KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

ויקרא
VAYIKRA

בס״ד

KINLOSS
WWW.KINLOSS.ORG.UK

24 / 25 MARCH 2023

ג׳ ניסן תשפ״ג

SHABBAT WILL START AT 6:06pm AND TERMINATE AT 7:09pm

FRIDAY NIGHT

6:10pm Mincha, Kabbalat Shabbat and Ma'ariv in the Large Deal Hall

6:15pm Friday Night sing-a-long Minyan in the Liora Graham Beit Midrash

5:45pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash

Rabbi Dr Raphael Zarum's Rambam Shiur will not be taking place this week

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Michael Fluss
Rabbi Lawrence will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Simon Renshaw
Lee Zucker will speak
Minyan Kiddush sponsored by Jo & Dan Greenaway

After Kriat Hatorah in the Minyan, there will be a Womens Haftorah Group
Anna and Mia Wohlgemuth will read, Talya Morris will lead the discussion
in the Kinloss Suite Foyer

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Lara Bassalian & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ellie Marantz & Gila Schajer
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback
Yr 3 - Yr 4 Children's Service Kiddush sponsored by Family Hamburger

The whole community is invited to Kiddush in the Kinloss Suite sponsored by
Sylvie & Uri Skop and May & Harvey Sinclair
to celebrate the wedding of their children, Liam & Naomi

12:35pm EARLY MINCHA IN THE MAIN SYNAGOGUE

SHABBAT AFTERNOON

3:30 - 5:30pm Bnei Akiva

6:00pm Mincha followed by Shiur by Rabbi Laitner titled
"An overview of various fascinating Pesach questions, from Egypt (in 1948!)
to the present day"

7:09pm MA'ARIV & TERMINATION OF SHABBAT in the Liora Graham Beit Midrash

BRITISH SUMMER TIME
Remember to turn your clocks 1 hour FORWARD
at 01:00am Sunday morning Sunday 26 March 2023

Privacy – Leora and Harry Salter

We live in a world of Facebook, Instagram, TikTok, Snapchat, emails, blogs and Twitter. A world with no boundaries, where we invite people into our lives and thoughts. Almost anyone can be reached at any time of the day. How often do you sit down and create a time for work or a private moment which is disturbed by a call or notification? Everyone has that feeling of going back to work from annual leave and realising they now have a mountain of emails they need to catch up on.

Moreover, how many times has someone been told something in private which then reaches the public in a matter of minutes? Either through carelessness, misjudgement or error, confidentiality is breached. An individual's boundary now extends from their home to their phone. We trespass into other people's lives daily on their social media networks.

Parashat Vayikra is known as an introduction to Sefer Vayikra which focuses upon sacrifices and Temple ritual. This Parasha discusses the different offerings brought in the Temple.

So, how does this Parasha connect to the message of privacy, courtesy and confidentiality?

The first two verses in Vayikra says: 'The Lord called to Moshe and spoke to him from the Tent of Meeting, saying, "Speak to the children of Israel and say to them."'

In Tractate Yoma the Rabbis discuss two subtle messages from these lines. Firstly, Hashem called to Moshe first and then spoke to him. He didn't surprise or intrude on Moshe's privacy, He called him in. The Rabbis discuss how this is similar to when G-d asks Adam the simple question of 'Where are you?' before He then rebukes him. G-d respects the privacy of Moshe, His leader of the Bnei Yisrael, and Adam, the very first human.

The second message is deceptively simple from the opening verses of our Parasha: 'Saying "**Speak** to the children of Israel and **say** to them." Hashem gives permission to Moshe to share what has been told. The Rabbis derive the lesson that when someone tells you something, you are forbidden to share it with another unless you are given explicit permission to do so.

Living in a technological world brings with its challenges to our privacy. We want to document our every step and show our peers. However, we mustn't forget our human values of privacy, courtesy and trust. We must understand our social boundaries and our social media boundaries to have authentic friendships built on respect and trust.

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Sidra	605	410	544
Haftarah	625	424	1165

Vayikra Statistics
Mitzvot: 16 of the 613 mitzvot, 11 positive and 5 negative
Verses: 111 (26th longest of the 54 Sidrot)
Words: 1673 (20th longest)
Letters: 6222 (20th longest)
Haftarah: 34 verses (9th longest of the 80 Haftarot)

The Book of Vayikra has 247 of the 613 mitzvot, which is more than 40% of the mitzvot in less than 15% of the content of the Torah. The Book of Vayikra averages one mitzvah every 3.5 verses (by comparison, Devarim has one mitzvah every 5 verses, Shemot one per 11 verses, Bemidbar one per 25 verses and Bereishit one per 511 verses).

