KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

כי תשא
KI TISSA + PARAH

בס״ד

KINLOSS
WWW.KINLOSS.ORG.UK

10 / 11 MARCH 2023 י״ח אדר תשפ״ג

SHABBAT WILL START AT 5:42pm AND TERMINATE AT 6:45pm

WE WOULD LIKE TO WELCOME ALL BOGRIM, MADRICHIM AND CHANICHIM FROM BNEI AKIVA ON THEIR SPECIAL SHABBAT HA'IRGUN WEEKEND

FRIDAY NIGHT

5:45pm Mincha, Kabbalat Shabbat and Ma'ariv led by Bnei Akiva in the Main Synagogue

5:25pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
'Hilchot Gerushin, the Laws of Divorce'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue led by Bnei Akiva
on their special Shabbat Ha'irgun
Rabbi Lawrence will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Louis Jesner
Robert Gershon will speak
Minyan Kiddush sponsored by Gerry and Lorraine Gershon

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10:30am Spiritual Workout with Rabbi Dov Cowan in the Rabstein Room

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Lara Bassalian & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ellie Marantz & Gila Schajer
(Kiddush sponsored by Family Suchet)
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

The whole community is invited to kiddush in the Kinloss Suite
sponsored by Mr and Mrs Cohen

12:35pm EARLY MINCHA IN THE MAIN SYNAGOGUE

SHABBAT AFTERNOON

5:40pm Mincha followed by Shiur by Rabbi Laitner titled
"In honour of the US Week of Chesed: the fascinating history of chesed
in telling the story of the Exodus"

6:45pm MA'ARIV & TERMINATION OF SHABBAT in the Liora Graham Beit Midrash

Why did Moshe break the tablets?

The tablets were a Divine gift, how could Moshe smash such a priceless item? Rashi says that Moshe broke the tablets to protect the honour of the Torah. The whole Torah is contained in the 10 Commandments and the Jewish people had abandoned their Judaism by serving the Golden Calf. Another reason given is that Moshe was preserving the honour of the Jewish people. The tablets represent a marriage contract between the Jewish people and G'd. The Jewish people had betrayed G'd by worshipping the Golden Calf, however Moshe felt that if there was no proof of the 'marriage contract' then the consequences would be less devastating. Still, why did Moses just not give them to the Jewish people rather than destroying this priceless miraculous creation?

The Talmud (בבא בתרא:14) tells us that the Ark in the Tabernacle contained the Tablets as well as the fragments of the first Tablets. Why would we want a daily reminder of our worst moment, the sin of the Golden Calf? The Ramban, his student the Rashba, and his student the Ritvo all say the fact that G'd wants the broken tablets in the Ark shows that there was something precious to Hashem in the breaking of these first tablets.

The Medrash tells us that Moshe was comforted by Hashem after breaking the first Tablets. Hashem told Moshe that the first set only contained the 10 commandments but the second set will also contain all of Jewish Law, מדרש and אגדה. It seems as if the breaking of the first tablets was essential in order for us to receive the second set which is why what Hashem said soothed Moshe.

In פרקי אבות (Ch 4) אלישע בן אבויה says, if you teach Torah to a child it's like writing on a fresh piece of paper, but teaching Torah to an older person is like writing on paper that has been written on and erased, the learning is not as well absorbed. Why would he write this, is her discouraging older people from learning? He is teaching that we can learn as a child or as an older person, it's about our approach not our age. Do we come to learn bringing in all our preconceived ideas, are we trying to make new ideas fit within our old frameworks? In order to be able to grow we need to learn Torah with the openness and curiosity of a child, no matter how old we are, and with the ability to let go of previous paradigms that may have been built up over many years.

At the end of the Amidah we say, נפשי כעפר לכל תהיה .... פתח לבי בתורתך , My soul should be like dust to everyone…open my heart to Your Torah. What is the connection between these two ideas? Humility is the prerequisite to learning something new. G'd is infinite, we are finite beings, how can we who are finite learn from this infinite wisdom? The only way is transcending our egos, letting go of whatever is obstructing our vision, be that fear or the need for control, and allowing ourselves to be open and vulnerable.

