

KOL KINLOSS

NEXT WEEK



PUT YOUR HAND UP FOR

KINLOSS VOLUNTEER'S SHABBAT

14TH DECEMBER 2024

ויצא

SHABBAT START

3:38pm

SHABBAT END

4:46pm

VAYEITZEI

More details on p3



KINLOSS

ו' כסלו תשפ"ה

6-7th December 2024

SHABBAT AT KINLOSS

FRIDAY NIGHT

3:35pm Mincha, Kabbalat Shabbat and Maariv in the Main Shul and LaShir in the Liora Graham Beit Midrash

3:40pm Sephardi Mincha, Kabbalat Shabbat & Maariv

3:40pm Shirat Neshama - Women's Kabbalat Shabbat in the Silver Suite celebrating the Bat Mitzvah of **Kitty Clyne**

SHABBAT MORNING SERVICES

7:45am **HASHKAMA** in the Liora Graham Beit Midrash

9:00am **SEPHARDI SERVICE** in the Sephardi Synagogue celebrating the Bat Mitzvah of **Kitty Clyne**

9:15am **MAIN SERVICE** in the Main Synagogue

9:30am **THE MINYAN** in the Nissan and Rifca Deal Halls

9:45am **YOUTH SERVICE** in the Liora Graham Beit Midrash

11:45-12:00
Horim V'Yeladim in the Large Deal Hall after davening. Followed by a raffle for Pizaza vouchers



10.45am CHILDREN'S SERVICES

Age 0-4 in the Silver Suite with Leah Frankl and Zac Simmons

Reception to Yr 2 in the Nemetnejad Room with Natalie Sommer

Yr 3-Yr 4 in the 1st floor classrooms with Jasmine Bor and Sam Ellis

Yr 5-Yr 6 in the Newman Room with Mia Wohlgemuth and Tomer Doctors

12:15pm **EARLY MINCHA** in the Main Shul

SHABBAT AFTERNOON

3:30pm **MINCHA** followed by a light Seuda Shlishit and Shiur in the Liora Graham Beit Midrash by **RABBI BIRNBAUM**, titled **'INSPIRATION, INSTRUCTION OR INTERFERENCE? THE INVOLVEMENT OF PARENTS IN A CHILD'S CHOICE OF MARRIAGE PARTNER'**

The topical shiur will take place each week approximately half an hour before the end of Shabbat - all welcome!

4:46pm MA'ARIV & TERMINATION OF SHABBAT



KIDDUSHIM AT KINLOSS

Friday Night Chicken Soup Kiddush in the Kinloss Suite Foyer after Maariv.

Shabbat morning at the conclusion of the:

HASHKAMA MINYAN in the Silver Suite

MAIN SHUL service in the Kinloss Suite

MINYAN in the Small Deal Hall sponsored by Deborah & Jonathan Kestenbaum on the occasion of their 40th wedding anniversary.



10:15am **Anim Zemirot Club** in the Newman Room led by David Lesser

3:00pm **Bnei Akiva**



MAZEL TOV

Mazel Tov to Nichola & John Bentley on the engagement of their daughter Charlotte to Jonah, son of Tracey & Michael Levi.

Mazel Tov to Marian & David Orlans on the birth of a granddaughter Emelyn Rae Orlans, a daughter for Yasmin & Michael, a sister for Freddie, a granddaughter for Andy Grant, and a great granddaughter for Vilma & Ian Atlas and Brenda Grant.

Mazel Tov to Barry and Jean Zackon on the birth of a new great granddaughter, and to Jonathan & Deborah Kestenbaum on a new granddaughter.



**Mazel Tov to the children in our community
celebrating their birthdays this week:**

**Noah Ellis (5) Alexa Mark (9) Sam Dunitz (7)
Jacob Fenton (10) Emmy Angel (7) Natan Renshaw (1)**

MAZEL TOV

**KITTY CLYNE
on her
Bat Mitzvah**

VOLUNTEERS' SHABBAT

**NEXT
WEEK!**



Join us for a special shabbat and kiddush to celebrate our volunteers and find out more about the many ways you can contribute.

For more information visit:

kinloss.org.uk/volunteer

Or email: volunteer@kinloss.org.uk



KINLOSS
VOLUNTEERS
WHAT CAN YOU DO?

