

16/ 17 AUGUST 2024

י"ג אב תשפ"ד

WWW.KINLOSS.ORG.UK

SHABBAT WILL START AT 8:07pm AND TERMINATE AT 9:11pm



Community Candle Lighting is at 7:30pm



FRIDAY NIGHT

7:00pm Mincha, Kabbalat Shabbat and Maariv in the Deal Hall

7:00pm Minyan LaShir in the Liora Graham Beit Midrash

7:00pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
"Hilchot Na'arah Betulah – Laws of Seduction"

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Chazan Shimon and Daniel Cohen

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Robert Owen
Rabbi Josh Harris will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Elisha Abeles
Rabbi Josh Harris will speak

Kiddush sponsored by Judi & Jeremy Newman and Joy Lyons
in loving memory of Malcolm Lyons z"l and Marilyn Newman z"l

YOUTH SERVICE will return in September after the summer break

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES

Ages 0 – 4 - in the Silver Suite - run by Daniel Frankl & Coral Harding

Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer

Combined Yr 3 - Yr 6 - in the Newman Room (this is the last week until 7th September)

After the service there will be a kiddush for the whole community
in the Kinloss Suite.

If you would like to sponsor future kiddushim please contact ian.kamiel@kinloss.org.uk

SHABBAT AFTERNOON

7:55pm Mincha and Shiur by Rabbi Josh Harris titled "Davening with a holiday view"
in the Liora Graham Beit Midrash
followed by

9:11pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

Being Upright and Good: Superfluous or Central?

By Rebbetzin Tali Harris

Parshat Vaetchanan puts a heavy focus on many core Jewish ideas; not to worship idols, loving and fearing God, the 10 commandments are repeated and we receive the obligation to learn Torah. We are told numerous times to keep Hashems mitzvot. Interestingly, on one of these occasions there is an additional phrase placed at the end: **וַעֲשִׂיתָ הַיָּשָׁר וְהַטּוֹב בְּעֵינֵי ה'** “And you shall do what is upright and good in the eyes of Hashem” (Devarim 6:18).

This comment feels superfluous, is this not obvious? Rashi and Ramban both comment on this saying that this phrase essentially means that we must go beyond the letter of the law to ensure that goodness is upheld. Ramban elaborates that of course the Torah gives includes many laws regarding our behaviour and ensuring that uprightness and goodness are upheld, however even regarding circumstances which the Torah does not explicitly state, we must maintain uprightness and goodness.

This thought process may feel familiar to some. That is because the Ramban has already provided us with a similar idea in Sefer Vayikra where he comments on the verse **קְדוּשִׁים תִּהְיוּ** “and you shall be holy” (Vayikra 10:2). There he explains that this means that one should not use the Torah as a means of permitting disgusting behaviour. He explains that someone may wrongly think that since the Torah permits drinking wine that they may therefore overly indulge in alcohol and claim that their actions are permitted according to the Torah. According to the Ramban, this is the explanation behind what it means that we shall be holy.

Rabbi Yeshayahu Shapiro, a Chasidic Zionist figure in the early 1900's, gives the following perspective on the above ideas: the commandment to be holy instructs us to live above the law itself. One cannot simply look at the law without also internalizing the meaning behind it. One must not only think about what is right and good according to themselves but must examine whether their actions are upright and good in the eyes of Hashem as well. The command to do what is right and good deals not only with the action, but it speaks to the intents which lies within the soul of a person. It is for this reason, that the statement of to do what is upright and good is not redundant, rather it seeks to highlight what must underlie our entire attitude towards Torah and Mitzvot.

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Haftarah	1028	776	1196

VAETCHANAN STATISTICS

MITZVOT:	12 OF THE 613 MITZVOT, 8 POSITIVE & 4 PROHIBITIONS
VERSES:	122 (17TH LONGEST OF THE 54 SIDROT)
WORDS:	1878 (10TH LONGEST)
LETTERS:	7343 (10TH LONGEST)

COMING SOON

SEP

**STUDENTS & YPS
SCHMOOZE &
BOOZE**



**PRE-ROSH
HASHANA
CRAFTS**



SEP

OCT

**ROSH HASHANA
MUSSAF
MISHPACHTI**



**SPIRITS IN THE
SUKKAH**



OCT



WHATSAPP

[KINLOSS.ORG.UK/KYC](https://kinloss.org.uk/kyc)

KINLOSS BAR MITZVAH PROGRAMME 2024/25

PARENT-SON PROGRAMME FOR BOYS IN YEARS 7 & 8



Members Only

8 fun and
interactive
sessions,
including two
group outings!

