KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

מטות מסעי
MATOT-MASEI

בס"ד

KINLOSS
WWW.KINLOSS.ORG.UK

14 / 15 JULY 2023

כ"ו תמוז תשפ"ג

SHABBAT WILL START AT 8:58pm AND TERMINATE AT 10:13pm

Rosh Chodesh Av is Wed 19th

FRIDAY NIGHT

Earliest Candle Lighting Time is 7:31pm

Friday Night sing-a-long Minyan will resume in September

7:15pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall

7:15pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

Rabbi Dr Raphael Zarum's Rambam Shiur is not on this week

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji



9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Chazan Eli Sufrin
Rabbi Daniel Rowe, Senior Educator of Aish UK will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Carl White
Rabbi Daniel Rowe, Senior Educator of Aish UK will speak

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ellie Marantz & Gila Schajer
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

This week's Kiddush will be in the Kinloss Suite sponsored by
Joyce Grossmark on her 90th birthday

SHABBAT AFTERNOON

8:50pm Mincha followed by Seuda Shelishit with
Joanne Greenaway in the Small Deal Hall
Titled "The first Jewish PreNuptial Agreement"
Sponsored anonymously

10:13pm MA'ARIV & TERMINATION OF SHABBAT in the Liora Graham Beit Midrash

This week's Kol Kinloss is sponsored in loving memory of Ron Rappoport
Hillel Ben Yisrael Natan HaCohen Z"L

Are we there yet? – Leora and Harry Salter

אֵ֚לֶּה מַסְעֵ֣י בְנֵֽי־יִשְׂרָאֵ֗ל אֲשֶׁ֤ר יָצְאוּ֙ מֵאֶ֣רֶץ מִצְרַ֔יִם לְצִבְאֹתָ֖ם בְּיַד־מֹשֶׁ֥ה וְאַהֲרֹֽן׃

These were the marches of the Israelites who started out from the land of Egypt, troop by troop, in the charge of Moses and Aaron. (Numbers 33:1)

Parashat Masei recalls the journeys of the Bnei Yisrael in the wilderness and mentions forty-two geographical names they passed on their travels. Rashi, along with other commentators, asks why are all the stations recorded? Surely it seems superfluous and the Torah could have just mentioned that the Bnei Yisrael travelled on a journey without mentioned all the places they went passed.

Rashi offers two answers to this question. The first answer is to show the kindness that Hashem brought to the Bnei Yisrael. Although the wondering in the wilderness was decreed by Hashem, one should not think that they just did nothing in the desert for forty years. The journey is set out in detail to show that the Bnei Yisrael were not just sleeping all day and were rather strengthening their bond with Hashem.

The second answer offered by Rashi is through a parable. It may be compared to the case of a king whose son was ill and whom he took to a distant place to cure him. When they returned home the father began to enumerate all the stages, saying to him, “Here we slept, here we caught cold, here you had the head-ache, etc.” The journey is set out to show how much Hashem cared about the Jewish people, even after they have sinned.

Nachmanides comments that the journey is set out in detail so that people would be unable to say that the Bnei Yisrael had it easy and just got handed the Land of Israel on a silver plate. Such assumptions are laid to rest with the detailing of the journey.

Dr Erica Brown writes in her book *Leadership in the Wilderness: Authority and Anarchy in the Book of Numbers* that by the time we read the list on Shabbat, we feel utter fatigue of the journey. We care less about the stops on the journey and more about the ending. However, for the people on the journey, it strengthen their belief in the Land of Israel and made it more appealing. Dr Brown quotes Rabbi Lunshits who explains that relative to the length of the journey, the forty-two temporary lodging spots were not many but each place had something to teach the Bnei Yisrael about life in their community.

All of the explanations highlight the need to document the journey. Whether it is to show us, the reader, that Hashem cared about the Bnei Yisrael, even after they had sinned, or to show that the Bnei Yisrael did not have an easy journey, or to show the importance of each stop, each explanation teaches us that in life, the journey is just as important as the destination. Doing the right thing is important, but doing it in the right way is equally as important.

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	955	702	900
Haftarah (for Masei)	984	725	1193

Matot Statistics
Mitzvot: 2 of the 613 mitzvot, 1 positive and 1 negative
Verses: 112 (24th longest of the 54 Sidrot)
Words: 1484 (29th longest)
Letters: 5652 (30th longest)

Masei Statistics
Mitzvot: 6 of the 613 mitzvot, 2 positive and 4 negative
Verses: 132 (12th longest of the 54 Sidrot)
Words: 1461 (32nd longest)
Letters: 5773 (28th longest)

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THE NINE DAYS

The most intense part of this three week period is the 'Nine Days', from Rosh Chodesh Av (the start of the month of Av) until Tisha B'Av itself inclusive. During this time, we mourn the destruction of the Holy Temples in Jerusalem, along with associated tragedies, as well as reflecting on our continuing exile from the Land of Israel. This year, Rosh Chodesh Av falls on 19th July 2023.

