KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

שלח-לך

SHELACH LECHA

בס״ד

KINLOSS

WWW.KINLOSS.ORG.UK

16 / 17 JUNE 2023

כ״ח סיון תשפ״ג

SHABBAT WILL START AT 9:06pm AND TERMINATE AT 10:27pm

Rosh Chodesh Tammuz is Mon & Tues

FRIDAY NIGHT

7:00pm Friday Night sing-a-long Minyan in the Liora Graham Beit Midrash

7:30pm Kabbalat Shabbat and Maariv in the Large Deal Hall,

7:15pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

Rabbi Dr Raphael Zarum's Rambam Shiur will not be taking place this week - back on 24th

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue led by Michael Staszewski
Kriat Hatorah by Robert Owen
This week's Scholar in Residence, Rabbi Moshe Levy (Chazak) will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Jonnie Cohen
This week's Scholar in Residence, Rabbi Moshe Levy (Chazak) will speak
Kiddush sponsored by Linda & Michael Weinstein

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Lara Bassalian & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ellie Marantz & Gila Schajer
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

There will be a Kiddush in the Kinloss Suite after the service

SHABBAT AFTERNOON

9:00pm Mincha followed by Seuda Shelishit with Rabbi Leibish Heller in the Small Deal Hall
titled : "Selected Responsa"
Sponsored by Belinda and Jeremy Mindell to commemorate
208th anniversary of the Battle of Waterloo and Armed Forces Day



10:27pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

The Land of Israel – Leora and Harry Salter

This week's Parasha, Shelach, is mainly about the 12 spies entering the Land of Israel and coming back to the Bnei Yisrael with their report of the Land. As we know, 10 of the spies returned with negative reports of the Land of Israel.

When Moshe sent the 12 representatives on their way, it says:

וַיְדַבֵּר ה אֶל־מֹשֶׁה לֵאמֹר: שְׁלַח־לְךָ אֲנָשִׁים וְיָתֻרוּ אֶת־אֶרֶץ כְּנַעַן אֲשֶׁר־אֲנִי נֹתֵן לִבְנֵי יִשְׂרָאֵל אִישׁ אֶחָד אִישׁ אֶחָד לְמַטֵּה אֲבֹתָיו תִּשְׁלָחוּ כֹּל נָשִׂיא בָהֶם:

'And Hashem spoke to Moshe saying: "Send men to scout the land of Canaan, which I am giving to the Israelite people; send one man from each of their ancestral tribes, each one a chieftain among them."

The verb used here is 'תור' 'to seek, to spy.' This is the most common verb used in the story of the spies. As a result of their negative report of the Land of Israel, the Bnei Yisrael were doomed to wander in the wilderness for forty years and entry into the Land of Israel was deferred while they underwent a process of education to ensure that they were worthy of entering the Promised Land.

Later on in the Parasha, we are told about the Mitzvah of Tzitzit. The Torah says:

וְהָיָה לָכֶם לְצִיצִת וּרְאִיתֶם אֹתוֹ וּזְכַרְתֶּם אֶת־כָּל־מִצְוֹת ה וַעֲשִׂיתֶם אֹתָם וְלֹא־תָתֻרוּ אַחֲרֵי לְבַבְכֶם וְאַחֲרֵי עֵינֵיכֶם אֲשֶׁר־אַתֶּם זֹנִים אַחֲרֵיהֶם:

'That shall be your fringe; look at it and recall all the commandments of the LORD and observe them, so that you do not follow your heart and eyes in your lustful urge.'

The verb 'תור' appears again in the sense 'to wonder.' By using the same verb the Torah is telling us that Tzitzit is the corrective to the failure of the spies. Tzitzit is a concrete reminder to not wander like the scouts of the Bnei Ysirael did.

Even today as people look upon Israel in a negative way, the Torah gives us signs and reminders to what is the good and bad in life. We shouldn't look at Israel and the Land of Israel starting with a negative eye and Tzitzit and other signs are a constant reminder to not get confused or carried away by all that our eyes see.

