

2/3 FEBRUARY 2024

כ"ד שבט תשפ"ד

SHABBAT WILL START AT 4:36pm AND TERMINATE AT 5:43pm

Shabbat Mevarchim Rosh Chodesh Adar I. Rosh Chodesh is next Friday and Shabbat

**Mazel tov to Meidan Berke on his Bar Mitzvah.
We extend a warm welcome to his family and guests.**

FRIDAY NIGHT

4:40pm Friday Night Minyan LaShir in the Liora Graham Beit Midrash

4:40pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall

4:30pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

Following the services there will be a Community Chicken Soup Kiddush in the Small Deal Hall

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

Rabbi Dr Raphael Zarum's Rambam Shiur will not be taking place this week
and will return on 10th Feb

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Chazan Shimon and Daniel Cohen
Rabbi Heller will speak

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Meidan Berke
Rabbi Moshe Levy will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Neil Hamburger
Rabbi Cobi Ebrahimoff will speak

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Daniel Frankl & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Sam Ellis & Ellie Marantz
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

**This week's Kiddush is sponsored by Hila and Jonathan Berke
on Meidan's Bar-Mitzvah**

12:30pm Early Mincha in the Main Synagogue

SHABBAT AFTERNOON

3:30pm - 5:00pm Bnei Akiva

4:35pm Mincha followed by Shiur by Rabbi Josh Harris

5:43pm MA'ARIV & TERMINATION OF SHABBAT in the Liora Graham Beit Midrash

**This week's newsletter is sponsored by Family Berke
on the occasion of Meidan's Bar-Mitzvah**

D'VAR TORAH BY REBBETZEN TAL HARRIS

This week Parsha opens with Yitro, Moshe's father-in-law, coming to join Bnei Yisrael in the desert. The text relays to us how Yitro had heard about the miracles which God had performed for Moshe and Bnei Yisrael with the Exodus from Egypt and that it was this news which pulled Yitro to go out to meet with his son-in-law.

However, upon meeting Moshe and hearing this news from Moshe himself, Yitro throws a feast and brings sacrifices to Hashem. There was seemingly something about hearing this news for the second time and the way in which Moshe related it that had an even greater impact on Yitro.

If we look closely, there are some slight differences between the way we are initially told about Yitro hearing the news of the Exodus and how Moshe relays it. On the first occasion, we are told that God took Bnei Yisrael out. On the second occasion, Moshe says that God saved Bnei Yisrael. In addition, Moshe also uses language which implies that the Exodus happened on behalf of Bnei Yisrael rather than to them. Lastly, Moshe adds on how Hashem has also saved Bnei Yisrael from all the additional hardships which had happened to them since leaving Egypt.

It is interesting to note that all of Moshe's additions seem to relay a clear message: Hashem did not do all the miracles of the Exodus to show the world his greatness. The miracles which Hashem performed were all with the goal of helping to implement the nation of Bnei Yisrael as the chosen nation.

The Exodus was not just a performance of God's great powers, rather it was a process in inaugurating Bnei Yisrael as God's nation. While this may seem elementary to us, to Yitro this was incredibly novel. Yitro was a Midianite priest who many commentators regard as having been idolatrous in his earlier years. For Yitro, witnessing a God who had interests beyond His own power, who desired a partnership with humanity, so much so that he would enact great miracles for his chosen people, was completely astonishing. It is due to this new perspective on the Exodus which Moshe gives him that Yitro feasts and brings sacrifices to Hashem. This new understanding of Hashem and what he stands for leaves Yitro in awe.

This story thus marks a perfect transition story from the miracles of the Exodus to the miracles of Sinai. It helps us to understand the gravity of what is happening and the important role which Bnei Yisrael have been given in this world.