The Talmudic and subsequent rabbis instituted a number of 'mourning' practices during the three weeks to help us focus on the lessons and ramifications of this time of year on Jewish history.

In Ashkenazi communities, the practice is to abstain from haircuts, shaving, listening to performance music, saying the 'shehecheyanu' blessing, celebrating joyous occasions such as weddings or buying expensive new items (unless for a mitzvah or if the clothes will not be available subsequently or if you will miss a major sale) for the whole of the three weeks.

During the 'nine days' from the start of the month of Av until the fast (inclusive), we do not eat meat nor drink wine (except on Shabbat or at a brit milah meal or siyum), wash clothes or bathe other than for hygienic purposes rather than for enjoyment. In addition, we observe the following practices:

Washing clothing (except for a baby's), even if those clothes will not be worn during the Nine Days, or wearing freshly laundered outer clothing.

Only swimming or bathing for health or hygiene, not for pleasure.
We do bathe in the usual way before Shabbat.

Redecorating or doing building works.

Buying, sewing, weaving or kniting new clothing—even if they will be worn only after the Nine Days.

Exceptions to this rule:
(a) If you will miss a major sale, or if the garment will be unavailable later.
(b) For the purpose of a mitzvah, such as purchasing new clothing for a bride and groom.

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For Havdallah during the Nine Days, we usually use beer or coffee rather than wine or grape juice. If beer or coffee are unavailable or not feasible, wine or grape juice can be used.

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We are delighted to welcome
Rabbi Daniel Rowe, Senior Educator of Aish UK this Shabbat

Rabbi Daniel Rowe is the former Executive Director and current Senior Educator of Aish UK. He holds a BA in Philosophy from University College London and an MPhil in Philosophy from Birkbeck College. He studied for a decade in Israel in various Talmudic institutes and is considered one of the most dynamic Jewish speakers in the UK, teaching in campuses, communities and schools across the country.

Rabbi Rowe is known for his ability to tackle difficult topics and has numerous videos and articles online. In 2016, Rabbi Rowe took part in a live televised debate with a leading atheist, dubbed "The God Debate".

Rabbi Rowe has played an instrumental role in the creation and development of many organisations and initiatives such as the Forum for Jewish Leadership, the Aleinu Conference and Shabbat UK.

JULY 2023 EVENTS

EXCLUSIVE EVENT:

UK Ambassador Designate, Simon Walters, in Conversation with Natasha Hausdorff



Simon Walters most recently served as Director of National Security for the Middle East and Africa in the Foreign, Commonwealth and Development Office. He has previously been posted to Saudi Arabia, Iraq, and Yemen, and from 2008 to 2011, served in Her Majesty's Consul in Jerusalem. He will take up his new appointment in August this year and has been undertaking an intensive course in Hebrew in preparation.



Natasha Hausdorff is a barrister at Six Pump Court Chambers, a frequent speaker on international law and a commentator on the Arab Israeli conflict. She clerked for the late Chief Justice Miriam Naor, President of Israel's Supreme Court, and was a Fellow at Columbia Law School's National Security Law Program. Natasha serves as legal (UKLFI) director of 'UK Lawyers For Israel Charitable Trust'.

Tuesday 18th July at 8pm

www.kinloss.org.uk/walters

Members (Kinloss & NJA) - £5 / Non Members - £7

Including light reception

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NJA National Jewish Assembly

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Sponsor the New Chief Rabbi's Siddur



We are purchasing new Siddurim and offering all members the opportunity to donate a Siddur.

£14 per Siddur

www.kinloss.org.uk/siddur

KINLOSS cares



The Shabbat Luncheon Club will take place in the Deal Hall after Kiddush in the main service.