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Sunday	8.45 – 9.30 AM	Gemara Megilla	Rabbi Birnbaum	Small Deal Hall	All
Monday	1.30 – 2.10 PM	Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.45 – 9.15 AM	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
Wednesday	8.45 – 9.15 AM	*Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 8.45 PM	Timeless Torah Parsha Shiur	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 9.00 PM (fortnightly)	*KYC Gemara Chabura	Rabbi Josh	Members' Homes	Men
Thursday	8.50 – 9.15 AM	Navi – Sefer Iyov	Rabbi Heller	Beit Midrash	All
	8.00 – 8.40 PM	Advanced Practical Halacha with Shalem Student Fellowship	Rabbi Birnbaum	Beit Midrash	Women
	8.30 – 9.30 PM (fortnightly)	*KYC Practical Halacha Chabura	Rabbi Josh	Members' Homes	Men
Friday	8.45 – 9.15 AM	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10 AM	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	9.00 – 9.30 AM	*Rambam: Mishna Torah	Rabbi Zarum	Large Deal Hall	All
	Half an hour before Shabbat ends	Contemporary Themes	Rabbi Birnbaum / Rabbi Josh / Guest Speakers	Beit Midrash	All

*Not taking place this week

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
18th Dec 21st Jan 18th Feb	8.00 – 9.00 PM	The Stories You Weren't Taught In School (3 Part Series)	Rebbetzen Tali	Members' Homes	Women
20th Dec 7th Feb 7th Mar 4th Apr	10.00 – 11.00 AM	Highlights & Hot Drinks – Inspiration around the Jewish year	Rebbetzen Elisheva	Small Deal Hall	Women
6th Jan 3rd Feb 3rd Mar	8.00 – 9.00 PM	Women's Rosh Chodesh Shiur	Rebbetzen Elisheva / Rebbetzen Tali / Guest Speakers	Beit Midrash	Women
23rd Jan 20th Feb 20th Mar	12.30 – 1.15 PM	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Homes	Those in the year of mourning or marking a Yahrzeit

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

For further information on any of the outstanding learning opportunities on offer at Kinloss, please contact the Shul Office or the speaker directly.

TIMELESS ∞ TORAH

PARSHAT VAYEITZEI - The Pathway of Yaakov: Finding Truth & Wisdom in Exile

Flight and Faith

Parshat Vayeitzei opens with Yaakov's flight from his parents' home and follows him through his exile in Lavan's house and his mission to build a family. Yaakov's quest was far from simple, and the constant tribulations that he faced come in sharp contrast to the ease and simplicity with which Eisav finds a suitable marriage partner. The final two verses of last week's *parshah* describe how, when Eisav realised that his parents did not approve of his wives, he simply went to the daughters of Yishmael and married one of them. Indeed, Rabbi Shmuel Salant (Jerusalem, d. 1909) posits that the Torah is deliberately highlighting the tests of Yaakov's life so that we can consider what is perhaps the most existential philosophical question of all: why is it that the righteous suffer? Specifically, though, Yaakov's reactions to the tests that he faced teach many lessons about how we can survive and even thrive through the trials and tribulations of exile.

We are introduced to this episode with Yaakov Avinu penniless and on the run from his murderous brother. We can imagine his despair as he rests his head on a pile of stones and falls asleep. The Midrash, in fact, reflects Yaakov's mood with a familiar chapter from *Tehillim* (ch. 121): '*Esa einai el heharim, me'ayin yavo ezri*—I lift my eyes to the mountains; from where will come my salvation.' Yaakov was wondering how he would manage to find a wife when he had not

a penny to his name. The next verse reveals to us the source of Yaakov's fortitude: '*Ezri me'im Hashem*—My salvation is from Hashem.' Yaakov, alone on this deserted mountaintop, found his faith in Hashem. How did Yaakov achieve that sense of unbroken faith?

The Prayer at Night

There is an unusual word used to describe Yaakov's arrival at *Har HaMoriah* (Mount Moriah). The verse says that '*vayifga bamakom*— he encountered the place.' What is the meaning behind this curious phrase? Our Sages explain that Yaakov had actually already reached his destination, Charan, when he realised that he had passed by the place of the Akeidah (The binding of Yitzchak) without stopping. Upset that he had overlooked the opportunity to pray at the place where his father and grandfather had prayed, he turned back in the direction that he had come. As soon as he did that, a miracle occurred and *Har HaMoriah* jumped towards him. In that way, he did not merely arrive there, but he miraculously encountered the place in an unexpected fashion. The prayer that Yaakov then offered was, according to our tradition, the nighttime prayer of Maariv.

In other words, Yaakov's prayer, unlike that of our other forefathers, was a prayer that required a certain mindset. Before he was ready to say this prayer, he had to come to the realisation that in his experience of darkness, he was not



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

alone; he could reach out to Hashem. And as soon as he did so, the mountain 'jumped' - Hashem came towards him. This is the meaning behind the *Maariv* prayer itself. Wherever we are, even in moments of despair, we are able to reach out to Hashem for help. And when we do so, Hashem meets us.