The First of Months

Chodesh Tov!

The month of Nissan is the anchor point of the Jewish year. As we read in last week's Maftir for Shabbat HaChodesh, there is a mitzvah to fix our calendar around the New Moon of Nissan. This was the first commandment given to Bnei Yisrael as a whole, while still in Egypt and in anticipation of our redemption. Our years are so arranged to ensure that Pesach always falls in the month of Spring (Shemot 23,12), which is the basis for our scheduled Leap Months in Adar, preventing a lunar calendar drift, which would otherwise see Nissan fall eleven days earlier every year (which is what happens with Ramadan).

Nissan is "the first of months" (Shemot 12,2). It marks one of four new years identified by the Mishna (Rosh Hashana 1,1). The others are in Tishrei (our cycle of Judgement and counting of years), Tu Bishvat (the tithing of tree produce) and first of Ellul for the tithing of animals. King's reigns are dated from Nissan. However long the monarch may have been on the throne prior to Nissan, Rosh Chodesh marks the beginning of the next year of his reign and documents are dated accordingly – so that if a king came to the throne on Purim, two weeks later it would be the first month of the second year of his reign.

There is an opinion that the Creation happened in Nissan (Rabbi Yehoshua in Talmud Rosh Hashana 10b). This is the foundation for the Birkat HaChama (Blessing of the Sun ceremony) which happens every 28 years when the Sun returns to its "original position" on a Tuesday night (the constellations were set on the Fourth Day of Creation). It is the rarest Beracha we recite with frequency. The next occurrence will be dawn on Weds April 8th, 2037 (which will be the morning after Pesach that year).

During the entire month of Nissan we do not recite the supplicatory Tachanun prayers, we do not recite eulogies and we do not fast. The Fast of the Firstborn (Weds 5th April 2023) is an anomaly established in antiquity in Masechet Sofrim. Even this fast is normally circumvented through attending a celebratory Siyyum (completion of a Talmudic Tractate) on the morning ahead of the Seder (or preceding Thursday when Pesach falls on Shabbat). The fast applies to firstborn son of either their mother or father and some have the custom that the parent of underage firstborns fast in their stead, with a mother fasting for an underage firstborn son if the father as a firstborn is fasting in his own right.

The Nesiim (Princes of the Tribes) brought their gifts to the Mishkan from Rosh Chodesh Nissan. There is a historic custom to read the appropriate portion (from a Chumash) every morning.

The Talmud instructs that it is incumbent on all of us to set aside Ma'ot Chittim, money to help poorer people purchase matzah for Pesach (Remah 429.1). Over time, it has become traditional that this is transacted as a donation when authorising the **Mechirat Chametz** (Sale of Chametz). See further in Kol Kinloss for details of Sale of Chametz forms and times or follow our online link http://www.kinloss.org.uk/pesach.

Our annual **Hagalat Kelim** and Libbun, to kasher cutlery, kiddush cups, oven racks etc, will be on the evening of Mon 3rd April (7.30-10.00pm). Book your slot on https://www.kinloss.org.uk/hagalat. Please do ensure that utensils are clean and they should not have been used with chametz for the previous 24 hours.

Thanks to **Rabbi Heller** for his shiur on Monday evening and to everyone who participated in the delicious **Pesach Desserts event** with **Silvia Nacamulli** and the moving **Ambassador Shlomo Argov** commemoration on Wednesday. Thanks to Jeremy Teacher and his team for initiating the **Sing-Along Kabbalat Shabbat**, which we look forward to continuing in weeks ahead.

Wishing everyone Shabbat Shalom and Chodesh Tov.



R' Jeremy Lawrence

We're looking for Actors



We are planning to put on a couple of performances of Hayim Maccoby's "**The Disputation**" in early July. It is a dramatisation of the 1263 debate in Barcelona between the Ramban and the Dominican Friar, Pablo Christiani before the Court of King James.