When Torah was given and we stood at Sinai, Hashem loved us and cherished us, and elevated us - מכל הלשונות no language that could articulate how deep the love was (אתה בחרתנו). We were not in a vulnerable place. However, when the tablets were broken the Jewish people, realising their mistake, were devastated and humbled. It is when expectations and dreams are broken that we can become the channel for the Infinite as the ego is no longer stuck. As the Kotzker Rebbe said, "There's nothing a straight as a slanted ladder, there is nothing a crooked as straight face of a con artist and nothing as whole as a broken heart". It is the cracks which allow the light to shine in.

The broken tablets represent the re-creation of the Jewish people, they represent humility and vulnerability. The second tablets, represent a sense of inner wholeness, and self-esteem which we need to function and learn. We need to carry both of these components daily. A sense of humility, allowing us to learn from something Infinite that is completely beyond the finite me, as well as that sense of inner wholeness. Shabbat Shalom! Chazan Eli and Nechama Sufrin

KI TISA STATISTICS

Mitzvot:	9 of the 613 Mitzvot, 4 positive and 5 prohibitions
Verses:	139 (10th longest of the 54 Sidrot)
Words:	2002 (5th longest)
Letters:	7424 (8th longest)
Haftarah:	39 verses (6th longest of the 80 Haftarot)

Today's second aliyah is the longest in the Torah for Levi.

Page No.	Soncino	Hertz	Artscroll
Ki Tisa	540	352	484
Maftir (Parah)	898	652	838
Haftarah (Parah)	1194	999	1216

Crowning Achievements

Yashar Koach, thanks and congratulations to everyone who led and helped with the Purim festivities. There was a lovely atmosphere throughout the building; it was great to see so many people get into the Purim spirit. The readings large and small were outstanding.

We are truly privileged to enjoy so many proficient baalei korei; men and women of all ages. There are some lovely interpretations and humour in the readings, projected through nuance, special voices and some traditional melodic variations. With Harry & Leora, we had a particularly strong youth Megilla this year.

How wonderful to see the children at the Kids for Kids leining; their fluent and tuneful learning of substantial passages. It is so great to hear them connect with "my verse/s" in the story. Their enthusiastic work with their families and teachers shows how much we can achieve and sets a target for reading/leading the Haggadah and other areas of learning.

As well as seeing Purim in the building, I was delighted by the atmosphere in Sacks Morasha and the Sharon Kindergarten. It was lovely to host some of the young readers and families at our Seuda.

Many thanks to those who gave generous Matanot Le'Evyonim. I know that some of the funds distributed locally have been most gratefully received.

Purim represents many important concepts. Not least it is the 30-day warning for Pesach! The festival which celebrates our redemption in exile heralds the festival which celebrates our redemption from exile.

The Gemarra (Megilla 32a) teaches that Moshe instituted a Halacha "shoalin v'dorshin b'inyano shel yom" one should ask and expound about each of the three Pilgrim Festivals. In Pesachim 6a we are instructed that 30 days before Pesach, we must begin our search for Chametz. Combining these two teachings, the Poskim establish a requirement to begin our Pesach learning and preparation a month in advance. Rabbi Laitner's Shabbat Mincha shiur and daily Divrei Halacha have switched over to Pesach.

This **Monday evening I'll be giving a shiur** at Mark and Eleanor's (90 Windermere Ave) at 8pm – **a crash course / refresher on kashering for Pesach,** what we need to do in the kitchen and around the house. I'll also share a couple of Seder Nuggets. **Rabbi Heller** will give shiur (8pm, 90 Windermere Ave) on Monday 20th looking at the **Seder in Halacha.**



We welcome **Rabbi Dov Cowan** back this week for a Spiritual Workout, 10.30 in the Rabstein Room (downstairs). It's a refreshing and different way to engage and inspire our tefilla. All are welcome.

