shmuelevitz (Jerusalem, d. 1979) finds a broader significance in the relationship between the nazir and the rest of society. We find that the nazir is compared to a prophet (see Amos 2:11) although there is little indication that the abstention from wine should actually bring about a Divine revelation. What is the meaning of this comparison? Rav Shmuelevitz explains that just as the function of a prophet is to arouse awareness about wrongdoings and inspiration for rectification, so too a nazir is awakened to their shortcomings and inspires themselves to make meaningful changes in their life.

Keeping the Balance

Of the three prohibitions that a nazir accepts upon himself, one of them does not seem to fit the general theme of asceticism. Refraining from drinking wine and letting one's hair grow wild can be understood as a certain abstention from life's enjoyments, but avoiding contact with corpses is, if anything, counter intuitive. One would perhaps have expected that, on the contrary, a nazir should be encouraged to attend funerals or mourning-houses to instil in him or her the ephemeral nature of life and the need to focus on one's spiritual health. Why is such behaviour so strongly forbidden to the nazir?

Rav Shmuelevitz found the answer to this question in a cryptic statement of the Baal HaTurim (R. Yaakov ben Asher, Spain, d. 1343) that the reason for this prohibition is so that people should not say that the nazir was involved in necromancy. Rav Shmuelevitz said that he learned two things from this statement.

The first is that it should not be surprising to find that a nazir, having set their sights on spiritual greatness, might be privy to Divine revelations such that they might be suspected of sorcery. The second point, which is more relevant to us, is that we see that it is forbidden to seek spiritual greatness in a way that might be detrimental to the wider populace. There might be benefit in a nazir entering a graveyard to impress upon themselves that they will not be in this world forever, but they may not engage in such behaviour because it could give other people a wrong impression. A nazir, despite their search for greatness, must always be careful to retain the balance of their own aspirations and living within and among their peers who have not yet joined their journey.

In light of this message of the nazir, we can perhaps explain the link to the final parashah of this sequence: Birkat Kohanim (the Priestly Blessings). The Kohanim, like the nazir, represent the highest degree of holiness in Jewish society, but they are not allowed to march forward on their own. Like the nazir, they must be sensitive to the society around them and use their holiness to bring blessing back to their people.

Next Week: Beha'alotecha: Trials & Tribulations: The Parsha of Three Books

COMING UP AT KINLOSS

GROUPS AND CLUBS

THIS
WEEK!



SUNDAY 8 JUNE 11.00AM
SHUL FOR THE MIND
KINLOSS.ORG.UK/MIND



MONDAY 7.30PM
IVRIT DISCUSSION GROUP (ONLINE)
KINLOSS.ORG.UK/CHUG



MONDAY 8PM
WOMEN'S PILATES
KINLOSS.ORG.UK/PILATES



TUESDAY 10.30AM
FRIENDSHIP CLUB
KINLOSS.ORG.UK/FRIEND



TUESDAY 2.00PM
BRIDGE
KINLOSS.ORG.UK/BRIDGE

עברית

TUESDAY 7.30PM
IVRIT CLASSES
KINLOSS.ORG.UK/IVRIT



THURSDAY 10.30AM
CHAIR BASED EXERCISE
KINLOSS.ORG.UK/EXERCISE



THURSDAY 5.30PM
JUNIOR TABLE TENNIS CLUB
KINLOSS.ORG.UK/TABLETENNIS

For more information about events at Kinloss please contact lucy.marcus@kinloss.org.uk

COMING UP AT KINLOSS

UPCOMING EVENTS

**SUNDAY
8TH JUNE
9AM -
10:15AM**

TBC - TEFILLA (& TEFILLIN), BAGELS, CHAVRUTA

A brand new monthly Sunday morning programme for parents & youth with Rabbi Josh, featuring the perfect combination of davening, food and Torah

Please RSVP to Rabbi Josh

**THIS
WEEK!**

**MONDAY
9TH JUNE
7.30PM**

KINDNESS - A LEGACY OF THE HOLOCAUST

A testimony play based on the experiences of Susan Pollack OBE

Tickets available at www.kinloss.org.uk/play

**THIS
WEEK!**

**SUNDAY
29TH JUNE
2PM AT
THE HIVE**

KINLOSS FOOTBALL TOURNAMENT

Lace up your boots and see who will be crowned 5-a-side champions of Kinloss

**Register your team kinloss.org.uk/kinlossfootball
or contact Rabbi Josh 07721 423 316**

**SHABBAT
12TH & 19TH
JULY**

YEAR 6 STEP UP SHABBATOT

Special Shabbatot to prepare Year 6 for the transition into the Youth Service.

More details to follow

**SUNDAY
20TH JULY
5PM-
9.30PM**

KINLOSS PRESENTS THE JEWISH ART FAIR

Exhibits for sale include Paintings, Sculptures, Jewellery, Embroidery, Silk, Ceramics, Fused Glass and Photography