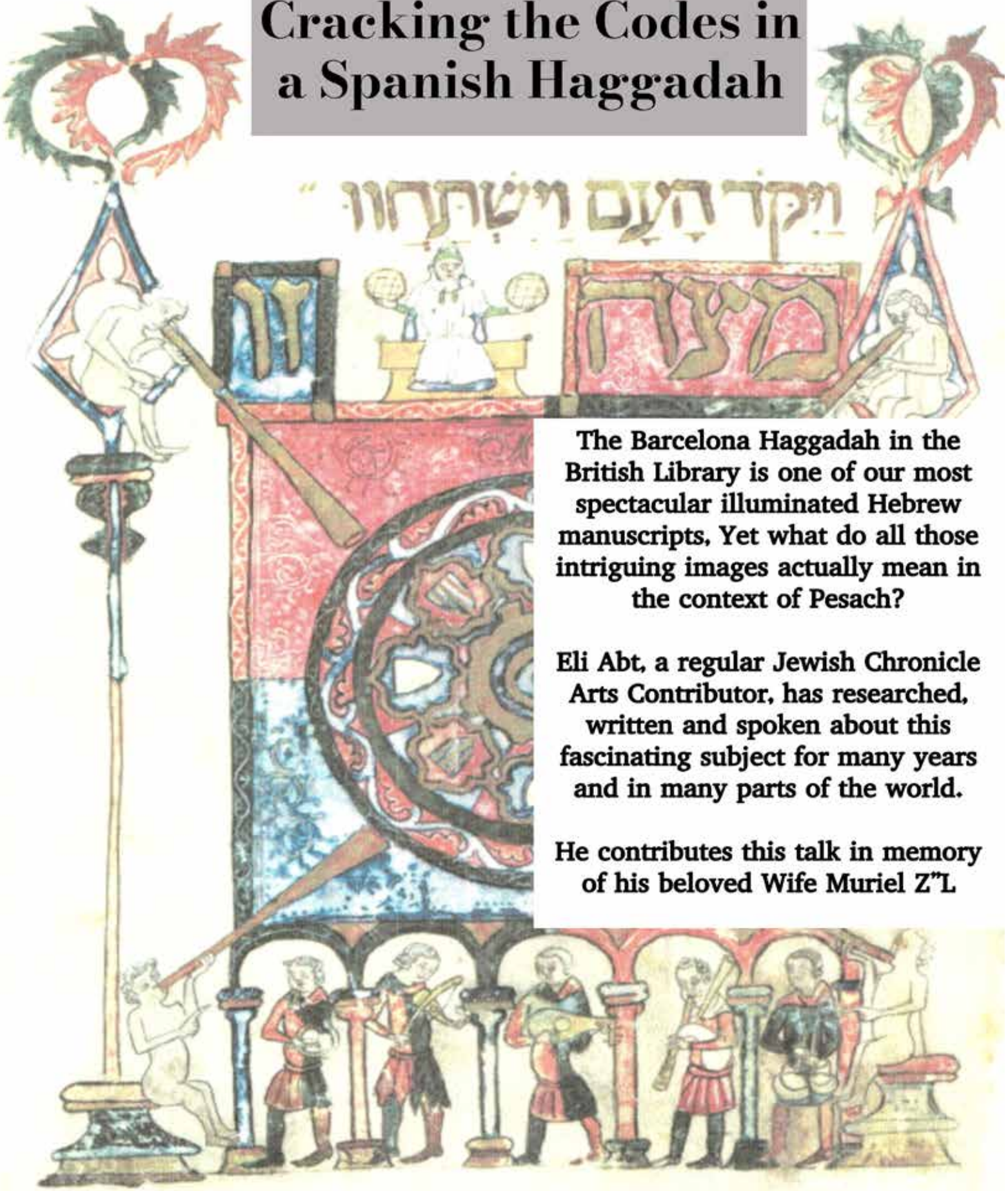
If you would like to participate, please be in touch with Kate Fulton on 07801 911481

MARCH 2023 EVENTS

KINLOSS

ב״ה

Cracking the Codes in a Spanish Haggadah



The Barcelona Haggadah in the British Library is one of our most spectacular illuminated Hebrew manuscripts, Yet what do all those intriguing images actually mean in the context of Pesach?

Eli Abt, a regular Jewish Chronicle Arts Contributor, has researched, written and spoken about this fascinating subject for many years and in many parts of the world.

He contributes this talk in memory of his beloved Wife Muriel Z"L

Tuesday 28th March, 8pm

Book via www.kinloss.org.uk/pesach23

MARCH 2023 EVENTS

KINLOSS cares about you

CHATS FOR CHAPS AND MONDAY MATTERS

Informal discussion groups for men and women, all subjects up for discussion, current affairs, anything topical, music, and much more!
We are always happy to see new faces.

