

KOL KINLOSS

KINLOSS KIDS
MAKING
SHAVUOT
DECORATIONS



במדבר

La Shir

Service Starts: 7.00pm

Candle lighting: 7.25pm

Minyan Sheini

Service starts: 7.30pm

Candle lighting: 7.45pm

Shabbat Ends: 10.10pm

BAMIDBAR

30th - 31st May 2025

ד' סיון תשפ"ה



KINLOSS



SHABBAT AT KINLOSS

FRIDAY NIGHT

Earliest candle lighting - 7.25pm

7.00pm Minyan LaShir in the Large Deal Hall (candles should be lit **at** 7.25pm)

7.30pm Minyan Sheini in the Liora Graham Beit Midrash (candles should be lit by 7.45pm)

7.00pm Sephardi Mincha, Kabbalat Shabbat & Arvit

Please note: If you (and members of your household) are unable to attend shul altogether, you should light candles by 7.45pm.

SHABBAT MORNING

8.00am **SEPHARDI SERVICE** in the Sephardi Synagogue

9.00am **COMBINED SERVICE** in the Main Synagogue celebrating the **INDUCTION OF RABBI & REBBETZEN BIRNBAUM**

CHILDREN'S SERVICES

10.45am Age 0–4 in the Silver Suite with Leah Frankl and Zac Simmons

10.45am Reception to Yr 2 in the Nemetnejad Room with Natalie Sommer

11.00am Yr 3-Yr 4 in the 1st floor classrooms with Jasmine Bor and Sam Ellis

11.00am Yr 5-Yr 6 in the Newman Room with Eliyahu Cohen and Yoni Laitner

FOLLOWED BY A CHILDREN'S KIDDUSH IN THE LARGE DEAL HALL

SHABBAT EVENING

7.15pm **PRE-MINCHA TZURBA (PRACTICAL HALACHA) CHABURAH WITH RABBI JOSH** in the Liora Graham Beit Midrash

7.45pm **MINCHA** in the Main Synagogue

8.30pm **CELEBRATORY SEUDA AND KUMZITZ UNTIL MOTZEI SHABBAT** in the Kinloss Suite

10.10pm **MA'ARIV & TERMINATION OF SHABBAT**



10:15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER



KIDDUSHIM AT KINLOSS

Shabbat morning at the conclusion of the **COMBINED SERVICE** in the Kinloss Suite celebrating the **INDUCTION OF RABBI & REBBETZEN BIRNBAUM**

SHAVUOT AT KINLOSS

Sunday 1 June / 5 Sivan - EREV SHAVUOT

7.00pm Sephardi Mincha & Arvit

7.15pm Early Mincha and Ma'ariv in the Main Shul. For those attending the first Minyan, candles should be lit and Yom Tov brought in at 7.27pm, which is also the earliest candle-lighting time. Light a two-day candle

8.50pm Second Mincha and Maariv in the Main Shul. For those attending the Second Minyan, candle-lighting and Yom Tov begins at 8.54pm. Light a two-day candle

11.30pm Tikkun Leil Shavuot Programme begins (Shacharit at 3.20am)- see poster for full details

12.30am Sephardi Tikkun Leil Shavuot Programme begins (Shacharit at 4.00am)

Monday 2 June / 6 Sivan - 1st DAY SHAVUOT

7.45am Hashkama in the Liora Graham Beit Midrash

9.00am Sephardi Shacharit

9.15am Combined service in the Main Shul followed by kiddush

10.00am Family Minyan in the Liora Graham Beit Midrash

11.00am Children's Services

7.15pm Mincha and Maariv in the Main Shul

7.28pm Earliest candle lighting from existing flame

9.09pm Light candles from existing flame, make Kiddush & start eating any hot food heated up on first day Yom Tov **before** this time

Tuesday 3 June / 7 Sivan - 2nd DAY SHAVUOT

7.45am Hashkama in the Liora Graham Beit Midrash

9.00am Sephardi Shacharit

9.15am Combined service (with Megillat Ruth) in the Main Shul **followed by kiddush sponsored by Rabbi Josh & Rebbetzen Tali to celebrate the birth of their daughter Shirli**

9.30am Minyan Hatza'ir in the Rabstein Room

9.45am Youth Service in the Liora Graham Beit Midrash

10.30am approx. Yizkor

10.45am Children's Services

7.45pm Women's Megilla in the Liora Graham Beit Midrash

8.10pm Mincha in the Main Shul followed by Neilat HaChag

8.30pm Neilat HaChag - Rabbinic Team Q&A (with light supper) in the Large Deal Hall **including a special presentation in honour of this year's Women of Distinction, Lucy Furman & Sara Hershman**

10.13pm Maariv in the Main Shul and Yom Tov ends

Mazel Tov to this
year's Women of
Distinction
Lucy Furman &
Sara Hershman



KINLOSS

TIKKUN LEIL SHAVUOT 5785

One night. One location. One community.

