KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

בשלח
BESHALACH

בס״ד

KINLOSS
WWW.KINLOSS.ORG.UK

3 / 4 FEBRUARY 2023 י״ג שבט תשפ״ג

SHABBAT WILL START AT 4:38pm AND TERMINATE AT 5:44pm

MAZEL TOV TO RAFAEL DANIEL ON HIS BAR MITZVAH
WE EXTEND A WARM WELCOME TO HIS FAMILY AND GUESTS

FRIDAY NIGHT

4:40pm Mincha, Kabbalat Shabbat and Ma'ariv in the Large Deal Hall
Youth takeover led by Harry Salter followed by Kiddush
and storytime led by Shiri Doctors

4.50pm – Women for Women Kabbalat Shabbat in the Beit Midrash
Followed by a Chicken Soup Kiddush in the Small Deal Hall

4:30pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
'Hilchot Gerushin, the Laws of Divorce'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Robert Owen and Rafael Daniel
Rabbi Lawrence will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Neil Nachshen
Dvar Torah by Emily Simon for the US Women's Shabbat
Minyan Kiddush sponsored by Sorelle & Richard Kafton

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Lara Bassalian & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ellie Marantz & Gila Schajer
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

The whole community are invited to kiddush in the Kinloss Suite sponsored by Alice & Michael Daniel to celebrate Rafael's Bar Mitzvah

12:35pm EARLY MINCHA IN THE MAIN SYNAGOGUE

SHABBAT AFTERNOON

3:30- 5:30pm Bnei Akiva

4:40pm Mincha followed by Shiur by Rabbi Laitner titled
"Megillat Esther (chapters 5&6) - analysing the politics of Haman"

5:44pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

Blind in Faith

Parashat Beshallach sees an unprecedented succession of miracles; Divine intervention addressing Israel's every need.

As Bnei Yisrael leave Egypt, they are pursued by Pharaoh's chariots; we see the miracle of the parting of the waters at the Red Sea; the Israelites crossing in safety; the drowning of the Egyptians as the waters close around them.

The Parasha sees a pool of bitter waters made sweet; it sees Hashem feed the Israelites with daily Mannah from heaven. When they are parched in the wilderness, Moshe is told to strike a rock with his staff and water gushes out.

The Israelites are saved and sustained by one miracle after another. If the Ten Plagues were about demonstrating to Pharaoh and the Egyptians that their gods were impotent; the clear message of Parashat Beshallach must be the awesome power of Hashem with love and compassion for Israel.

And yet, as the parashah closes, after the crossing of the sea, the sweet waters, the mannah and the water from the rock, we learn that the Israelites were attacked by Amalek, who stole upon them from behind and preyed upon the weak. The verse immediately preceding Amalek's assault tells of the Israelites' doubting refrain, הֲיֵשׁ ה׳ בְּקִרְבֵּנוּ אִם־אָיִן which translates as, "Is Hashem amongst us or not?" (Shemot 17:7)

Is Hashem amongst us or not? The commentaries understand from the juxtaposition, "when Israel doubts, then Amalek appears." Our spiritual hollow creates space for his physical havoc. To repel Amalek, we must have faith in Hashem.

Given all that the Israelites had experienced, in the few days covered by this parashah alone; given the succession of miracles, how could they even begin to ask the doubting question. "Is Hashem amongst us or not?" With one miracle after another surely Hashem's existence and his presence were manifest.

Perhaps the focus of the question is misunderstood. It isn't doubting Hashem's existence; the key is the word בְּקִרְבֵּנוּ, amongst us.

The question is really, is Hashem found *in us as a collective? Is Hashem found in us as a whole?*

Up to the Amalekite attack, The Israelites are referred to as Bnei Yisrael, the Children of Israel and as an עם – a people or an עדה – a congregation – still a collective phrase for group of individuals. When Amalek attacks, we're told for the first time that he is attacking "Israel" – the very first time the nation is called just "Israel."

The lesson we are being taught is that we must look to see Hashem's presence *in the nation as a whole*.

We shouldn't allow ourselves to be divided into strong or weak, observant or secular so that we identify some as godly and others as godless. When we give up on our fellows and imagine that Hashem is surely with *me* – but perhaps less with *you* – we construct a self-destructive schism. The unity of Israel is its defence against Amalek.