WILL BE ON WEDNESDAY 29TH MARCH 2023
STARTING AT 11:00AM
WITH GUEST SPEAKER SKITZ GITTELMON
FOLLOWED BY LUNCH

FOR CATERING PURPOSES, IF YOU WOULD LIKE TO ATTEND
Please call Rochelle on 020 8349 5263
or email kinlosscares@kinloss.org.uk
by Friday 24th March 2023

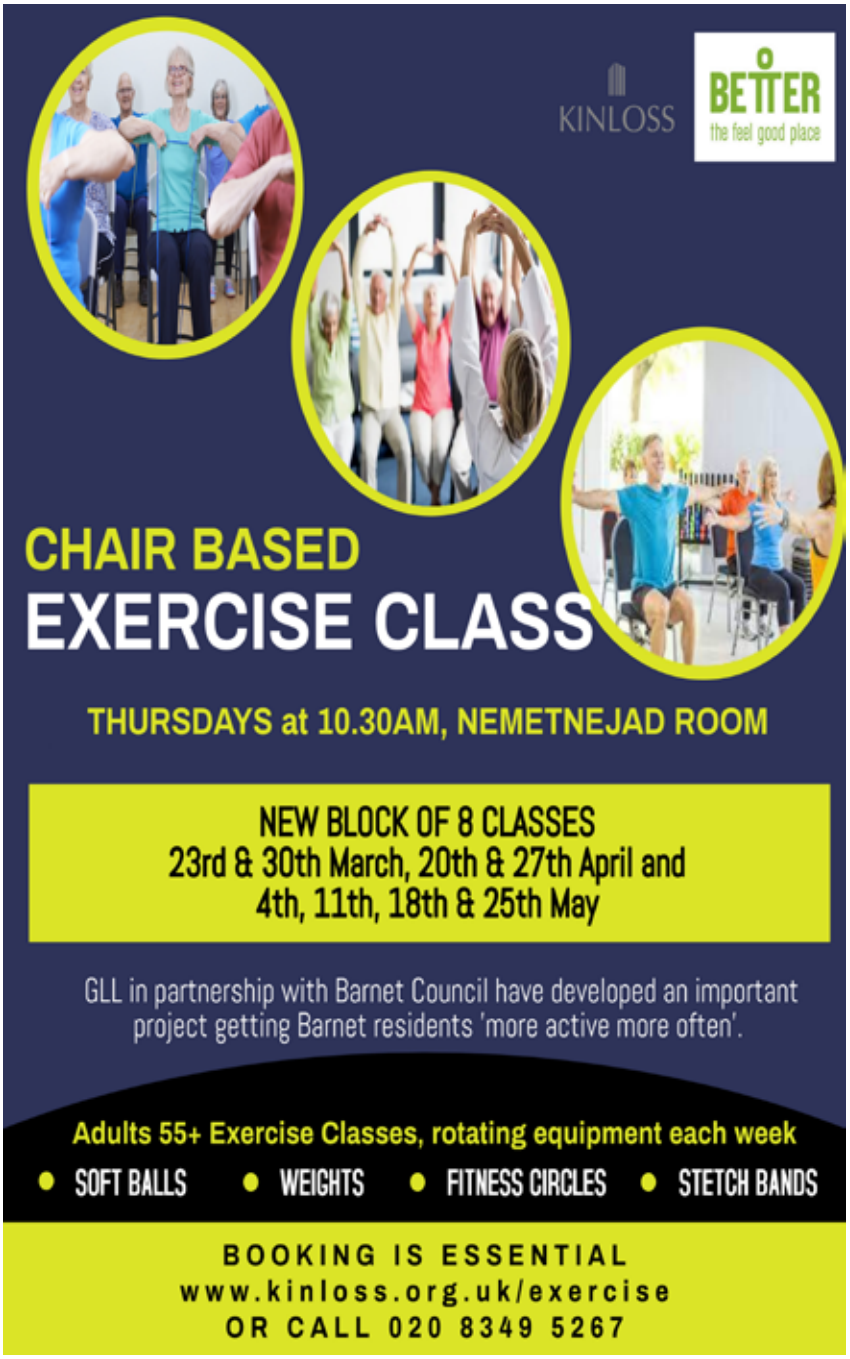
SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS. THE GROUP READ ALOUD AND WE DISCUSS IT. NO NEED TO PREPARE ANYTHING IN ADVANCE,
COME AND HAVE A CUP OF TEA WITH US AND ENJOY THE GROUP.

