KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

וַיֵּצֵא
VAYEITZEI

בס״ד

KINLOSS

WWW.KINLOSS.ORG.UK

24 / 25 NOVEMBER 2023 י״ב כסלו תשפ״ד

SHABBAT WILL START AT 3:46pm AND TERMINATE AT 4:52pm

Mazel tov to Joe Mark on his Bar Mitzvah.
We extend a warm welcome to his family and guests.

FRIDAY NIGHT

3:50pm Friday Night Minyan LaShir in the Liora Graham Beit Midrash

3:50pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall

3:40pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
'Hilchot Yibum v'Chalitzah - Law of the Brother-in-Law'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji
Rabbi Heller will speak

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Michael Fluss
Chazan Eli Sufrin will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Joe Mark and Carl White
Rabbi Yisroel Fine will speak

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Daniel Frankl & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Sam Ellis & Ellie Marantz
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

After the Services there will be Kiddush in the Kinloss Suite sponsored by
Naomi, Benjamin, Charlie and Lexi Mark
to celebrate Joe's Bar Mitzvah

followed by
12:20pm Early Mincha in the Main Synagogue

SHABBAT AFTERNOON

3:30pm - 5pm Bnei Akiva

3:40pm Mincha followed by Shiur by Moishe Sampson
titled " Dealing with lies and deceit around Israel. Lessons learnt from the Parsha"

4:52pm MA'ARIV & TERMINATION OF SHABBAT in the Liora Graham Beit Midrash

This week's newsletter is sponsored by Joseph Szlezinger for the yahrzeit of his mother Gittel Bat Lazer Volf Z"L (Holocaust Survivor)

Learning from the best – Leora and Harry Salter

וַיֵּצֵא יַעֲקֹב מִבְּאֵר שָׁבַע וַיֵּלֶךְ חָרָנָה׃
Yaakov left Beersheva, and set out for Haran.
(Gen. 28:10)

This week's Parasha starts off by telling us that Yaakov left Beersheva and went to Haran. Although this seems like an innocuous verse, there are various commentators who pick up on this verse.

Rashi asks why does the verse mention Beersheva, when the verse could've just said 'Yaakov set out to Haran'? What is the importance of Beersheva.

He answers by saying that the Torah is intending to tell us that a departure of a righteous person from a city makes an impression. As long as a righteous person is in their city, they can spread splendour, beauty and knowledge across the town. Once they leave the city, the splendour, beauty and knowledge is not as great as it previously was. The Siftei Chachamim says that righteous people lift and improves everyone in and around the city.

Rav Shmuel Rozovsky Z'L, the Rosh Yeshiva of Ponevezh, struggles to understand this explanation from Rashi. It is all very well that Yaakov left Beersheva but his dear aging father Yitzchak was still there. One righteous person was leaving but another was still there.

The answer given is that each individual righteous person comes with their own speciality. What Yitzchak had to offer was different to Yaakov, and vice versa.

In life, we can learn from many righteous people, whether they live in the same city as us or whether they are abroad. There are many holy people around us and we should try to learn even a little bit of knowledge from them. Yose ben Yoezer says in Pirkei Avot (1:4) that our house should be a meeting place for Sages, and sit in the very dust of their feet and drink in their words with thirst.

We have the opportunity to learn from righteous people around us, and we should not forgo that opportunity.

VAYETZEI STATISTICS

Vayetze is remarkable as the entire Sidra is one very long parsha (paragraph).