Unity is one element. Faith is the second. Our unity must be a unity of faith. Miracles are about Hashem's undeniable power. They are an external manifestation. We see them and we are in awe. Faith comes from within. Faith is what we need when Hashem is less visible. Faith is our security in the absence of certainty. To defeat Amalek we need faith that Hashem is with us – with Israel as a whole.

There is no harm and no shame in diversity. Hashem wants each of us to serve with our own life's experience and in our own way. We make choices for ourselves; we seek to live in compatible communities with similar standards. The harm is when we draw our own lines which disenfranchise others; when we suggest we don't care.

It is a timeless lesson which we are exhorted to remember in all generations. We pray that commitment to unity, faith and common purpose will make us strong; stave off attacks and bring us redemption and peace.

Shabbat Shalom, R' J Lawrence

Page No.	Soncino	Hertz	ArtScroll
Sidra	407	265	366
Haftarah	434	281	1152

Beshalach Statistics

Mitzvot:Beshallach has only one of the 613 Mitzvot
Verses: 116 (23rd longest of the 54 Sidrot)
Words: 1681 (19th longest)
Letters: 6423 (18th longest)
Haftarah: 54 (the longest of the 80 Haftarot!)
Today is called Shabbat Shira (Sabbath of Song), seeing as we read Az Yashir Moshe (the Song of Moses) in the Sidra and the Song of Deborah from the Book of Judges in the Haftarah.

Trees Talk Back



Tu Bishvat, the New Year for Trees, falls on Sunday night/Monday.

Trees feature in many guises throughout Tanach. The Trees of Life and of Knowledge of Good and Evil are central to Gan Eden. They represent Divine Omniscience and yielding to temptation.

Gopher wood was used to build Noah's Ark (Ibn Ezra describes it as chosen for its buoyancy). The dove returning with an olive sprig signified the end of the deluge and dawn of redemption. Abraham planted an Eshel – understood by the Talmud as a metaphor for a tavern of blessing or an orchard of learning.

In our Parasha, after the children of Israel cross the Red Sea, they journey three days into the wilderness and then come to a place of bitter water. They protest and complain. Hashem instructs Moses to take a certain bitter tree and throw it into the water to make it sweet. Immediately afterwards Hashem establishes a special ordinance and makes a commitment to heal and protect His people.

Our Haftara opens with the prophetess Devora sitting under a palm tree. צַדִּיק כַּתָּמָר יִפְרָח – The righteous are like a date palm. Each of the species of the land is rich in symbolism.



The Sages taught: Just as olive oil brings light into the world, so do the people of Israel bring light into the world. (Shir HaShirim Raba 1:2).

יַיִן יְשַׂמַּח לְבַב אֱנוֹשׁ Wine gladdens the heart of man. The word *Enosh* designates humanity in its most base state. Wine can lift us in happiness but also reduce us from spiritual beings to low lives. This property is aligned with the use of wine for Kiddush and Havdalla – we need to know how to sanctify and where to draw a line of distinction. An equivalence of Gematrias (70) **סוד** יוצא **יין** נכנס yields "The wine goes in and the secret's out."

Why is the Torah compared to a fruit tree? Figs on a tree do not ripen all at once, but a little each day. Therefore, the longer one searches in the tree, the more figs he finds. So, too, with Torah: The more one studies, the more knowledge and wisdom one finds. (Talmud – Eruvin 54a)

On Rosh Hashana we say, יְהִי רָצוֹן ... שֶׁנְּרֻבֶּה זְכֻיּוֹת כְּרִמּוֹן. May it be your will … that our good deeds should be as plentiful as the seeds of a pomegranate. The Midrash states, "The little children who study Torah and sit in rows in their class are like the seeds of a pomegranate." (Shir HaShirim Rabba 6:11)

In Rambam's Mishneh Torah (Hilchot Melachim 6, 10) he expands on the laws against chopping down fruit trees to build battering rams or for firewood: This prohibition בל תשחית (Dev 20, 19) does not apply to trees alone. Rather, anyone who breaks utensils, tears garments, destroys buildings, stops up a spring, or ruins food with a destructive intent transgresses the command "Do not destroy."