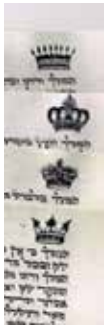
A huge welcome to **Bnei Akiva on their Shabbat HaIrgun** takeover. This year we have seen great numbers, great enthusiasm and programmes. Kol Hakavod!



This Shabbat sees the launch of the **United Synagogue Chesed Week of Kindness**. This Pesach, even more of our families are struggling with higher costs all around. The assistance that we can offer and channel through USChesed makes a real difference, putting necessary food on the tables and alleviating some of the worry and apprehension that can rob a Yom Tov of its simcha.

USChesed plays an important role in chaplaincy resources for our youth at Uni, for members who through different circumstances are forced to live out of the community and providing assistance to enable all our children to attend the camps and events that will build their Jewish social and communal identities.

Over the weekend, donations will be matched and doubled – so please do follow the links and appeals **www.charityextra.com/uschesed/kinloss**



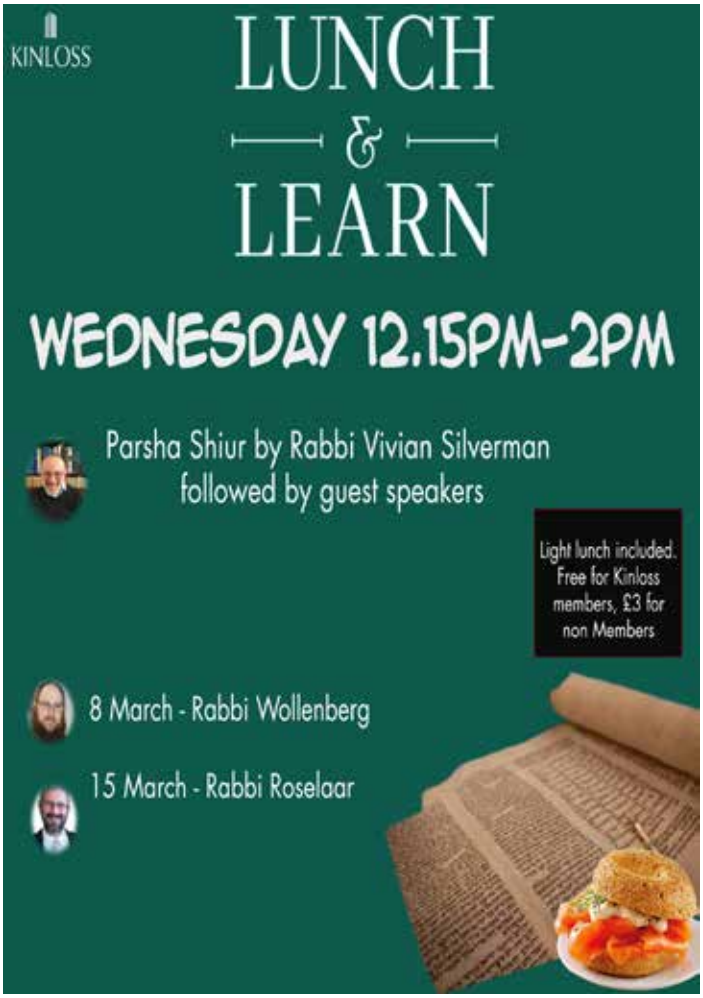
Chazan Eli leined from a particularly beautiful Megilla which has ornate crowns adorning the word HaMelech atop each column. There is an idea brought by the Vilna Gaon (1720-1797) that every time the word HaMelech is used (it appears up to 187 times depending on how one counts grammatical constructs), that HaMelech can be interpreted as referring to King Achashverosh in this world and on a more mystical level as a reference to Hashem. Each verse can be understood with a different focus in two parallel dimensions.

