

30 / 31 AUGUST 2024 כ"ז אב תשפ"ד WWW.KINLOSS.ORG.UK
SHABBAT WILL START AT 7:37pm AND TERMINATE AT 8:38pm
Rosh Chodesh Elul on Tuesday 3 and Wednesday 4 September

Mazel tov to Elliot Cohen on his Auf Ruf and forthcoming wedding to Rachel Mervis.
We extend a warm welcome to her family and guests.



Community Candle Lighting is at 7:30pm



FRIDAY NIGHT

7:00pm Mincha, Kabbalat Shabbat and Maariv in the Deal Hall

7:00pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

Rabbi Dr Raphael Zarum's Rambam Shiur will return next Shabbat

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Chazan Shimon and Daniel Cohen
Rabbi Heller will speak

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Michael Fluss
Rabbi Yisroel Fine will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Robert Owen
Rabbi Yisroel Fine will speak
Kiddush sponsored by Gillian & Rodney Geminder

YOUTH SERVICE will return in September after the summer break

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Daniel Frankl & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 6 service will return on 7th September

After the service there will be a kiddush for the whole community in the Kinloss Suite
to celebrate the forthcoming marriage of Elliot Cohen to Rachel Mervis.

If you would like to sponsor future kiddushim please contact ian.kamiel@kinloss.org.uk

SHABBAT AFTERNOON

7:00pm Mincha followed by our Special Seudah Shlishit
with guest speakers Gilad & Nitza Korngold

followed by
8:38pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

אַחֲרֵי ה' אֱלֹקֵיכֶם תֵּלְכוּ וְאֶת־מִצְוֹתַי תִּשְׁמְרוּ וּבְקִלּוֹ תִשְׁמְעוּ וְאֶת־תַּעֲבָדוֹ וְבוֹ תִּדְבָּקוּ

“It is your G-d alone whom you should follow, whom you should revere, whose commandments you should observe, whose orders you should heed, whom you should worship, and cleave to Him.” – Devarim 13:5

We are told in this verse to follow the commandments of Hashem and “cleave to Him.” How are we supposed to do this? Shall we do spiritual acts that will bring us closer to Hashem? Do we need to do physical acts?

Rashi quotes the Gemara in Sotah (14a) that cleaving to Hashem means that we should do kind acts, bury the dead and visit the sick, as did Hashem do. The three acts correspond to when Hashem clothes Adam and Eve in the Garden of Eden, when He buried Moshe and when Hashem visited Avraham in his tent after his circumcision.

The Ibn Ezra comments that by cleaving to Hashem, we should do acts with Hashem in our heart, at the beginning and at the end of the act. It also has the meaning that we should cleave to Hashem throughout your life and in the afterlife.

Other commentators, including the Ramban, interpret this verse to mean that one should not follow false prophets and rather follow carefully the words of Hashem. The Sforno comments that it means you should carry out all of Hashem's activities unaffected by any prior hostilities.

The Ohr HaChaim brings the Gemara in Ketubot (111b) to answer this question. The Gemara asks how is it possible for a human being, who is made of matter, to cleave to Hashem, who is totally abstract? The Gemara answers that we should cleave to Torah scholars who are the carriers of Shechinah, the Divine presence of G-d.

Bringing all of these commentaries together, we can better understand how to cleave to Hashem. By doing acts of kindness, similar to what Hashem did for Adam and Eve, Moshe and Avraham, and by setting an example for others, we can cleave to Hashem. Instead of following the wrong leader, one who sets the wrong path or is a flawed figure, we stray from the ways of Hashem. By cleaving to Hashem, we are ensuring that we are the right role models by always doing acts of kindness in the best possible way and attaching ourselves to people who act properly and can be role models for us.

We just want to take this opportunity to thank the community for all the support and guidance throughout our time in Kinloss and we wish you all the best for the future.