We used to think of trees as solitary life-forms, even if planted in groves or orchards. In recent years, it has been discovered that some trees and plants communicate with each other, even across species. Networks of roots have been identified through which some flourishing trees support weaker ones and emit sounds (inaudible to humans at 220 hertz). In the Savannah, acacia trees release ethylene gas when their leaves are nibbled. Proximate trees then pump unpleasant tannins into their leaves as a defence against predation.

A German study has shown that trees respond differently to the same damage dependent on the causal agent. When deer bite into a branch and break it, the tree produces a bad tasting repellent into the wound. If a human breaks the branch, then healing chemicals are immediately generated. Somehow the tree is able to distinguish and respond to the deer's saliva.

The Midrash (Kohellet Rabba) teaches that "When Hashem created the first man, He took him around to all the trees in the Garden of Eden and said to him, 'See my handiwork, how beautiful and choice it is... Be careful not to ruin and destroy my world, for if you do ruin it, there is no one to repair it after you.'"

The beauty of trees is not simply in the majestic trunks, flavoursome fruit and the potential for construction and marquetry. As we learn more about trees, we learn that even within plant-life there are mechanisms for social responsibility. The trees of life are indeed repositories of knowledge of good and evil.

Though it is really a horticultural tax year, on Tu Bishvat we celebrate the trees in our life.

Shabbat Shalom



Rabbi Jeremy Lawrence

FEBRUARY 2023 EVENTS



Join Us and Plant a Tree

In Front of Kinloss



For Tu BiShvat, Sunday 5th Feb 10.30am

Tree & Bulb planting

with Words of Torah, Fruit & Refreshments

Register: www.kinloss.org.uk/tree



FEBRUARY 2023 EVENTS

KINLOSS cares about you

Tu Bishvat TEA

Tuesday 7th February
3pm - 4.30pm
The Deal Hall, Kinloss



Please RSVP to:
Rochelle 0208 349 5263/
07517 577 019
kinlosscares@kinloss.org.uk



SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS.
THE GROUP READ ALOUD AND WE DISCUSS IT. NO NEED TO PREPARE ANYTHING IN ADVANCE,
COME AND HAVE A CUP OF TEA WITH US AND ENJOY THE GROUP.

Tuesday 7th February at 2pm
in The Rabbi's Office at Kinloss

For more information, please speak to :