Tuesday 28th March at 2pm
in The Rabbi's Office
at Kinloss

For more information,
please speak to :

Kate Fulton on 07801 911 481
or kathrynfulton@hotmail.com



APRIL 2023 EVENTS

Following the Main Services on Shabbat HaGadol (Shabbat 1st April) join the community for a special farewell and thank you Kiddush in honour of

Rebbetzin Sharon and Rabbi Michael Laitner

They will be leaving Kinloss on Wednesday 5th April.



Never Forget

ONE MONTH TO GO

Be part of the community-wide commemoration marking Yom HaShoah by lighting your **YELLOW CANDLE** on 17th April 2023

YELLOW CANDLE™
I AM REMEMBERING ONE OF THE SIX MILLION
17TH APRIL 2023

Purchase your Yellow Candle at **yellowcandleuk.org**

PESACH 2023

SALE OF CHAMETZ FORMS ARE NOW AVAILABLE ONLINE

PLEASE GO TO : WWW.KINLOSS.ORG.UK/PESACH

FORMS MUST BE RETURNED TO THE SHUL OFFICE BEFORE TUESDAY 4 APRIL 2023

ALTERNATIVELY YOU CAN COME TO SELL YOUR CHAMETZ WITH RABBI LAWRENCE:

THURSDAY 23RD BETWEEN 5.30pm - 6pm
SUNDAY 26TH BETWEEN 9am - 9.30am
MONDAY 27TH BETWEEN 9am - 9.30am
WEDNESDAY 29TH BETWEEN 6.45pm - 7.15pm



HAGALAT KEILIM FOR PESACH



Monday 3rd April, 7.30pm- 10pm, Deal Hall Kitchens

To Kasher your Metal Utensils

Pre book slots - www.kinloss.org.uk/hagalat

KINLOSS

BARNET CHOMETZ REFUSE COLLECTION 2023

We have been advised that Barnet Council will again be providing Chometz collection service to residents before Pesach.

This service will operate on over 300 pre-designated roads, and will make it simple for residents who wish to dispose of their Chometz before the start of Pesach.

