

KOL KINLOSS

The first week
of the TBC
(Tefillah Bagels
Chavruta)
programme



בהר-בחקתי

La Shir

Service starts: 7.00pm

Candle lighting: 7.18pm

Minyan Sheini

Service starts: 7.30pm

Candle lighting: 7.45pm

Shabbat Ends: 9.59pm

Behar-Bechukotai

Rosh Chodesh
Sivan:
Wednesday
28th May



KINLOSS

23rd - 24th May 2025
כ"ו אייר תשפ"ה

SHABBAT AT KINLOSS

FRIDAY NIGHT

Earliest candle lighting - 7.18pm

7.00pm Minyan LaShir in the Large Deal Hall (candles should be lit at 7.18pm)

7.00pm Sephardi Mincha, Kabbalat Shabbat & Maariv

7.30pm Minyan Sheini in the Liora Graham Beit Midrash (candles should be lit by 7.45pm)

7.30pm Shirat Neshama celebrating the **BAT MITZVAH OF MILLIE NICHOLLS**

(please contact the shul office for details of this service)

Please note: If you (and members of your household) are unable to attend shul altogether, you should light candles by 7.45pm.

MAZEL TOV
TO MILLIE
NICHOLLS
ON HER BAT
MITZVAH

SHABBAT MORNING SERVICES

7.45am **HASHKAMA** in the Liora Graham Beit Midrash

9.00am **SEPHARDI SERVICE** in the Sephardi Synagogue

9.15am **MAIN SERVICE** in the Main Synagogue celebrating the

BAR MITZVAH of JACOB SOUSSAN

9.30am **THE MINYAN** in the Nissan & Rifca Deal Halls

9.30am **MINYAN HATZA'IR** in the Rabstein Room

9.45am **YOUTH SERVICE** in the Liora Graham Beit Midrash

MAZEL TOV
TO JACOB
SOUSSAN
ON HIS BAR
MITZVAH

10.45am CHILDREN'S SERVICES

Age 0-4 in the Silver Suite with Leah Frankl and Zac Simmons

Reception to Yr 2 in the Nemetnejad Room with Natalie Sommer

Yr 3-Yr 4 in the 1st floor classrooms with Jasmine Bor and Sam Ellis

Yr 5-Yr 6 in the Newman Room with Eliyahu Cohen and Yoni Laitner

8.00pm **PRE-MINCHA TZURBA (PRACTICAL HALACHA) CHABURAH WITH RABBI**

JOSH in the Liora Graham Beit Midrash

8.30pm **MINCHA** in the Liora Graham Beit Midrash

9.00pm **SUMMER SEUDA SHLISHIT SERIES** with **RABBANIT**

HANNAH ABRAMS entitled 'WOMEN'S TORAH LEARNING THROUGH THE AGES' in the Nissan & Rifca Deal Halls

RABBANIT HANNAH ABRAMS is Director of the Chief Rabbi's Shalem Fellowship. Hannah is a Mizrahi Fellow, and has learnt and taught Torah in the United States and Israel for the past 6 years.

9.59pm **MA'ARIV & TERMINATION OF SHABBAT**



10:15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER



KIDDUSHIM AT KINLOSS

Shabbat morning at the conclusion of the:

HASHKAMA in the Silver Suite

MAIN SERVICE in the Kinloss Suite sponsored by **JODIE & MICHAEL SOUSSAN** for **JACOB'S BAR MITZVAH**

THE MINYAN in the Small Deal Hall sponsored by **JO & JOEL WEITZMAN** to **COMMEMORATE JOEL'S FATHER'S YAHRZEIT**

MINYAN HATZA'IR in the Rabstein Room

MAZEL TOV



JACOB SOUSSAN

Jacob attends JCoSS and he enjoys art, gaming and trampolining outside of school. Jacob is taking part in the Kinloss Bar Mitzvah programme and is fundraising for Chai Cancer Care.

Jacob is twinning his Bar Mitzvah through Yad Vashem with a young boy called Yaakov Shlomo Weisz z'l who perished in the Holocaust.

Mazel Tov to parents Jodie & Michael, younger brother Jamie, and grandparents Jaqueline Soussan and Averill & Michael Moore. Remembering the late Rev Jack Soussan z'l at this happy time.



MILLIE NICHOLLS

Millie attends NLCS and her hobbies are playing the clarinet, tennis and swimming. For her Bat Mitzvah Millie has learnt Kabbalat Shabbat davening.

