KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

פינחס
PINCHAS

בס״ד

KINLOSS

7 / 8 JULY 2023 י״ט תמוז תשפ״ג **WWW.KINLOSS.ORG.UK**

SHABBAT WILL START AT 9:04pm AND TERMINATE AT 10:21pm

FRIDAY NIGHT

Earliest Candle Lighting Time is 7:35pm

Friday Night sing-a-long Minyan will resume in September

7:15pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall

7:15pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
'Hilchot Yibum v'Chalitzah - Law of the Brother-in-Law'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue led by Michael Staszewski
Kriat Hatorah by Paul Taylor
Rabbi Dr Raphael Zarum will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Robert Owen
Michael White will speak
Kiddush sponsored by Cynthia & Harvey Bengen

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ellie Marantz & Gila Schajer
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

This week's Kiddush will be in the Kinloss Suite

SHABBAT AFTERNOON

8:55pm Mincha followed by Seuda Shelishit with
Rabbi Elie Schoemann, Associate Director of KLBD
in the Small Deal Hall
Titled The complexities of Kashrut"
Sponsored by Talya & Ben Morris, Atarah & Daniel Ruback and Sara & Simon Renshaw

10:21pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

The Most Important Verse In The Torah – Rabbi Josh Harris

Asking what the most important verse is in the Torah is likely to lead to hot debate. Yet the Midrash presents that exact question and proceeds to record three opinions on the topic. The first opinion is perhaps the most obvious: the verse of Shema Yisrael – a fundamental statement in our belief of G-d. The second opinion is also likely to be a popular choice for most people: the verse of 'love your neighbour as yourself' – one of the most primary Torah values. The third opinion, however, appears to be very out of place. This opinion quotes the verse in this week's Parsha (28:4) regarding the Korban Tamid, the sacrifice which was offered in the Temple twice daily, once in the morning and once in the afternoon. What message can be found in the Korban Tamid that could possibly elevate its source in the Torah to be crowned the most important verse?

The Maharal of Prague provides a beautiful explanation. The Korban Tamid teaches us one of the most important lessons in the service of Hashem: consistency. The Korban Tamid was sacrificed every single day, once in the morning and once in the afternoon. Our service of Hashem has to be in the exact same manner. We can't skip a day, or a morning, or an afternoon. It's not about a one-time major Mitzvah, but the day-to-day obligations. It's about looking for every religious opportunity that arises and seeking to create a Kiddush Hashem across every context of our lives.

Looking at Aharon HaKohen provides a great example of how to approach religious consistency. Following the commandment to kindle the Menorah in the Mishkan, the Torah tells us, "And Aharon did it." (Bamidbar 8:3) This appears to be the most obvious of statements. Of course Aharon HaKohen did that which he had been commanded to do! Commenting on the superfluous phrase, Rashi explains that the Torah is praising Aharon that he never changed. This too requires explanation. What is praiseworthy about never changing?

It's difficult to be excited about activities that make up our daily routine. When we do the same thing, day in, day out, it can be difficult to muster enthusiasm and excitement. Religion in particular demands a schedule which can easily become habitual with no inherent feeling or emotion towards the act being performed. Aharon was required to kindle the Menorah every single day. Even an illustrious task performed in the Mishkan has the potential to become tedious after a while. Nevertheless, the Sfat Emet explains that the praise of Aharon was that he never changed – his enthusiasm never disappeared. He never allowed the routine of the situation to transform him into a robot completing a mindless task. He approached the same actions which he repeated every day with tremendous excitement at being able to fulfil Hashem's command.

PINCHAS STATISTICS
Mitzvot: 6 of the 613 Mitzvot, all positive
Verses: 168 (2nd longest of the 54 Sidrot)
Words: 1887 (9th longest)
Letters: 7853 (4th longest)
Haftarah: 22 verses (joint 39th longest of the 80 Haftarot)
Pinchas is the Sidra with the 2nd longest number of verses.
Pinchas is one of only 6 Sidrot that has only positive Mitzvot and one of only 6 Sidrot for which the title is the name of a person.

Page No.	Soncino	Hertz	ArtScroll
Sidra	932	686	876
Haftarah	968	710	1192

JULY 2023 EVENTS



Sunday 16th July 2023

3 - 5pm (Presentation at 4pm)

The whole community is invited to a farewell and thank you Afternoon Tea to honour

Rabbi Jeremy & Mandy Lawrence

Please RSVP to www.kinloss.org.uk/lawrence by 30th June 2023

KINLOSS

Membership Bills for 2023/2024

You will have received your new membership bills from Pesach 2023 in the post.