Mitzvot:	None of the 613 mitzvot
Verses:	148 (6th longest of the 54 Sidrot of the Torah)
Words:	2021 (4th longest)
Letters:	7512 (5th longest)
Today's Haftarah:	25 verses (joint 21st longest of the 80 Haftarot)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	164	106	144
Haftarah	188	118	1140


PRE-CHANUKAH
HORIM V'YELADIM
PARENT-CHILD LEARNING NIGHT FOLLOWED BY HOT DOG DINNER, DOUGHNUTS, AND MENORAH DECORATING
MOTZEI SHABBAT, DEC. 2, 5:30 PM
PARENTS & CHILDREN YEARS 3-6
£5 PER CHILD FOR MEMBERS
£7.50 PER CHILD FOR NON-MEMBERS
REGISTER AT KINLOSS.ORG.UK/PRECHANUKAH OR USE THE QR CODE
KYC
KINLOSS YOUNG COMMUNITY


Children's Service
Shabbat Lunch
SHABBAT
DEC. 16
12:15 PM
THE SILVER SUITE
FOR FAMILIES WITH CHILDREN IN THE 0-4 AND RECEPTION-YEAR 2 CHILDREN'S SERVICES.
ALL SIBLINGS ARE OF COURSE INVITED AS WELL!
GAMES AND TOYS WILL BE BE PROVIDED
REGISTRATION REQUIRED
KINLOSS.ORG.UK/CSLUNCH
ADULTS: £10
CHILD 8-18: £8
CHILD 4-8: £5
CHILD 0-3: FREE
KYC
KINLOSS YOUNG COMMUNITY


HALLEL MISHPACHTI
A LIVELY HALLEL FOR THE ENTIRE FAMILY
BEST SUITED FOR FAMILIES WITH CHILDREN AGES 0-11
11:25
IN THE SILVER SUITE
DOUGHNUT KIDDUSH
SHABBAT CHANUKAH, DEC. 9
KYC
KINLOSS YOUNG COMMUNITY


Parsha & Paint Night
CREATE BEAUTIFUL ARTWORK INSPIRED BY THOUGHTS ON THE PARSHA WITH REBBETZEN TALI HARRIS
PAINTING WILL BE GUIDED STEP BY STEP, NO PRIOR ART SKILLS NECESSARY!
MUMS & THEIR DAUGHTERS IN YEARS 5, 6 & 7
SOLD OUT
MUMS & THEIR DAUGHTERS IN YEARS 8, 9 & 10
TUESDAY, JAN. 16
7:45 PM
KYC WOMEN DRINKS WILL BE SERVED!
TUESDAY, JAN. 30,
8:00 PM
Spots are limited!
£10 per person, members only
Register at
kinloss.org.uk/parshapaint
KYC
KINLOSS YOUNG COMMUNITY



KYC KINLOSS YOUNG COMMUNITY
KINLOSS tribe

CHANUKAH ON ICE

@ JW3 ICE RINK

Join Kinloss Youth and KYC Ice Skating at JW3

Private skating just for Kinloss

Limited spaces available

Years 1-6 must be accompanied by an adult on the ice rink.

16 DECEMBER 2023

YEAR 1-6 @ 6-7PM AND YEAR 7-13 @ 7-8PM

JW3

£15 PER ADULT - £10 PER CHILD/YOUTH

SIGN UP NOW:
www.kinloss.org.uk/ice

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Kinloss Friday Nights

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KINLOSS YOUNG COMMUNITY

PARSHAT VAYEITZEI - FRIDAY 24TH NOVEMBER

Main Service	Minyan LaShir	Sephardi Minyan
Mincha followed by Kabbalat Shabbat	Pre Mincha L'chaim! Mincha followed by sing-a-long Kabbalat Shabbat	Mincha followed by Kabbalat Shabbat
3:50pm Large Deal Hall	3:50pm Beit Midrash	3:40pm Sephardi Shul

Followed by a CHICKEN SOUP Kiddush in the Small Deal Hall! This week's Kiddush is kindly sponsored by an anonymous sponsor.