Mazel Tov to Sarah, Jeremy, Evie, Zach and Maya, and grandparents Barbara & Anthony Nicholls and Harvey Showman. Remembering Julie Showman z'l with love at this happy time.

BIRTHDAYS



Mazel Tov to the children in our community celebrating their birthdays this week:

Aviv Staub (8), Isabel Swerdlow (7),
Katie Lappin (11), Willow Taylor (8),
Raphael Joseph (10)

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15am	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10am	* The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	9.00 - 9.30am	Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Deal Hall	All
	8.00pm	Tzurba (Practical Halacha) Chabura	Rabbi Josh	Beit Midrash	All
Sunday	8.45 – 9.30am	Gemara Megilla	Rabbi Birnbaum	Small Deal Hall	All
Monday	1.30 – 2.10pm	* Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.45 – 9.15am	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
	8.15 - 9.15pm (fortnightly)	L'Chaim & Learn	Rabbi Josh	Members' Homes	All
Wednesday	8.45 – 9.15am	Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 - 8.45pm	Timeless Torah Parashat Shiur	Rabbi Birnbaum	Beit Midrash	All
Thursday	8.50 - 9.15am	Perek Chelek in Sanhedrin	Rabbi Heller	Beit Midrash	All
	8.00 – 8.40pm	Advanced Practical Halacha with Shalem Student Fellowship	Rabbi Birnbaum	Beit Midrash	Women

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

* Not taking place this week

LEARNING AT KINLOSS

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
21 st June 19 th July	11:45am - 12:15pm	Kinloss Youth Kiddush Club Chaburot	Rabbi Josh/ Rebbetzen Tali/ Elisheva/ Amichai	Beit Midrash	Youth
23 th May 20 th June 18 th July	10:00 - 11:00am	Highlights & Hot Drinks	Rebbetzen Elisheva	Small Deal Hall	Women
5 th June 3 rd July	12.30 - 1.15pm	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Homes	Those in the year of mourning or marking a Yahrzeit

THIS
WEEK!



KINLOSS

GIVE A GIFT OF FLOWERS *for Shavuot*

Sign up to gift a bunch of
flowers and bring a smile to one
of our members for Shavuot.

TO BE DELIVERED BY 30 MAY

Sign up by 28 May
www.kinloss.org.uk/flowers



TIMELESS ∞ TORAH

Behar-Bechukotai - Majesty & Meaning: The Eternal Gift of the Land of Israel

The Covenant of Shemittah

The parshiyot of Behar and Bechukotai conclude Sefer Vayikra's outline of our religious service by defining our relationship with Eretz Yisrael. From its very placement at the end of this section of the Torah, as well as from the repeated emphasis on its significance through these parshiyot, it is clear that our relationship with the Land of Israel is fundamental to our existence as a Jewish people. Indeed, as Rav Soloveitchik once expressed it, true love of Eretz Yisrael represents love of the Jewish people and devotion to Eretz Yisrael as the land of our forefathers. Eretz Yisrael is the place where the Jewish people need to be to practice not only the land-related mitzvot but everything involved in living and breathing as a Jew.

Most prevalent among the references to Eretz Yisrael in this week's parshiyot is the mitzvah of shemittah, the mitzvah to leave the land fallow every seven years. Some commentators understand this mitzvah as based on practical agriculture. For land to remain fertile, it cannot be worked on incessantly; it is necessary to allow it to rest so that it can rejuvenate and regain its natural nutrients. Many other commentators, however, disagree strongly with this premise, citing the severe punishment of exile mentioned in the *Tochachah* (Admonition) for failing to observe the shemittah. If this is the consequence of not keeping shemittah, this mitzvah must be far more significant than sensible farming. In fact, according to the Ramban, the mitzvah of shemittah is so fundamental that it forms a part of the covenant between the Jewish people and Hashem.

Analysing the passages of Parshat Mishpatim and Parshat Ki Tisa, the Ramban shows how the mitzvot mentioned at the end of Mishpatim, including a brief sketch of the mitzvah of shemittah, were the basis of the first *brit*, or covenant, that was made at Har Sinai. After the sin of the Golden Calf, this covenant was somewhat rescinded, and a second covenant was formed, with the same mitzvot repeated and expanded on at length. The mitzvah of building the Mishkan was added to this second covenant, together with the halachot of the korbanot, and after that digression, Parshat Behar is actually a return to the narrative of Parshat Ki Tisa. With this, the Ramban explains the opening verse of the parshah that cryptically links shemittah with Har Sinai. This mitzvah is indeed, argues the Ramban, a continuation of the covenant that was begun at Har Sinai.