Shelach Lecha Statistics
Mitzvot:3 of the 613 Mitzvot, 2 positive & 1 prohibition
Verses: 119 (21st longest of the 54 Sidrot)
Words:1540 (27th longest)
Letters:5820 (27th longest)
Haftarah: 24 verses (25th longest of the 80 Haftarot)

Page No.	Soncino	Hertz	Artscroll
Sidra	860	623	798
Haftarah	875	635	1184



Sunday 16th July 2023

3 - 5pm (Presentation at 4pm)

The whole community is invited to a farewell and thank you
Afternoon Tea to honour

Rabbi Jeremy & Mandy Lawrence

Please RSVP to www.kinloss.org.uk/lawrence by 30th June 2023

KINLOSS



Kinloss is delighted to announce our Scholar in Residence this week

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Rabbi Moshe Levy from Chazak

A descendent from a long lineage of Sephardic rabbis (his great grandfather was the last Chief Rabbi of Yemen), Rabbi Moshe Levy grew up in Brooklyn, New York where he received a degree in Finance from Touro College and went on to receive Rabbinic ordination in Eretz Yisrael while studying in the Kollel of Rabbi Yitschak Berkowitz Shilita. Rabbi Levy has experience in teaching sixth form students in JFS, Immanuel College, City of London Boys, Haberdashers Boys and gives weekly classes in Hasmonean Boys and Girls School. His weekly Lunch and Learn classes in Hatton Garden are oversubscribed and he is a regular guest speaker in synagogues, as well as at Jewish events, throughout London.

Moshe is the 'Yalla' man! It's not just an ethos, it's his modus operandi. His achievements to date are astounding and his signature tenacity and absolute commitment to our community have enabled him to build the strong foundations Chazak stand on today. He has become the glue of the community, bringing everyone together for fun family days and long Shabbat afternoons of motivation and inspiration. A much sought-after speaker for schools, synagogues, university students and communal events it's hard to imagine how one man can be doing so much!

SHABBAT LUNCHEON CLUB WILL BE ON THIS WEEK SHABBAT 17TH JUNE 2023

Would you like to sponsor a Kiddush in the Minyan on Shabbat? Please sign up via: www.kinloss.org.uk/minyankiddush

Kinloss would like to express a massive "Thank You" to Colonel Richard Kemp CBE and Major (Res.) Keren Hajioff for their very insightful and interesting "In Conversation" at Kinloss on Wednesday 14th June which was very well attended









JUNE 2023 EVENTS

All Welcome

SEUDA SHELISHIT

KINLOSS

A new season at Kinloss - Inspiring Speakers - Great Company - and Food!



Rabbi Leibish Heller
17 June, 9.25pm



Dayan Eliezer Zobin
24 June, 9.25pm



Gila Sacks
1 July, 9.25pm



Rabbi Aubrey Hersh
8 July, 9.20pm



Joanne Greenaway
15 July, 9.15pm



Shalvie Friedman
22 July, 9.05pm



Rabbi Nicky Liss
29 July, 8.50pm



Simon Goulden
5 August, 8.35pm

Mincha commences 25 minutes before the start of the Seuda each week.

If you are able to help with ***setting up*** the Seuda - if you are happy to ***sponsor*** a Seuda, Please contact the Office - office@kinloss.org.uk - 020 8346 8551

KINLOSS

SHUL FOR THE MIND

Is a unique prayer service for people living with dementia and their family carers. (Professional carers are welcome).

on Sunday 18th June at 10:45am in the Small Deal Hall and Sunday 16th July at 10:45am in the Large Deal Hall

All are invited to come and connect spiritually through prayer,

song and of course a great kiddush.

Contact Rochelle in the office on 0208 349 5263

KINLOSS cares about you

United Synagogue Chesed Induction to Volunteering Training on 20th & 27th June at 7:30 - 9:30pm

This will be an online training session (only on zoom)

Kinloss Cares volunteer training.
This is suitable for new and existing volunteers.
If you would like more information, please contact:

Rochelle 0208 349 5263/07517 577 019
or Hannah at US Chesed: 020 8343 6305

JUNE 2023 EVENTS

KINLOSS

LUNCH & LEARN

Light lunch included. Free for Kinloss members, £3 for non Members

WEDNESDAY 12.15PM-2PM

Parsha Shiur by Rabbi Vivian Silverman followed by guest speakers





21st June - Moshe Sampson



28th June - Chava Wulwick



12th July - Rabbi D Fine



Making History Together Exhibition

FRIDAY 16TH - SUNDAY 18TH JUNE 2023



This is an opportunity to explore the story of the Jews of Belarus, what happened in the Holocaust years between 1941 and 1944 and during the years that followed on.