Kate Fulton on 07801 911 481

or

kathrynfulton@hotmail.com

KINLOSS cares about you

CHATS FOR CHAPS AND MONDAY MATTERS

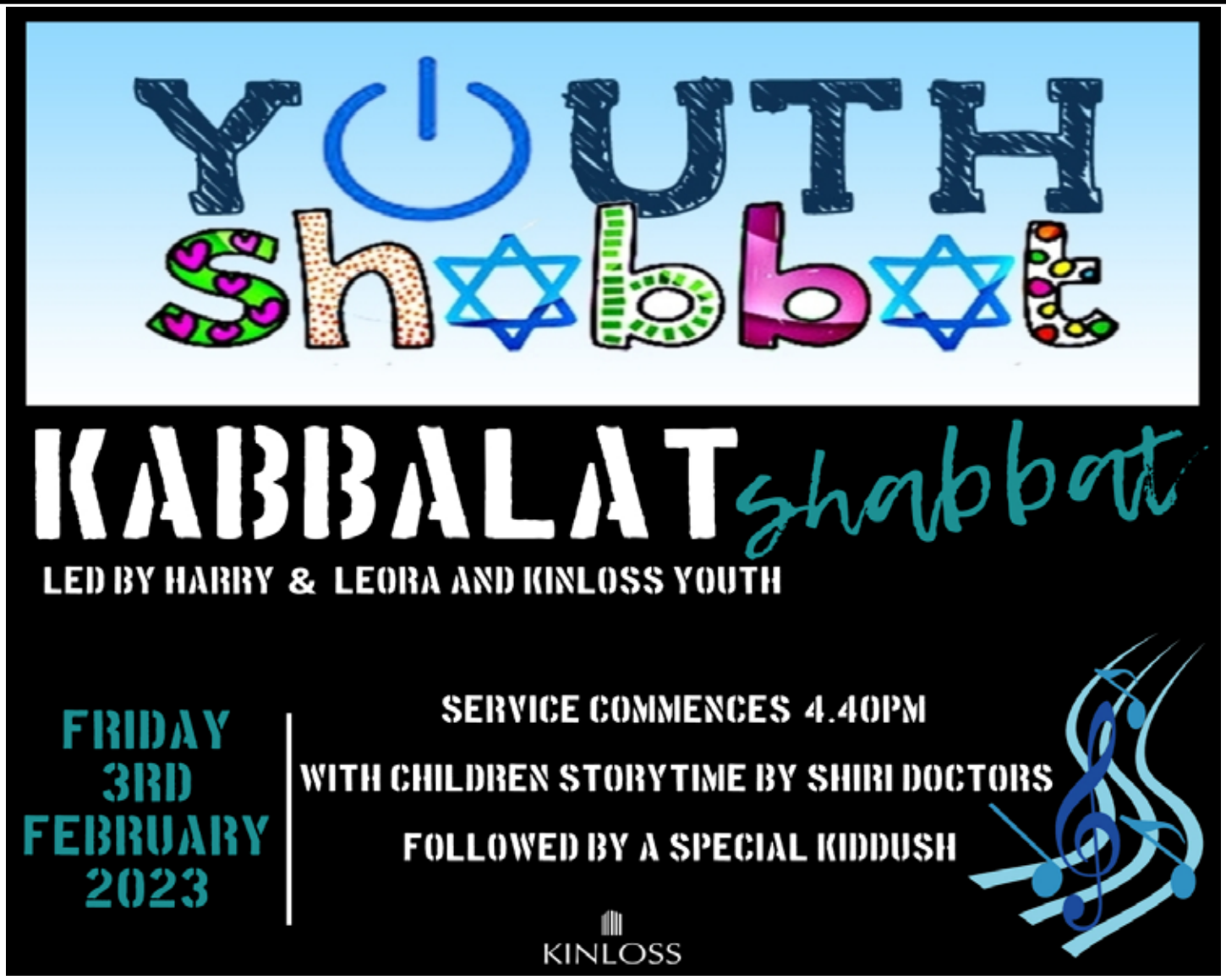
Informal discussion groups for men and women, all subjects up for discussion, current affairs, anything topical, music, and much more! We are always happy to see new faces.

MONDAY 6TH FEBRUARY STARTING AT 11:00AM FOLLOWED BY LUNCH

FOR CATERING PURPOSES, IF YOU WOULD LIKE TO ATTEND
Please call Rochelle on
020 8349 5263 or email
kinlosscares@kinloss.org.uk