FREE ENTRANCE

To book as an exhibitor go to www.kinloss.org.uk/fair

SAVE THE DATE - 26TH JULY

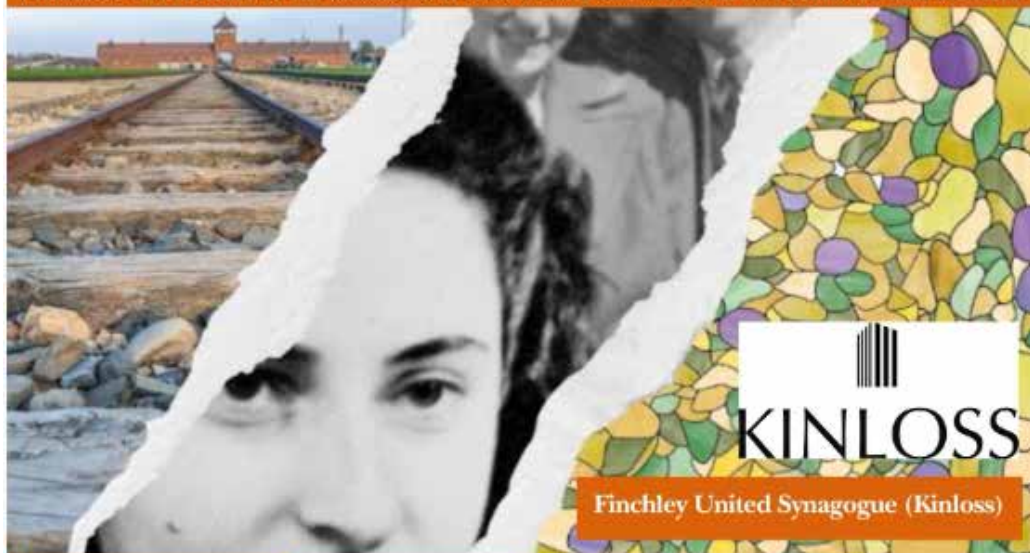
Shabbat Forum with Phil Rosenberg,
President of the Board of Deputies

Join us for a special performance with:

KINDNESS

A Legacy of the Holocaust

A TESTIMONY PLAY CENTERED ON THE EXPERIENCES OF SUSAN POLLACK ORL, WRITTEN BY CATE HOLLIS AND MARK WHEELER.



09

June @ 7:30pm

Details & tickets: scan the QR code (see box on right) with your phone camera.

Alternatively, tickets available at:
www.kinloss.org.uk/play

Email enquiries: lucy.marcus@kinloss.org.uk or call Lucy Marcus: 020 8349 5267



Yahrzeits

Shabbat 7th June

Doreen Brown	Husband
Jeremy Brown	Father
Vivien Friedman	Father
Jacob Golchewski	Mother
Roberta Schlagman	Father
Mandy Staszewski	Father
Birthe Tager	Husband

Sunday 8th June

Jeffrey Bellman	Father
Donald Breslaw	Sister
David Collins	Mother
Josephine Elias	Mother
Sorelle Kafton	Father
Daniel Rahimzadeh	Son
Joanne Rahimzadeh	Son
Elliot Renton	Father
Martin White	Wife

Monday 9th June

Emma Allen	Father
Janet Gilbert	Mother
Gloria Lebetkin	Sister
Elise Lewis	Father
Pamela Lewis	Mother
Pauline Lewis	Mother
Jacqueline Segall	Husband
Susan Sharp	Sister
Daphne Shoolman	Father
Michael Shoolman	Father
Leonard Silver	Sister
Kenneth Waters	Brother

Tuesday 10th June

Philip Goldberg	Mother
Anthony Kraiss	Sister
Brian Lee	Sister
Rhoda Morgan	Mother
Michael Nathan	Mother
Aharon Shaya	Daughter
Lily Shaya	Daughter

Wednesday 11th June

Richard Beenstock	Mother
Michael Goldman	Father
Alex Hajioff	Father

Thursday 12th June

Amos Azizoff	Brother
Pamela Kaye	Father
Natalie Murciano	Father

Friday 13th June

Bertram Mindell	Mother
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CONSECRATIONS

Wednesday 11th June 2025, 11.00am in Bushey Old Cemetery in memory of Frances Cohen z'l

Sunday 22nd June 2025, 9.30am in Bushey Old Cemetery in memory of Sheila Aidalbery z'l

Sunday 22nd June 2025, 10.00am in Bushey New in memory of Gillian Joseph z'l

Sunday 22nd June 2025, 2.00pm at Bushey New in memory of Alan Fine z'l

Friday 27th June 2025, 9.30am at Bushey New in memory of Eli Abt z'l

Sunday 6th July 2025, 11.30am at The Federation Cemetery in Edgwarebury Lane in memory of Verity Zeidman z'l

Sunday 13th July 2025, 9.30am at Bushey Okld in memory of Sylvia Woof z'l

SERVICE TIMES

SERVICES	Sun 8 th 12 Sivan	Mon 9 th 13 Sivan	Tue 10 th 14 Sivan	Wed 11 th 15 Sivan	Thurs 12 th 16 Sivan	Fri 13 th 17 Sivan
Shacharit	8.00am	7.00am	7.00am	7.00am	7.00am	7.00am
Shacharit 2	-	8.00am	8.00am	8.00am	8.00am	8.00am
Sephardi Shacharit	8.00am	6.30am	6.45am	6.45am	6.30am	6.45am
Mincha / Ma'ariv	7.30pm	7.30pm	7.30pm	7.30pm	7.30pm	7.00pm & 7.40pm

TO KEEP INFORMED OF UPCOMING EVENTS
AND ALL THINGS KINLOSS, JOIN THE
KINLOSS WHATSAPP COMMUNITY
[KINLOSS.ORG.UK/WHATSAPP](https://kinloss.org.uk/whatsapp)



KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207

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Bills and Finance: finance@kinloss.org.uk / 020 8349 5261 (monitored answerphone)

Kinloss Cares: 020 8349 5263

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Jami Ambassador, Richard Kafton: 07973 986 344

Security (volunteering): security@kinloss.org.uk