MINI EXHIBITION IN FOYER OVER SHABBAT.

FOLLOWED ON SUNDAY BY A FULL INTERACTIVE EXHIBITION STARTING FROM 6.30PM AND SPEAKER AT 8PM

SUNDAY BOOKING VIA WWW.KINLOSS.ORG.UK/TOGETHER

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GIL HOFFMAN

Lunch & Talk



Shabbat 24th June

12.45pm

Gil is an Israeli journalist and political correspondent who serves as Executive Director of Honest Reporting. He was previously Chief Political Correspondent for the Jerusalem Post.

BUFFET LUNCH £10 PER PERSON

WWW.KINLOSS.ORG.UK/GIL

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JUNE 2023 EVENTS

KINLOSS

Monday's FILM AFTERNOON

doors open 1.45pm
film starts 2pm



19 June - The Power of One

An English boy, living in Africa during World War II, through his boxing prowess, becomes a symbol of hope, in a time of war.



26 June - Keeping up with The Steins

A 13-year-old boy uses his upcoming bar mitzvah to reconcile the strained relationship between his father and grandfather.



3 July - Merchant of Venice

In 16th century Venice, when a merchant must default on a large loan from an abused Jewish moneylender for a friend with romantic ambitions, the bitterly vengeful creditor demands a gruesome payment instead.

£3 Kinloss Members
£4 non members



KINLOSS

Kids Art Classes

Let your children explore art and their imagination

NEW TERM

SUITABLE FOR PRIMARY SCHOOL CHILDREN

MONDAYS AT 4.30PM-6PM

5, 12 & 19 JUNE
3, 10 & 17 JULY



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDSART



KINLOSS

BETTER
the feel good place





CHAIR BASED EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

NEW BLOCK OF 8 CLASSES
1st, 15th, 22nd & 29th June
6th, 13th, 20th & 27th July

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

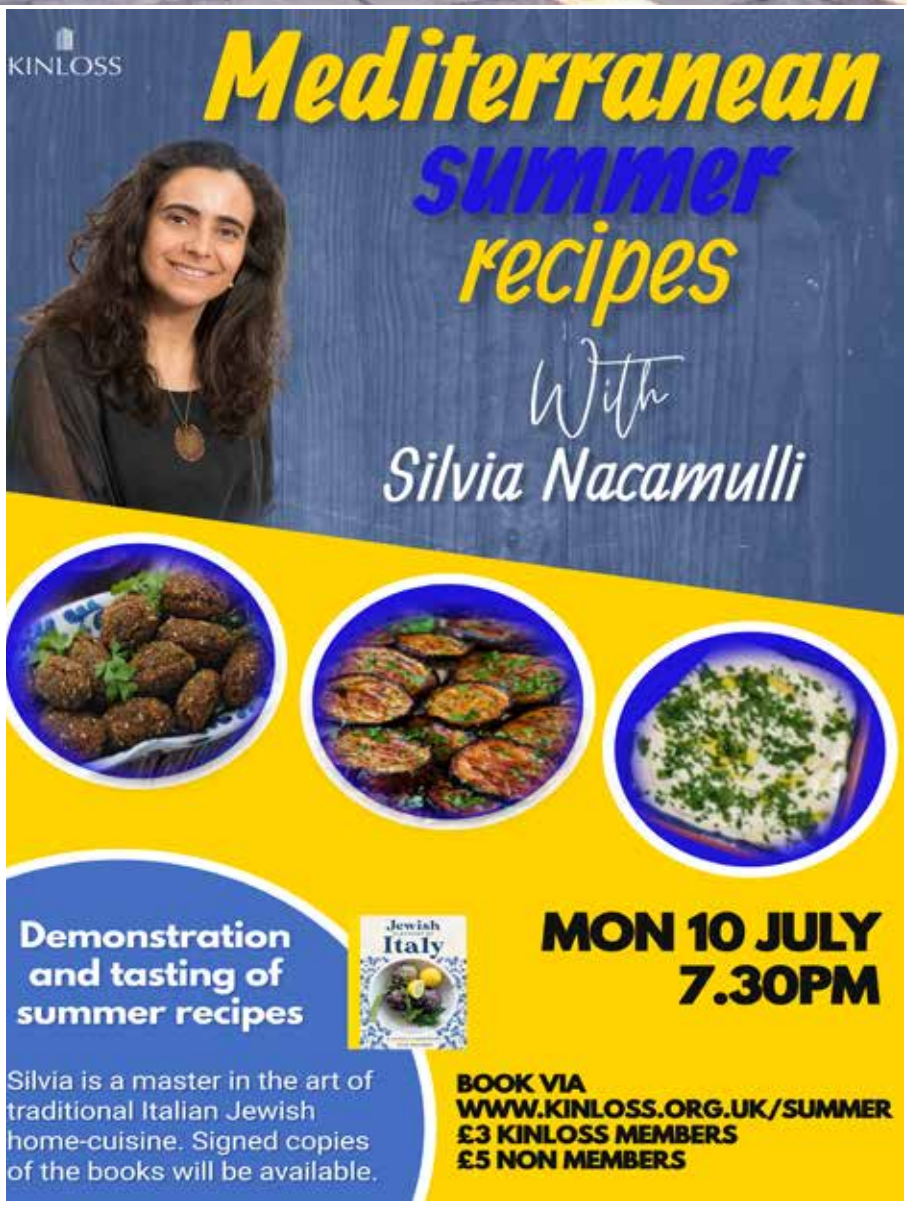
Adults 55+ Exercise Classes, rotating equipment each week

- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

BOOKING IS ESSENTIAL
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267

JULY 2023 EVENTS





Kinloss Presents...

THE DISPUTATION

BY HYAM MACCOBY



WEDNESDAY 5TH & THURSDAY 6TH JULY, 7.30PM

The Disputation showcases the dramatic debate of 1263 in the Court of Spanish King James I of Aragon, between Nahmanides, a leading Jewish medieval Philosopher, Kabbalist & Commentator and the Dominican Friar (a converted Jew) Pablo Christiani. The subject of this debate was whether Jesus was the Messiah.

WWW.KINLOSS.ORG.UK/PLAY

£22.50 PER TICKET

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JULY 2023 EVENTS

Chaps for Chat & Monday Matters

Wednesday 12th July 2023 at 11.00am,
followed by light brunch in the Deal Hall

Guest Speaker: Jonathan Goldstein, British Solicitor & Entrepreneur.

Jonathan is the Co-founder & CEO of Investment Firm, Cain International, a director of Chelsea Football Club & ex-chairman of the Jewish Leadership Council



To book your place please email Rochelle:
kinlosscares@kinloss.org.uk
0208 349 5263/ 07517 577019

Chaps that Chat & Monday Matters are general discussion groups for men and women, new members always welcome.

KINLOSS cares about you

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JUNE/JULY 2023 UPCOMING EVENTS

MAKING HISTORY TOGETHER EXHIBITION — 18 JUNE

24 JUNE — LUNCH & TALK WITH GIL HOFFMAN

'THE DISPUTATION' PLAY — 5/6 JULY

9 JULY — KINLOSS JEWISH ART FAIR

MEDITERRANEAN SUMMER RECIPES WITH SILVIA NACAMULLI — 10 JULY

11 JULY — SENIOR ISRAELI DIPLOMAT IN CONVERSATION WITH LORD JONATHAN KESTENBAUM

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FOR MORE INFORMATION VISIT
WWW.KINLOSS.ORG.UK/EVENTS OR CALL 020 8349 5267

KINLOSS Presents THE JEWISH ART FAIR



Join us for an evening of Art, Wine & Sushi

Exhibits for sale include paintings, sculptures, Jewellery, Embroidery, Silk, Ceramics, Fused Glass and Photography.

- Free Entrance -

child cancer care

KINLOSS

MAZEL TOV - מזל טוב

* Mazel tov to Ikey Jesner on the occasion of his Barmitzvah. Mazel tov to parents Emily Simon & Elie Jesner and to his brothers Louis and Toby. Mazel tov to his grandparents Helen & John Simon, Cynthia Jesner and Rabbi Adrian & Pamela Jesner.

* Mazel tov to Pearl & Mark Rubin and Ben & Jo Kochan on the birth of a grandson, son to James & Jessica Schuldenfrei and brother to Lizzie and Anton.

* Mazel tov to Ruthie & Jeremy Tankel on the engagement of their son Joshua to Candice, daughter of Denice & Laurence Golend. Mazel tov to grandparents Leslie Hyman, Jeanne Golend and Leila Farleigh.