Shacharit will be at 3:20 AM. Refreshments will be available throughout the night.

Main Tikkun

11:30 PM Chief Rabbi Sir Ephraim Mirvis

Followed by

**From Sinai To Solution:
Lab Grown Meat &
Barbecuing on Yom Tov**

12:30 AM Introductory Shiur by
Rabbi Yoni Birnbaum

1:00 AM The centrepiece of our learning
programme this year at the main
Tikkun Leil is dynamic, guided
learning in groups, led by men and
women in the community. If you
would like to volunteer to lead a
group, please let us know via email:
rabbijosh@kinloss.org.uk

2:30 AM Concluding Shiur by
Rabbi Josh Harris

Women's Tikkun

First Day Shavuot

Kindly hosted by Eleanor Mansfield & Mark Hurst

4:45 PM Doors Open

5:00 PM Rebbetzen Tali Harris

5:40 PM Rebbetzen Elisheva Birnbaum

6:10 PM Joanne Greenaway

Youth Tikkun

(in partnership with Bnei Akiva)

11:30 PM Doors Open

11:45 PM Rabbi Josh Harris

12:15 AM Chief Rabbi Sir Ephraim Mirvis

12:30 AM Ice Cream break!

12:45 AM Chaburot with BA Madrichim

1:30 AM Rabbi Yoni Birnbaum

2:00 AM Sushi break!

2:15 AM Rav Avichai

2:45 AM Chaburot with Elisheva,
Amichai & Sam

Minyan HaTzair

(in partnership with Bnei Akiva)

11:30 PM Rabbi Yoni Birnbaum

12:00 AM Rabbi Raphael Zarum

12:30 AM Break

1:00 AM Chaburot Part 1

1:45 AM Break

2:00 AM Rabbi Josh Harris

2:30 AM Chaburot Part 2

SHAVUOT WOMEN OF DISTINCTION

LUCY FURMAN



I am deeply honoured and genuinely humbled to receive the Women of Distinction award.

I grew up in the warm and close-knit community of Chigwell, one of four sisters. From a young age, my parents instilled in us the importance of giving back and being involved in meaningful ways.

Over the years, I've found joy in organising the tea parties at shul, supported by the kindest volunteers. It's wonderful to see people connecting—eating, chatting, and singing together. We have spent many hours in the Kitchen baking and cooking for chessed. During the pandemic, I had the privilege of helping cook for others in our community—a time I will always hold close to my heart.

My love of music and singing has shaped much of my communal involvement, including the wonderful Singing for Memory programme at Jewish Care, which supports people living with dementia. This, in turn, led me to become involved with Shul for the Mind, another space filled with care and compassion.

When we joined Kinloss 20 years ago, I came from a much smaller community and initially found the size overwhelming. But my parents always said, “You only get out what you put in,” and that simple wisdom helped me find my place here. To anyone else who might feel unsure of where they fit, I'd encourage you to reach out—there truly is something for everyone.

Thank you again for this touching honour. It's a privilege to be part of such a caring and vibrant community. Chag Sameach.

SARA HERSHMAN



My life began in Sheffield, where both my parents and grandparents were deeply involved in every aspect of the community. My grandfather and father both served as presidents of Sheffield United Synagogue, and to this day, my mother continues to run its daily operations. I'm therefore proud to be carrying forward that legacy by contributing to the community here in London.

My family and I have been proud members of Kinloss for over 30 years. My husband and I are blessed with three grown-up children, all of whom attended Hebrew classes at Kinloss and celebrated their bar and bat mitzvahs under the guidance of Rabbi Mirvis.

This honour is not just mine — it belongs to everyone who contributes to building a stronger, more connected community. Whether it's baking, hosting tea parties, cooking for Chesed, or delivering food parcels, none of it would be possible without the dedication and support of so many others. For that, I am truly thankful.

