KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

25 / 27 May 2023

שבועות

Shavuot

ה' סיון תשפ"ג

בס"ד

KINLOSS

WWW.KINLOSS.ORG.UK

SHAVUOT 2023

SERVICE TIMES

SHAVUOT FIRST EVENING
THURSDAY 25TH MAY

Eruv Tavshillin should be prepared before the start of Yom Tov

Earliest Candles	7.19pm
Mincha & Maariv	8.00pm
Yom Tov starts	8.46pm
Kiddush from	9.02pm

SHAVUOT FIRST DAY
FRIDAY 26TH MAY

Early Shacharit	3.07am
Hashkama	7.45am
Shacharit	9.15am
Mincha & Kabbalat Shabbat	7.30pm
Candles (from existing flame)	7.20-8.47pm

Preparation for Second Day Yom Tov/Shabbat may be made at any time on the First Day, relying on the Eruv Tavshillin prepared on Erev Yom Tov.

SHAVUOT SECOND DAY
SHABBAT 27TH MAY (RUTH & YIZKOR)

Hashkama	7.45am
Shacharit	9.00am
Mincha	8.40pm
Maariv when Yom Tov ends	10.04pm

SHAVUOT LEARNING

THURSDAY 25TH MAY
MAIN TIKKUN LEIL SHAVUOT*

11.30pm-12.15am Rav Dov Kaplan
A Heavenly Debate

12.30am-1.05am Batsheva Wolf
Kindness or Strength- how some of our greatest figures became role models in Judaism

1.20am-2.05am Rabbi James & Judith Mindell
The Coronation at Mount Sinai

2.15am-3.00am Freda Kaplan
Ghosts of Shavuot Past

FRIDAY 26TH MAY
WOMEN'S TIKKUN LIEL

4.45pm - At the home of Eleanor Mansfield & Mark Hurst

5.00pm-5.40pm Rav Dov Kaplan
The Ambiguous Meaning of Shavuot

5.45pm- 6.25pm Freda Kaplan
Do Clothes Make the Woman?

SHABBAT 27TH MAY
SEUDA & LEARNING

9.05pm Seuda and programme with Rav Dov & Freda Kaplan
Ten Commandments and the Sands of Time

* Sponsored by Deborah Harounoff in memory of her Husband Avraham Harounoff Z"L

RAV DOV & FREDA KAPLAN ARE SCHOLARS IN RESIDENCE FOR SHAVUOT



Office of The Chief Rabbi

Centre for Community Excellence

KINLOSS

Achitofel was King David's primary advisor. When King David's son Avsholom rebelled against King David, Achitofel became a traitor and joined Avsholom's camp. When the rebellion failed, Achitofel knew he would be killed for treason (Samuel II: 16-17). Before he died he gave the following will to his family: Do not get involved in arguments; Do not rebel against King David; If the weather is clear on Shavuot, it's time to plant wheat (Baba Basra,147a). Achitofel was so brilliant that his advice is compared to G'dly advice (Samuel 2:16). This is his final will and testament, what are the fundamental directives here and why does he seemingly include a farming tip?

Pirkei Avot (4:13) delineates three 'crowns', three qualities for us to strive to be 'crowned' with. Keter Torah (Torah study), Keter Kehuna (priesthood ie spiritual service, refinement) and Keter Malchut (leadership, inspiring others). There are two paths we could travel down to reach these 'crowns' (Pirkei Avot 3:11). Either we understand Torah through the lens of our own intellect, logic and ego. Or we can take the opposite approach, as the Jews did when they accepted the Torah and first said 'we will do' and *then* 'we will understand'. We can embrace the authority of the Torah and *then* study it without being trapped by our own ego. It takes courage to transcend own wisdom and commit to living up to certain values that came before us. Achitofel was a genius but could not escape the trap of his ego, he followed the first path and the results were not good.

Achitofel shared a timeless lesson for us all. First, do not enter into arguments (relating to Keter Kehuna). Korach's argument represents the archetype of all arguments (Sanhedrin 110a). Korach's argued that since all Jews are holy why should Moshe and Aharon exalt themselves above the rest of the nation. Even though Korach's logic may have been correct, the answer is that G'd chose Moshe to lead the Jewish Nation and Aharon to be the Kohen Gadol. Achitofel is telling us he followed his own intellect his whole life, however Kehuna (spiritual service and refinement) needs to be cultivated with humility not arrogance. There is Someone who knows better than us.