Essentially, Yaakov's story is a microcosm of the past two thousand years of the history of our people. Throughout our long journey through the darkness of exile, we take our strength from the faith of Yaakov Avinu. Holocaust survivor Zalman Noe, in his autobiography *Unbroken Faith* (2008, p.36), movingly describes his experience of a rollcall in Auschwitz. It was Shavuot morning, and the camp was lined up in the Appelplatz square. Suddenly, one person recited a line from Akdamut, the complicated liturgical poem that is said on Shavuot, and one-by-one, others joined in until the poem was finished. This gave them all a renewed burst of hope in the darkest of nights. Despite the challenges that we face, the Jewish people gains its strength through its faith.

United We Stand

There was another lesson that Yaakov learned on that same night. The Midrash tells us that Yaakov carefully set twelve stones around and beneath his head, and as he slept, he dreamed that they were arguing among themselves, each one demanding that the tzaddik should

rest his head on it. In the morning, Yaakov awoke to find that all twelve had fused together and he was sleeping on all of them at once. According to the interpretation of the Kli Yakar (d. 1619) of this Midrash, Yaakov's overarching concern was that he would be able to build a family that would be united in their service of Hashem. This dream was a sign for the future. Yaakov was being told that although each of his children would be very different from each other, he would be able to keep his family united if they maintained a single aim. If they remained resolutely focused on the ambitions of their parents, grandparents and great-grandparents, they would succeed in fulfilling the mission of the Jewish people.

A short but powerful comment from the Ibn Ezra underlines the extent to which Yaakov internalised this lesson. The verses tell us that Yaakov took that one stone and anointed it, setting it up as a monument. The Ibn Ezra (d.1167) says that he did this because he knew that one day, he would return to this place and use this stone as an altar upon which he would thank Hashem for his safe return from exile. At the outset of his journey, Yaakov wanted to remind himself that all of his children, however different they were from each other, would succeed if they were able to share a common goal in life.

Next week: Parshat Vayishlach - Antisemitism, Jewish Destiny & The Long View of History

KINLOSS YOUTH

MEET OUR NEW YOUTH DIRECTORS

The Kinloss Youth Directors this year are Amichai Lerer and Elisheva Stanton. Let's find out a bit more about them...



Elisheva - 07725 172500



Amichai - 07724 840560

I'm Elisheva...

I'm in my first year at UCL studying Population Health Science (Data Science). Last year I was on a gap year programme at Midreshet Harova and before that I was at Hasmonean and Brompton College.

My hobbies are painting, collaging and learning guitar.



I'm really excited to be Youth Director at Kinloss and can't wait for the Girls ID Paris trip!

And my favourite takeaway - it's got to be Hummus Bar.



...and I'm Amichai

I'm currently studying law at City University and learn daily in Brompton Beis Hamedrash in Hendon.

I also run and play for Bochur Juniors, a Sunday League team in the Maccabi League.



I spent two years in Yeshivat Netiv Aryeh, in the Old City in Jerusalem and am excited to share much of what I learnt with all of you! And before that I was at Hasmo.



I love learning, running and absolutely anything football related.

I'm excited by just how many youth there are at Kinloss. To get the chance to make an impact on so many people is an exciting opportunity.



My favourite takeaway? Poke Bowls have been a staple ever since I started university.

youth@kinloss.org.uk

@kinlossyouth

KINLOSS

GUMMY BEARS & GEMARA

Join Amichai, as we explore what it really takes to be a learned Jew, what they're all doing in yeshivot and where our Mesorah truly comes from... as we tackle the most important text that man ever wrote. With Haribos!

Every Monday 6:45 - 8:00!

For Sixth Form Boys!



In partnership with Brondesbury Park Youth, Bushey Youth, HGSS Youth, Kinloss Youth, St. John's Wood Youth, South Hampstead Youth

©TribeSixthForm

PRE CHANUKAH SCAVENGER HUNT

FOLLOWED BY SUPPER

Central London location

Sunday 8th December 17:30

£10

Register at WWW.TRIBESIXTHFORM.COM/CHANUKAHHUNT2025

KINLOSS

NEXT WEEK
Kiddush Club
is back
14th December

Kinloss Youth Presents... KINLOSS

THE BREAKFAST CLUB



Join Elisheva, Amichai & the other early risers for a pre-shachrit schmooze... and rogellach!

KINLOSS

Is it your birthday weekend?
Bar/Batmitzva anniversary?
Your football team won?

Sponsor a youth kiddush!