Membership Bills for 2023/2024

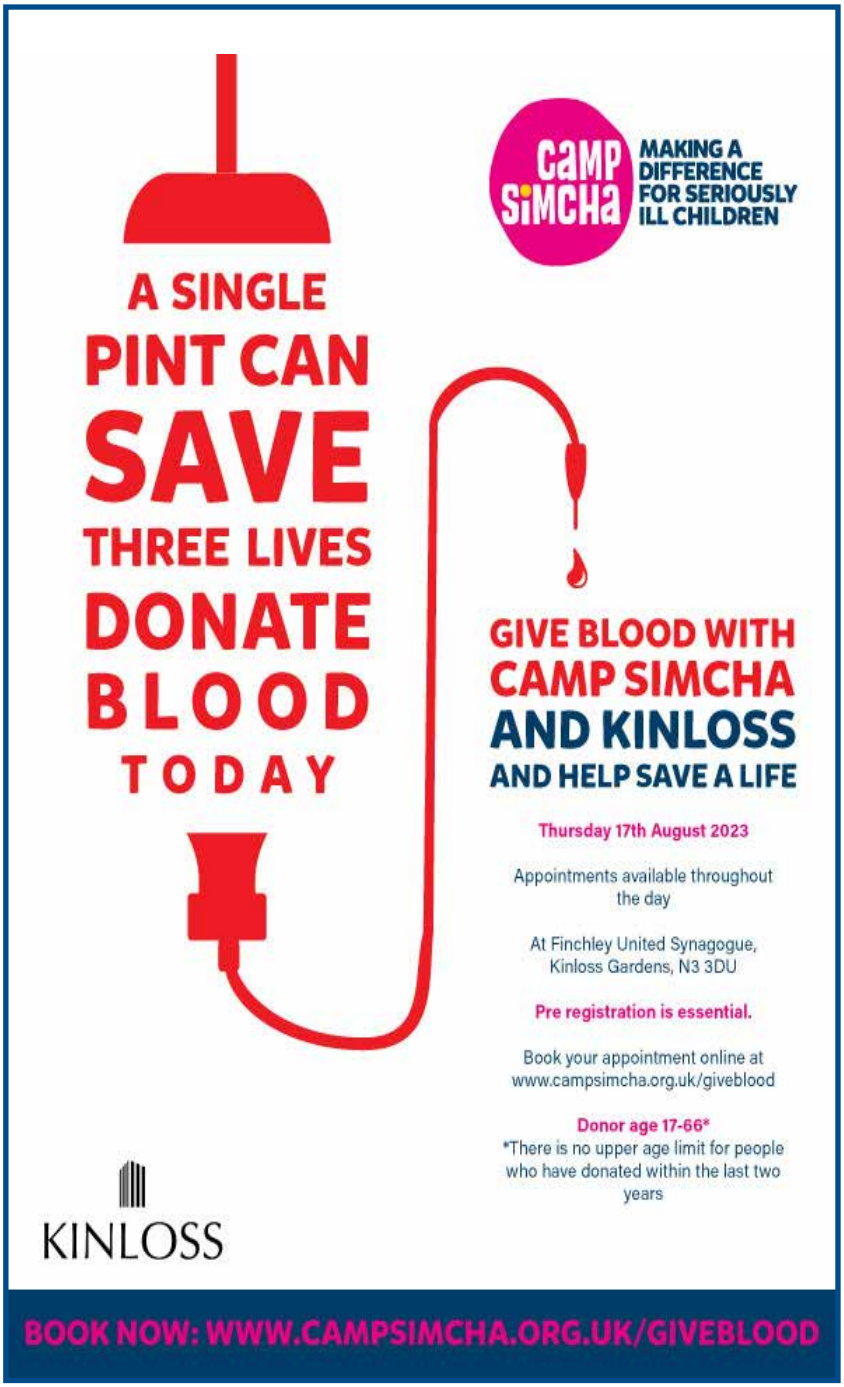
You will have received your new membership bills from Pesach 2023 in the post.