Each crown is different. There are crowns of dominion worn by the powerful, of priesthood worn by the spiritual, of Torah worn by the wise and faithful and of the good name, by all who are decent. Whichever crown we serve or put on, we can make a real difference as our actions in this world change people's lives. And whatever crown we put on or serve, we can help to bring heavenly redemption in this Purim to Pesach season of Redemption.

Shabbat Shalom

MARCH 2023 EVENTS







Please send in any questions you have to kinlossba5783@gmail.com.
Looking forward to seeing you there!!! From your Roshim, Gili and Hannah.

MARCH 2023 EVENTS

KINLOSS cares about you

REFLECT AND REMEMBER WITH RABBI LAWRENCE

Open to those who have been bereaved within the last year or who have Yarzheit.

Rabbi Lawrence would like to invite you to join him for coffee on

Sunday 12th March 2023 at 9.30am

in the Liora Graham Beit Midrash

RSVP: Rochelle 0208 349 5263/ kinlosscares@kinloss.org.uk



Pre Pesach Shiur

KINLOSS

Rabbi Lawrence

Kashering Refresher Course, & a Couple of Seder Nuggets

13th March at 8pm

Rabbi Heller

The Seder in Halachah

20th March at 8pm

Mark and Eleanor's house – 90 Windermere Avenue, London, N3 3RA

KINLOSS cares about you

CHATS FOR CHAPS AND MONDAY MATTERS

Informal discussion groups for men and women, all subjects up for discussion, current affairs, anything topical, music, and much more!
We are always happy to see new faces.

WILL BE ON WEDNESDAY 29TH MARCH 2023
STARTING AT 11:00AM
FOLLOWED BY LUNCH

FOR CATERING PURPOSES, IF YOU WOULD LIKE TO ATTEND

Please call Rochelle on 020 8349 5263 or email kinlosscares@kinloss.org.uk
BY Friday 24th March 2023

MARCH 2023 EVENTS

KINLOSS



Wednesday 22 March, 7.30pm

Demonstration and Tasting of 3 Pesach Desserts

Italian Pesach Desserts with Silvia Nacamulli
Jewish Flavours of Italy: A Family Cookbook



Silvia is a master in the art of traditional Italian Jewish home-cuisine. Signed copies of the books will be available.



Book via www.kinloss.org.uk/baking
£3 Kinloss Members, £5 Non Members

FEEL FREE TO TURN UP, NO NEED TO BOOK!

LITTLE EXPLORERS

£6 PER CHILD/ £10 FOR FAMILY

FOR CHILDREN 0-3YRS

EVERY FRIDAY
10.30AM-11.30AM

For more information, contact Tanya 07779 002 269



Bring your little explorers to Kinloss for a morning filled with fun, play and music. A great opportunity to meet new friends as well as to let your little ones explore a range of toys in a safe and contained environment.

KINLOSS

KINLOSS

Kids Art Classes

Let your children explore art and their imagination

FOR CHILDREN AGED 6-11 YEARS

FORTNIGHTLY ON MONDAYS
4.30PM-6PM

13 & 27 FEB
13 & 27 MARCH



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDS

MARCH 2023 EVENTS

WEDNESDAY 22ND MARCH 8 PM

KINLOSS

Israeli Ambassador Shlomo Argov:

A Celebration of Life





Register Now
www.kinloss.org.uk/argov

Joined by Senior Israeli Diplomat

Shlomo Argov born in Jerusalem, after years in the Prime Minister's Office under Ben-Gurion, joined the Israel Ministry of Foreign Affairs and posts included Ghana, Nigeria, New York and Washington, as well as Deputy Director-General for Information of Jerusalem's Foreign Ministry, before being appointed as Ambassador to Mexico, the Netherlands and finally Britain. In 1982, Ambassador Argov was shot and critically wounded by Palestinian terrorists and was hospitalised in Jerusalem for 21 years and remained permanently incapacitated until his death, aged 73.

SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS.
THE GROUP READ ALOUD AND WE DISCUSS IT. NO NEED TO PREPARE ANYTHING IN ADVANCE,
COME AND HAVE A CUP OF TEA WITH US
AND ENJOY THE GROUP.