Barnet Council have details on their website

www.barnet.gov.uk/pesach-collection

BARNET
LONDON BOROUGH

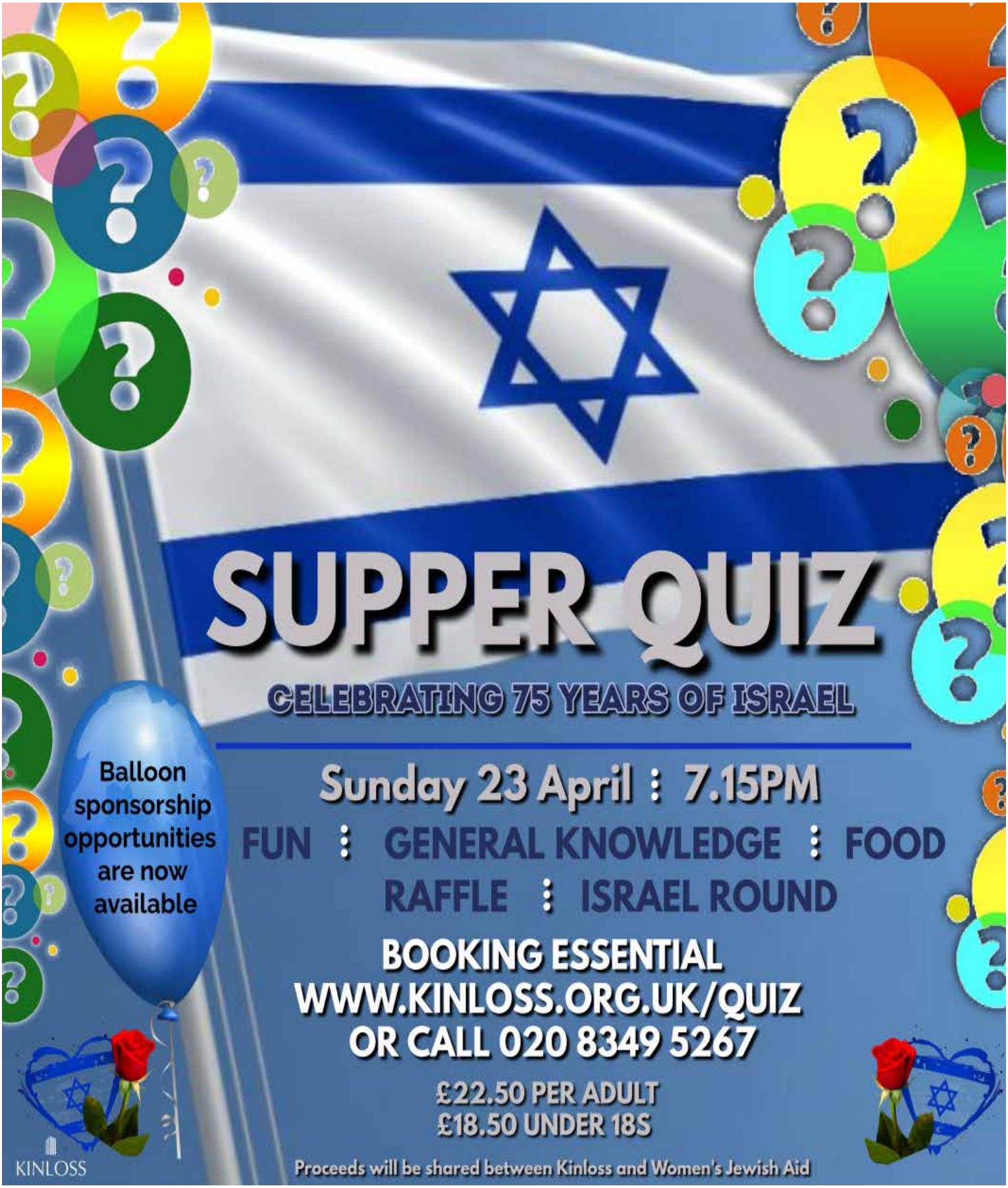
KINLOSS cares about you

PESACH SEDARIM 2023

If you would like to be hosted for a Pesach Seder with a Kinloss family or would like more information on communal Sedarim please contact:

Rochelle 0208 349 5263/07517 577019

APRIL 2023 EVENTS



Would you like to sponsor a Kiddush in the Minyan on Shabbat? Please sign up via:
www.kinloss.org.uk/minyankiddush

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat at 10:15am in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

APRIL 2023 EVENTS

Alzheimer's Disease

"How the Biomarker and Treatment Revolution is resolving this global Pandemic."

THURSDAY 20th APRIL, 7.30PM

Dr Emer MacSweeney



Co-founder, Dr MacSweeney, is CEO and Medical Director of award-winning brain and mind clinic Re:Cognition Health to provide a specialist service in the neurological assessment and imaging of cognitive impairment, neurovascular diseases and traumatic brain injury, including the provision for medico-legal expert opinion. Health Clinics in both the UK and US, are also major centres for international trials of disease-modifying and new symptomatic drugs for Alzheimer's disease and other neurological conditions.

Book Now

www.kinloss.org.uk/brain

KINLOSS

Re:Cognition Health Brain and Mind Experts



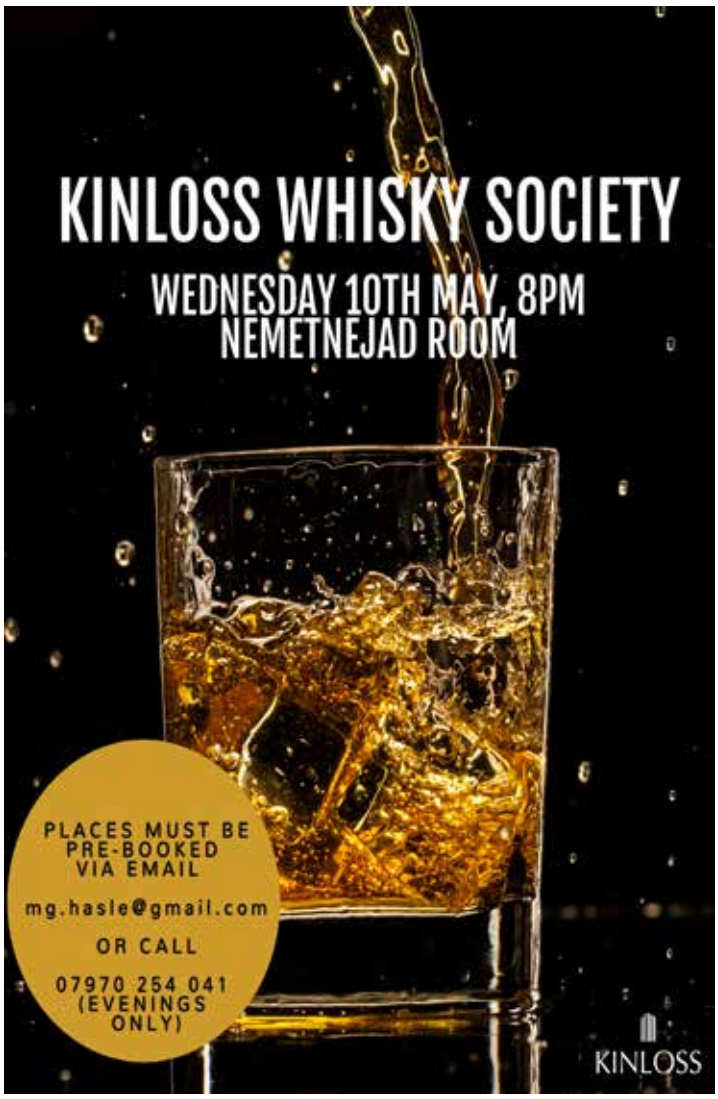
Join us for an evening of Art, Wine & Sushi