If you haven't already done so, could you please pay your invoices via:

* Online BACS payment

* The member portal https://myus.theus.org.uk/login

* If you would like to pay by Credit / Debit Card over the phone, please call Denise on 020 8346 8551

JULY 2023 EVENTS

All Welcome

SEUDA SHELISHIT

KINLOSS

A new season at Kinloss - Inspiring Speakers - Great Company - and Food!



Rabbi Elie Schoemann
8 July, 9.20pm



Joanne Greenaway
15 July, 9.15pm



Shalvie Friedman
22 July, 9.05pm



Rabbi Nicky Liss
29 July, 8.50pm



Simon Goulden
5 August, 8.35pm

Mincha commences 25 minutes before the start of the Seuda each week.

If you are able to help with ***setting up*** the Seuda - if you are happy to ***sponsor*** a Seuda, Please contact the Office - office@kinloss.org.uk - 020 8346 8551



Kinloss is delighted to welcome our Seuda Shelishit Speaker this week Rabbi Elie Schoemann, Associate Director of KLBD

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Rabbi Schoemann is responsible for the overall running of the 3 main Kashrut divisions; Licensing (Kashrut of some 150 local establishments and licensees in London), Certification (Kosher certification of products and ingredients internationally) and Food Technology (The Kosher Guide, ISITKOSHER search and Pesach Info).

Rabbi Schoemann gained many qualifications including various smichot (rabbinic ordination), Bachelor of Talmudic Law and Certificate in Kosher Supervision from the Jerusalem Kosher Institute. He joined KLBD in 2008, worked in the certification department for over 10 years and was Director of the Licensing department for 4 years. He also contributed to many other areas of the KLBD including the website, IT, marketing and community projects such as running educational projects on the subject of kosher and representing KLBD at community events and exhibitions.

JULY 2023 EVENTS



SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS. THE GROUP READ ALOUD AND WE DISCUSS IT. NO NEED TO PREPARE ANYTHING IN ADVANCE, COME AND HAVE A CUP OF TEA WITH US AND ENJOY THE GROUP.

MONDAY 31 JULY
@ 2pm
in The Rabbi's Office at Kinloss

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members and £4 non Members

For more information, please speak to: Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

KINLOSS

SHUL FOR THE MIND

Is a unique prayer service for people living with dementia and their family carers. (Professional carers are welcome).

Sunday 16th July at 10:45am
13th August at 10:45am
10th September at 10:45am
in the Large Deal Hall

All are invited to come and connect spiritually through prayer, song and of course a great kiddush.

Contact Rochelle in the office on 0208 349 5263

JULY 2023 EVENTS

Chaps for Chat & Monday Matters

Wednesday 12th July 2023 at 11.00am,
followed by light brunch in the Deal Hall

Guest Speaker: Jonathan Goldstein, British Solicitor & Entrepreneur.

Jonathan is the Co-founder & CEO of Investment Firm, Cain International, a director of Chelsea Football Club & ex-chairman of the Jewish Leadership Council



To book your place please email Rochelle:
kinlosscares@kinloss.org.uk
0208 349 5263/ 07517 577019

Chaps that Chat & Monday Matters are general discussion groups for men and women, new members always welcome.

KINLOSS cares about you

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Kids Art Classes

Let your children explore art and their imagination

NEW TERM

SUITABLE FOR PRIMARY SCHOOL CHILDREN

MONDAYS AT 4.30PM-6PM

5, 12 & 19 JUNE
3, 10 & 17 JULY



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDSART







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BETTER the feel good place

CHAIR BASED EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

NEW BLOCK OF 8 CLASSES
1st, 15th, 22nd & 29th June
6th, 13th, 20th & 27th July

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

BOOKING IS ESSENTIAL
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267

JULY 2023 EVENTS

KINLOSS

LUNCH & LEARN

Light lunch included. Free for Kinloss members, £3 for non Members

TUESDAYS AT 12:30PM

WEDNESDAY 12.15PM-2PM

Parsha Shiur by Rabbi Vivian Silverman followed by guest speakers





12th July - Rabbi D Fine



JULY 2023 UPCOMING EVENTS

9 JULY KINLOSS JEWISH ART FAIR

MEDITERRANEAN SUMMER RECIPES WITH SILVIA NACAMULLI **10 JULY**

11 JULY SENIOR ISRAELI DIPLOMAT IN CONVERSATION WITH LORD JONATHAN KESTENBAUM

FOR MORE INFORMATION VISIT

WWW.KINLOSS.ORG.UK/EVENTS OR CALL 020 8349 5267

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TISHA BA'AV PROGRAMME 27 JULY 2023

PROFESSOR MARTIN GOODMAN
AUTHOR OF
ROME & JERUSALEM: THE CLASH OF ANCIENT CIVILIZATIONS



WILL BE SPEAKING
AT 6PM
FULL DETAILS TO FOLLOW

FILM ON THE
BAR KOKHBA REVOLT

ALL WELCOME
MORE DETAILS TO FOLLOW

KINLOSS

Mediterranean summer recipes



With Silvia Nacamulli







Demonstration and tasting of summer recipes



Silvia is a master in the art of traditional Italian Jewish home-cuisine. Signed copies of the books will be available.