Tuesday 28th March at 2pm
in The Rabbi's Office at Kinloss

For more information, please speak to :

Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

PURIM 2023 @ KINLOSS

















KINLOSS

BETTER
the feel good place







CHAIR BASED EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

BOOKING IS ESSENTIAL
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267

BACK BY POPULAR DEMAND



Monday afternoons

Doors Open 1.45pm
Screening Starts 2pm
Nemetnejad room

Season 5 (2 episodes a week)
13th, 20th & 27th February
and 13th March

£3 Kinloss Members I £4 non Members

KINLOSS

Friendship Club

All are welcome!



Tuesdays, 10am-1.30pm

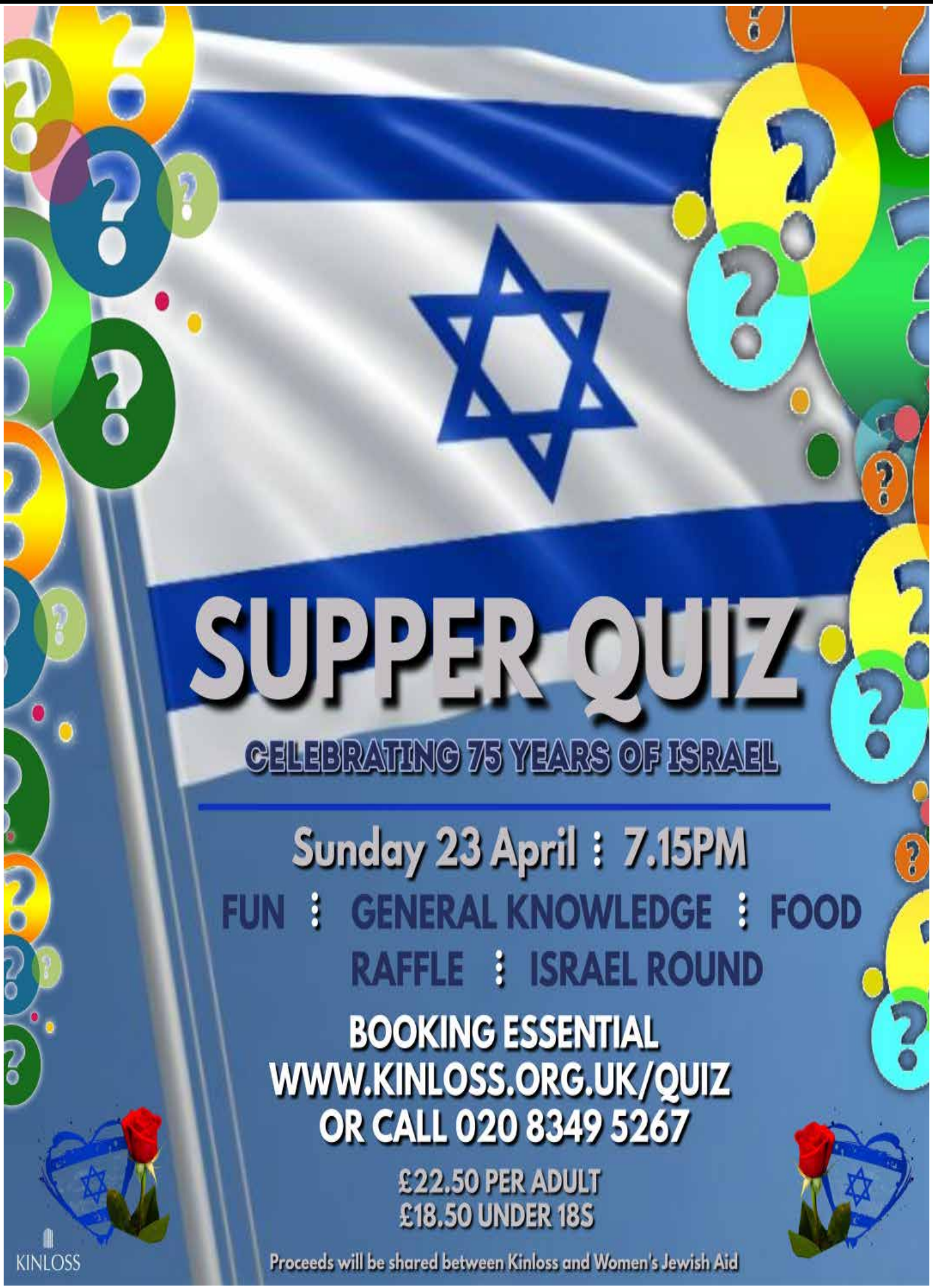


- Socialising
- Playing cards
- Knitting
- Outings
- Lunch and Refreshments

Call Lucy on 020 8349 5267 for more details

KINLOSS *in partnership with* JEWISH CARE
Charity Reg No 802559

APRIL 2023 EVENTS



APRIL 2023 EVENTS

HAGALAT KEILIM FOR PESACH



Monday 3rd April, 7.30pm- 10pm, Deal Hall Kitchens

To Kasher your Metal Utensils

Pre book slots - www.kinloss.org.uk/hagalat

KINLOSS

Kinloss Cares

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Financial assistance through the Phyllis Nathan Trust (www.kinloss.org.uk/pnt)

Advice on communal services

• Shopping

Contact Rochelle
020 8349 5263
kinlosscares@kinloss.org.uk

KINLOSS cares about you

"Kinloss Cares" offers discreet and confidential financial help through the Phyllis Nathan Trust for those in our community in need of support. Over the years we have helped with, eg:

1. Regular financial support to those struggling with the payment of utility bills, etc
2. The distribution of vouchers for the "Kosher Outlet", to help with weekly shopping bills
3. Contributions towards tuition fees for children with special educational needs.
4. Help towards special medical needs, eg physiotherapy, speech therapy, and wheelchairs.