Tisha B'Av at Kinloss

26th July

Fast in 8:58pm | Maariv & Eicha 9:00pm

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27th July

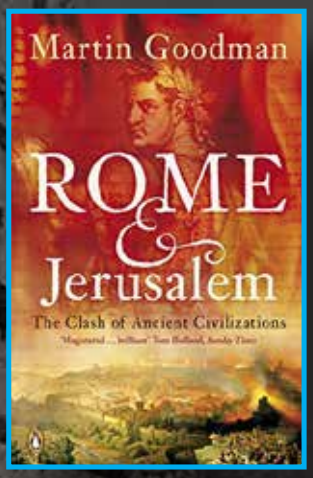
7:15am Joint Shacharit (Main synagogue)

2:00pm Early Mincha

6:30pm **Professor Martin Goodman,** author of *Rome & Jerusalem: The clash of Ancient Civilizations,* chaired by Jeremy Mindell. Martin Goodman has divided his intellectual life between the Roman and Jewish worlds. He has edited both the Journal of Roman Studies and the Journal of Jewish Studies. He has taught Roman History at Birmingham and Oxford Universities, and is currently Professor of Jewish Studies at Oxford.

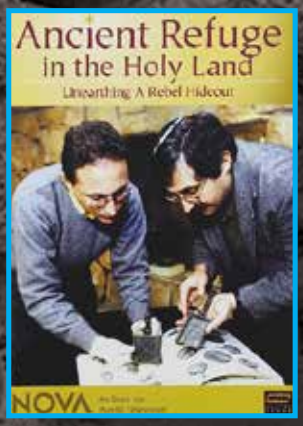

MG


JM



7:15pm 2nd Mincha

8:00pm **Nova: Ancient Refuge in the Holy Land**
Nova follows an archaeological expedition into the Cave of Letters and examines the Jewish Bar Kokhba revolt against the Roman Empire.



9:15pm Maariv

9:49pm Fast Terminates

JULY 2023 EVENTS

All Welcome

SEUDA SHELISHIT

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A new season at Kinloss - Inspiring Speakers - Great Company - and Food!



Joanne Greenaway
15 July, 9.15pm



Shalvie Friedman
22 July, 9.05pm



Rabbi Nicky Liss
29 July, 8.50pm



Simon Goulden
5 August, 8.35pm

Mincha commences 25 minutes before the start of the Seuda each week.

If you are able to help with ***setting up*** the Seuda - if you are happy to ***sponsor*** a Seuda, Please contact the Office - office@kinloss.org.uk - 020 8346 8551

Kinloss is delighted to welcome Seuda Shelishit Speaker this week Joanne Greenaway

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Joanne Greenaway is the Chief Executive of London School of Jewish Studies (LSJS). She is a trained lawyer with over a decade's experience in international arbitration and public international law. In 2004, after switching to focus on the Jewish community, she created a new role within the London Beth Din, helping people in difficult cases of Get refusal and finding new avenues to resolve cases.

Jo has a degree in Modern Languages (French, Spanish, and Italian) from Queens' College, Cambridge University, and a Post-Graduate Diploma in Law. She is also a graduate of the LSJS Susi Bradfield Educational Leadership programme, the Chief Rabbi's Ma'ayan programme, and the JLC (Jewish Leadership Council) Gamechangers Senior Leadership programme.

JULY 2023 EVENTS



YIZKOR BOOKLET 5784 - 2023/24

During Yizkor, we recite a special memorial prayer for each of our relatives whom we wish to remember, and this is your opportunity to include their names in the Yizkor Booklet.

Letters were sent out by post.

IN ORDER TO MEET DEADLINES WITH THE PRINTERS, WHEN YOU RECEIVED YOUR LETTER, COULD YOU PLEASE COMPLETE AND RETURN THE FORMS AS SOON AS POSSIBLE,

BUT NO LATER THAN FRIDAY 21st JULY 2023

If you have not receive a letter, or have any queries,
please contact the Shul office on 020 8346 8551
or by email to yizkor@kinloss.org.uk

SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS. THE GROUP READ ALOUD AND WE DISCUSS IT. NO NEED TO PREPARE ANYTHING IN ADVANCE, COME AND HAVE A CUP OF TEA WITH US AND ENJOY THE GROUP.

MONDAY 31 JULY
@ 2pm
in The Rabbi's Office at Kinloss

Tea, coffee and biscuits will be provided
and there is a weekly cost of
£3 Kinloss Members and £4 non Members

For more information, please speak to:
Kate Fulton on 07801 911 481 or
kathrynfulton@hotmail.com

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SHUL FOR THE MIND

Is a unique prayer service for people living with dementia and their family carers.
(Professional carers are welcome).

Sunday 16th July at 10:45am
13th August at 10:45am
10th September at 10:45am
in the Large Deal Hall

All are invited to come and connect spiritually through prayer,
song and of course a great kiddush.