YITRO STATISTICS

Mitzvot: 17 of the 613 Mitzvot, 3 positive and 14 negative
Verses: 75 (8th shortest of the 54 Sidrot)
Words: 1105 (9th shortest)
Letters: 4022 (9th shortest)
Haftarah: 21 verses (joint 31st longest of the 80 Haftarot)
Today's Shlishi is the shortest Shlishi of the Torah. The Ten Commandments are read in Shishi. Did you know that there are 15 mitzvot in the "Ten Commandments"?
The three shortest verses of the Torah are to be found in Shishi (i.e. Exodus 20:13-15).

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	445	288	394
Haftarah	464	302	1154

KINLOSS YOUNG COMMUNITY

Mazal tov to Blake Benjamin on winning the children's service choir raffle!

COMING SOON



Highlights
from this
week's
Parsha &
Paint Night

16
MAR

**MUSSAF
MISHPACHTI**

It's back!



**FAMILY PURIM
SEUDA**

Sunday morning breakfast Seuda & family Megillah



24
MAR

20
APR

**CHILDREN'S
SERVICE LUNCH**

A week off cooking the Shabbat before Pesach!



**WOMEN'S ROSH
CHODESH SHIUR**

With Rebbetzin Tali Harris!



12
MAR



WHATSAPP

KINLOSS.ORG.UK/KYC



Yesterday, at the invite of Simcha Greiniman, the Zaka volunteer I met in Israel last week, I attended a panel session at the Houses of Parliament titled 'Hamas' Barbaric Sexual Crimes Against Israelis on October 7'. In addition to Simcha, we also heard from Kemi Badenoch MP (Minister for Women and Equalities) and heard first hand evidence from a female IDF reservist that examined the bodies of female soldiers, a female Chief Superintendent at the Israel Police and from Ashley Bakshi, the cousin of 19-year old hostage, Agam Berger. All of these reports were harrowing and extremely difficult to hear. At the end of Ashley's speech about her cousin who is in captivity in Gaza, Kemi Badenoch led a standing ovation as she wiped away tears from her face. and I sincerely hope she relays everything she heard back to the Prime Minister and stays true to her word to continue doing everything the government can to bring the hostages home. The world is forgetting. The world is questioning. It's so important to ensure these stories are told and heard. It's our duty to bear witness to the atrocities and horrors committed by Hamas and to make sure the world understands the inhumane nature of the terrorists we are dealing with. I felt it was important to share my experience of yesterday to both show that there are people who are listening and willing to hear the evidence and reports of October 7, and to encourage all of us to continue being Israel advocates and to not allow the world to forget and forgive the war crimes committed by Hamas.





MIZRACHI
UNITED KINGDOM

Stories from Israel

Rabbi Yehoshua Grunstein



Over Chanukah, we thanked G-d for the "Ge'vurot"/Heroism, usually referring to heroes of the past. But Israel of 2024 has so many, that the more proper ending (see Levush, OC, 682/2) for the opener of "Al Ha'Nissim" should be "Ba'ya'mim Ha'hem U'vez'man ha'ze"/for THEN and for NOW.

Beyond heroes at the front, there are many around the country, and allow me to share one: Kibbutz Saad on the Gaza border was evacuated to a hotel at the Dead sea. With the sheer difficulty of not being home for over 3 months, they refused to get used to having their meal prepared, let alone their rooms cleaned. They insisted on doing the former, helping out around the hotel, and even preparing dinner for the entire hotel staff in gratitude.

Hamas ימ"ש, have obliterated many Jewish souls, but not the Jewish human dignity.



+44 (0) 208 004 1948

mizrachi.org.uk

uk@mizrachi.org



TU BISHVAT SEDER



In a 'Kinloss first' last week saw an unique cooperation between Kinloss and Leket, Israel's National Food Bank had some 100 people hosted in members' homes for a guided seder, using a 'homegrown' text (thank you Rabbi Josh) and fruit provided by the synagogue. The seder was planned by the Education Committee to reinforce the link between our community

and the Land of Israel, especially at this time.

We had exclusive video contributions from Chief Rabbi Mirvis, the Israel Ministry of Agriculture and the CEO of Leket, which brought home the religious, historical and national relevance of the festival to participants.