MON 10 JULY
7.30PM

BOOK VIA
WWW.KINLOSS.ORG.UK/SUMMER
£3 KINLOSS MEMBERS
£5 NON MEMBERS

JULY 2023 EVENTS



Join us for an evening of Art, Wine & Sushi

Exhibits for sale include paintings, sculptures, Jewellery, Embroidery, Silk, Ceramics, Fused Glass and Photography.

- Free Entrance -

chai cancer care
together we can cope

KINLOSS



YIZKOR BOOKLET 5784 - 2023/24

During Yizkor, we recite a special memorial prayer for each of our relatives whom we wish to remember, and this is your opportunity to include their names in the Yizkor Booklet.

Letters are being sent out by post.
IN ORDER TO MEET DEADLINES WITH THE PRINTERS, WHEN YOU RECEIVED YOUR LETTER, COULD YOU PLEASE COMPLETE AND RETURN THE FORMS AS SOON AS POSSIBLE, BUT NO LATER THAN FRIDAY 21st JULY 2023

If you have not receive a letter, or have any queries, please contact the Shul office on 020 8346 8551 or by email to yizkor@kinloss.org.uk

Opening times for United Synagogue Cemeteries on Thursday 27th July 2023, Tisha B'Av

Bushey Old and New Cemeteries, Waltham Abbey Cemetery and Willesden Cemetery 09.00 – 17.00

East Ham Cemetery 09.00 – 15.00

Alderney Road, Brady Street and Lauriston Road, Cemeteries 11.00 – 15.30

The United Synagogue cemeteries are maintained to a good standard but due to the nature of the grounds there are inevitable risks namely, slips and trips.
In particular, please be careful when visiting our older cemeteries. Paths can be very uneven.
When walking around the graves please ensure that you do not hold onto the headstones and you watch your footing.
The ground at these cemeteries is very volatile; subsidence can occur at any time.
Please take notice of the iron railings and any signage indicating risk.

MAZEL TOV - מזל טוב

* Mazel Tov to Jeremy & Ruthie Tankel on the birth of a grandson, son to Jamie & Yael Tankel in Israel. Mazel Tov also to grandparents Zvika & Irit Atlas from Rishon LeTsiyon, Israel.



MAZEL TOV TO
THE CHILDREN
IN OUR
COMMUNITY CELEBRATING
THEIR BIRTHDAYS

Mark Marantz (12)
Samuel Toffel (11)
Mia Rosenblatt (11)
Olivia Bloch (5)
Oliver Redwood (9)
Alexander Basrawy (10)
Liat Shababo (7)
Reuben Zwick (6)
Alice Ezra (8)

KINLOSS

PLEASE NOTE WE DO NOT ACCEPT SHAIMOS/GENIZA

If you would like to dispose, please take it to one of the following locations:

Beis Hamedrash Nishmas Yisroel
4 Brent Green, Hendon, NW4 2HA

Sinai Golders Green
54 Woodstock Avenue, NW11 9RJ



The Bridge Club meet on **TUESDAY AFTERNOONS, 2PM-4PM** in the Persian Synagogue, 2nd floor. There is a lift should you need it.

Meeting weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits/cake will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 020 8349 5267

Minyan Framework Brainstorm

on Sunday 9 July, at 8pm,
congregants of the Minyan
are invited to the home of
Lauren and Neil Hamburger to contribute ideas to help the Minyan grow and thrive.
Please email to confirm attendance and for address
minyan@kinloss.org.uk

KINLOSS tribe

Pinchas

9:25am - Breakfast Shmooze in Youth Flat

9:45am - Youth Service - Liora Graham Beit Midrash

Followed by a Dvar Torah and a chocolate Kiddush sponsored by Ora Marantz!

YEAR 13 LEAVERS BBQ







youth@kinloss.org.uk

Kinlossyouth

07827031851

Kinloss Cares

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Advice on communal services
- Shopping
- Financial assistance through the Phyllis Nathan Trust (www.kinloss.org.uk/pnt)

Contact Rochelle
020 8349 5263
kinlosscares@kinloss.org.uk

CAMP SIMCHA
MAKING A DIFFERENCE FOR SERIOUSLY ILL CHILDREN

A SINGLE PINT CAN SAVE THREE LIVES DONATE BLOOD TODAY

GIVE BLOOD WITH CAMP SIMCHA AND KINLOSS AND HELP SAVE A LIFE

Thursday 17th August 2023

Appointments available throughout the day

At Finchley United Synagogue, Kinloss Gardens, N3 3DU

Pre registration is essential.