BY WEDNESDAY 1ST February 2023

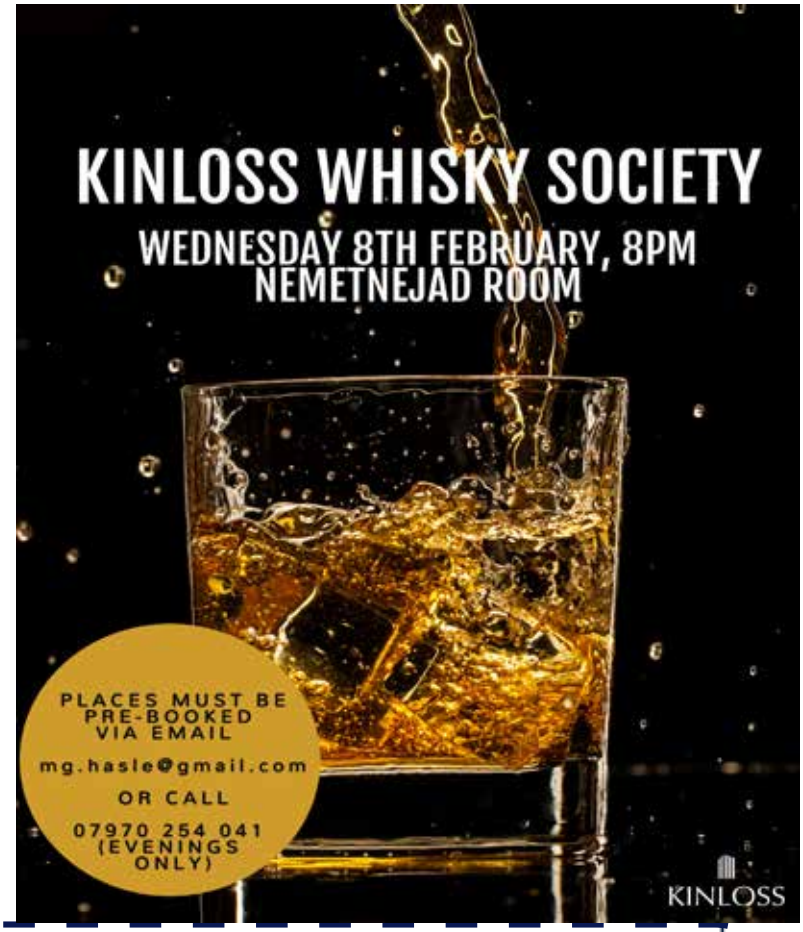
FEBRUARY 2023 EVENTS





FEBRUARY 2023 EVENTS





HOW TO PREVENT COMMON CONDITIONS & ILLNESSES AS YOU GET OLDER

Join us on Thursday 9th February at 8pm



Dr Vanessa Eisman (Chair)
General
Practitioner



Mr Andy Goldberg
Consultant
Orthopaedic Surgeon



Mr Colin Elton
Consultant
General Surgeon



Dr Bal Athwal
Consultant
Neurologist



Dr Sundeep Kalra
Consultant
Cardiologist

REGISTER ONLINE AT:
kinloss.org.uk/health

KINLOSS

The Wellington Hospital
part of HCAHealthcare UK

FEBRUARY 2023 EVENTS

KINLOSS

Shabbat 18th February 2023 with

CHIEF RABBI SIR EPHRAIM AND LADY MIRVIS



The Chief Rabbi will be addressing all our services, followed by a special kiddush in honour of the Chief Rabbi and Lady Mirvis, following his recent knighthood.

FEBRUARY 2023 EVENTS

KINLOSS

LUNCH & LEARN

WEDNESDAY 12.15PM-2PM

Parsha Shiur by Rabbi Vivian Silverman
followed by guest speakers





8 February - Rabbi Lawrence



15 February - Simon Goulden



22 February - Moshe Sampson



1 March - Chava Wulwick



8 March - Rabbi Livingstone



15 March - Rabbi Roselaar



22 March - Rabbi Wollenberg

Light lunch included. Free for Kinloss members, £3 for non Members



TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21-29

Is your child single and between the age of 21 - 29?

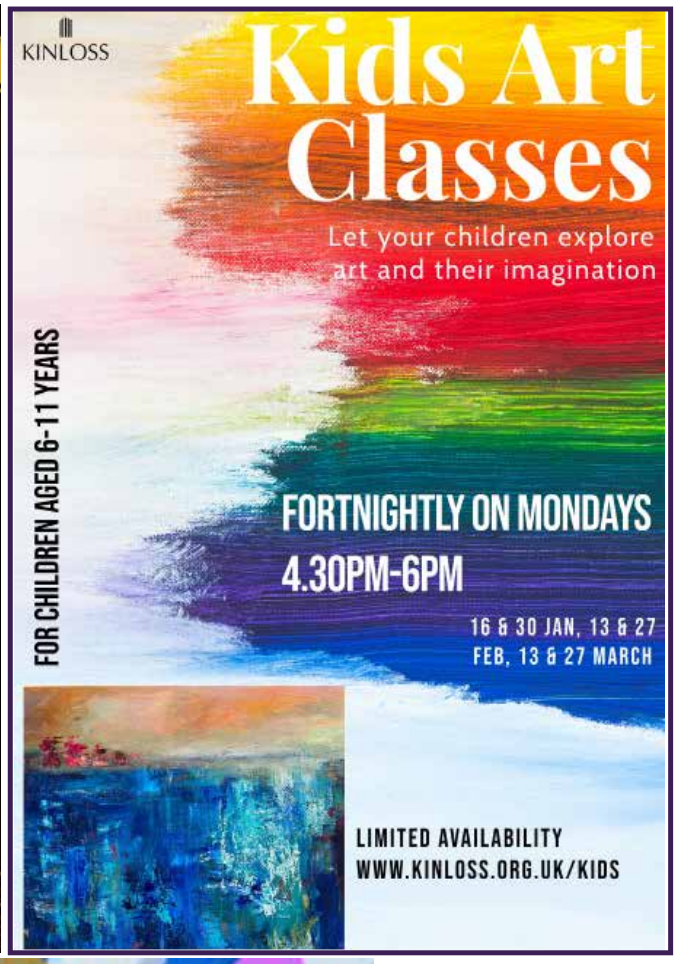
If so, they are not covered under your household membership and funeral scheme.
It is essential they are members in their own right

The cost is £5 a month.