Explore
key topics
that will enhance
the meaning of
the Bar Mitzvah
year



Meet the
rest of the Kinloss
boys celebrating
their Bar Mitzvah
next year!

Dates:
(Wednesdays)
9th Oct; 13th Nov;
11th Dec; 8th Jan;
5th Feb; 5th Mar;
2nd Apr;
7th May

£50 per
participant



SIGN UP AT [KINLOSS.ORG.UK/BAR](https://kinloss.org.uk/bar)

For more info, please
speak to Rabbi Josh
07721423316



Booze & Schmooze

Join Rabbi Josh & Tali for a pre-Rosh Hashana
discussion, while enjoying a drink and refreshments.

For students & young professionals (ages 18-28)

Sunday 8th September, 8:30pm at the Harris flat

Please RSVP to either Rabbi Josh or Tali



R' Josh: 07721423316

Tali: 07721423317



Kinloss Bat Mitzvah Programme

The Bat Mitzvah Programme is a parent-child programme
open to girls in Years 6 & 7 and provides a fun and
meaningful way to prepare for your Bat Mitzvah!
Over 8 sessions, we will explore core Jewish topics through
interactive learning and activities, as well as group outings.

Dates: 9th Oct; 13th Nov; 11th Dec; 12th Jan; 5th Feb; 5th Mar;
2nd Apr; 7th May

£50 per participant
Members only

Register at
kinloss.org.uk/bat

For more information,
speak to Rebbetzin Tali
07721423317



Save
the
Date



On Shabbat 7th September
there will be a presentation
in the Main Shul at the end of the service
followed by a special kiddush in the Kinloss Suite
for the whole community to say thank you to our
outgoing COO, Shimon Gillis.

We hope you can join us.

Join the Kinloss journey!

Brand new WhatsApp groups to stay up to date
with what Kinloss is doing for YOU and to stay
connected with your Kinloss cohort.

Kinloss Youth



or go to
kinloss.org.uk/youthwa

Kinloss Students



or go to
kinloss.org.uk/students

Kinloss YPs



or go to
kinloss.org.uk/yp

TRIBE COMMUNITY MEMBERSHIP (TCM)

FOR SINGLES AGED BETWEEN 21-29

Is your child unmarried and between the age of 21 - 29?

If so, they are not covered under your family
membership and are not part of the
United Synagogue Burial Scheme.
It is essential they become members of TCM
in their own right

The cost is only £5 a month

This will also enable them to attend
weekday, Shabbatot and Chaggim
Services, and would be included in the
United Synagogue Burial Scheme.

Please sign up via the following link :
<https://portal.tribeuk.com/account/tcm/register/>



MEMORIAL BOARDS ANNUAL UPDATE 5784 / 5785

We are now offering, for a short time, the opportunity to add your loved ones' names and Yahrzeits to the beautiful Memorial Boards in the Main Synagogue Foyer.
All names will be in perpetuity.

The price of a single plaque is £850.

Please note : this cannot be Gift Aided
or paid by Charity Voucher

Bookings taken until Friday 6th September 2024

For further information please contact the office on
020 8346 8551 / office@kinloss.org.uk

Forms are available from the office - please email
office@kinloss.org.uk



KINLOSS FANTASY FOOTBALL LEAGUE

Get ready for the new season and join
the Kinloss League!

League Code: h9e0kj



MAZEL TOV TO
THE CHILDREN
IN OUR
COMMUNITY CELEBRATING
THEIR BIRTHDAYS

Joey Ebrahimoff (5)
Toby Ebrahimoff (5)
Rafael Fogelman (5)
Asher Bloch (10)

Kinloss Cares

What can we offer?

- Welfare Phone Support
- Bereavement Support

• Financial assistance
through the Phyllis
Nathan Trust
(www.kinloss.org.uk/pnt)

Advice on
communal
services

- Shopping

Contact Rochelle
020 8349 5263

kinlosscares@kinloss.org.uk

KINLOSS VOLUNTEERING

In the run up to Rosh Hashanah
and Yom Kippur, Kinloss is looking
for volunteers to take up key roles

including:

- * Fire Marshalls,
- * Welcoming,
- * Stewarding
and more

If you can help, please contact
office@kinloss.org.uk

BRIDGE CLUB

The Bridge Club meet weekly on Tuesday afternoons,
2pm-4pm in the Deal Hall, Ground Floor.