Achitofel's second instruction was not to rebel against King David, referring to Keter Malchut. David was powerful both spiritually and physically, but he was also humble and completely nullified to Hashem. Achitofel followed logic and decided David was not the proper King as he had sinned twice, whereas when Saul sinned just once Malchut was taken away from him. However when King David was confronted with his mistake, he did not try to deny it but said "I have sinned" (Samuel 2:23). He dedicated himself to something that transcended him, Torah, with humility. Achitofel was telling us he now realises that King David's path is the right path.

The third instruction mentions wheat. Barley is defined as animal food, wheat is human food. The Talmud says that the Tree of Knowledge was wheat (Brachot 40a). In this way wheat is connected to logic and rationale. The Tree of Knowledge was good and evil, logic can lead either way. If we want our wheat (logic) to be successful we need a 'clear Shavuot'. Torah was studied well before Shavuot, the Torah mentions Yeshivat Shem and Ever. So what happened on Shavuot? The Jews said, "We will do and we will understand", we made a commitment to Torah, saying 'we will do' *before* 'we understand'. When a Jew learns Torah they are not just studying a text, they are touching the Divine. Only when we have clear Shavuot, when we enter into a commitment to Torah with humility, then we can sew wheat, then we can successfully use our intellect.

The foundation of all three 'crowns' is humble acceptance of Torah and the willingness to transcend our own logic and surrender our ego to the truth of the Torah. May we all have a 'clear Shavuot'.

לעלוי נשמת רחל בת חי"ים מאיר ז"ל

Chag Sameach! Chazan Eli and Nechama

There will be combined services over Yom Tov and there will be Ladies Seating downstairs.

TIKKUN LEIL SHAVUOT @ KINLOSS YOUTH

Thursday 25th May
In the Silver Suite

11:40PM-12:15AM - BATSHEVA WOOLF
BREAK
12:35AM-1:00AM - RABBI DOV KAPLAN
BREAK
1:15AM - 1:40AM - FREDA KAPLAN
BREAK
1:55AM - 2:15AM - LEORA & HARRY SALTER
BREAK
2:25AM - 2:50AM - ELISHA CITRON
SHACHARIT @ 3:00AM

With food, drink, snacks and more!

KINLOSS tribe

This year's Eishet Chayil awards will be presented on Simchat Torah

SHAVUOT TRIBE TIME

Join Rav Ebrahimoff and the Tribe team for

TIKKUN LEIL SHAVUOT

at Kinloss!

Friday 26th May 2023
Finchley Synagogue

Kinloss Gardens, N3 3DU

6:30pm Horim Veyeladim (Parents & Children) session

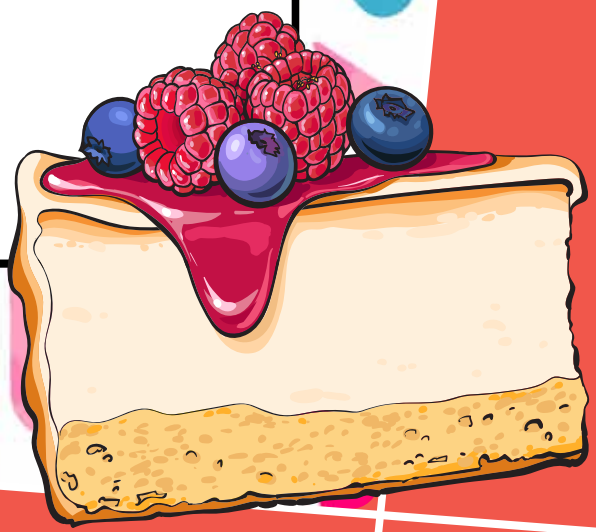
7:30pm* The BIG Shavuot Raffle

8:00pm Kiddush and Cheesecake!

*Minyan for Mincha & Kabbalat Shabbat at 7:30pm

Free of charge but sign up essential at **www.kinloss.org.uk/tikkun**

For more info please contact **rave@tribeuk.com**



tribe
www.tribeuk.com

KINLOSS

tribe.uk
Tribe
@TheTribeUK

All Welcome

SEUDA SHELISHIT

KINLOSS

A new season at Kinloss - Inspiring Speakers - Great Company - and Food!