The Land and Our Faith

Having understood that there is a deep-seated connection between shemittah and the covenant between us and Hashem, we must examine the rationale behind this key mitzvah. The Kli Yakar (Prague, d. 1619) discusses this at length, citing various opinions from the early commentators. His conclusion, based on several proofs from the verses themselves, is that the purpose of this mitzvah is to entrench in the hearts and minds of the Jewish people a sense of faith and trust in Hashem. The mitzvah of shemittah achieves this by removing the Jewish people's main source of livelihood from the natural order of things. For six consecutive years, we are to till the fields and tend to the crops, until in the sixth year, which ought to have the weakest yield,



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

we can expect to find a bumper crop that will take us through to the eighth year.

The natural sentiments of a person who works hard for a living is that they provide independently for themselves, and it is this misguided attitude that the mitzvah of shemittah so magnificently negates. As much as we are expected to make efforts to support ourselves, we must always remember that we are unable to do so without Hashem. This is why there is a mitzvah every seventh year to lay down our ploughshares and shovels and internalise that whatever we have achieved over the past six years has been enabled only by Hashem.

And Eretz Yisrael is sensitive to this. Later in the parshah, we are warned that failure to keep shemittah will lead to the land itself rejecting the Jewish people and demanding its shemittah years as the people are exiled and the land remains fallow. This is the holiness that identifies our relationship with Eretz Yisrael. Our relationship with Eretz Yisrael is not determined by the strength of political arguments; it is defined by deep faith and trust in Hashem.

Personal Effort

Parshat Behar contains an additional facet to the mitzvah of shemittah that is not mentioned any other time this mitzvah is brought in the Torah. This is the mitzvah of yovel, which occurs at the end of every seven shemittah cycles and during which the land would lie fallow for a second consecutive year, Jewish slaves would be set free and ancestral lands would return to their original owners.

The critical difference between the shemittah and yovel, points out Rav Tzvi Hirsh Ferber (London, d. 1966), is that shemittah takes effect every seventh year regardless of whether the Beit Din announces it. Yovel, on the other hand, requires human input; the fiftieth year will not be yovel as long as the Beit Din has not formally declared it to be so.

This is a remarkable observation that complements the ideas that we have been discussing. The shemittah cycle is a holy system that is fixed in a way in which the lessons of trust in Hashem will be taught without us working towards it. But within that system, the yovel year requires us to inject our own sense of renewal and to make an effort to gain the faith in Hashem that is so vital for our Jewish perspectives.

This is the majesty of the eternal gift of the Land of Israel. In the confusing world we live in, Eretz Yisrael provides an anchor of faith in Hashem and teaches us to remain cognizant of His omnipotence.

Next Week: Bamidbar - Living With Purpose: The Power of a Number

COMING UP AT KINLOSS

GROUPS AND CLUBS



MONDAY 7.30PM
IVRIT DISCUSSION GROUP (ONLINE)
KINLOSS.ORG.UK/CHUG



TUESDAY 10.30AM
FRIENDSHIP CLUB
KINLOSS.ORG.UK/FRIEND



TUESDAY 2.00PM
BRIDGE
KINLOSS.ORG.UK/BRIDGE

עברית

TUESDAY 7.30PM
IVRIT CLASSES
KINLOSS.ORG.UK/IVRIT



THURSDAY 10.30AM
CHAIR BASED EXERCISE
KINLOSS.ORG.UK/EXERCISE



THURSDAY 5.30PM
JUNIOR TABLE TENNIS CLUB
KINLOSS.ORG.UK/TABLETENNIS



SUNDAY 8 JUNE 11.00AM
SHUL FOR THE MIND
KINLOSS.ORG.UK/MIND

SAVE THE DATE - 26TH JULY

Shabbat Forum with Phil Rosenberg,
President of the Board of Deputies

For more information about events at Kinloss please contact lucy.marcus@kinloss.org.uk

COMING UP AT KINLOSS

UPCOMING EVENTS

MONDAY
26TH MAY
8.30AM

SPECIAL YOM YERUSHALAYIM SHACHARIT, FOLLOWED BY BREAKFAST & TALK BY SPECIAL GUEST SPEAKER DAVID HOROVITZ, FOUNDING EDITOR OF THE TIMES OF ISRAEL
Celebratory Shacharit starts 8:30am, followed by breakfast and briefing. A joint event with The United Synagogue & Technion UK
To book go to TechnionUK.org/DH (Free to US members)

THIS WEEK!

