KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

ראה
RE'EH

בס"ד

KINLOSS
WWW.KINLOSS.ORG.UK

11 / 12 AUGUST 2023 כ"ה אב תשפ"ג

SHABBAT WILL START AT 8:17pm AND TERMINATE AT 9:22pm

Shabbat Mevarchim Rosh Chodesh Elul is Thurs 17th & Fri 18th

Mazel tov to Noah Joseph on his Bar Mitzvah.
We extend a warm welcome to his family and guests

FRIDAY NIGHT

Friday Night sing-a-long Minyan will resume in September

7:15pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall

7:15pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
'Hilchot Yibum v'Chalitzah - Law of the Brother-in-Law'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji
Rabbi Danny Mirvis will speak

9:15am MAIN SERVICE in the Main Synagogue led by Jonathan Weissbart
Kriat Hatorah by Robert Owen
Rabbi Danny Mirvis will speak





9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Noah Joseph
Rabbi Cobi Ebrahimoff will speak

The Youth Service is on the summer break until September

Anim Zemirot Club is on a summer break 12 and 19 August

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Coral Harding & Daniel Frankl
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 6 - in the Newman Room - run by Brandon Horwitz

Julia, JJ, Ari and Rafi invite the whole shul for kiddush after the service to celebrate Noah's Bar Mitzvah

SHABBAT AFTERNOON

8:10pm Mincha followed by Shiur by Rabbi Danny Mirvis
followed by
9:22pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

Cleave to His ways – Leora and Harry Salter

אַחֲרֵי ה' אֱלֹקֵיכֶם תֵּלֵכוּ וְאֹתוֹ תִירָאוּ וְאֶת־מִצְוֹתָיו תִּשְׁמֹרוּ וּבְקֹלוֹ תִשְׁמָעוּ וְאֹתוֹ תַעֲבֹדוּ וּבוֹ תִדְבָּקוּן׃

"It is your G-d alone whom you should follow, whom you should revere, whose commandments you should observe, whose orders you should heed, whom you should worship, and cleave to Him." – Devarim 13:5

We are told in this verse to follow the commandments of Hashem and "cleave to Him." How are we supposed to do this? Shall we do spiritual acts that will bring us closer to Hashem? Do we need to do physical acts?

Rashi quotes the Gemara in Sotah (14a) that cleaving to Hashem means that we should do kind acts, bury the dead and visit the sick, as did Hashem do. The three acts correspond to when Hashem clothes Adam and Eve in the Garden of Eden, when He buried Moshe and when Hashem visited Avraham in his tent after his circumcision.

The Ibn Ezra comments that by cleaving to Hashem, we should do acts with Hashem in our heart, at the beginning and at the end of the act. It also has the meaning that we should clever to Hashem throughout your life and in the afterlife.

Other commentators, including the Ramban, interpret this verse to mean that one should not follow false prophets and rather follow carefully the words of Hashem. The Sforno comments that it means you should carry out all of Hashem's activities unaffected by any prior hostilities.

The Ohr HaChaim brings the Gemara in Ketubot (111b) to answer this question. The Gemara asks how is it possible for a human being, who is made of matter, to cleave to Hashem, who is totally abstract? The Gemara answers that we should cleave to Torah scholars who are the carriers of Shechinah, the Divine presence of G-d.

Bringing all of these commentaries together, we can better understand how to cleave to Hashem. By doing acts of kindness, similar to what Hashem did for Adam and Eve, Moshe and Avraham, and by setting an example for others, we can cleave to Hashem. Instead of following the wrong leader, one who sets the wrong path or is a flawed figure, we stray from the ways of Hashem. By cleaving to Hashem, we are ensuring that we are the right role models by always doing acts of kindness in the best possible way and attaching ourselves to people who act properly and can be role models for us.

Re'eh Statistics

Mitzvot: 55 of the 613 mitzvot, 17 positive and 38 prohibitions
Verses: 126 (13th longest of the 54 Sidrot)
Words: 193 (7th longest)
Letters: 7442 (7th longest)

Page No.	Soncino	Hertz	ArtScroll
Sidra	1055	799	998
Haftarah	1076	818	1199

KINLOSS OFFICE OPENING HOURS W/C 14 AUGUST 23

Due to staff holidays, the Kinloss office will be open during the following times w/c 14th August

Mon 14 Aug 10.30am - 2pm
Tue 15 Aug 10.30am - 2pm
Wed 16 Aug 10.30am - 2pm
Thurs 17 Aug CLOSED
Fri 18 Aug 10am - 1pm

In case of emergency please leave a message on the office phone 0208 346 8551 or email office@kinloss.org.uk

IF YOU HAVE ANY NEW MAZEL TOV GREETINGS FOR KOL KINLOSS, PLEASE EMAIL YOUR WORDING TO office@kinloss.org.uk AND IT WILL GO INTO EDITION OF KOL KINLOSS ON THE 25TH AUGUST

