

23 / 24 AUGUST 2024

כ' אב תשפ"ד

SHABBAT WILL START AT 7:52pm AND TERMINATE AT 8:55pm



Community Candle Lighting is at 7:30pm



FRIDAY NIGHT

7:00pm Mincha, Kabbalat Shabbat and Maariv in the Deal Hall

Minyan LaShir will return next week

7:00pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

Rabbi Dr Raphael Zarum's shiur will recommence on 7th September.

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Chazan Shimon and Daniel Cohen

9:15am COMBINED SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Neil Nachshen
Rabbi Dovi Lebrecht will speak

Rabbi Dovi was born and raised in NW London, and will be taking the position of Rabbi of Shenley United Jewish Community this September. He has a Mathematics and Economics degree with honours, and completed Semicha as a Mizrahi UK fellow after learning in Israel for close to a decade.

He is currently studying a Masters in Jewish Philosophy, and is a grade 8 pianist, avid cricketer and Barnet FC fan. With an extensive background leading services within the United Synagogue and as a scholar in residence in various communities, Dovi brings a wealth of experience and understanding.

YOUTH SERVICE will return in September after the summer break

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES

Ages 0 – 4 - in the Silver Suite - run by Daniel Frankl & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 6 service will be back on 7th September

After the service there will be a kiddush for the whole community
in the Kinloss Suite.

If you would like to sponsor future kiddushim please contact ian.kamiel@kinloss.org.uk

SHABBAT AFTERNOON

7:40pm Mincha and Shiur by Yitz Bauernfreund titled "What does Hashem ask of us?"
in the Liora Graham Beit Midrash followed by
8:55pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

This week's Kol Kinloss is sponsored by families Kamiel and Clements
to mark the 25th yahrzeit of Joe Kamiel z'l

Any repetition in the Torah demands an explanation. Not even a single letter in the Torah is unnecessary which only adds to the confusion when we find the same Mitzvah repeated three times in this week's Parsha. The Mitzvah of emulating Hashem's ways are found in the following three verses of Parshat Eikev:

1. You shall observe the commandments of Hashem, your God, to go in His ways and to fear Him (8:6)
2. And now, Israel, what does Hashem, your God, ask of you? Only to fear Hashem, your God, to go in all His ways and to love Him. (10:12)
3. For if you will observe this entire commandment... to love Hashem, your God, to walk in all His ways and to cleave to Him. (11:22)

If we look closely at each of the verses, we find that the Mitzvah of emulating Hashem's ways is partnered with a different aspect of our service of Hashem each time.

1. In the first verse, it is connected to Yirat Hashem – Fearing Hashem
2. In the second verse, it is connected to Yirat Hashem and Ahavat Hashem – Fearing and Loving Hashem
3. In the final verse, it is connected to Yirat Hashem, Ahavat Hashem, and Dveykut L'Hashem – Fearing, Loving and Cleaving to Hashem

These three aspects of our service of Hashem – fearing, loving, and cleaving – are three increasingly higher levels of relationship. Serving out of love is a higher level than serving out of fear, while cleaving to Him is the closest of attachments. The Chafetz Chaim points out that by presenting the Mitzvah of emulating Hashem's ways with each of these types of service is the Torah's way of showing us that emulating Hashem is the recipe a person needs to develop their relationship with Hashem and bring it from one level to the next.

There is a notion in general religious thought that the closer a person wants to be to God, the more they need to disassociate themselves from other people. After all, involving oneself with other people and their needs will just serve as a distraction from their spiritual pursuit. Judaism does not agree with that approach. A person fulfils the Mitzvah of emulating Hashem by involving themselves in the need of others. The Gemara in various places explains that emulating Hashem means to be compassionate and merciful, just as He is; to clothe the poor and visit the sick, just as He does, and so on. To emulate Hashem is to directly involve ourselves in the needs of others. By emulating Hashem in one's dealings with others, the person attains an affinity with – and a closeness to – the Divine. It is through that that a person can progress in their level of relationship with Hashem, from a relationship of fear, to one of love, and ultimately to one of total closeness and attachment.

EIKEV STATISTICS

MITZVOT: 8 OF THE 613 MITZVOT, 6 POSITIVE AND 2 PROHIBITIONS
VERSES: 111(26TH LONGEST OF THE 54 SIDROT)
WORDS: 1747 (16TH LONGEST)
LETTERS: 6865(14TH LONGEST)

PAGE NO	SONCINO	HERTZ	ARTSCROLL
SIDRA	1032	780	980
HAFTARAH	1051	794	1197

COMING SOON

SEP

**STUDENTS & YPS
SCHMOOZE &
BOOZE**



**PRE-ROSH
HASHANA
CRAFTS**



SEP

OCT

**ROSH HASHANA
MUSSAF
MISHPACHTI**



**SPIRITS IN THE
SUKKAH**



OCT



WHATSAPP

[KINLOSS.ORG.UK/KYC](https://www.kinloss.org.uk/kyc)

KINLOSS BAR MITZVAH PROGRAMME 2024/25

PARENT-SON PROGRAMME FOR BOYS IN YEARS 7 & 8



Members Only

8 fun and
interactive
sessions,
including two
group outings!