MONDAY
26TH MAY
4PM - 6PM

YOM YERUSHALAYIM FAMILY BBQ
Celebrate Yom Yerushalayim with a delicious Bank Holiday Monday BBQ
Book now at kinloss.org.uk/yybbq

THIS WEEK!

THURS
29TH MAY
3PM-5PM

KINLOSS CARES AFTERNOON TEA
Please join us for a pre Shavuot Afternoon Tea
RSVP - Rochelle by Friday 23rd May
020 8349 5263 / kinlosscares@kinloss.org.uk

THIS WEEK!

THURS
5TH JUNE
8PM

“HOW PREMIER LEAGUE TEAMS BUILD RESILIENCE”
FEATURING TONY BLOOM, CHAIRMAN, BRIGHTON & HOVE ALBION FC & CLIFF CROWN, CHAIRMAN, BRENTFORD FC
In partnership with the UK Friends of Herzog Hospital
Book now at kinloss.org.uk/herzog

MONDAY
9TH JUNE
7.30PM

KINDNESS - A LEGACY OF THE HOLOCAUST
A testimony play based on the experiences of Susan Pollack OBE
Tickets available at www.kinloss.org.uk/play

SUNDAY
29TH JUNE
2PM AT THE HIVE

KINLOSS FOOTBALL TOURNAMENT
Lace up your boots and see who will be crowned 5-a-side champions of Kinloss
Register your team kinloss.org.uk/kinlossfootball or contact Rabbi Josh 07721 423 316

SUNDAY
20TH JULY
5PM-9.30PM

KINLOSS PRESENTS THE JEWISH ART FAIR
Exhibits for sale include Paintings, Sculptures, Jewellery, Embroidery, Silk, Ceramics, Fused Glass and Photography
FREE ENTRANCE
To book as an exhibitor go to www.kinloss.org.uk/fair



KINLOSS

TIKKUN LEIL SHAVUOT 5785

One night. One location. One community.

Shacharit will be at 3:20 AM. Refreshments will be available throughout the night.

Main Tikkun

11:30 PM Chief Rabbi Sir Ephraim Mirvis

Followed by

From Sinai To Solution:

**Lab Grown Meat &
Barbecuing on Yom Tov**

12:30 AM Introductory Shiur by
Rabbi Yoni Birnbaum

1:00 AM Dynamic group and paired
guided learning, led by Rabbi
Birnbaum & Rabbi Josh

2:30 AM Concluding Shiur by
Rabbi Josh Harris

Youth Tikkun

(in partnership with Bnei Akiva)

11:30 PM Doors Open

11:45 PM Rabbi Josh Harris

12:15 AM Chief Rabbi Sir Ephraim Mirvis

12:30 AM Ice Cream break!

12:45 AM Chaburot with BA Madrichim

1:30 AM Rabbi Yoni Birnbaum

2:00 AM Sushi break!

2:15 AM Rav Avichai

2:45 AM Chaburot with Elisheva,
Amichai & Sam

Women's Tikkun

First Day Shavuot

Kindly hosted by Eleanor Mansfield & Mark Hurst

4:45 PM Doors Open

5:00 PM Rebbetzen Tali Harris

5:40 PM Rebbetzen Elisheva Birnbaum

6:10 PM Joanne Greenaway

Minyan HaTzair

(in partnership with Bnei Akiva)

11:30 PM Rabbi Yoni Birnbaum

12:00 AM Rabbi Raphael Zarum

12:30 AM Break

1:00 AM Chaburot Part 1

1:45 AM Break

2:00 AM Rabbi Josh Harris

2:30 AM Chaburot Part 2

YAHRZEITS

THE
KEHILLA WISHES
חיים ארוכים
'LONG LIFE' TO THE
FOLLOWING WHO
HAVE Yahrzeit
THIS WEEK

Shabbat 24th May

Adrienne Sussman Sister

Sunday 25th May

Irene Alizade Mother
Rosemary Fisch Father
Susan Sharp Mother
Steven Villiers Mother
Joel Weitzman Father