Exhibits for sale include paintings, sculptures, Jewellery, Embroidery, Silk, Ceramics, Infused Glass and Photography.

Free Entry - www.kinloss.org.uk/fair

chai cancer care
together we can cope

KINLOSS





The CRP Process has changed

There are no longer any online options for collecting points

The Tribe course is available to attend in person only

The online Kabbalat Shabbat Services are no longer an option for collecting points

Friday night can be attended for collecting points OR Shabbat morning services (ONE TOKEN PER WEEK)

Recording attendance to shuls commences from 21st April 2023

TO REGISTER PLEASE GO TO : WWW.KINLOSS.ORG.UK/CRP



KINLOSS cares about you

"Kinloss Cares" offers discreet and confidential financial help through the Phyllis Nathan Trust for those in our community in need of support. Over the years we have helped with, eg:

1. Regular financial support to those struggling with the payment of utility bills, etc
2. The distribution of vouchers for the "Kosher Outlet", to help with weekly shopping bills
3. Contributions towards tuition fees for children with special educational needs.
4. Help towards special medical needs, eg physiotherapy, speech therapy, and wheelchairs.

If you have financial difficulties, or know of someone else who does, the Trustees can be contacted, in complete confidence, by writing to the Trustees of the Phyllis Nathan Trust c/o the Shul,

or through Shimon or Rochelle

in the Shul office

email : pnt@kinloss.org.uk



With thanks to Her Excellency Ambassador Tzipi Hotovely and Ambassador Shlomo Argov's family.















With thanks to Silvia Nacamulli as she demonstrated three delicious Italian Pesach Desserts.

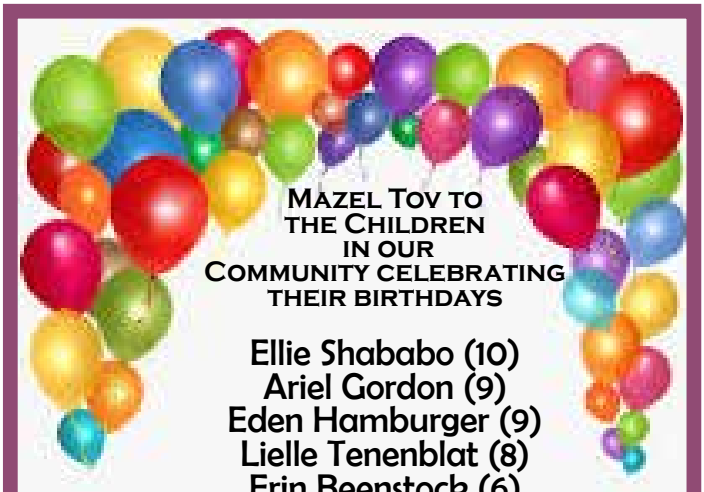
Silvia Nacamulli



Friendship Club

is closed until Tuesday 18th April





Mazel Tov to the children in our community celebrating their birthdays

Ellie Shababo (10)
Ariel Gordon (9)
Eden Hamburger (9)
Lielle Tenenblat (8)
Erin Beenstock (6)
Isabella Beenstock (6)
Zachary Fels (11)
Amalia Hen (11)
Bea Forman (8)
Quinn Goldsmith (2)
Ayala Levene (8)

YOUTH

KINLOSS tribe

Vayikra

9:25am - Breakfast Shmooze in Youth Flat

9:45am - Youth Service - Liora Graham Beit Midrash

Followed by a Dvar Torah and an ice cream Kiddush sponsored by Sam Ellis and Yossi Hurst

PRE PESACH PAINT NIGHT!