This will also enable them to attend weekday, Shabbatot and Chaggim Services.
Please sign up here : https://portal.tribeuk.com/account/tcm/register/

FEBRUARY 2023 EVENTS













Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk

kinloss.banqueting







KINLOSS tribe

Beshalach

9:25am - Breakfast Shmooze in Youth Flat

9:45am - Youth Service - Liora Graham Beit Midrash

Followed by a Dvar Torah and Kiddush sponsored by Kinloss Youth

KINLOSS YOUTH NEXT WEEK!



youth@kinloss.org.uk

Kinlossyouth

07827031851

MAZEL TOV - מזל טוב



RAFAEL DANIEL

Mazel Tov to Rafael on his Bar Mitzvah

Rafael has a brother Elijah

His hobbies are gaming, climbing and cycling and he attends Gesher School

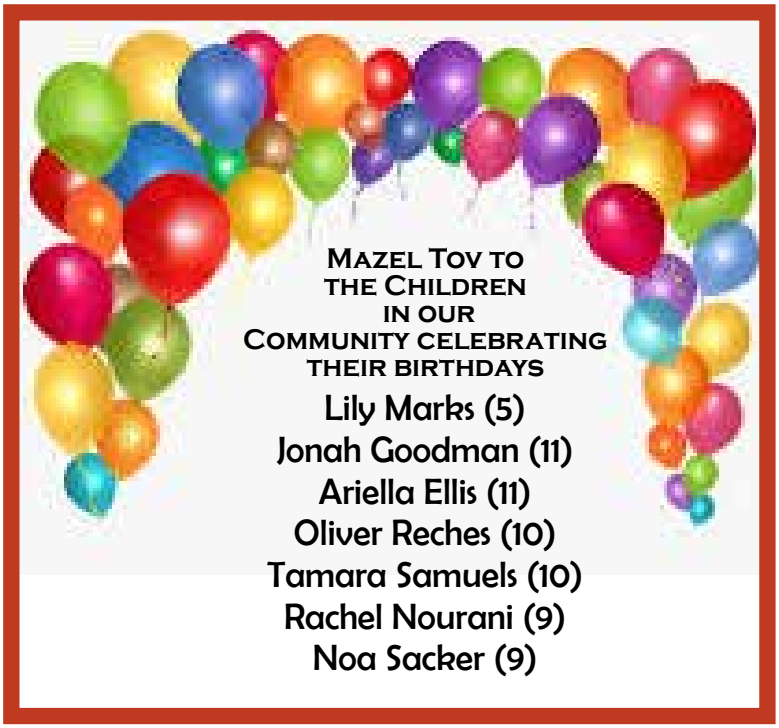
* Mazel Tov to Alice & Michael and Elijah Daniel on their son and brother Rafael's Bar Mitzvah. Mazel Tov also to grandparents Diana Daniel, and Michel & Jaffa Bajrach. Remembering grandfather Daniel Daniel z"l at this time.





Weekly on Wednesdays, 10.30am-12.30pm, Persian Synagogue, 2nd floor. There is a lift should you need it. Self-taught bridge will be played with a possibility of Supervision.
All abilities are welcome, feel free to bring a friend.

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 0208349 5267.



MAZEL TOV TO
THE CHILDREN
IN OUR
COMMUNITY CELEBRATING
THEIR BIRTHDAYS

Lily Marks (5)
Jonah Goodman (11)
Ariella Ellis (11)
Oliver Reches (10)
Tamara Samuels (10)
Rachel Nourani (9)
Noa Sacker (9)

KINLOSS cares about you

Volunteers needed to shop for our elderly members. We also need volunteers to give lifts to our elderly members.