Contact Rochelle in the office on 0208 349 5263


Israeli Ambassador in conversation with Lord Jonathan Kestenbaum
at Kinloss on Tuesday 11th July 23
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KINLOSS cares about you
Chaps for Chat & Monday Matters
with Speaker Jonathan Goldstein
on Wednesday 12th July 23
If you would like to find out about future meetings please contact:
Rochelle 0208 349 5263/07517 577 019.

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Kinloss Jewish Art Fair on Sunday 9/7/23 which raised £4,000 for Chai Cancer Care and was very well attended



















AUGUST 2023 EVENTS

Shmingl

KINLOSS



MOVIE EVENING

WED 2 AUG @ 8PM

Crisps, popcorn, sweets, chocolates, drinks & wine

£20 per head - discount early bird by 20th July

www.kinloss.org.uk/shmingl

Shmingl is a new initiative for singles aged 20 - 28. For more information, please contact Gabriella on 07831 600977

MAZEL TOV - מזל טוב

* Mazel Tov to Joyce Grossmark on her 90th birthday.

* Mazel Tov to Donald Breslaw on his 100th birthday.

* Mazel Tov to Marian & Leonard Stern on the Bar Mitzvah of their grandson Shalom Zvi Yehuda, son of Julian & Dr Anna Stern.

Membership Bills for 2023/2024

You have received your new membership bills from Pesach 2023 in the post.

If you haven't already done so, could you please pay your invoices via:

* Online BACS payment

* The member portal https://myus.theus.org.uk/login

* If you would like to pay by Credit / Debit Card over the phone, please call Denise on 020 8346 8551



ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat
at 10:15am
in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

PEACE OF MIND

Peace of Mind together with Kinloss are bringing a group of Combat Veteran Israeli soldiers to the UK for group therapy.
The group were drafted in 2000 and were part of a special unit called Palsar Givati.
We will be bringing over 15 – 20 veterans who all served together.

The dates for the group is 29 October to 5 November.

We are looking for 10 family hosts. Each host will house 2 veterans.
The veterans can share the same room.

To view more information click here
https://www.youtube.com/watch?v=rGwfpBC1RC0

If you are able to host, please email Shimon on shimon.gillis@kinloss.org.uk

KINLOSS tribe

Matot-Masei

9:25am - Breakfast Shmooze in Youth Flat

9:45am - Youth Service - Liora Graham Beit Midrash

Followed by a Dvar Torah and an ice cream and doughnut Kiddush sponsored by the winning Kinloss Team!

THIS WEEK IS THE LAST YOUTH SERVICE UNTIL THE NEW ACADEMIC YEAR

Well done to the Kinloss Team on winning the Tribe-a-Side tournament on Sunday! They will be presented the trophy on Shabbat!





youth@kinloss.org.uk

Kinlossyouth

07827031851

Kinloss Cares

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Advice on communal services
- Shopping
- Financial assistance through the Phyllis Nathan Trust (www.kinloss.org.uk/pnt)

Contact Rochelle
020 8349 5263
kinlosscares@kinloss.org.uk

CAMP SIMCHA
MAKING A DIFFERENCE FOR SERIOUSLY ILL CHILDREN

A SINGLE PINT CAN SAVE THREE LIVES DONATE BLOOD TODAY

GIVE BLOOD WITH CAMP SIMCHA AND KINLOSS AND HELP SAVE A LIFE

Thursday 17th August 2023

Appointments available throughout the day

At Finchley United Synagogue, Kinloss Gardens, N3 3DU

Pre registration is essential.

Book your appointment online at www.campsimcha.org.uk/giveblood

Donor age 17-66*
*There is no upper age limit for people who have donated within the last two years

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BOOK NOW: WWW.CAMPSIMCHA.ORG.UK/GIVEBLOOD

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

SHUL MEMBERS, PLEASE JOIN OUR SECURITY ROTAS FOR SHIFTS.

OUR SHUL IS ONE OF THE MOST VISIBLE, HIGH PROFILE BUILDINGS IN LONDON.

THE COMMUNITY REMAINS ON A SERIOUS STATE OF ALERT AND WE MUST PROVIDE A VISIBLE DETERRENT.

YOU WOULD ONLY BE REQUIRED FOR ONE HOUR EVERY 8 WEEKS, ON SHABBAT MORNING.

PLEASE EMAIL : SECUREKINLOSS@YAHOO.CO.UK OR CALL MARTIN SHIERS ON 07831 836 031 TO VOLUNTEER

Friendship Club

All are welcome!