KINLOSS

Rabbi Josh and Tali Harris contact details are:

Rabbi Josh Harris – rabbijosh@kinloss.org.uk / 07721423316

Tali Harris – tali.harris@kinloss.org.uk / 07721423317



AUGUST 2023

KINLOSS

Next Shabbat 19th August 2023, there will be a combined service in the Main Synagogue with Ladies Seating downstairs

SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN,
EXISTING OR NEW PARTICIPANTS.
THE GROUP READ ALOUD AND WE DISCUSS IT.
NO NEED TO PREPARE ANYTHING IN ADVANCE,
COME AND HAVE A CUP OF TEA WITH US
AND ENJOY THE GROUP.

MONDAY 21 AUGUST
@ 1pm
in The Rabbi's Office at Kinloss

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members and £4 non Members

For more information,
please speak to: Kate Fulton on 07801 911 481
or kathrynfulton@hotmail.com

KINLOSS cares about you

CHATS FOR CHAPS AND MONDAY MATTERS

WILL BOTH BE HELD ON

MONDAY 14 AUGUST
IN THE DEAL HALLS

STARTING AT 11:00AM
FOLLOWED BY COMBINED LUNCH

FOR CATERING PURPOSES,
IF YOU WOULD LIKE TO ATTEND PLEASE CALL
ROCHELLE SCHRANK
020 8349 5263
BY WEDNESDAY 9 AUGUST LATEST

KINLOSS

SHUL FOR THE MIND

Is a unique prayer service for people living with dementia and their family carers.
(Professional carers are welcome).

13th August at 10:45am
and 10th September at 10:45am
in the Large Deal Hall

All are invited to come and connect spiritually through prayer, song and of course a great kiddush.

Contact Rochelle in the office on
0208 349 5263



THE FRIENDSHIP CLUB WILL CONTINUE UNTIL 29 AUGUST
CLOSED FROM 5 SEPTEMBER ONWARDS AND WILL RE-OPEN AFTER ALL THE CHAGGIM (DATE TO BE CONFIRMED)

KYC
KINLOSS YOUNG COMMUNITY

LAUNCH EVENT

Join us for an event for all the family...

End of Summer BASH

Sept 3rd

4.30-6.00 PM
The Deal Hall

Meaty dinner • Crafts • Arcade Games
Rosh Hashana gifts

Entrance fee:
Children & Youth £1.50 • Adults £5

Hosted by Rabbi Josh & Tali Harris

Members only

Please RSVP to www.kinloss.org.uk/KYClaunch

במוצאי מנוחה קדמנוך תחלה

At the outgoing of the Sabbath we first approach You

Choral Midnight Selichot

Saturday Night, 9th September 2023
Motzei Shabbat, 24 Ellul 5783
11.30pm, doors open 10.45pm
In the Main Synagogue

Service conducted by
Rabbi Lionel Rosenfeld, Jerusalem

and
Chazan Jonny Turgel, Stanmore & Canons Park Synagogue

with
The Shabbaton Choir
Musical Director: Harry Style
Boy Soloists:
Joseph Abramson and Aaron Cooperman

The Shabbaton Choir accompanies the Cantors in a night of prayer, set to stirring, evocative melodies in the traditional Shabbaton Style.

KINLOSS
Shabbaton Choir

SEPTEMBER 2023

Shabbat 9th September
Scholar in Residence: Michal Horowitz
Repentance, Prayer & Charity: Being Inscribed in the Book of Life

Shabbat Forum (Approx 11.45am)
"Repentance: Are We Paying Attention To G-d, To Others, To Ourselves?"

12.30pm: Pre- Booked Shabbat lunch: "Charity: Going Beyond Ourselves, A Heart & Hand To Those In Need" - Booking via www.kinloss.org.uk/michal

7.05pm: Mincha followed by Shabbat afternoon Shiur. "Tefilla: Service of the Heart in the Worship of G-d"



Mrs. Michal Horowitz earned a Bachelor of Science from combined studies at York University, Toronto, and Brooklyn College, NY and completed a Master of Science from Brooklyn College, NY. She delivers weekly shiurim in her community of the Five Towns, NY, while her zoom shiurim reach audiences across the world. Mrs. Horowitz has been a guest lecturer and scholar in residence in schools and communities, nationally and internationally. She is a regular presenter for various OU Women's Initiative Torat Imecha programs, launching the world-famous Torat Imecha Nach Yomi program in 2020. Mrs. Horowitz has close to 2,000 shiurim online, located on YUTorah.org,TorahAnyTime.com, OUTorah.org, the OU Torat Imecha app and the OU AllParsha app.