Rabbi Dr Raphael Zarum
3 June, 9.15pm



Harris Bor
10 June, 9.20pm



Rabbi Leibish Heller
17 June, 9.25pm



Dayan Eliezer Zobin
24 June, 9.25pm



Gila Sacks
1 July, 9.25pm



Rabbi Aubrey Hersh
8 July, 9.20pm



Joanne Greenaway
15 July, 9.15pm



Shalvie Friedman
22 July, 9.05pm



Rabbi Nicky Liss
29 July, 8.50pm



Rabbi Yisroel Fine
5 August, 8.35pm

Mincha commences 25 minutes before the start of the Seuda each week.

If you are able to help with ***setting up*** the Seuda - if you are happy to ***sponsor*** a Seuda, Please contact the Office - office@kinloss.org.uk - 020 8346 8551

MAY 2023 EVENTS

KINLOSS

SHUL FOR THE MIND

Is a unique prayer service for people living with dementia and their family carers. (Professional carers are welcome).

on Sunday 28th May at 10:45am

All are invited to come and connect spiritually through prayer, song and of course a great kiddush. Contact Rochelle in the office on 0208 349 5263

JUNE 2023 EVENTS

SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS.
THE GROUP READ ALOUD AND WE DISCUSS IT. NO NEED TO PREPARE ANYTHING IN ADVANCE, COME AND HAVE A CUP OF TEA WITH US AND ENJOY THE GROUP.

Tuesday 13th June at 2pm
in The Rabbi's Office at Kinloss

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members and £4 non Members

For more information, please speak to:
Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

KINLOSS

Monday's FILM AFTERNOON

doors open 1.45pm
film starts 2pm



5 June - Zaytoun
Beirut, 1982: a young Palestinian refugee helps an Israeli fighter pilot escape from PLO captivity because he wants to visit his ancestral family home.



12 June - Arranged
When an Orthodox Jew and Muslim woman meet one another, they realise they have a lot in common as they teach at a New York school.



19 June - The Power of One
An English boy, living in Africa during World War II, through his boxing prowess, becomes a symbol of hope, in a time of war.



26 June - Keeping up with The Steins
A 13-year-old boy uses his upcoming bar mitzvah to reconcile the strained relationship between his father and grandfather.



3 July - Merchant of Venice
In 16th century Venice, when a merchant must default on a large loan from an abused Jewish moneylender for a friend with romantic ambitions, the bitterly vengeful creditor demands a gruesome payment instead.

£3 Kinloss Members
£4 non members



JUNE 2023 EVENTS

LIVE SCULPTURE OF SURVIVOR

EVE KUGLER BEM

BY INTERNATIONAL SCULPTOR FRANCES SEGELMAN



International sculptor Frances Segelman will be sculpting Holocaust survivor Eve Kugler BEM in front of a live audience, as part of her Holocaust survivor series.
Frances has sculpted HM The King.
HM Queen Elizabeth II and HRH Prince Philip.



WEDNESDAY 7TH JUNE, 2023
Finchley Synagogue,
Kinloss Gardens, Finchley N3 3DU
Time: Admission **6.45 pm – 9.45 pm**
Ticket Price: **£10.00**
Refreshments will be served

Book now at
www.kinloss.org.uk/eve

YAD VASHEM
UK FOUNDATION

Frances Segelman SCULPTOR

KINLOSS

Yad Vashem UK Foundation Charity number 1099659
Finchley United Synagogue Charity number 242552

KINLOSS

LUNCH & LEARN

Light lunch included. Free for Kinloss members, £3 for non Members

WEDNESDAY 12.15PM-2PM

Parsha Shiur by Rabbi Vivian Silverman followed by guest speakers





7 June - Simon Goulden



14th June - Rabbi Wollenberg



21st June - Moshe Sampson



28th June - Chava Wulwick



5th July - Rabbi Y Fine



12th July - Rabbi D Fine



JUNE 2023 EVENTS

Making History Together Exhibition

FRIDAY 16TH - SUNDAY 18TH JUNE 2023



This is an opportunity to explore the story of the Jews of Belarus, what happened in the Holocaust years between 1941 and 1944 and during the years that followed on.

MINI EXHIBITION IN FOYER OVER SHABBAT.