Monday 26th May

Barbara Cohen Mother
Stuart March Father
Marsha Marks Father
Harry Rabbie Father

Tuesday 27th May

Rosemary Fisch Brother
Bertram Mindell Father
Monty Zeid Wife

Wednesday 28th May

David Davis Father
Harold Ellis Father
Farita Franklin Daughter
Pamela Kaye Mother
Anthony Lewis Father
Geoffrey Ralton Mother
Sonia Ralton Mother
David Rose Mother

Thursday 29th May

Carole Chesterman Husband
Alan Lee Sister
Ann Marks Mother
Robert Summers Mother
Alfred Young Brother

Friday 30th May

Rachel Frankel Father

CONDOLENCES

Bertram Mindell, Jonathan Mindell, Jeremy Mindell, Susan Heller and Michael Lehrfreund on the passing of their wife, mother and sister Ruth Mindell z'l

Ana Davis, Suzanne Davis, Nicola Hawkins, Bernard Davis, Jack Davis, Gordon Davis and Valerie Sanders on the passing of their husband, father and brother Melvyn Davis z'l

CONSECRATIONS

Wednesday 11th June 2025, 11.00am in Bushey Old Cemetery in memory of Frances Cohen z'l

Sunday 22nd June 2025, 9.30am in Bushey Old Cemetery in memory of Sheila Aidalbery z'l

Sunday 22nd June 2025, 10.00am in Bushey New in memory of Gillian Joseph z'l

Sunday 22nd June 2025, 2.00pm at Bushey New in memory of Alan Fine z'l

Friday 27th June 2025, 9.30am at Bushey New in memory of Eli Abt z'l

Sunday 13th July 2025, 9.30am at Bushey Okld in memory of Sylvia Woof z'l

SERVICE TIMES

SERVICES	Sun 25 th 27 Iyar	Bank Holiday Mon 26 th 28 Iyar Yom Yerushalayim	Tues 27 th 29 Iyar	Wed 28 th 1 Sivan Rosh Chodesh	Thurs 29 th 2 Sivan	Fri 30 th 3 Sivan
Shacharit	8.00am	8.30am followed by breakfast	7.00am	6.50am	7.00am	7.00am
Shacharit 2		-	8.00am	8.00am	8.00am	8.00am
Sephardi Shacharit	8.00am	8.00am	6.45am	6.30am	6.30am	7.00am
Mincha / Maariv	7.30pm	7.30pm	7.30pm	7.30pm	7.30pm	7.00pm & 7.30pm

SHAVUOT SERVICE TIMES

Sunday 1 June / 5 Sivan - EREV SHAVUOT

- 7.15pm** Early Mincha and Ma'ariv in the Main Shul. For those attending the first Minyan candles should be lit and Yom Tov brought in at 7.27pm, which is also the earliest candle-lighting time. Light a two-day candle
- 8.50pm** Second Mincha and Maariv in the Main Shul. For those attending the Second Minyan, candle-lighting and Yom Tov begins at 8.54pm. Light a two-day candle
- 11.30pm** Tikkun Leil Shavuot Programme begins - see poster for full details

Monday 2 June / 6 Sivan - 1st DAY SHAVUOT

- 7.45am** Hashkama in the Liora Graham Beit Midrash
- 9.00am** Sephardi Shacharit
- 9.15am** Combined service in the Main Shul followed by kiddush
- 10.00am** Family Minyan in the Liora Graham Beit Midrash
- 10.45am** Children Services
- 7.00pm** Sephardi Mincha & Shiur
- 7.15pm** Mincha and Maariv in the Main Shul
- 7.28pm** Earliest candle lighting from existing flame
- 9.09pm** Light candles from existing flame, make kiddush & start dinner **before** this time



Tuesday 3 June / 7 Sivan - 2nd DAY SHAVUOT

- 7.45am** Hashkama in the Liora Graham Beit Midrash
- 9.00am** Sephardi Shacharit
- 9.15am** Combined service (with Megillat Ruth) in the Main Shul including **a special presentation in honour of this year's Women of Distinction, Lucy Furman & Sara Hershman** followed by kiddush
- 10.30am approx.** Yizkor
- 10.45am** Children Services
- 7.00pm** Sephardi Mincha & Shiur
- 7.45pm** Women's Megilla in the Liora Graham Beit Midrash
- 8.10pm** Mincha in the Main Shul followed by Neilat HaChag
- 8.pm** Neilat HaChag - Rabbinic Team Q&A (including light supper) in the Large Deal Hall
- 10.13pm** Maariv in the Main Shul and Yom Tov ends