SIGN UP:

WWW.KINLOSS.ORG.UK/PAINT

youth@kinloss.org.uk

Kinlossyouth

07827031851

MAZEL TOV - מזל טוב

* Mazel Tov to Naomi Sinclair & Liam Skop on their forthcoming wedding. Mazel tov also to their parents May & Harvey Sinclair and Sylvie & Uri Skop from Antwerp, Belgium. Mazel Tov also to all their families

* Mazel Tov to Hanna & Jacob Renshaw Haddad on the birth of a son, brother to Marco. Mazel Tov to grandparents Glynis & Moti Haddad and Elaine & Stephen Renshaw. Mazel Tov to great grandma Betty in Israel.

* Mazel Tov to Barbara & Laurence Cohen on the forthcoming marriage of their son David to Ruth Lux, daughter of Jonathan Lux. Remembering Ruth's mother Simone Lux Z"L at this happy time.

* Mazel Tov to Nora & Roy Rabbie on the birth of a daughter, Maya Aliza, sister to Reuben. Mazel Tov also to grandparents Hilda & Nejat Rahmani and Jack Rabbie. Remembering grandmother Lili Rabbie z"l.







Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk

kinloss.banqueting



DAILY MINYAN:

SERVICES (שבת **see front page)**	Sun 26th 4 Nisan	Mon 27th 5 Nisan	Tues 28th 6 Nisan	Wed 29th 7 Nisan	Thur 30th 8 Nisan	Fri 31st 9 Nisan
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2		8:00am followed by Sanhedrin by Rabbi Lawrence and breakfast		8:00am followed by Pesach by Rabbi Laitner and breakfast	8:00am followed by Shiur by Rabbi Heller and breakfast	
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:10pm	7:10pm	7:10pm	7:10pm	7:10pm	Mincha Kabbalat Shabbat 7:20pm

Please support the morning Minyanim
Services are in the Liora Graham Beit Midrash

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our security rotas for shifts.

Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we **MUST** provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.

Please email : securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031
to volunteer



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 25 MARCH

Heather Grant	Mother
Shoshana Lax	Mother
Elizabeth Meyer	Mother
Jill Pivnik	Husband
Susan Shrago	Father

Sunday 26 MARCH

Leon Barnes	Mother
Rochelle Garfinkel	Father
Gerald Gershon	Father
Raphael Harris	Mother
Geoffrey Morrow	Mother
Judith Susser	Father
Madeleine Winston	Mother

Monday 27 MARCH

Amos Azizoff	Sister
Cynthia Bengen	Mother
Malcolm Chaplin	Mother
Iran Farzanpour	Husband
Sara Keen	Mother
Gerald Lucas	Mother
Nader Navazesh	Father
Hyman Valman	Mother

Tuesday 28 MARCH

Fay Aarons	Mother
Sheila Forman	Brother

Wednesday 29 MARCH

Valerie Alembick	Husband
Sara Ansell	Mother
Leslie Kaye	Brother
Rhoda Robinson	Sister
Margaret Solomon	Sister

Thursday 30 MARCH

Frances Cohen	Mother
Gloria Fox	Husband
Devorah Harounoff	Mother
Audrey Kelvin	Husband

Friday 31 MARCH

Richard Brett	Father
Audrey Godfrey	Father
Eve Nachman	Mother
Clive Rubin	Mother



The Bridge Club are now meeting on

TUESDAY AFTERNOONS, 2PM-4PM

in the Persian Synagogue, 2nd floor.

There is a lift should you need it.

The club meets weekly. Self-taught bridge will be played with a possibility of Supervision.

All abilities are welcome, feel free to bring a friend.

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members and £5 non Members.

If you would like more information, please contact Lucy on 0208349 5267

CONSECRATIONS:

16/04/23 12:00 in Bushey Old in memory of Helen Hantman Z"L

23/04/23 11:00 in Bushey Old in memory of Sybil Frankfurt Z"L (mother of Barbara Zucker)



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124
Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263