Please pay your invoices via:

* Online BACS payment

* The member portal https://myus.theus.org.uk/login

* If you would like to pay by Credit / Debit Card over the phone, please call Denise on 020 8346 8551



KINLOSS tribe

Shelach Lecha

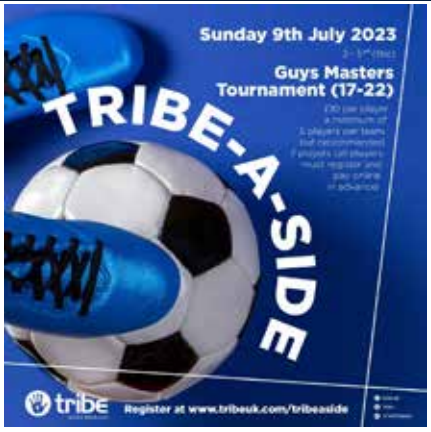
9:25am - Breakfast Shmooze in Youth Flat

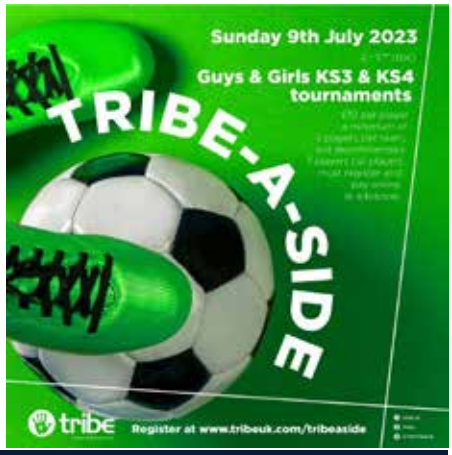
9:45am - Youth Service - Liora Graham Beit Midrash

Followed by a Dvar Torah and an ice cream and chocolate Kiddush sponsored by Dena Stock and Alex Kramer

COMING UP @ KINLOSS YOUTH







youth@kinloss.org.uk

Kinlossyouth

07827031851

Friendship Club

All are welcome!



Tuesdays, 10am-1.30pm



- Socialising
- Playing cards
- Knitting
- Outings
- Lunch and Refreshments

Call Lucy on 020 8349 5267 for more details

KINLOSS *in partnership with* JEWISH CARE
Charity Reg No 802559

Kinloss Cares

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Advice on communal services
- Shopping
- Financial assistance through the Phyllis Nathan Trust (www.kinloss.org.uk/pnt)

Contact Rochelle
020 8349 5263
kinlosscares@kinloss.org.uk

BRIDGE



BRIDGE

The Bridge Club meet on **TUESDAY AFTERNOONS, 2PM-4PM** in the Persian Synagogue, 2nd floor. There is a lift should you need it.

Meeting weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits/cake will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 020 8349 5267

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

SHUL MEMBERS, PLEASE JOIN OUR SECURITY ROTAS FOR SHIFTS.

OUR SHUL IS ONE OF THE MOST VISIBLE, HIGH PROFILE BUILDINGS IN LONDON.

THE COMMUNITY REMAINS ON A SERIOUS STATE OF ALERT AND WE MUST PROVIDE A VISIBLE DETERRENT.

YOU WOULD ONLY BE REQUIRED FOR ONE HOUR EVERY 8 WEEKS, ON SHABBAT MORNING.

PLEASE EMAIL : SECUREKINLOSS@YAHOO.CO.UK OR CALL MARTIN SHIERS ON 07831 836 031 TO VOLUNTEER



YIZKOR BOOKLET 5784 - 2023/24

During Yizkor, we recite a special memorial prayer for each of our relatives whom we wish to remember, and this is your opportunity to include their names in the Yizkor Booklet.

Letters are being sent out by post.

IN ORDER TO MEET DEADLINES WITH THE PRINTERS, WHEN YOU RECEIVE YOUR LETTER, COULD YOU PLEASE COMPLETE AND RETURN THE FORMS AS SOON AS POSSIBLE, BUT NO LATER THAN FRIDAY 21st JULY 2023

If you have not receive a letter, or have any queries, please contact the Shul office on 020 8346 8551 or by email to yizkor@kinloss.org.uk

KINLOSS

MEMORIAL BOARDS

ANNUAL UPDATE 5783 / 5784

We are now offering, for a short time, the opportunity to add your loved ones' names and Yahrzeits to the beautiful new Memorial Boards in the Main Synagogue Foyer. All names will be in perpetuity.

The price of a single plaque is £850.