Office of The

KINLOSS

SEPTEMBER 2023

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Kinloss Yamim Noraim Learning Programme



05 SEP

REBBETZIN HARRIS

THE OTHER SON:
LESSONS IN TESHUVA FROM YISHMAEL | 8:00 PM



11 SEP

RABBI HELLER

PERSPECTIVES ON ELUL | 8:00 PM



20 SEP

RABBI DWEK

CHANCES FOR TESHUVA IN A WORLD OF CHANCE -
A PERSPECTIVE FOR YOM KIPPUR | 8:00 PM

Liora Graham Beit Midrash

Sign up through www.kinloss.org.uk/yn

KINLOSS

Kids Art Classes

Let your children explore art and their imagination

NEW TERM

SUITABLE FOR PRIMARY SCHOOL CHILDREN

MONDAYS AT 4.30PM-6PM
18 SEPTEMBER
9, 16 & 23 OCTOBER
6 & 20 NOVEMBER



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDSART



KINLOSS

BETTER
the feel good place





CHAIR BASED EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

NEW BLOCK OF 10 CLASSES
September - 21, 28
October - 12, 19, 26
November - 2, 9, 16, 23, 30

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

BOOKING IS ESSENTIAL
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267

MAZEL TOV - מזל טוב



NOAH JOSEPH

Mazel Tov to Noah on his Bar Mitzvah

Noah is really excited to celebrate his Bar Mitzvah and share his simcha with the community

* Mazel tov to Julia, JJ, Ari and Rafi on Noah's Bar Mitzvah. Mazel Tov to grandparents Vicki & Alex Harris and Pat & Neil Joseph.

* Mazel tov to Barbara & Laurence Cohen and Jonathan Lux on the birth of a granddaughter, daughter to Ruth & David Cohen. Remembering Simone Lux Z"L at this happy time.

* Mazel tov to Lynn & Martin Greenfield, Bernard Trent, Sonja Steuer and Roland Moss on the engagement of their grandchildren Saskia, daughter of Elysse & Jonathan Moss to Jonny son of Monica & Jeremy Trent.

* Mazel tov to Bernard Trent on the birth of a great grandson in Israel.

* Mazel tov Sheila & Colin Sive on the engagement of their granddaughter Chana Dickson to Daniel Ross. Mazel tov to Naomi and Jonny Dickson and to Tali and Jonathan Ross.

* Mazel tov to David & Ruth Levy on the engagement of their son Shimon to Penie daughter of Michael & Marlene Finegold



KINLOSS

The Kinloss Junior Table Tennis new term starts 21st September for 10 weeks.
Sign up now
www.kinloss.org.uk/tabletennis
Spaces are limited



ELLA DONALDSON (8)
STELLA MARKS (6)
JOSHUA CHETRIT (10)
GEORGINA SCHULDENFREI (4)
DAISY GRADEL (11)

Membership Bills for 2023/2024

You have received your membership bills from Pesach 2023 in the post.

If you haven't already done so, could you please pay your invoices via:

* Online BACS payment

* The member portal https://myus.theus.org.uk/login

* If you would like to pay by Credit / Debit Card over the phone please call Denise on 020 8346 8551

PEACE OF MIND

Peace of Mind together with Kinloss are bringing a group of Combat Veteran Israeli soldiers to the UK for group therapy. The group were drafted in 2000 and were part of a special unit called Palsar Givati. We will be bringing over 15 – 20 veterans who all served together.

The dates for the group is 29 October to 5 November.

We are looking for 10 family hosts. Each host will house 2 veterans.
The veterans can share the same room.

To view more information click here https://www.youtube.com/watch?v=rGwfpB-C1RC0



The Bridge Club meet on **TUESDAY AFTERNOONS, 2PM-4PM** in the Persian Synagogue, 2nd floor. There is a lift should you need it.

Meeting weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits/cake will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 020 8349 5267



Kinloss JAMI Ambassador is Richard Kafton

KINLOSS

Mobile no: 07973 986344

Email: richard.kafton@cedarhfs.co.uk

NATALIE'S SIMCHAT TORAH GRADUATION SERVICE SUNDAY 8 OCTOBER

If your child has currently left year 2
And would like to attend this service too
Please confirm without any delay
Whether a Dvar Torah your child might like to say...
No problem at all should they not wish to speak -
Just let us have 2 hobbies like HIDE AND SEEK!
Deadline for RSVP close of play 18 September
So contact us - don't forget - please remember!
Natalie Sommer 07949 684 842
email: nataliesommer2000@yahoo.co.uk

If your child is currently leaving Year 2 and would like to take part in Natalie's Simchat Torah Graduation too - please confirm without delay including whether your child a Dvar Torah might like to say - no problem at all if they don't wish to speak - just let us have two hobbies like hide and seek!
email nataliesommer2000@yahoo.co.uk
07949684842

PLEASE NOTE WE DO NOT ACCEPT SHAIMOS/GENIZA

If you would like to dispose, please take it to one of the following locations:

Beis Hamedrash Nishmas Yisroel,
4 Brent Green, Hendon, NW4 2HA

OR

Sinai Golders Green,
54 Woodstock Avenue, NW11 9RJ

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

SHUL MEMBERS, PLEASE JOIN OUR SECURITY ROTAS FOR SHIFTS.
OUR SHUL IS ONE OF THE MOST VISIBLE, HIGH PROFILE BUILDINGS IN LONDON.