If you have financial difficulties, or know of someone else who does, the Trustees can be contacted, in complete confidence, by writing to the Trustees of the Phyllis Nathan Trust c/o the Shul,

or through Shimon or Rochelle

in the Shul office

email : pnt@kinloss.org.uk

KINLOSS tribe

Welcome to Bnei Akiva for the Kinloss Shabbat Ha'Irgun!

We will be joining the main shul this week!

PURIM @ KINLOSS YOUTH!









youth@kinloss.org.uk

Kinlossyouth

07827031851

MAZEL TOV - מזל טוב

* Mazel tov to Madeleine & Richard Cohen on the forthcoming wedding of their daughter Hannah to Joseph Freedman, son of Hedy-anne & David Freedman.

* Mazel tov to Cohen and Ross families on the recent wedding of Susana & Nabeel

* Mazel tov to Samuel & Miriam Margolin on the engagement of their granddaughter Zoe Margolin, daughter of James & Louise to Sammy Kingston, son of Mark & Lisette.



The Bridge Club are now meeting on TUESDAY AFTERNOONS, 2PM-4PM
in the Persian Synagogue, 2nd floor. There is a lift should you need it.

The club meets weekly.
Self-taught bridge will be played with a possibility of Supervision.

All abilities are welcome, feel free to bring a friend.

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members and £5 non Members.

If you would like more information, please contact Lucy on 0208349 5267

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat at 10:15am in the Newman Room.
Boys of 6 and over welcome.

Led by David Lesser

Would you like to sponsor a Kiddush in the Minyan on Shabbat?
Please sign up via:
www.kinloss.org.uk/minyankiddush

TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21-29

Is your child single and between the age of 21 - 29?

If so, they are not covered under your household membership and funeral scheme.
It is essential they are members in their own right

The cost is £5 a month.

This will also enable them to attend weekday, Shabbatot and Chaggim Services.