Join us for a friendly game. All are welcome with or without a
partner. Playing self-taught bridge where
a reasonable knowledge of the game is required.

Tea, coffee and biscuits are provided
£3 Kinloss Members, £5 non Members

We look forward to seeing you.

If you would like more information,
please contact Lucy on 020 8349 5267
or visit www.kinloss.org.uk/bridge

**KINLOSS DOES NOT ACCEPT
SHAIMOS / GENIZA**

**IF YOU HAVE ANYTHING YOU WISH TO
DISPOSE OF, PLEASE TAKE IT TO ONE OF THE
FOLLOWING LOCATIONS:**

**BEIS HAMEDRASH NISHMAS YISROEL,
4 BRENT GREEN, HENDON, NW4 2HA**

**SINAI GOLDERS GREEN,
54 WOODSTOCK AVENUE, LONDON, NW11 9RJ**

Friendship Club

All are welcome!

Tuesdays, 10am-1.30pm



Call Lucy on 020 8349
5267 for more details

- ✓ Socialising
- ✓ Playing cards
- ✓ Knitting
- ✓ Outings
- ✓ Lunch and Refreshments

KINLOSS

DAILY MINYAN:

SERVICES (שבת see front page)	Sun 18th 14 Av	Mon 19th 15 Av	Tues 20th 16 Av	Wed 21st 17 Av	Thurs 22nd 18 Av	Fri 23rd 19 Av
Shacharit 1		7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	8:00am	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi	7:50am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:00pm

Please support the Minyanim over the Summer. Taking place in the Liora Graham Beit Midrash.

Rabbi Heller will be away until the beginning of September.

Rabbi Fine's Shiurim will return w/c 2 September,



WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members

PLEASE join our security rotas

Please email securekinloss@yahoo.co.uk or call Martin Shiers on 07831 836 031 to volunteer and register



SHUL FOR THE MIND

All are invited to come and connect spiritually through prayer, song and of course a great kiddush

A unique prayer service for people living with dementia and their family caregivers. Professional caregivers welcome.

2024

22nd September
27th October
10th November
15th December

Sunday, 11am,
The Deal Hall
Kinloss

For more info: Rochelle in Kinloss office 0208 349 5263
kinlosscares@kinloss.org.uk




THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 17 AUGUST

Andrew Brayam	Mother
Irene Dickson	Father
Michael Jacobs	Sister
Joy Lyons	Husband
Jeremy Newman	Mother
Nasser Rahimi	Mother
Zena Wagner	Father

Sunday 18 AUGUST

Jonathan Barr	Mother
Nigel Howard	Father
Maurice Lazarus	Mother
Melanie Mark	Father
Monique Solomon	Father
Sylvia Spiro	Father

Monday 19 AUGUST

Keith Gilbert	Father
Barbara Hoddes	Father
Jonathan Lewis	Wife
John Loftus	Father
Jason Marantz	Mother
Natalie Miller	Sister
Pamela Plesner	Mother
Sara Silverman	Mother

Tuesday 20 AUGUST

Elisa Angel	Father
David Cavendish	Father
Michael Cavendish	Father
Elliot Choueka	Father
Alan Edwards	Father
Gillian Pincus	Father
Marisa Wynbourne	Mother

Wednesday 21 AUGUST

Sandra Delroy	Father
Alan Laurier	Father
Gloria Matz	Husband

Thursday 22 AUGUST

Rodney Geminder	Mother
Gerald Kirsh	Father
David Lightstone	Mother
Leonard Stern	Mother
Jonathan Tapnack	Father

Friday 23 AUGUST

Gloria Fox	Mother
Ivor Freedman	Mother

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat
at 10:15am in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser



**Kinloss JAMI Ambassador
is Richard Kafton**



Mobile no: 07973 986344

Email: richard.kafton@cedarhfs.co.uk
<https://jamiuk.org/tipsonmanaginganxiety/>

Kinloss Membership Bills for 2024/2025

The new membership bills from Pesach 2024 were sent out to everyone in February.

If you haven't already done so, could you please pay your invoices via:

* Online BACS payment

* The member portal <https://myus.theus.org.uk/login>

* If you would like to pay by Credit / Debit Card over the phone
Please call Kinloss Office on 020 8346 8551

CONSECRATIONS:

29/09/2024 09:30am in Bushey New in memory of Alicia Lewis z'l

FINCHLEY SYNAGOGUE USEFUL CONTACT DETAILS:

Ian Kamiel, Interim COO: 020 8349 5264
Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423316
Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423317
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263