RE'EH STATISTICS

MITZVOT: 55 OF THE 613 MITZVOT, 17 POSITIVE AND 38 PROHIBITIONS

VERSES: 126 (13TH LONGEST OF THE 54 SIDROT)

WORDS: 193 (7TH LONGEST)

LETTERS: 7442 (7TH LONGEST)

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
SIDRA	1055	799	998
HAFTARAH	1076	818	1199

COMING SOON

KYC
KINLOSS YOUNG COMMUNITY

SEP **STUDENTS & YPS SCHMOOZE & BOOZE**

SEP **PRE-ROSH HASHANA CRAFTS**

OCT **ROSH HASHANA MUSSAF MISHPACHTI**

OCT **SPIRITS IN THE SUKKAH**

 **WHATSAPP** **KINLOSS.ORG.UK/KYC**

KINLOSS BAR MITZVAH PROGRAMME 2024/25

PARENT-SON PROGRAMME FOR BOYS IN YEARS 7 & 8

Members Only

8 fun and interactive sessions, including two group outings!

Explore key topics that will enhance the meaning of the Bar Mitzvah year

Dates:
(Wednesdays)
9th Oct; 13th Nov;
11th Dec; 8th Jan;
5th Feb; 5th Mar;
2nd Apr;
7th May

Meet the rest of the Kinloss boys celebrating their Bar Mitzvah next year!

£50 per participant

SIGN UP AT [KINLOSS.ORG.UK/BAR](https://kinloss.org.uk/bar)

For more info, please speak to Rabbi Josh 07721423316

KYC
Kinloss Young Community

MAZEL TOV - מזל טוב

* Mazel tov to Elliot Cohen on his Auf Ruf and forthcoming wedding to Rachel Mervis.

Save
the
Date



The whole community are invited to a special kiddush in the Kinloss Suite next Shabbat, 7th September, to say thank you to our outgoing COO, Shimon Gillis.

We hope you can join us.



The CST is offering two Level 1 Security Courses in September for volunteers to enhance your skills and better prepare for security over the High Holy Days.

To find out more go to <https://bit.ly/3XkhL10> or email nwlondon@cst.org.uk



MEMORIAL BOARDS ANNUAL UPDATE 5784 / 5785

We are now offering, for a short time, the opportunity to add your loved ones' names and Yahrzeits to the beautiful new Memorial Boards in the Main Synagogue Foyer.
All names will be in perpetuity.

The price of a single plaque is £850.

Please note : this cannot be Gift Aided or paid by Charity Voucher

Bookings taken until Friday 6th September 2024

For further information please contact the office on 020 8346 8551 / office@kinloss.org.uk

Forms are available from the office - please email office@kinloss.org.uk

Join the Kinloss journey!

Brand new WhatsApp groups to stay up to date with what Kinloss is doing for YOU and to stay connected with your Kinloss cohort.

**Kinloss
Youth**



or go to
kinloss.org.uk/youthwa

**Kinloss
Students**



or go to
kinloss.org.uk/students

**Kinloss
YPs**



or go to
kinloss.org.uk/yp



KINLOSS FANTASY FOOTBALL LEAGUE

Get ready for the new season and join the Kinloss League!

League Code: h9e0kj





MAZEL TOY TO THE CHILDREN IN OUR COMMUNITY CELEBRATING THEIR BIRTHDAYS

Lev Morris (10)
Zev Mosafi (8)
Emmie Krieger (3)
Joseph Savitz (8)
Guy Perilly (9)
Rimona Greenaway (11)
Jesse Daniels (7)
Halelya Mindell (1)
Nathaniel Davidson (5)
Rocco Polak (1)



Friendship Club
All are welcome!

Tuesdays, 10am-1.30pm

- ✓ Socialising
- ✓ Playing cards
- ✓ Knitting
- ✓ Outings
- ✓ Lunch and Refreshments

Call Lucy on 020 8349 5267 for more details

Kinloss Cares
What can we offer?

- Welfare Phone Support
- Bereavement Support
- Financial assistance through the Phyllis Nathan Trust (www.kinloss.org.uk/pnt)

Advice on communal services

- Shopping

Contact Rochelle
020 8349 5263
kinlosscares@kinloss.org.uk

KINLOSS VOLUNTEERING

In the run up to Rosh Hashanah and Yom Kippur, Kinloss is looking for volunteers to take up key roles including:

- * Fire Marshals
- * Welcoming
- * Stewarding and more

If you can help, please contact office@kinloss.org.uk

BRIDGE CLUB

The Bridge Club meet weekly on Tuesday afternoons, 2pm-4pm in the Deal Hall, Ground Floor.

Join us for a friendly game. All are welcome with or without a partner. Playing self-taught bridge where a reasonable knowledge of the game is required.