Leket reports that, thanks to our donations on the evening, some 700 Israelis, homebound under siege in the south, will receive hot meals thanks to our help. Feedback (no pun intended!) has been very positive and we are already looking to make this an annual event.



**Tu Bishevat - Tulip & Bulb Planting,
28th January on Charter Way
(opposite Kinloss)**



KINLOSS



New Art Workshop with Artist **Lee Matthews**

Join us for a two day drawing and painting workshop. Suitable for all levels, from curious beginners to those looking to enhance their skills. We will draw and paint from still life in a relaxed, open and friendly course.



**WEDNESDAY 21ST
& 28TH FEBRAURY
1PM - 3PM**

£50 FOR THE 2 WORKSHOPS
Oil paints, brushes and solvents will be provided. A short suggested supply list will be sent upon enrolment.

WWW.KINLOSS.ORG.UK/WORKSHOP

FEBRUARY 2024 EVENTS

Friendship Club

All are welcome!



Tuesdays, 10am-1.30pm



- ✓ Socialising
- ✓ Playing cards
- ✓ Knitting
- ✓ Outings
- ✓ Lunch and Refreshments

Call Lucy on 020 8349 5267 for more details

KINLOSS

BRIDGE CLUB

The Bridge Club meet on Tuesday afternoons, 2pm-4pm in the Deal Hall, Ground Floor.

The club meets weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members.

If you would like more information, please contact Lucy on 020 8349 5267 or visit www.kinloss.org.uk/bridge



KINLOSS

Art Class with Bettina Caro

KINLOSS

Art Group for budding and experienced artists in the community who are keen to join us for painting, coffee and fun. There will be an art teacher in attendance who will give structured lessons on the various art techniques and mediums.

KINLOSS ART CLASS

THURSDAYS FOR 6 WEEKS
10AM-1PM

ALL WELCOME

BOOK VIA
WWW.KINLOSS.ORG.UK/ART



THE CROWN THE FINAL SEASON



The sixth season and final season, is set from 1997 to 2005, during the premiership of Tony Blair. Events depicted include the death of Diana, Princess of Wales, the Golden Jubilee of Elizabeth II, the deaths of Princess Margaret & Queen Elizabeth The Queen Mother, the early relationship of Prince William & Kate Middleton, and the wedding of Prince Charles & Camilla Parker Bowles.

**Monday Afternoons
5, 12, 19 & 26 Feb**

**DOORS OPEN 1.45PM
SCREENING STARTS 2PM
NEMETNEJAD ROOM**

KINLOSS MEMBERS £3, NON MEMBERS £4

KINLOSS

FEEL FREE TO TURN UP, NO NEED TO BOOK!

LITTLE EXPLORERS

FOR CHILDREN 0-3YRS

**Fridays (Term Time)
from 19th January
10AM-11AM**

For more information, contact
Tanya 07779 002 269

£6 PER CHILD/
£10 FOR FAMILY



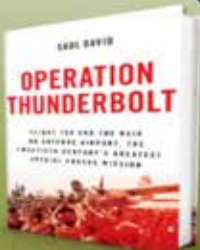


Bring your little explorers to Kinloss for a morning filled with fun, play and music. A great opportunity to meet new friends as well as to let your little ones explore a range of toys in a safe and contained environment.

KINLOSS

FEBRUARY 2024 EVENTS

IN CONVERSATION & CLIPS FROM THE FILM 'RAID ON ENTEBBE'



SAUL DAVID

The definitive account of one of the greatest Special Forces missions ever, the Raid of Entebbe.



Professor Saul David is a Sunday Times military historian, novelist and broadcaster. Having written and published an extensive collection of military books, presented BBC documentaries on the armed forces and lectured regularly at the University of Buckingham, Saul is a superb military speaker.

MONDAY 19TH FEBRUARY, 8PM

BOOK NOW VIA QR CODE OR
WWW.KINLOSS.ORG.UK/SAUL



KINLOSS

Kinloss Cares

What can we offer?