FOLLOWED ON SUNDAY BY A FULL INTERACTIVE EXHIBITION STARTING FROM 6.30PM AND SPEAKER AT 8PM

SUNDAY BOOKING VIA
WWW.KINLOSS.ORG.UK/TOGETHER

the together plan KINLOSS

THE NEXT SHABBAT LUNCHEON CLUB WILL BE ON SHABBAT 17TH JUNE 2023



Please RSVP to Rochelle
by Friday 9th June
020 8349 5263
kinlosscares@kinloss.org.uk

KINLOSS

Kids Art Classes

Let your children explore art and their imagination

NEW TERM

SUITABLE FOR PRIMARY SCHOOL CHILDREN

MONDAYS AT 4.30PM-6PM

5, 12 & 19 JUNE
3, 10 & 17 JULY



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDSART







KINLOSS

BETTER the feel good place

CHAIR BASED EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

NEW BLOCK OF 8 CLASSES
1st, 15th, 22nd & 29th June
6th, 13th, 20th & 27th July

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

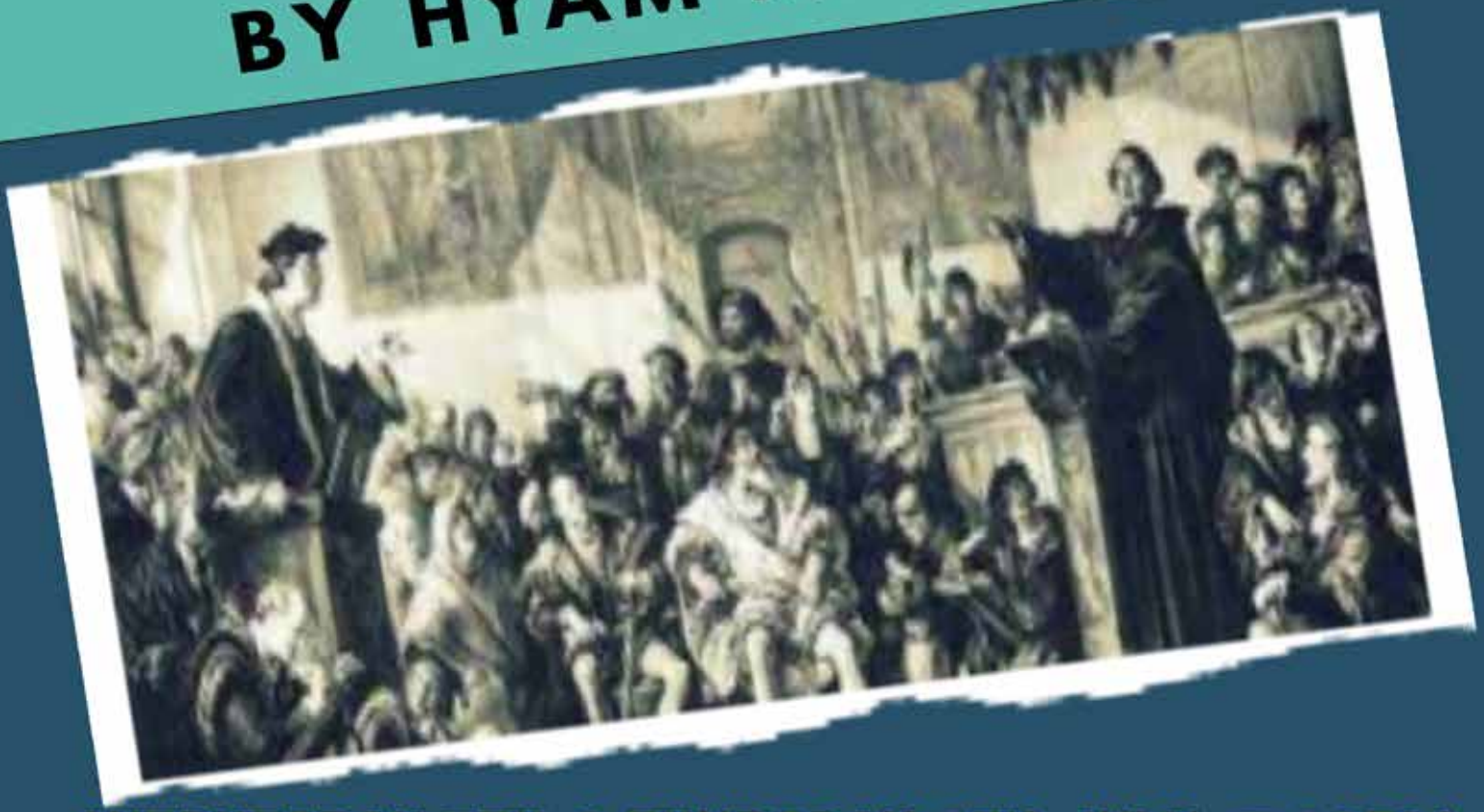
- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

BOOKING IS ESSENTIAL
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267

Kinloss Presents...