Explore
key topics
that will enhance
the meaning of
the Bar Mitzvah
year



Meet the
rest of the Kinloss
boys celebrating
their Bar Mitzvah
next year!

Dates:
11 Wednesday
19th Oct; 19th Nov;
19th Dec; 19th Jan;
5th Feb; 5th Mar;
2nd Apr;
7th May



£50 per
participant



SIGN UP AT [KINLOSS.ORG.UK/BAR](https://www.kinloss.org.uk/bar)

For more info, please
speak to Rabbi Josh
07721423316



Booze & Schmooze

Join Rabbi Josh & Tali for a pre-Rosh Hashana
discussion, while enjoying a drink and refreshments.

For students & young professionals (ages 18-26)

Sunday 8th September, 8:30pm at the Harris Flat

Please RSVP to either Rabbi Josh or Tali



R' Josh: 07721423316

Tali: 07721423317



Kinloss Bat Mitzvah Programme

The Bat Mitzvah Programme is a parent-child programme
open to girls in Years 5 & 7 and provides a fun and
meaningful way to prepare for your Bat Mitzvah!
Over 8 sessions, we will explore core Jewish topics through
interactive learning and activities, as well as group outings.

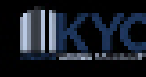
Dates: 5th Oct; 13th Nov; 11th Dec; 12th Jan; 5th Feb; 5th Mar;
2nd Apr; 7th May



£50 per participant
Members only

Register at
[kinloss.org.uk/bat](https://www.kinloss.org.uk/bat)

For more information,
speak to Rabbi Tali
07721423317



Save
the
Date



On Shabbat 7th September
there will be a special kiddush in the
Kinloss Suite for the whole community
and presentation to thank our outgoing
COO, Shimon Gillis.

We hope you can join us.

Join the Kinloss journey!

Brand new WhatsApp groups to stay up to date
with what Kinloss is doing for YOU and to stay
connected with your Kinloss cohort.

**Kinloss
Youth**



or go to
kinloss.org.uk/youthwa

**Kinloss
Students**



or go to
kinloss.org.uk/students

**Kinloss
YPs**



or go to
kinloss.org.uk/yp



KINLOSS FANTASY FOOTBALL LEAGUE

Get ready for the new season and join
the Kinloss League!

League Code: h9e0kj



* Mazel Tov to Oscar and Daisy Gradel who celebrate their Bar and Bat Mitvah in Glasgow this week. Mazel Tov to parents Pamela and Robert Gradel and Grandparents Myrna and Walter Sneader.

* Mazel Tov to Marian & Leonard Stern on the birth of a great-grandson Ephraim, son to Miriam & Reuven Teller of Jerusalem, and grandson to Dr Anna & Julian Stern.

* Mazel Tov to Marian & Leonard Stern on the birth of a great-grandson, son of Rabbi Mendel and Esther Hecht of New Zealand, and grandson of Dr Anna and Julian Stern.



KINLOSS

MEMORIAL BOARDS ANNUAL UPDATE 5784 / 5785

We are now offering, for a short time, the opportunity to add your loved ones' names and Yahrzeits to the beautiful new Memorial Boards in the Main Synagogue Foyer.

All names will be in perpetuity.

The price of a single plaque is £850.

Please note : this cannot be Gift Aided or paid by Charity Voucher

Bookings taken until Friday 6th September 2024

For further information please contact the office on
020 8346 8551 / office@kinloss.org.uk

Forms are available from the office - please email
office@kinloss.org.uk

**MAZEL TOV TO
THE CHILDREN
IN OUR
COMMUNITY CELEBRATING
THEIR BIRTHDAYS**

Raphael Rodney (5)
Maayan Nachshen (5)
Freddie Fogelman (8)
Arielle Roomer (5)
Isabella Bernstein Traub (4)
Zev Bennett (2)
Raya Frenkel (11)
Eliezer Mindell (5)
Oliver Wacks (11)
Maya Conway (5)

KINLOSS VOLUNTEERING

In the run up to Rosh Hashanah and Yom Kippur, Kinloss is looking for volunteers to take up key roles

including:

- * Fire Marshals
- * Welcoming
- * Stewarding
- and more

If you can help, please contact
office@kinloss.org.uk

Friendship Club

All are welcome!