• Welfare Phone Support

• Bereavement Support

• Financial assistance through the Phyllis Nathan Trust
(www.kinloss.org.uk/pnt)

Advice on communal services

• Shopping

Contact Rochelle
020 8349 5263

kinlosscares@kinloss.org.uk

SHUL FOR THE MIND

Is a unique prayer service for people living with dementia and their family carers. (Professional carers are welcome).

Sunday 4th February at 11am
in the Large Deal Hall

All are invited to come and connect spiritually through prayer, song and of course a great kiddush.

Contact Rochelle in the office on
0208 349 5263

KINLOSS

KINLOSS cares
about you

Chaps for Chat & Monday Matters

Guest Speaker
Marie Anne Dwek
*"Relationships & Friendships
- how to stay connected"*

MONDAY 19TH FEBRUARY | 11:00 AM

THE DEAL HALL

Chaps for Chat & Monday Matters are discussion groups for men and women followed by a Speaker and Lunch.

Please RSVP by Thursday 15th February:

0208 349 5263/07517 577 019

email: kinlosscares@kinloss.org.uk

New Training Dates from United Synagogue Chessed Department

KINLOSS

Bereavement Befriending Training for volunteers (4 sessions)
27th February, 5th, 12th, 19th March @ 19.30-21.30

KINLOSS cares
about you

All training will be held online via Zoom.

Each course requires attendance for all sessions.

For further details please contact Rochelle @ Kinloss Cares: 0208 349 5263/ 07517 577 019



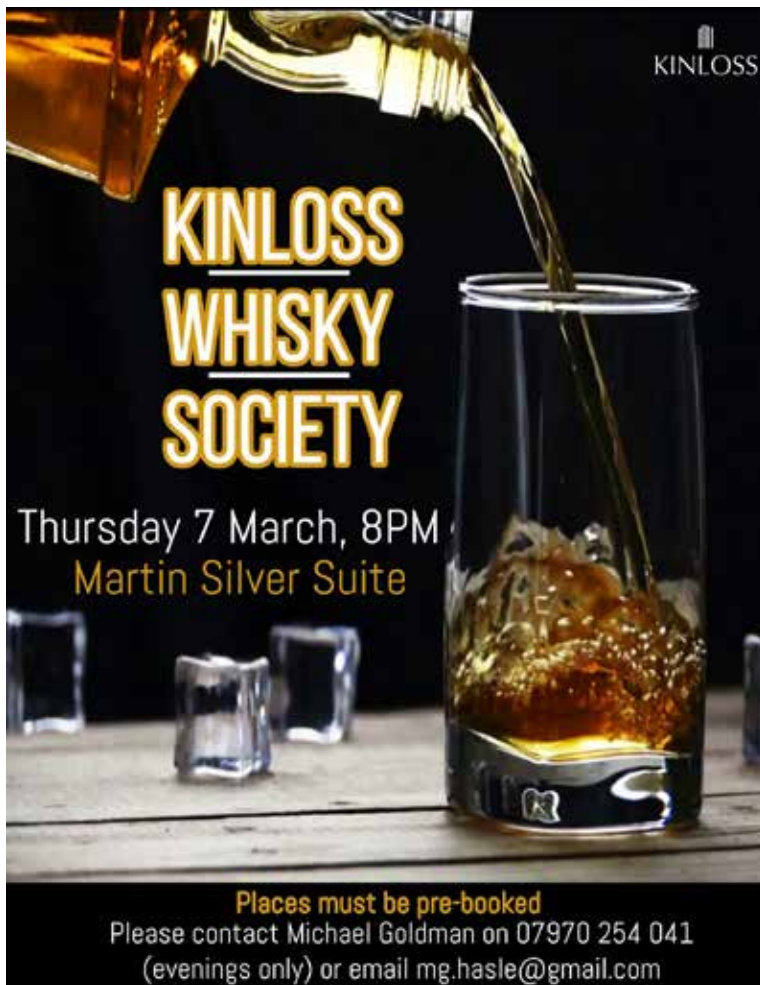
MEIDAN BERKE

Mazel Tov to Meidan on his Bar Mitzvah.