Tea, coffee and biscuits are provided
£3 Kinloss Members, £5 non Members

We look forward to seeing you.

If you would like more information, please contact Lucy on 020 8349 5267

Kinloss Membership Bills for 2024

The new membership bills from Pesach 2024 were sent out to everyone in February.

If you haven't already done so, could you please pay your invoices via:

- * Online BACS payment
- * The member portal <https://myus.theus.org.uk/login>
- * If you would like to pay by Credit / Debit Card over the phone
Please call Kinloss Office on 020 8346 8551

DAILY MINYAN:

SERVICES (שבת see front page)	Sun 1st 28 Av	Mon 2nd 29 Av	Rosh Chodesh Tues 3rd 30 Av	Rosh Chodesh Wed 4th 1 Elul	Thurs 5th 2 Elul	Fri 6th 3 Elul
Shacharit 1		7:00am	6:50am	6:50am	7:00am	7:00am
Shacharit 2	8:00am	8:00am Shiur Rabbi Fine	8:00am	8:00am	8:00am	8:00am
Sephardi	7:50am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:00pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash.

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members

PLEASE join our security rotas

Please email securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031
to volunteer and register



SHUL FOR THE MIND

All are invited to come and connect spiritually through prayer, song and of course a great kiddush

A unique prayer service for people living with dementia and their family caregivers. Professional caregivers welcome.

2024

22nd September
27th October
10th November
15th December

Sunday, 11am,
The Deal Hall
Kinloss

For more info: Rochelle in Kinloss office 0208 349 5263
kinlosscares@kinloss.org.uk



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 31 AUGUST

Arie Bleiberg	Mother
Marilyn Dvorkin	Mother
Karen Leigh	Father
Susan Sperber-Kosky	Second Husband
Marion Tinger	Father
Jilli Vegoda	Sister

Sunday 1 SEPTEMBER

Sandra Delroy	Mother
Jean Rappaport	Mother
Cilla Summers	Father
Kenneth Waters	Mother
Monty Zeid	Mother

Monday 2 SEPTEMBER

Michael Birnhak	Father
Samuel Cohen	Father
Eitan Epstein	Brother
Trevor Gee	Mother
Loraine Gershon	Father
Joyce Grossmark	Father
Jane Kaye	Mother

Tuesday 3 SEPTEMBER

Rosalind Freeman	Father
Shirley Kenley	Mother
Gad Levy	Father
David Lightstone	Wife
Clive Rosenfeld	Mother
Heather Taylor	Father

Wednesday 4 SEPTEMBER

Anne Cavendish	Father
Laurence Faiman	Father
Darren Fogelman	Father
Mark Henley	Mother
Rebecca Nemetnejad	Father
Barbara Nicholls	Father

Thursday 5 SEPTEMBER

Renate Altmann	Brother
Eric Ansell	Mother
Stephanie Ferster	Husband
Joanne Rose	Mother

Friday 6 SEPTEMBER

Alan Laurier	Mother
John Loftus	Mother
Karina Simmons	Mother

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat
at 10:15am in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

KINLOSS DOES NOT ACCEPT SHAIMOS / GENIZA

IF YOU HAVE ANYTHING YOU WISH TO
DISPOSE OF, PLEASE TAKE IT TO ONE OF THE
FOLLOWING LOCATIONS:

BEIS HAMEDRASH NISHMAS YISROEL,
4 BRENT GREEN, HENDON, NW4 2HA

SINAI GOLDERS GREEN,
54 WOODSTOCK AVENUE, LONDON, NW11 9RJ



**Kinloss JAMI Ambassador
is Richard Kafton**

KINLOSS

Mobile no: 07973 986344

Email: richard.kafton@cedarhfs.co.uk
<https://jamiuk.org/tipsonmanaginganxiety/>

CONDOLENCES:

- * John Flack & Deborah Goldschmidt on the passing of their mother Hanna Flack z'l
- * Neville Cass, Aryeh Leib Cass and Elliott Cass on the passing of their mother June Cass z'l

CONSECRATIONS:

29/09/2024 09:30am in Bushey New in memory of Alicia Lewis z'l

FINCHLEY SYNAGOGUE USEFUL CONTACT DETAILS:

Ian Kamiel, Interim COO: 020 8349 5264
Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423316
Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423317
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263