TIMELESS TORAH

BAMIDBAR - Living With Purpose: The Power of a Number

Journey of Transition

Although Bamidbar actually means ‘in the Wilderness’, the Midrash refers to Sefer Bamidbar as ‘Chumash HaPekudim’ or, as it is more familiarly known, the Book of Numbers. This name is fascinating; of all the dramatic events and noteworthy themes related in this Sefer, why is the counting of the Jewish people so significant? The Netziv (Rav Naftali Tzvi Yehuda Berlin, Volozhin, d. 1893) touches on this point in his introduction to Bamidbar, where he explains that the two occasions on which the Jewish people were counted in Sefer Bamidbar (the first in Parshat Bamidbar and the second in Parshat Pinchas) signified a pivotal change in the nation’s role and their manner of living.

Throughout the sojourn in the desert, the Netziv explains, the Jewish people lived a surreal existence, experiencing miracles on a day-to-day basis. This lofty way of life is reflected in this week’s parshah by the first counting, where the focus is on how the nation encamped surrounding the Mishkan, each tribe optimally placed where it could contribute its unique facet of Divine service. Specifically in the counting of Parshat Bamidbar, we find that in the tribe of Yosef, Ephraim is mentioned before Menashe. Menashe was the older of these two tribes, but Ephraim was designated as the spiritual successor of Yosef, and this is why he is given the primary position in the counting that took the Jewish people through the spiritual journey of the desert.

The second counting in Parshat Pinchas, however, denotes the shift from life in the

desert to the nation’s preparation for natural existence in Eretz Yisrael. In this counting, Menashe is mentioned before Ephraim, emphasising the need for leaders who could influence the nation on a material level. Additionally, in this second counting, not all of the heads of the tribes came from the tribe that they led, because what was critical here was not the spiritual essence of the people but the way they would best acclimatise in the Land of Israel.

This analysis of the Netziv can perhaps be appreciated better in light of an observation from the Kli Yakar (Prague, d.1619). The Kli Yakar points out that while in Parshat Vayikra, Hashem called to Moshe **from** the Ohel Moed (Tent of Meeting), in this parshah, Moshe was spoken to **inside** the Ohel Moed. This is because it was only after the Mishkan had been set up and Hashem’s Presence established among the people that Moshe was able to enter the Ohel Moed and communicate with Hashem, so to speak, face to face. Paradoxically, then, in Sefer Vayikra, which deals primarily with matters of holiness and spirituality, there was a certain distance between Hashem and the Jewish people. In Sefer Bamidbar, on the other hand, although this is the Book that relates the move back to ordinary existence, Moshe was able to represent the people from inside the Ohel Moed. In our lives governed by natural order, we have the potential to raise ourselves to even greater heights than when we are granted spirituality as a gift.



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

Making the Numbers Count

As significant as this counting has been shown to be, its purpose remains unclear. The Ramban, after struggling with this point, suggests that the main reason for this census was to provide an opportunity for the people to present themselves to their holy leaders, Moshe and Aharon, and receive their blessing. As Rav Soloveitchik (d.1993) explains, a census can be made not only to find out the number of people being counted but also so that the ones counting will be able to know each person on an individual basis.

This insight sheds light on the dual use in this parshah of the word *pakad*. This word is first used throughout the summary of the census to mean 'numbers', but is used later in the parshah (verse 50) in the context of the appointment of the Levites as the guardians of the Mishkan. The connection between these two concepts is exactly as the Ramban suggested. When someone is counted, a focus is placed on them, removing them from the conglomeration of the general populace and highlighting their individual personality and talents. When such attention is placed on an individual, this is a calling for them to play up to their potential no less than any other appointment. As such, not only the Levites were given specific roles to play in the Midbar but all of the Jewish people were made to count as individuals.

Focused Goal

It is clear from the verses that the purpose of this census was not only to discover the

number of people in the nation but also to organise each tribe around their own flag as they travelled and camped throughout the desert. Rav Yaakov Kaminetzky (New York, d. 1986) asks a very simple question. This parshah was said nearly thirteen months after the Jewish people left Egypt and they had been travelling through the Midbar since then. Why, then, had no particular arrangement been made until now?