Meidan has two siblings, Liran and Naor.
and he attends Immanuel College.

His hobbies are maths, computing, science,
badminton, and rock climbing.

* Mazel Tov to Hila, Jonathan, Liran and Naor Berke on the occasion of Meidan's Bar Mitzvah. Mazel Tov also to proud grandparents, Miriam Binyamini and David & Anita Berke. Remembering Yefet Binyamini and Esther Berke at this happy time.



KINLOSS WHISKY SOCIETY

Thursday 7 March, 8PM
Martin Silver Suite

Places must be pre-booked
Please contact Michael Goldman on 07970 254 041
(evenings only) or email mg.hasle@gmail.com



**MAZEL TOV TO
THE CHILDREN
IN OUR
COMMUNITY CELEBRATING
THEIR BIRTHDAYS**

Lily Marks (6)
Jonah Goodman (12)
Oliver Reches (11)
Tamara Samuels (11)
Rachel Nourani (10)

**PLEASE NOTE WE DO NOT
ACCEPT SHAIMOS/GENIZA**

IF YOU WOULD LIKE TO DISPOSE, PLEASE TAKE
IT TO ONE OF THE FOLLOWING LOCATIONS:

BEIS HAMEDRASH NISHMAS YISROEL,
4 BRENT GREEN, HENDON, NW4 2HA
OR
SINAI GOLDERS GREEN,
54 WOODSTOCK AVENUE, NW11 9RJ



BNEI AKIVA
UNITED KINGDOM

KINLOSS
BNEI AKIVA

SAVE

THE

**SHABBAT
HA'IRGUN**

23RD/24TH FEBRUARY

2024

DATE



Andee Roback and Lynne Silver present

"Dear Phylis"


KINLOSS


The
United
Synagogue


chai cancer care
together we can cope

A Joint Venture with Kinloss and Chai Cancer Care

The presentation is about...

Letters and diaries found in a box and brought back to life.

Journey with us from May 1939, through the war years and beyond, as we tell the uplifting and true story of Phylis, a 16 year old schoolgirl from North London.

We explore her family, her life and her one true love.

SUNDAY 3RD MARCH
DOORS OPEN: 7PM
PROMPT START: 7.30PM

£15 KINLOSS MEMBERS
£20 NON MEMBERS

including light refreshments after performance

BOOK VIA
WWW.KINLOSS.ORG.UK/LETTERS

"Well done ... very touching ... a story of the very best in human dignity and love, set against a backdrop of the very worst of humanity."

Marc S, film director, winner of Sundance Film Festival

"I wanted to thank you for a remarkable evening. I was overwhelmed by your dedication to research for this presentation and putting a wonderful true story together."

Shelley G

"...so professional, so interesting, so moving and such an inspirational lesson for living life."

Maraot C



Reminder:

Kinloss is a nut free zone

**Please do not bring any food with
peanuts or traces of nuts to be
consumed on these premises**


KINLOSS

DAILY MINYAN:

SERVICES (שבת see front page)	Sun 4th 25 Shevat	Mon 5th 26 Shevat	Tues 6th 27 Shevat	Wed 7th 28 Shevat	Thurs 8th 29 Shevat	Fri 9th 30 Shevat Rosh Chodesh
Shacharit 1	8:00am Shiur with Rabbi Laitner followed by breakfast	7:00am	7:00am	7:00am	7:00am	6:50am
Shacharit 2		8:00am	8:00am Shiur with Rabbi Fine	8:00am Shiur with Rabbi Heller	8:00am Shiur with Rabbi Heller	8:00am
Sephardi	7:50am	6:30am	6:30am	6:30am	6:30am	6:20am
Mincha / Ma'ariv	4:45pm	4:45pm	4:45pm	4:45pm	4:45pm	4:50pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash



**WEEKLY
SHIURIM**
with Rabbi Fine

Short Shiurim on the Politics of the Megillah

Study political themes that underlie the Megillah and its fascinating story and consider how they help our appreciation of Purim today.