THE DISPUTATION

BY HYAM MACCOBY



WEDNESDAY 5TH & THURSDAY 6TH JULY, 7.30PM

The Disputation showcases the dramatic debate of 1263 in the Court of Spanish King James I of Aragon, between Nahmanides, a leading Jewish medieval Philosopher, Kabbalist & Commentator and the Dominican Friar (a converted Jew) Pablo Christiani. The subject of this debate was whether Jesus was the Messiah.

WWW.KINLOSS.ORG.UK/PLAY

£22.50 PER TICKET/ £20 EARLY BIRD DISCOUNT WHEN BOOKED BEFORE END OF MAY

KINLOSS



Join us for an evening of Art, Wine & Sushi

Exhibits for sale include paintings, sculptures, Jewellery, Embroidery, Silk, Ceramics, Fused Glass and Photography.

- Free Entrance -

chai cancer care
together we can cope

KINLOSS

THE 8am WEEKDAY MORNING MINYAN NEEDS YOU!

4 years ago Kinloss were proud to have two flourishing morning minyanim. Inevitably during Covid we were only able to get the numbers to support one.

6 months ago the 8.00am minyan was re-established, initially just on two days a week, and since Pesach it has been taking place every weekday morning again.

We are fortunate to have a small core of regulars but they can't always attend, due to holidays, appointments, etc., and in the last few weeks we have sometimes struggled to reach a minyan. I hope you agree that this should not be happening in a community of our size.

On Tuesdays, Wednesdays and Thursdays, the service is followed by an excellent short shiur by either R'Fine (Tues) or R'Heller (Wed & Thurs)

The weekday minyanim are there for you when you might need them, so we ask you to please help us and others by agreeing to join a rota and to join us at least once a week.

If you wish to help please speak to
Jeremy Mindell, Leonard Klahr or Shimon in the Shul office 020 8346 8551







Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk

kinloss.banqueting



MAZEL TOV - מזל טוב



TZOFIA SUMMERS

Mazel Tov to Tzofia on her Bat Mitzvah which she will be celebrating in Kinloss on Friday evening

Tzofia has two siblings Eliana & Zeke, and she attends Henrietta Barnett School

She loves reading, engineering and dub music

She is doing the Bnei Mitzvah challenge mountain climb to raise money for a new fellowship run by PAJES in honour of her late granny Lira Winston z"l



ORLA DAVIS

Mazel Tov to Orla on her Bat Mitzvah

Orla has two siblings Esther and Seth
and she attends JFS School

Her hobbies are art, listening to music, roller skating, reading, Greek mythology, and hanging with her dogs

* Mazel Tov to Tzofia Summers on her Bat Mitzvah, and to siblings Eliana & Zeke. Mazel Tov also to grandpa Robert Winston and her grandmother Jan Summers.

* Mazel Tov to Tessa & Fergal Davis on their daughter Orla's Bat Mitzvah, and to siblings Esther & Seth; and the two best dogs in the world, Murphy and Obi. Mazel Tov also to grandparents Lisa & Richard Woolfson.

* Mazel Tov to Marian & David Orlans and Andy and the late Tracey Grant z"l on the birth of a grandchild, a son for Yasmin & Michael Orlans, a great grandson for Ruth Ellenbogen, Vilma & Ian Atlas and Brenda Grant.



The Bridge Club meet on **TUESDAY AFTERNOONS, 2PM-4PM** in the Persian Synagogue, 2nd floor. There is a lift should you need it.

Meeting weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits/cake will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 020 8349 5267

Shavuot @ KInloss Youth

11:45pm - Tikkun Leil in the Silver Suite with amazing speaker, sushi, doughnuts and more!