Book your appointment online at www.campsimcha.org.uk/giveblood

Donor age 17-66*
*There is no upper age limit for people who have donated within the last two years

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BOOK NOW: WWW.CAMPSIMCHA.ORG.UK/GIVEBLOOD

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

SHUL MEMBERS, PLEASE JOIN OUR SECURITY ROTAS FOR SHIFTS.

OUR SHUL IS ONE OF THE MOST VISIBLE, HIGH PROFILE BUILDINGS IN LONDON.

THE COMMUNITY REMAINS ON A SERIOUS STATE OF ALERT AND WE MUST PROVIDE A VISIBLE DETERRENT.

YOU WOULD ONLY BE REQUIRED FOR ONE HOUR EVERY 8 WEEKS, ON SHABBAT MORNING.

PLEASE EMAIL : SECUREKINLOSS@YAHOO.CO.UK OR CALL MARTIN SHIERS ON 07831 836 031 TO VOLUNTEER

Friendship Club

All are welcome!



Tuesdays, 10am-1.30pm



- Socialising
- Playing cards
- Knitting
- Outings
- Lunch and Refreshments

Call Lucy on 020 8349 5267 for more details

KINLOSS in partnership with JEWISH CARE
Charity Reg No 802559







Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk

kinloss.banqueting







DAILY MINYAN:

SERVICES (שבת see front page)	Sun 9th 20 Tammuz	Mon 10th 21 Tammuz	Tues 11th 22 Tammuz	Wed 12th 23 Tammuz	Thur 13th 24 Tammuz	Fri 14th 25 Tammuz
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2		8:00am	8:00am	8:00am followed by Shiur with Rabbi Heller followed by breakfast	8:00am followed by Shiur with Rabbi Heller followed by breakfast	8:00am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash
8:00am minyan will continue on a Daily basis.
The morning Minyanim are very strong at present, and create a really good ruach.

During the summer months when regulars are on holiday, it would be really appreciated if members could support the daily minyanim, in particular the Mincha/Ma'ariv minyan needs support especially when there are shivas at the same time.



The CRP Process has changed

There are no longer any online options for collecting points

The Tribe course is available to attend in person only

The online Kabbalat Shabbat Services
are no longer an option for collecting points

Friday night can be attended for collecting points
OR Shabbat morning services (ONE TOKEN PER WEEK)

Recording attendance to shuls commences
from 21st April 2023

TO REGISTER PLEASE GO TO :
WWW.KINLOSS.ORG.UK/CRP



Would you like to sponsor a Kiddush in the Minyan on Shabbat?

Please sign up via:
www.kinloss.org.uk/minyankiddush

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 8 JULY

Irene Dickson	Mother
Eva Greenspan	Father
Suzanne Landy	Father

Sunday 9 JULY

Gary Bradley	Father
Shoina Kass	Father
Ruth Levy	Father
Gerald Lucas	Father
Joanne Rose	Father
Sheila Soleiman	Brother

Monday 10 JULY

Denis Felsenstein	Mother
Edward Lazarus	Mother
Maurice Lazarus	Wife
Jonathan Portner	Mother
Pnina Ravid	Father

Tuesday 11 JULY

Richard Coleman	Mother
Stafford Fertleman	Mother
Stephen Goldwyn	Father
Anthony Harris	Mother
Shoina Kass	Mother
Leslie Kaye	Mother
Ruth Levy	Mother
Paul Vegoda	Sister

Wednesday 12 JULY

Stephen Barnett	Mother
June Cass	Father
Brian Compton	Father
Frances Glassberg	Husband
Stephen Hart	Mother

Thursday 13 JULY

Frances Cohen	Husband
Brenda Freedman	Father
Izydor Geffner	Father
Carole Jayson	Mother
Stephen Landy	Mother
Jacob Lipowicz	Mother
Mozelle Onnie	Father
Robert Summers	Father
Barry Zackon	Mother

Friday 14 JULY

Bernard Enlander	Brother
Lynne Fisher	Father
Stephen Frankel	Mother
Michelle Spencer	Mother

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat
at 10:15am
in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

CONSECRATIONS:

09/07/23	13:30 in Bushey New in memory of Raoul Sobel Z"L
10/07/23	11:30 in Bushey Old in memory of Diane French Z"L
16/07/23	11:00 in Waltham Abbey in memory of Sheila Rose Z"L
16/07/23	12:30 in Bushey New in memory of Ronnie Dvorkin Z"L
16/07/23	13:30 in Bushey New in memory of Ronald Rappoport Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263