Sunday mornings, from the end of Shacharit until approx. 9am, with Rabbi Michael Laitner

TRIBE COMMUNITY MEMBERSHIP (TCM) FOR SINGLES AGED BETWEEN 21-29

**Is your child single
and between the age of 21 - 29?**

If so, they are not covered under your family membership and are not part of the United Synagogue Burial Scheme. It is essential they become members of TCM in their own right

The cost is only £5 a month

This will also enable them to attend weekday, Shabbatot and Chaggim Services, and would be included in the United Synagogue Burial Scheme.

Please sign up via the following link :

<https://portal.tribeuk.com/account/tcm/register/>



MONDAY 1.30pm
Ladies' Zoom Shiur in conjunction with 'Emunah' - Themes on Sefer Bemidbar.

TUESDAY 8.40am
In the Beit Hamidrash, Sefer Pele Yoetz - an encyclopaedia of Judaism.

FRIDAY 10.30am
Zoom on Rabbi Isaac Bernstein's Drashot on the Parsha.

Monday & Friday zoom available via
www.kinloss.org.uk/rabbifine

KINLOSS

VOLUNTEERS NEEDED

We are looking for 2 volunteers to set up and clear away the Friday Night Kiddush weekly.

Please sign up via www.kinloss.org.uk/friday

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 3 FEBRUARY

Barbara Bleiberg	Father
Stephanie Ferster	Mother
Gerald Gershon	Mother
Alexander Langdon	Father
Karen Leigh	Mother
Ronald Rosenblatt	Father
Heather Taylor	Mother

Sunday 4 FEBRUARY

Susan Brett	Mother
Aubrey Moher	Father
Susan Shrago	Mother

Monday 5 FEBRUARY

Felice Crown	Husband
Elizabeth Feldmann	Mother
Frances Glassberg	Mother
Vivienne Mervis	Mother
Clive Rubin	Step Mother
Roberta Sanford	Father
Myrna Taylor	Father

Tuesday 6 FEBRUARY

Malcolm Chaplin	Father
Rosalind Fine	Father
Barry Frey	Brother
Evelynne Garbacz	Mother
Izydor Geffner	Mother
John Miller	Mother
Ruth Pittack	Father
Gail Silver	Brother

Wednesday 7 FEBRUARY

Carol Cantor	Father
Jennifer Morris	Mother
Hanna Nisse	Brother
Monica Simons	Father
Jonathan Wynbourne	Brother

Thursday 8 FEBRUARY

Helen Barget	Father
Daniella Ebrahimoff	Father
Adrienne Sussman	Mother
David Watson	Mother

Friday 9 FEBRUARY

Alistair Halpern	Father
Gerry Lucas	Sister
Philip Platt	Mother
Lorraine Silver	Mother
Raphael Zarum	Father

ANIM ZEMIROT CLUB

Come and learn to sing
Anim Zemirot
Our club will meet every
Shabbat
at 10:15am
in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

Would you like to
sponsor a Kiddush
in the Minyan on
Shabbat?

Please sign up via:

www.kinloss.org.uk/minyankiddush



**Kinloss JAMI Ambassador
is Richard Kafton**

KINLOSS

Mobile no: 07973 986344

Email: richard.kafton@cedarhfs.co.uk

<https://jamiuk.org/tipsonmanaginganxiety/>

CONDOLENCES:

* David Ebrahimoff, Lydia Elhyani, Freda Karmely and Michelle Azizollahoff on the passing of their mother, Raya Ebrahimoff Z"L

CONSECRATIONS:

11/02/2024 11:00am in Bushey Old in memory of Sarah Aaronson OBE Z"L

22/02/2024 1:30pm in Adath Yisroel Cemetery, Silver Street, Cheshunt in memory of Willy Steinberg Z"L

27/3/2024 9.30am in Bushey New in memory of Latif Blass Z"L

31/03/2024 1:30pm in Bushey Old in memory of Hanukah (Harry) Levy Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423316

Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423317

Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