WE ARE LOOKING FOR 2 VOLUNTEERS TO SET UP AND CLEAR AWAY THE FRIDAY NIGHT KIDDUSH WEEKLY. PLEASE SIGN UP FOR A WEEK VIA WWW.KINLOSS.ORG.UK/FRIDAY

IF YOU ARE INTERESTED IN SPONSORING THE FRIDAY NIGHT KIDDUSH, PLEASE SPEAK TO SHIMON IN THE OFFICE

SHABBAT LUNCH IN THE FLAT



Join your year for Shabbat lunch with Leora and Harry

Year 11 - Shabbat 25th November

Year 12 & 13 - Shabbat 2nd December

Year 10 - Shabbat 9th December

Year 9 - Shabbat 6th January

Sign up for free:

www.kinloss.org.uk/youthlunch

KINLOSS tribe

CHANUKAH TOY DRIVE

With US Chesed

All toys will be distributed to low income families, asylum seekers, refuges and families who have been effected by illness in some way.

All toys will be wrapped by Kinloss Learn2Lead

Please drop off toys in the US Chesed Box in the office or order toys on the US Chesed Amazon List and select 'US Chesed' as the delivery address: www.theus.org.uk/toys



JWA SHABBAT PRESENTS:

Exploring Healthy Relationships



24-25 NOVEMBER 2023

This year, Jewish Women's Aid Shabbat is focused on Healthy Relationships.

We invite you to read our toolkit and to take part in the activity which opens conversations about what makes a relationship healthy – or unhealthy.

jwa.org.uk/healthyrelationships

We are delighted to partner with the Office of the Chief Rabbi and The United Synagogue and other key organisations across the community.

Office of The Chief Rabbi

The United Synagogue

Charity No. 1047045

JEWISH WOMEN'S AID

Jewish Women's Aid supports and empowers Jewish women and girls aged 16+ (14+ in London) who are experiencing domestic abuse. No Jewish woman affected by domestic abuse should have to face this alone. We are here to help.

IF YOU NEED OUR SUPPORT, PLEASE CONTACT US:
0808 801 0500 • advice@jwa.org.uk • jwa.org.uk/webchat

KINLOSS EMERGENCY APPEAL



Kinloss are distributing urgent needed equipment for our soldiers in Israel via a charity partner.

Purchase via Amazon wishlist and have the goods delivered to 'Daniel Shababo Am Yisrael Chai'

www.kinloss.org.uk/help

NOVEMBER 2023 EVENTS

MONDAY FILM AFTERNOONS

27 NOV

Ida (2013)

Poland in 1962, follows a young woman on the verge of taking vows as a Catholic nun who learns through her only surviving relative, that her parents were Jewish.



4 DEC

Tehilim (2007)

In contemporary Jerusalem, the Frankels are a close-knit modern orthodox family. They lead an ordinary life until following a car accident, the father, disappears. This feature folows the Frankels' Sons and Wife, as they come to grips with this mystery.



11 DEC

Goodbye, Children - Au revoir les enfants (1987)

Based on the actions of Père Jacques, a French Priest and Headmaster who attempted to shelter Jewish children during the Holocaust.



18 DEC

The Frisco Kid (1979)

Harrison Ford and Gene Wilder star as a taciturn gunslinger and a clueless immigrant Rabbi traveling across the Wild West in the comic adventures of a mismatched pair.



Doors open 1.45pm, Film starts 2pm

All Welcome - £3 Kinloss Members, £4 non Members

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Friendship Club

All are welcome!



KINLOSS

Tuesdays, 10am-1.30pm



- Socialising
- Playing cards
- Knitting
- Outings
- Lunch and Refreshments

Call Lucy on 020 8349 5267 for more details

Would you like to sponsor a Kiddush in the Minyan on Shabbat? Please sign up via:
www.kinloss.org.uk/minyankiddush

KINLOSS

BRIDGE CLUB

The Bridge Club meet on Tuesday afternoons, 2pm-4pm in the Deal Hall, Ground Floor.

The club meets weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 020 8349 5267



ALL WELCOME - FOR MORE INFORMATION

WWW.KINLOSS.ORG.UK/BRIDGE

FEEL FREE TO TURN UP, NO NEED TO BOOK!