Please note : this cannot be Gift Aided or paid by Charity Voucher

Bookings taken until Friday 30th June 2023

For further information please contact the office on 020 8346 8551 / office@kinloss.org.uk

Forms are available from the office - please email office@kinloss.org.uk

DAILY MINYAN:

SERVICES (שבת see front page)	Sun 18th 29 Sivan	Rosh Chodesh Tammuz Mon 19th 30 Sivan	Rosh Chodesh Tammuz Tues 20th 1 Tammuz	Wed 21st 2 Tammuz	Thur 22nd 3 Tammuz	Fri 23rd 4 Tammuz
Shacharit	8:00am	6:50am	6:50am	7:00am	7:00am	7:00am
Shacharit 2		8:00am	8:00am followed by Shiur followed by breakfast	8:00am followed by Shiur with Rabbi Heller followed by breakfast	8:00am followed by a shiur with Rabbi Heller followed by breakfast	8:00am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash
8:00am minyan will continue on a Daily basis (First time since Pre Covid)
This week's morning minyan breakfasts are sponsored by Leonard Klahr



The CRP Process has changed

There are no longer any online options for collecting points

The Tribe course is available to attend in person only

The online Kabbalat Shabbat Services
are no longer an option for collecting points

Friday night can be attended for collecting points
OR Shabbat morning services (ONE TOKEN PER WEEK)

Recording attendance to shuls commences
from 21st April 2023

TO REGISTER PLEASE GO TO :
WWW.KINLOSS.ORG.UK/CRP



We invite you to experience what Sacks Morasha is all about. Take a walk through our corridors and meet our wonderful pupils and team in person. Please visit our website to find out how to book a tour or to access our unique 3D virtual tour.

Spaces are available for in-year applications. Please email **admissions@morashajps.org.uk** for more information.

SACKS MORASHA JEWISH PRIMARY SCHOOL
sacksmorasha.org.uk

To register your interest in joining Sacks Morasha email **office.administrator@morashajps.org.uk**

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 17 JUNE

Sandra Coorsh	Father
Neil Egnal	Mother
John Josephs	Father
Elizabeth Meyer	Father
Glenda Nathan	Mother

Sunday 18 JUNE

Michal Aminoff	Husband
Elliot Choueka	First Wife
Gilles Dahan	Father
Laurence Greenspan	Father
Laurence Kalman	Sister
Susan Lee	Father
Ian Liss	Mother
Jean Rauch	Mother
Cynthia Rothman	Mother
Karen Waters	Father

Monday 19 JUNE

Samuel Margolin	Mother
Mark Nevies	Mother

Tuesday 20 JUNE

Harry Cass	Brother
Shirley Freeman	Brother
Jeffrey Gold	Father
Caroline Gray	Brother
Marian Stern	Father
Sandra Tauber	Father

Wednesday 21 JUNE

Cydllar Adler	Father
Stacey Green	Mother
Philip Lewis	Sister
Margaret Marks	Mother
Rachel Sobel	Father
Margaret Solomon	Sister
Martin Summers	Mother

Thursday 22 JUNE

David Lesser	Father
Rosemary Rosen	Father
Leonie Sher	Father
Sheila Soleiman	Sister
Lillian Toffel	Father

Friday 23 JUNE

Trudie Donner	Mother
Frances Gordon	Mother
Bernard Kaye	Father
Angela Pelled	Mother
Andrea Rappoport	Husband

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat
at 10:15am
in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

CONDOLENCES:

* Frances Clinton-Davis, Joanna Clinton-Davis, Henry Clinton-Davis, Susanna Fox and Melissa Goldman on the passing of their husband and father Lord Stanley Clinton-Davis Z"L

CONSECRATIONS:

18/06/23	12:30 in Bushey New in memory of Joseph Abrams Z"L
21/06/23	13:30 in Bushey Old in memory of Irene Scott Z"L
02/07/23	14:00 in Bushey Old in memory of Sarita Langdon Z"L
09/07/23	13:30 in Bushey New in memory of Raoul Sobel Z"L
10/07/23	11:30 in Bushey Old in memory of Diane French Z"L
16/07/23	11:00 in Waltham Abbey in memory of Sheila Rose Z"L
16/07/23	12:30 in Bushey New in memory of Ronald Dvorkin Z"L
16/07/23	13:30 in Bushey New in memory of Ronald Rappoport Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263