No youth on 1st Day

2nd Day:

9:25am Breakfast in the Flat

9:45am Youth Service in the Beit Midrash followed by a Dvar Torah and Kiddush

COMING UP @ KINLOSS YOUTH





youth@kinloss.org.uk

Kinlossyouth

07827031851



Mazel Tov to the Children in our Community celebrating their birthdays

Sophie Angel (11)
Arieh Joseph (11)
Katie Lappin (9)
Lilia Rose (10)
Ethan Green (11)
Raphael Joseph (8)
Jonathan Horwitz (7)
Lia Rabbie (11)



The CRP Process has changed

There are no longer any online options for collecting points

The Tribe course is available to attend in person only

The online Kabbalat Shabbat Services are no longer an option for collecting points

Friday night can be attended for collecting points OR Shabbat morning services (ONE TOKEN PER WEEK)

Recording attendance to shuls commences from 21st April 2023

TO REGISTER PLEASE GO TO : WWW.KINLOSS.ORG.UK/CRP







DAILY MINYAN:

SERVICES (שבת see front page)	Sun 28th 8 Sivan	Bank Holiday Mon 29th 9 Sivan	Tues 30th 10 Sivan	Wed 31st 11 Sivan	Thur 1st 12 Sivan	Fri 2nd 13 Sivan
Shacharit 1	8:00am	8:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2			8:00am followed by Shiur with Rabbi Fine followed by breakfast	8:00am followed by Shiur with Rabbi Heller followed by breakfast	8:00am followed by a shiur with Rabbi Heller followed by breakfast	8:00am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash
8:00 am minyan will continue on a Daily basis (First time since Pre Covid)



WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our security rotas for shifts.

Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we **MUST** provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.

Please email : securekinloss@yahoo.co.uk or call Martin Shiers on 07831 836 031 to volunteer



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 27 MAY

Sheila Leveson	Brother
Sylvia Schryber	Brother
David Seres	Son
Rosalind Seres	Son
Alexa Tapper	Husband
Irving Toffel	Father
Regina Woolman	Father

Sunday 28 MAY

Jeffrey Fisher	Mother
Michael Fisher	Mother
Susan Goldberg	Mother
Diane Scott	Husband
Jacqueline Weisbard	Father

Monday 29 MAY

Patricia Arnold	Mother
Hila Berke	Father
Rodney Geminder	Father
Robert Gradel	Father
Gloria Greenman	Father
Irene Herman	Mother
Eleanor Mansfield	Father
Irene Mansfield	Husband
Stuart Nash	Father
Melvyn Whyte	Wife

Tuesday 30 MAY

Parvaneh Faigenblum	Sister
Alick Glass	Mother
Hooshang Hakimi-Sefat	Mother
David Isaacs	Brother
Brian Lee	Mother
Michael Rubinstein	Brother
Michael Wacks	Mother

Wednesday 31 MAY

Doreen Brown	Husband
Jeremy Brown	Father
Jacob Golchewski	Mother
Roberta Schlagman	Father
Mandy Staszewski	Father

Thursday 1 JUNE

Jeffrey Bellman	Father
Donald Breslaw	Sister
David Collins	Mother
Josephine Elias	Mother
Sorelle Kafton	Father
Daniel Rahimzadeh	Son
Joanne Rahimzadeh	Son
Elliot Renton	Father
Martin White	Wife

Friday 2 JUNE

Emma Allen	Father
Janet Gilbert	Mother
Gloria Lebetkin	Sister
Sylvia Levy	Husband
Elise Lewis	Father
Pamela Lewis	Mother
Pauline Lewis	Mother
Jacqueline Segall	Husband
Susan Sharp	Sister
Daphne Shoolman	Father
Michael Shoolman	Father
Leonard Silver	Sister
Kenneth Waters	Brother

ANIM ZEMIROT CLUB
will not be on this week
back next week!

Would you like to sponsor a Kiddush in the Minyan on Shabbat? Please sign up via: www.kinloss.org.uk/minyankiddush

CONSECRATIONS:

11/06/23	11:00 in Bushey Old in memory of Vera Bronze Z"L
11/06/23	14:00 in Bushey Old in memory of June Gotkine Z"L
18/06/23	12:30 in Bushey New in memory of Joseph Abrams Z"L
21/06/23	13:30 in Bushey Old in memory of Irene Scott Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263