LITTLE EXPLORERS

£6 PER CHILD/ £10 FOR FAMILY

FOR CHILDREN 0-3YRS

Fridays (Term Time)
10AM-11AM

For more information, contact Tanya 07779 002 269







Bring your little explorers to Kinloss for a morning filled with fun, play and music. A great opportunity to meet new friends as well as to let your little ones explore a range of toys in a safe and contained environment.

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MAZEL TOV - מזל טוב



JOE MARK

Mazel Tov to Joe on his Bar Mitzvah

Joe has two siblings Charlie and Lexi
and he attends Immanuel College

His hobbies are playing football and supporting Newcastle United

Joe's Bar Mitzvah is being twinned with a boy from Israel through Jewish Child's Day charity SOS Youth Village scheme,
Joe is also volunteering at GIFT

* Mazel Tov to Naomi, Benjamin, Charlie and Lexi on Joe's Bar Mitzvah. Mazel Tov also to Grandparents Melanie & John Mark, and Alan Tunkel, Great Grandma Clarice and Great Grandma Betty.

* Mazel Tov to Joseph Choueka on his Bar Mitzvah. Mazel Tov to his family Lauren Farber, Elliot Choueka, Natalie Choueka and Olivia Farber and grandparents Maralyn & Jeffrey Kalman, Claire & David Harris.

* Mazel Tov to Kate & Ashley Fulton on the birth of a granddaughter, a daughter for Daisy & Greg Monk. Mazel Tov also to grandparents Anita & Ian Monk, and great-grandparents Arleen & Carl Santhouse.



KINLOSS

SHUL FOR THE MIND

Is a unique prayer service for people living with dementia and their family carers. (Professional carers are welcome).

and 10th December at 11am in the Large Deal Hall

All are invited to come and connect spiritually through prayer, song and of course a great kiddush.

Contact Rochelle in the office on 0208 349 5263





KINLOSS BETTER the feel good place





FLEXIBILITY, STRENGTH, BALANCE, POSTURE & FITNESS

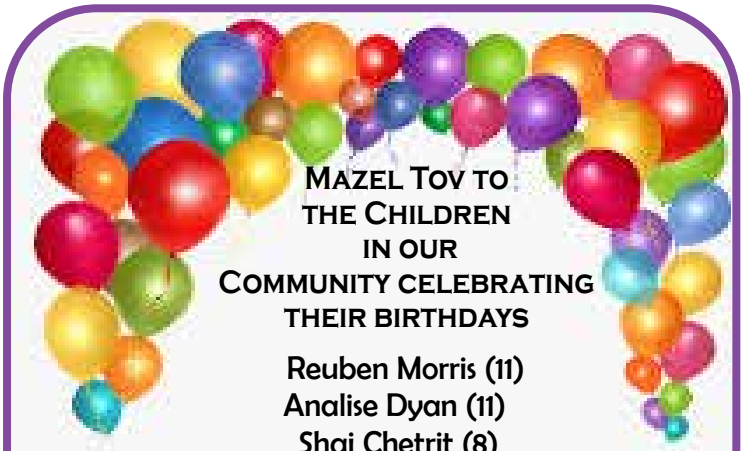
CHAIR BASED EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

Regular physical activity for over 55's is so important for so many reasons – keep Kinloss moving

Block of classes include December – 7th, 14th, 21st & 28th
January – 4th, 11th, 18th & 25th
February – 1st & 8th

BOOKING IS ESSENTIAL THROUGH QR CODE OR
www.kinloss.org.uk/exercise
CALL 020 8349 5267



MAZEL TOV TO THE CHILDREN IN OUR COMMUNITY CELEBRATING THEIR BIRTHDAYS

Reuben Morris (11)
Analise Dyan (11)
Shai Chetrit (8)
Annie Bernstein Traub (5)
Daniel Ward (10)
Emma White (7)

Membership Bills for 2023/2024

If you haven't already done so, could you please pay your membership invoices via:

* Online BACS payment

* The member portal
https://myus.theus.org.uk/login

* If you would like to pay by Credit / Debit Card over the phone please call Denise on 020 8346 8551

Kinloss Cares

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Advice on communal services
- Shopping
- Financial assistance through the Phyllis Nathan Trust (www.kinloss.org.uk/pnt)

Contact Rochelle
020 8349 5263
kinlosscares@kinloss.org.uk

KINLOSS cares about you

Message to the Kinloss Community
We are here to support you and your family in these difficult times.