Tuesdays, 10am-1.30pm



- Socialising
- Playing cards
- Knitting
- Outings
- Lunch and Refreshments

Call Lucy on 020 8349 5267 for more details

KINLOSS in partnership with JEWISH CARE
Charity Reg No 802559

KINLOSS

Kids Art Classes

Let your children explore art and their imagination

SUITABLE FOR PRIMARY SCHOOL CHILDREN

NEW TERM

MONDAYS AT 4.30PM-6PM

5, 12 & 19 JUNE
3, 10 & 17 JULY



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDSART



CHAIR BASED EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

NEW BLOCK OF 8 CLASSES
1st, 15th, 22nd & 29th June
6th, 13th & 20th July
3rd August

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

BOOKING IS ESSENTIAL
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267







Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk

kinloss.banqueting



DAILY MINYAN:

SERVICES (שבת see front page)	Sun 16th 27 Tammuz	Mon 17th 28 Tammuz	Tues 18th 29 Tammuz	Rosh Chodesh Av Wed 19th 1 Av	Thur 20th 2 Av	Fri 21st 3 Av
Shacharit	8:00am	7:00am	7:00am	6:50am	7:00am	7:00am
Shacharit 2		8:00am	8:00am followed by breakfast	8:00am followed by Shiur with Rabbi Heller followed by breakfast	8:00am followed by Shiur with Rabbi Heller followed by breakfast	8:00am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash
8:00am minyan will continue on a Daily basis.
The morning Minyanim are very strong at present, and create a really good ruach.
During the summer months when regulars are on holiday, it would be really appreciated if members could support the daily minyanim, in particular the Mincha/Ma'ariv minyan needs support especially when there are shivas at the same time.
This week's Morning Minyan breakfasts are sponsored by Alexander Popivker

Opening times for United Synagogue Cemeteries
on Thursday 27th July 2023, Tisha B'Av

Bushey Old and New Cemeteries, Waltham Abbey Cemetery and Willesden Cemetery 09.00 – 17.00

East Ham Cemetery 09.00 – 15.00

Alderney Road, Brady Street and Lauriston Road, Cemeteries 11.00 – 15.30



The Bridge Club meet on **TUESDAY AFTERNOONS, 2PM-4PM** in the Persian Synagogue, 2nd floor. There is a lift should you need it.

Meeting weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits/cake will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 020 8349 5267

Would you like to sponsor a Kiddush in the Minyan on Shabbat?

Please sign up via:
www.kinloss.org.uk/minyankiddush

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 15 JULY

Josephine Kay	Brother
Sara Lester	Father
Alan Levene	Mother
Cilla Summers	Sister
Bernard Trent	Sister

Sunday 16 JULY

Adrienne Bearman	Father
Adele Kendler	Father
Andrew Lipton	Mother
Miriam Margolin	Mother
Leon Meyer	Mother
Jean Rappaport	Husband
Rycia Silverstein	Father

Monday 17 JULY

Shirley Arkush	Father
Sarah Curtis	Husband
Andrew Stock	Mother

Tuesday 18 JULY

Maxine Burland	Mother
Neville Chajet	Father
Natalie Miller	Father
David Pelled	Mother

Wednesday 19 JULY

Ros Altmann	Father
Gilda Braff	Sister
Corinne Clarke	Mother
Harvey Plant	Sister
Geoffrey Solomon	Mother

Thursday 20 JULY

Helena Hart	Mother
Susan Lee	Mother
Joseph Soleiman	Wife
Irving Toffel	Mother
David Whiteman	Mother

Friday 21 JULY

Eitan Epstein	Sister
Jeanne Wilson	Father



Kinloss JAMI Ambassador is Richard Kafton

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Mobile no: 07973 986344

Email: richard.kafton@cedarhfs.co.uk

PLEASE NOTE WE DO NOT ACCEPT SHAIMOS/GENIZA

If you would like to dispose, please take it to one of the following locations:

KINLOSS

Beis Hamedrash Nishmas Yisroel, 4 Brent Green, Hendon, NW4 2HA
OR
Sinai Golders Green, 54 Woodstock Avenue, NW11 9RJ

CONDOLENCES:

* Dov Newmark on the passing of his mother Rita Newmark Z"L

CONSECRATIONS:

16/07/23	11:00 in Waltham Abbey in memory of Sheila Rose Z"L
16/07/23	12:30 in Bushey New in memory of Ronnie Dvorkin Z"L
16/07/23	13:30 in Bushey New in memory of Ronald Rappoport Z"L
23/07/23	12:00 in Bushey Old in memory of Joseph Michael Cohen Z"L
06/08/23	13:30 in Bushey New in memory of Mark M Freeman Z"L
13/08/23	11:30 in Bushey New in memory of Harry Kaufman Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263