Please contact Rochelle 0208 349 5263/ 07517 577 019



KINLOSS cares about you

"Kinloss Cares" offers discreet and confidential financial help through the Phyllis Nathan Trust for those in our community in need of support.
Over the years we have helped with, for example,

1. Regular financial support to those struggling with the payment of utility bills, etc
2. The distribution of vouchers for the "Kosher Outlet", to help with weekly shopping bills
3. Contributions towards tuition fees for children with special educational needs.
4. Help towards special medical needs, eg physiotherapy, speech therapy, and wheelchairs.

If you have financial difficulties, or know of someone else who does, the Trustees can be contacted, in complete confidence, by writing to the
Trustees of the Phyllis Nathan Trust c/o the Shul,
or through Shimon
or Rochelle in the Shul office email : pnt@kinloss.org.uk

DAILY MINYAN:

SERVICES (שבת see front page)	Sun 5th 14 Shevat	Tu B'Shvat Mon 6th 15 Shevat	Tues 7th 16 Shevat	Wed 8th 17 Shevat	Thur 9th 18 Shevat	Fri 10th 12 Shevat
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2		8:00am followed by Mishna Shiur and breakfast		8:00am followed by Shiur and breakfast	8:00am followed by Shiur by Rabbi Heller and breakfast	
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	4:45pm	4:45pm	4:45pm	4:45pm	4:45pm	Mincha Kabbalat Shabbat 4:55pm

Services are in the Liora Graham Beit Midrash

KINLOSS

Daily Minyanim

OPPORTUNITY TO SPONSOR BREAKFAST. CONTACT THE OFFICE.

TIMES OF SERVICES
LOCATION: LIORA GRAHAM BEIT MIDRASH

SUNDAY - 8AM
MONDAY - 7AM
MONDAY - 8AM FOLLOWED BY A MISHNA SHIUR
TUESDAY - 7AM
WEDNESDAY - 7AM
WEDNESDAY - 8AM FOLLOWED BY A SHIUR AND BREAKFAST
THURSDAY - 7AM
THURSDAY - 8AM FOLLOWED BY A SHIUR GIVEN BY RABBI HELLER
FRIDAY - 7AM

PLEASE NOTE: DIFFERENT TIMES WILL BE PUBLICISED FOR FAST DAYS AND ROSH CHODESH



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 4 FEBRUARY

Helen Azizoff	Brother
Edward Cooper	Mother
Harvey Hirsh	Father
Edna Moser	Father
Angela Pelled	Father
Roberta Sanford	Husband
Dolores Zeid	Brother

Sunday 5 FEBRUARY

Mimi Benisty	Father
Elizabeth Feldmann	Father
David Halperin	Step Father
Julia Hammell	Father

Monday 6 FEBRUARY

Shirley Arkush	Husband

Tuesday 7

Sandra Coleman	Father
David Collins	Step Father
Sarah Curtis	Mother
Frances Glassberg	Sister
Robert Harris	Father
Elaine Young	Father

Wednesday 8 FEBRUARY

Abraham Batchat	Mother
Zara Blaskey	Father
David Collins	Father
Tanya Dahan	Father
Audrey Godfrey	Sister
Naomi Nevies	Father
Vikki Shields	Father

Thursday 9 FEBRUARY

Cynthia Bengen	Brother
Shirley Ellis	Father
Efrem Gilmont	Mother
Irene Mansfield	Mother
Sandra Rapp	Mother
Barry Silverstein	Father
Ivan Silverstein	Father
Natalie White	Daughter
Robert White	Daughter

Friday 10 FEBRUARY

Gerald Abrahams	Mother
Suzanne Black	Mother
Suzanne Landy	Mother
Ian Liss	Father
Frank Rosenfeld	Son
Roselyn Rosenfeld	Son
Jeffrey Shine	Mother

Would you like to sponsor a Kiddush in the Minyan on Shabbat?

Please sign up via: www.kinloss.org.uk/minyankiddush

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat at 10:15am in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

CONDOLENCES:

* Jamie Kaye on the passing of his Step-Father David Goldstone Z"L. Condolences to wife Jocille, children Andrea and Phillip, step son Warren.

CONSECRATIONS:

26/02/23	10:00 in Bushey Old in memory of Rhoda Goldberg Z"L
05/03/23	12:00 in Bushey Old in memory of David Eckhardt Z"L
19/03/23	14:00 in Federation Burial Grounds Edgwarebury Lane in memory of Sheila Fertleman Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124
Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263