In general, Rav Kaminetzky answers, flags and pennants are divisive. It is true that a flag unites those who associate with it, but this unity primarily comes to the exclusion of everyone else. The nature of a flag or a pennant is actually to separate and differentiate groups of people from the rest of society. At the beginning of the Jewish people's journey out of Egypt, separating each tribe with their own flag would have been too dangerous. Only now that they were encamped around the Mishkan could each tribe highlight their own particular strengths because they were safe in the knowledge that, despite their differences, they were unified by the central point of the Mishkan.

This is a powerful lesson to take with us in any project we undertake. The first question we must ask ourselves before we begin a new role is why we are doing it. For our ancestors in the desert, the Mishkan at the heart of their camp provided them with a constant reminder of the purpose of their journey. Once we too have confidently answered that question, we will be better equipped to deal effectively with any challenges we come across.

Next Week: Nasso - The Search For
Balance in Life

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15am	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10am	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	8.30 - 9.00am	Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Deal Hall	All
	7.15pm	Tzurba (Practical Halacha) Chabura	Rabbi Josh	Beit Midrash	All
Sunday	8.45 – 9.30am	Gemara Megilla	Rabbi Birnbaum	Small Deal Hall	All
Monday	1.30 – 2.10pm	* Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.45 – 9.15am	* Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
	8.15 - 9.15pm (fortnightly)	* L'Chaim & Learn	Rabbi Josh	Members' Homes	All
Wednesday	8.45 – 9.15am	Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 - 8.45pm	Timeless Torah Parashat Shiur	Rabbi Birnbaum	Beit Midrash	All
Thursday	8.50 - 9.30am	Perek Chelek in Sanhedrin	Rabbi Heller	Beit Midrash	All
	8.00 – 8.40pm	Advanced Practical Halacha with Shalem Student Fellowship	Rabbi Birnbaum	Beit Midrash	Women

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

* Not taking place this week

LEARNING AT KINLOSS

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
21 st June 19 th July	11:45am - 12:15pm	Kinloss Youth Kiddush Club Chaburot	Rabbi Josh/ Rebbetzen Tali/ Elisheva/ Amichai	Beit Midrash	Youth
20 th June 18 th July	10:00 - 11:00am	Highlights & Hot Drinks	Rebbetzen Elisheva	Small Deal Hall	Women
5 th June 3 rd July	12.30 - 1.15pm	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Homes	Those in the year of mourning or marking a Yahrzeit

Rabbi Dr Yoni & Rebbetzen Elisheva Birnbaum
Rabbi Josh & Rebbetzen Tali Harris
Rabbi Yisroel & Judy Fine
Rabbi Leibish & Rebbetzen Dini Heller
Chazan Eli & Nechama Sufrin
together with The Honorary Officers
Council of Management
& the Professional Team
wish all members Chag Sameach

COMING UP AT KINLOSS

GROUPS AND CLUBS



THURSDAY 10.30AM
CHAIR BASED EXERCISE
KINLOSS.ORG.UK/EXERCISE



THURSDAY 5.30PM
JUNIOR TABLE TENNIS CLUB
KINLOSS.ORG.UK/TABLETENNIS

UPCOMING EVENTS

THURS
5TH JUNE
8PM

“HOW PREMIER LEAGUE TEAMS BUILD RESILIENCE”
FEATURING TONY BLOOM, CHAIRMAN, BRIGHTON & HOVE
ALBION FC & CLIFF CROWN, CHAIRMAN, BRENTFORD FC
In partnership with the UK Friends of Herzog Hospital
Book now at kinloss.org.uk/herzog

SUNDAY
8TH JUNE
9AM -
10:15AM

TBC - TEFILLA (& TEFILLIN), BAGELS, CHAVRUTA
For parents & youth with Rabbi Josh, featuring the
perfect combination of davening, food and Torah
Please RSVP to Rabbi Josh

MONDAY
9TH JUNE
7.30PM

KINDNESS - A LEGACY OF THE HOLOCAUST
A testimony play based on the experiences of Susan Pollack OBE
Tickets available at www.kinloss.org.uk/play

SUNDAY
29TH JUNE
2PM AT
THE HIVE

KINLOSS FOOTBALL TOURNAMENT

Lace up your boots and see who will be crowned 5-a-side
champions of Kinloss

Register your team kinloss.org.uk/kinlossfootball
or contact Rabbi Josh 07721 423 316

SUNDAY
20TH JULY
5PM-
9.30PM

KINLOSS PRESENTS THE JEWISH ART FAIR
Exhibits for sale include Paintings, Sculptures, Jewellery,
Embroidery, Silk, Ceramics, Fused Glass and Photography
FREE ENTRANCE
To book as an exhibitor go to www.kinloss.org.uk/fair