If you require any pastoral, welfare or Rabbinic support, please do not hesitate to contact

Kinloss Cares on
0208 349 5263
kinlosscares@kinloss.org.uk

Reminder:

KINLOSS

Kinloss is a nut free zone
Please do not bring any food with peanuts or traces of nuts to be consumed on these premises

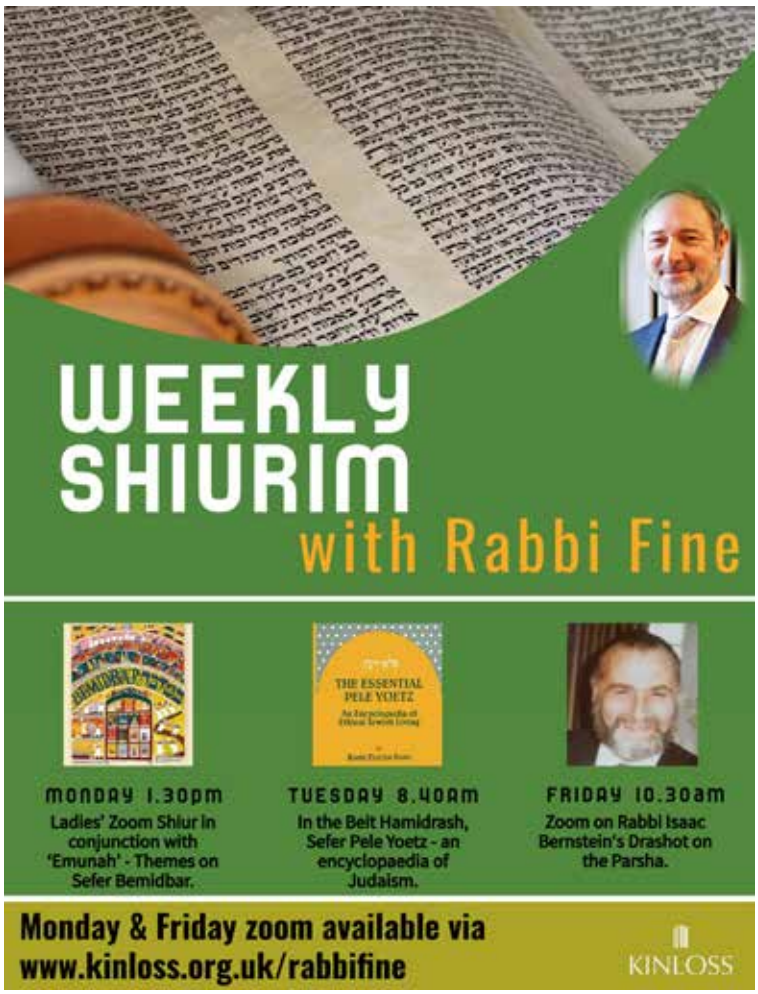
VOLUNTEERS NEEDED

We are looking for 2 volunteers to set up and clear away the Friday Night Kiddush weekly.
Please sign up via
www.kinloss.org.uk/friday

DAILY MINYAN:

SERVICES (שבת see front page)	Sun 26th 13 Kislev	Mon 27th 14 Kislev	Tues 28th 15 Kislev	Wed 29th 16 Kislev	Thurs 30th 17 Kislev	Fri 1st 18 Kislev
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2		8:00am	8:00am Shiur with Rabbi Fine	8:00am Shiur with Rabbi Heller	8:00am Shiur with Rabbi Heller	8:00am
Sephardi	7:50am	6:45am	6:45am	6:45am	6:45am	6:45am
Mincha / Ma'ariv	3:45pm	3:45pm	3:45pm	3:45pm	3:45pm	3:40pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash
8:00am minyan will continue on a Daily basis.



WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

SHUL MEMBERS, PLEASE JOIN OUR SECURITY ROTAS FOR SHIFTS. OUR SHUL IS ONE OF THE MOST VISIBLE, HIGH PROFILE BUILDINGS IN LONDON.

THE COMMUNITY REMAINS ON A SERIOUS STATE OF ALERT AND WE MUST PROVIDE A VISIBLE DETERRENT.

YOU WOULD ONLY BE REQUIRED FOR ONE HOUR EVERY 8 WEEKS, ON SHABBAT MORNING.

PLEASE EMAIL :
SECUREKINLOSS@YAHOO.CO.UK
OR CALL MARTIN SHIERS
ON 07831 836 031 TO VOLUNTEER

PLEASE NOTE WE DO NOT ACCEPT SHAIMOS/GENIZA

If you would like to dispose,
please take it to one of the following locations:
Beis Hamedrash Nishmas Yisroel, 4 Brent Green, Hendon, NW4 2HA
or Sinai Golders Green, 54 Woodstock Avenue, NW11 9RJ

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot
Our club will meet every Shabbat
at 10:15am
in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 25 NOVEMBER

Gerald Abrahams	Father
Sheila Cohen	Husband
Harold Gittelmon	Father
Greta Jacobs	Father
Haya Lewi	Father
Joseph Szlezinger	Mother
Myrna Young	Father

Sunday 26 NOVEMBER

Ricky Levy	Father

Monday 27 NOVEMBER

Farzaneh Amini	Brother
Helen Azizoff	Brother
Lea Gilchrist	Mother
Lynne Goldwyn	Father
Martin Greenfield	Father
Rosalyn Liss	Mother
Jean Rauch	1st Husband
Liz Stoll	Sister

Tuesday 28 NOVEMBER

Sandra Bernstone	Father
Caroline Davis	Father
Estelle Noss	Husband
Mariette Waldman	Father

Wednesday 29 NOVEMBER

Joyce Grossmark	Mother
Elli Morris	Father

Thursday 30 NOVEMBER

Alan Class	Mother
Edward Cooper	Brother
Gary Djanogly	Father
Leonie Djanogly	Husband
Vitek Frenkel	Mother
Alex Hajioff	Mother
Sandra Halperin	Father
Bernard Kaye	Mother
Anna Phillips	Mother
Josephine Symons	Mother

Friday 1 DECEMBER

Peter Bloom	Father
Lester Kendler	Mother
David Lesser	Mother
Eve Nachman	Husband
Marilyn Tapper	Mother



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Kinloss JAMI Ambassador is Richard Kafton
Mobile no: 07973 986344
Email: richard.kafton@cedarhfs.co.uk
https://jamiuk.org/tipsonmanaginganxiety/

Mitzvah Day

As part of Mitzvah Day, Kinloss is supporting the collection of dry non perishable food for Food Bank Aid based in N12.
Donations can be dropped to Martyn Gerrard, 365 Regents Park Road from 09:00-18:30 Monday-Thursday and from 09:00-18:00 on Friday.

CONSECRATIONS:

26/11/23	09:30 in Bushey New in memory of Shirley Karp Z"L
03/12/23	09:30 in Bushey Old in memory of Geoffrey Bradley Z"L
03/12/23	10:00 in Bushey Old in memory of Maureen Sander Z"L
03/12/23	10:30 in Willesden in memory of Clara Landenberg Z"L
03/12/23	11:00 in Bushey Old in memory of Muriel Altman Z"L
03/12/23	12:00 in Willesden Cemetery in memory of Barbara Harris Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264
Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423316
Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423317
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263