Please sign up here : https://portal.tribeuk.com/account/tcm/register/



MAZEL TOV TO THE CHILDREN IN OUR COMMUNITY CELEBRATING THEIR BIRTHDAYS

Yehuda Binun (6)
Lily Dunitz (2)
Toby Jesner (10)
Sasha Spencer (10)
Blake Benjamin (8)
Avi Ellis (9)
Eliana Summers (10)
Sienna Hart (7)









Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk

kinloss.banqueting







DAILY MINYAN:

SERVICES (שבת see front page)	Sun 12th 19 Adar	Mon 13th 20 Adar	Tues 14th 21 Adar	Wed 15th 22 Adar	Thur 16th 23 Adar	Fri 17th 24 Adar
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2		8:00am followed by Sanhedrin by Rabbi Lawrence and breakfast		8:00am followed by Proverbs by Rabbi Laitner and breakfast	8:00am followed by Shiur by Rabbi Heller and breakfast	
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	5:50pm	5:50pm	5:50pm	5:50pm	5:50pm	Mincha Kabbalat Shabbat 5:55pm

Please support the morning Minyanim

Services are in the Liora Graham Beit Midrash



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 11 MARCH

Lorna Bennett	Mother
Trevor Gee	Father
Lynda Horn	Mother
David Judah	Brother
Gloria Lebetkin	Brother
Ilana Leigh	Father
Naomi Nevies	Mother
Pam Silver	Mother
Michael Tager	Brother
Sandra Tauber	Mother

Sunday 12 MARCH

Michael Berger	Father
Edith Breskin	Husband
Vivienne Crespi-Gulgoz	Mother
Lorna Gimmack	Father
Lilian Green	Husband
Corinne Nemetnejad	Father
Elaine Oster	Mother
Frances Posener	Brother
Alan Tinger	Sister
Dolores Zeid	Father

Monday 13 MARCH

Clara Cohen	Father
Sheila Cohen	Mother
Brian Hornick	Wife
Jarvis Lebetkin	Mother
Marian Miller	Father
Marie Prager	Husband
Bernice Walzer	Mother

Tuesday 14 MARCH

Max Bernstone	Father
Greta Jacobs	Husband
Leonard Klahr	Mother
Stewart Shrank	Mother
Jeanne Wilson	Mother

Wednesday 15 MARCH

Ashley Brodin	Mother
Harold Ellis	Mother
Mahin Hakimian	Father
Pauline Harris	Mother

Thursday 16 MARCH

Elizabeth Azizoff	Father
Davide Barzilai	Mother
Brian Clarke	Mother
Amanda Davis	Mother
Samantha Kay	Father
Anthony Korn	Father
Muriel Krieger	Mother
Eve Kugler	Husband
Miriam Langdon	Father
Sharon Lee	Mother
Harvey Plant	Father
Simon Sherrard	Father

Friday 17 MARCH

Fay Aarons	Brother
Linda Davis	Mother
Laurence Joseph	Father
Linda Lew	Husband
Leo Rosenberg	Brother
Pamela Rubens	Husband
Daniel Selby	Mother
Benjamin Shem-Tov	Father
Eta Weitzman	Mother
Monty Zeid	Brother

CONDOLENCES:

* Colin Aaronson, Derek Aaronson and Sharon Ereira on the passing of their mother Sarah Aaronson OBE Z"L

* Michal Bassalian, Levana Elyahou, Chagit and Guy on the passing of their father and husband Gabreal Elyahou Z"L

* Linda Frankl, Tim Frankl, Alexander Frankl, Jason Frankl and Mike Frankl on the passing of their husband, father and brother George Frankl Z"L

* John Greenbourne, Sara Greenbourne and Juliet Stanton on the passing of their wife, mother and sister Caroline Greenbourne Z"L

CONSECRATIONS:

19/03/23 14:00 in Federation Burial Grounds Edgwarebury Lane in memory of Sheila Fertleman Z"L
16/04/23 12:00 in Bushey Old in memory of Helen Hantman Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124
Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263