YAHRZEITS

THE
KEHILLA WISHES
חיים ארוכים
'LONG LIFE' TO THE
FOLLOWING WHO
HAVE Yahrzeit
THIS WEEK

Shabbat 31st May

Valerie Green	Mother
Alfred Poser	Mother
Oren Zeloof	Father

Sunday 1st June

Farzaneh Amini	Husband
Darren Cooper	Mother
Muris Kalatizadeh	Mother
Youssef Kalatizadeh	Mother
Madeleine Rubins	Father

Monday 2nd June

Anna Black	Sister
Gilda Braff	Husband
Gemma Dunitz	Father
Simon Levy	Father

Tuesday 3rd June

Sheila Leveson	Brother
Sidney Ruback	Father
Sylvia Schryber	Brother
David Seres	Son
Rosalind Seres	Son
Alexa Tapper	Husband
Irving Toffel	Father
Regina Woolman	Father

Wednesday 4th June

Jeffrey Fisher	Mother
Michael Fisher	Mother
Susan Goldberg	Mother
Diane Scott	Husband
Jacqueline Weisbard	Father

Thursday 5th June

Patricia Arnold	Mother
Hila Berke	Father
Brian Gedalla	Brother
Rodney Geminder	Father
Robert Gradel	Father
Gloria Greenman	Father
Irene Herman	Mother
Eleanor Mansfield	Father
Irene Mansfield	Husband
Stuart Nash	Father
Melvyn Whyte	Wife

Friday 6th June

Parvaneh Faigenblum	Sister
Alick Glass	Mother
Hooshang Hakimi-Sefat	Mother
David Isaacs	Brother
Brian Lee	Mother
Gillian Pdahtzur-Blank	Mother
Michael Rubinstein	Brother
Michael Wacks	Mother

CONDOLENCES

Juliet Reingold, Ariel and Yael Reingold on the passing of their husband and father Richard Reingold z'l.

CONSECRATIONS

Wednesday 11th June 2025, 11.00am in Bushey Old Cemetery in memory of Frances Cohen z'l

Sunday 22nd June 2025, 9.30am in Bushey Old Cemetery in memory of Sheila Aidalbery z'l

Sunday 22nd June 2025, 10.00am in Bushey New in memory of Gillian Joseph z'l

Sunday 22nd June 2025, 2.00pm at Bushey New in memory of Alan Fine z'l

Friday 27th June 2025, 9.30am at Bushey New in memory of Eli Abt z'l

Sunday 13th July 2025, 9.30am at Bushey Okld in memory of Sylvia Woof z'l

Sunday 6th July 2025, 11.30am at Edgwarebury Lane Federation in memory of Verity Zeidman z'l

SERVICE TIMES

SERVICES	Sun 1 st 5 Sivan	Shavuot Day 1 Mon 2 nd 6 Sivan	Shavuot Day 2 Tue 3 rd 7 Sivan	Wed 4 th 8 Sivan	Thurs 5 th 9 Sivan	Fri 6 th 10 Sivan
Shacharit	8.00am	See timings	See timings	7.00am	7.00am	7.00am
Shacharit 2	-	"	"	8.00am	8.00am	8.00am
Sephardi Shacharit	8.00am	"	"	6.45am	6.30am	6.45am
Mincha / Ma'ariv	See Shavuot timings	"	"	7.30pm	7.30pm	7.00pm & 7.30pm

BIRTHDAYS



Mazel Tov to the children in our community celebrating their birthdays this week:

Jonathan Horwitz (9), Ava Shupac (1)
Joshua Druce (11) Calon Barton (10)

KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207
Rebbetzen Elisheva Birnbaum: rebbetzen.elisheva@kinloss.org.uk / 07581 312 310
Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423 316
Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423 317
Ian Kamiel, COO: ian.kamiel@kinloss.org.uk / 020 8349 5264
Shul Office: office@kinloss.org.uk / 020 8346 8551
Bills and Finance: finance@kinloss.org.uk / 020 8349 5261 (monitored answerphone)
Kinloss Cares: 020 8349 5263
Safeguarding Officer, Rachele Lazarus: safeguarding@kinloss.org.uk
Jami Ambassador, Richard Kafton: 07973 986 344
Security (volunteering): security@kinloss.org.uk