THE COMMUNITY REMAINS ON A SERIOUS STATE OF ALERT AND WE MUST PROVIDE A VISIBLE DETERRENT.

YOU WOULD ONLY BE REQUIRED FOR ONE HOUR EVERY 8 WEEKS, ON SHABBAT MORNING.

PLEASE EMAIL : SECUREKINLOSS@YAHOO.CO.UK
OR CALL MARTIN SHIERS ON 07831 836 031 TO VOLUNTEER

DAILY MINYAN:

SERVICES (שבת see front page)	Sun 13th 26 Av	Mon 14th 27 Av	Tues 15th 28 Av	Wed 16th 29 Av	Rosh Chodesh Elul Thurs 17th 30 Av	Rosh Chodesh Elul Fri 18th 1 Elul
Shacharit	8:00am	7:00am	7:00am	7:00am	6:50am	6:50am
Shacharit 2			8:00am followed by Shiur with Rabbi Fine	8:00am followed by Shiur with Rabbi Heller	8:00am	8:00am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:15pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash
8:00am minyan will continue on a Daily basis.

The morning minyanim have a good ruach but there is the challenge to maintain that over the Summer when so many regulars are on holiday. So if you can please support the minyanim over the Summer and enjoy the companionship and atmosphere.

KINLOSS tribe

SUMMER BREAK

ALTHOUGH IT'S THE SUMMER HOLIDAYS, WE'RE STILL HERE FOR YOU!

07827031851

@Kinlossyouth

youth@kinloss.org.uk

Looking forward to seeing you all in the new term!
Leora & Harry



KINLOSS FANTASY FOOTBALL LEAGUE

Get ready for the new season and join the Kinloss Youth League!

League Code: 1omreu

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 12 AUGUST

Ashley Brodin	Father
David Ebrahimoff	Father
Miriam Schajer	Mother

Sunday 13 AUGUST

Michelle Bull	Father
Neville Chajet	Mother
Deborah Clements	Father
Helen Kamiel	Husband
Ian Kamiel	Father
Judith Krais	Father
Edna Moser	Mother
Paul Richer	Father
Alfred Young	Mother

Monday 14 AUGUST

Arie Bleiberg	Mother
Marilyn Dvorkin	Mother
Karen Leigh	Father
Susan Sperber-Kosky	Second Husband
Marion Tinger	Father
Jilli Vegoda	Sister

Tuesday 15 AUGUST

Sandra Delroy	Mother
Jean Rappaport	Mother
Cilla Summers	Father
Kenneth Waters	Mother
Monty Zeid	Mother

Wednesday 16 AUGUST

Michael Birnhak	Father
Samuel Cohen	Father
Eitan Epstein	Brother
Trevor Gee	Mother
Loraine Gershon	Father
Joyce Grossmark	Father
Jane Kaye	Mother
Stuart Lasky	Mother

Thursday 17 AUGUST

Rosalind Freeman	Father
Shirley Kenley	Mother
Gad Levy	Father
David Lightstone	Wife
Parviz Namdar	Mother
Clive Rosenfeld	Mother
Heather Taylor	Father

Friday 18 AUGUST

Anne Cavendish	Father
Laurence Faiman	Father
Darren Fogelman	Father
Mark Henley	Mother
Rebecca Nemetnejad	Father
Barbara Nicholls	Father

KINLOSS

Moths have been found in some of the boxes of Talitot in the shul. Please ensure you store your Talitot either in cases or sealed plastic bags

CONSECRATIONS:

13/08/23	11:30 in Bushey New in memory of Harry Kaufman Z"L
03/09/23	12:00 in Willesden in memory of Zena Gerstler Z"L
10/09/23	09:30 in Bushey Old in memory of Marion Conway Z"L
27/09/23	11:30 in Bushey New in memory of Frances Colton Z"L
15/10/23	12:00 in Willesden in memory of Rev Simon Hass Z"L
18/10/23	13:30 in Bushely Old in memory of June Brookes Z"L
29/10/23	10:00 in Bushey Old in memory of Raymond Lyons Z"L
29/10/23	09:30 in Bushey Old in memory of Alf Borman Z"L
12/11/23	11:00 in Bushey in memory of Joan Graham Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263