Tuesdays, 10am-1.30pm



- ✓ Socialising
- ✓ Playing cards
- ✓ Knitting
- ✓ Outings
- ✓ Lunch and Refreshments

Call Lucy on 020 8349 5267 for more details

BRIDGE CLUB

The Bridge Club meet weekly on Tuesday afternoons, 2pm-4pm in the Deal Hall, Ground Floor.

Join us for a friendly game. All are welcome with or without a partner. Playing self-taught bridge where a reasonable knowledge of the game is required.

Tea, coffee and biscuits are provided
£3 Kinloss Members, £5 non Members

We look forward to seeing you.

If you would like more information, please contact Lucy on 020 8349 5267

Kinloss Cares

What can we offer?



- Welfare Phone Support
- Bereavement Support



- Financial assistance through the Phyllis Nathan Trust
(www.kinloss.org.uk/pnt)

Advice on communal services

- Shopping



Contact Rochelle
020 8349 5263

kinlosscares@kinloss.org.uk

Kinloss Membership Bills for 2024

The new membership bills from Pesach 2024 were sent out to everyone in February.

If you haven't already done so, could you please pay your invoices via:

- * Online BACS payment

* The member portal
<https://myus.theus.org.uk/login>

- * If you would like to pay by Credit / Debit Card over the phone
Please call Kinloss Office on 020 8346 8551

DAILY MINYAN:

SERVICES (שבת see front page)	Sun 25th 21 Av	Mon 26th 22 Av	Tues 27th 23 Av	Wed 28th 24 Av	Thurs 29th 25 Av	Fri 30th 26 Av
Shacharit 1		7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	8:00am	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi	7:50am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:00pm

Please support the services in the Liora Graham Beit Midrash during the summer period.

Rabbi Heller will be away until the beginning of September.

Rabbi Fine's Shiurim will return w/c 2 September.



WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS



Shul members

PLEASE join our security rotas
Please email securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031
to volunteer and register

SHUL FOR THE MIND

All are invited to come and connect spiritually through prayer, song and of course a great kiddush

A unique prayer service for people living with dementia and their family caregivers. Professional caregivers welcome.

2024

22nd September
27th October
10th November
15th December

Sunday, 11am,
The Deal Hall
Kilross

For more info: Rochelle in Kinloss office 0208 349 5263
kinlosscare@kinloss.org.uk



KINLOSS

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 24 AUGUST

Frida Aboody	Husband
Donald Breslaw	Wife
Mia Lyons	Sister
Edith Nissen	Husband
Philip Platt	Father

Sunday 25 AUGUST

Farzaneh Amini	Son
Patricia Arnold	Father
Estelle Belmont	Mother
David Isaacs	Father
Sharon Levin	Father

Monday 26 AUGUST

Rochelle Garfinkel	Mother
Cheryl Jacobs	Mother
Hilarie Rose	Father
Antony Schneider	Father

Tuesday 27 AUGUST

David Bennett	Father
David Brodie	Mother
Sandrine Prager	Father
Myrna Taylor	Mother

Wednesday 28 AUGUST

Lynne Dyan	Father
Benjamin Schuldenfrei	Father
Daniel Schuldenfrei	Father
Peter Sheldon	Brother
Blanche Stechler	Father

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat
at 10:15am in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

Thursday 29 AUGUST

Ashley Brodin	Father
David Ebrahimoff	Father
Caroline Golchewski	Mother
Miriam Schajer	Mother

Friday 30 AUGUST

Michelle Bull	Father
Neville Chajet	Mother
Deborah Clements	Father
Helen Kamiel	Husband
Ian Kamiel	Father
Judith Kraus	Father
Edna Moser	Mother
Paul Richer	Father
Alfred Young	Mother

KINLOSS DOES NOT ACCEPT SHAIMOS / GENIZA

IF YOU HAVE ANYTHING YOU WISH TO DISPOSE OF, PLEASE TAKE IT TO ONE OF THE FOLLOWING LOCATIONS:

BEIS HAMEDRASH NISHMAS YISROEL,
4 BRENT GREEN, HENDON, NW4 2HA

SINAI GOLDERS GREEN,
54 WOODSTOCK AVENUE, LONDON, NW11 9RJ



Kinloss JAMI Ambassador
is Richard Kafton

KINLOSS

Mobile no: 07973 986344

Email: richard.kafton@cedarhfs.co.uk
<https://jamiuk.org/tipsonmanaginganxiety/>

CONDOLENCES:

Pamela Freedman, Caroline Brower and Jeremy Freedman, and Marilyn Herman on the passing of their husband, father and brother Norman Freedman z'l

Russell Greenfield, Sara Lauder and Tracey Joseph on the passing of their mother Gillian Joseph z'l

CONSECRATIONS:

29/09/2024 09:30am in Bushey New in memory of Alicia Lewis z'l

FINCHLEY SYNAGOGUE USEFUL CONTACT DETAILS:

Ian Kamiel, Interim COO: 020 8349 5264
Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423316
Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423317
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263