Book now: Kinloss.org.uk/youthkiddush
or contact Elisheva - youth@kinloss.org.uk, 07725172500

Kinloss Youth

COMING UP AT KINLOSS

WEEKLY CLUBS



MONDAY 1.45PM
Film Afternoon

MONDAY 7.30PM
Ivrit Discussion Group (online)

MONDAY 8PM
Women's Pilates

TUESDAY 10AM
Friendship Club

TUESDAY 2PM
Bridge Club

THURSDAY 10AM
Art Class with Bettina

THURSDAY 10.30AM
Chair Based Exercise

THURSDAY 5.30PM
Junior Table Tennis Club

UPCOMING EVENTS

7 DECEMBER 11.45AM
Horim V'Yeladim

13 DECEMBER
BA Family Friday Night Dinner



8 DECEMBER
ID Programme for Girls in Year 8 & 9

8 DECEMBER 2PM
Chanukah Wonderland with Sacks Morasha School

SHABBAT LUNCH
with the Birnbaums
14TH DECEMBER

FOR ALL THOSE AGED
70 YEARS YOUNG
AND OVER
FAMILY MEMBERS
ALSO WELCOME

To book please
call Rochelle on
020 8349 5263
or visit
kinloss.org.uk/shabbatlunch

SAVE THE DATE

THE ANNUAL FAMILY SHABBATON

— 8TH FEB 2025 —

Bringing the families of Kinloss together

For families with children ages 0-18
More details coming soon
Keep your lunch plans free!

Pre book now at
kinloss.org.uk/famshab

28 DECEMBER 5.30PM
Chanukah Celebration

15 DECEMBER 11AM
Shul for the Mind

For more information about events at Kinloss please contact lucy.marcus@kinloss.org.uk

YAHRZEITS

Shabbat 7th December

Danielle Cailler	Father
Huguette Cukier	Son
Alan Deal	Mother
Jonathan Deal	Mother

Sunday 8th December

Madeline Jacobs	Father
Gloria Lebetkin	Sister
Daniel Shababo	Father
Jackie Shababo	Husband
Liad Shababo	Father

Monday 9th December

Hilary Batchat	Father
Michael Berger	Mother
Rosalind Freeman	Mother
Rachel Sobel	Mother
Irene Stanton	Mother
Paul Vegoda	Mother

Tuesday 10th December

Micaela Chetrit	Mother
Robert Gradel	Mother
Michael Moliver	Father
Anthony Nicholls	Mother
Leo Pearlman	Mother
David Renton	Father
Alan Rubenstein	Sister
Susan Sharp	Husband
Judith Sheldon	Mother
Harvey Steinberg	Mother

Wednesday 11th December

Richard Coleman	Father
Sarah Davidson	Husband
Marion Joseph	Father
Jonathan Portner	Father
Alfred Young	Father

Thursday 12th December

Richard Daniels	Mother
Stuart Levy	Father
Geoffrey Morrow	Wife

Friday 13th December

Sheila Cohen	Husband
Harold Gittelmon	Father
Haya Lewi	Father
Joseph Szlezinger	Mother
Myrna Young	Father

THE KEHILLA
WISHES חיים ארוכים
'LONG LIFE' TO THE
FOLLOWING WHO
HAVE Yahrzeit
THIS WEEK

CONSECRATIONS

Wednesday 8th January 2025, 12pm
at Bushey Old Cemetery in memory
of Hetty Phillips z"l

Wednesday 12th February 2025, 11am
at Bushey New in memory of
Edith Breskin z"l

Sunday 23rd February 2025, 11.30am
at Bushey Old in memory of Fay Aarons z"l

CONDOLENCES

To Shirley and Richard Bowles on the
passing of their husband and father
Sidney Bowles z"l

To Susan Shrago on the passing of her
brother Ian Elliot Shrago z"l in Los Angeles
on the 26th November.

SERVICE TIMES

SERVICES	Sun 8th 7 Kislev	Mon 9th 8 Kislev	Tues 10th 9 Kislev	Wed 11th 10 Kislev	Thurs 12th 11 Kislev	Fri 13th 12 Kislev
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2		8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi	7:50am	6:45am	6:45am	6:45am	6:45am	6:45am
Mincha / Ma'ariv	3:40pm	3:40pm	3:40pm	3:40pm	3:40pm	3:35pm

KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207

Rebbetzen Elisheva Birnbaum: rebbetzen.elisheva@kinloss.org.uk / 07581 312 310

Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423 316

Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423 317

Ian Kamiel, Interim COO: ian.kamiel@kinloss.org.uk / 020 8349 5264

Shul Office: office@kinloss.org.uk / 020 8346 8551

Bills and Finance: finance@kinloss.org.uk / 020 8349 5261 (monitored answerphone)

Kinloss Cares: 020 8349 5263

Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk

Jami Ambassador, Richard Kafton: 07973 986 344



KINLOSS

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