KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

ויקחל פקודי
VAYAKHEL-PEKUDEI
+ HACHODESH

בס״ד

KINLOSS
WWW.KINLOSS.ORG.UK

17 / 18 MARCH 2023 כ״ה אדר תשפ״ג

SHABBAT WILL START AT 5:54pm AND TERMINATE AT 6:57pm

Mevarachim Hachodesh *Rosh Chodesh Nisan is Thursday 23rd*

FRIDAY NIGHT

5:55pm Mincha, Kabbalat Shabbat and Ma'ariv in the Large Deal Hall

6:05pm Friday Night sing-a-long Minyan in the Liora Graham Beit Midrash

5:45pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash

Rabbi Dr Raphael Zarum's Rambam Shiur will not be taking place 18 and 25 March

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Chazan Eli Sufrin
Rabbi Laitner will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Carl White
Rabbi Lawrence will speak
Minyan Kiddush sponsored by Sarah & Neil Nachshen and Dorothy Sadlik

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Lara Bassalian & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ellie Marantz & Gila Schajer
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback
Yr 3 - Yr 6 will be followed by a special Shabbat Mevarachim Kiddush

This week's Kiddush is sponsored by David and Sharon Elek and family
to mark the 15th yarhzeit of Francis Elek z"l

12:35pm EARLY MINCHA IN THE MAIN SYNAGOGUE

SHABBAT AFTERNOON

Bnei Akiva is not taking place this week

5:45pm Mincha followed by Shiur by Rabbi Laitner titled
"Jerusalem 1948: questions arising from a Pesach under siege, 75 years ago"

6:57pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

This week's Kol Kinloss is sponsored by the Elek family
on the yahrzeit of Francis Elek z"l

Building Holiness by Rabbi Michael Laitner

"And Moshe saw the entirety of the work, and behold, they had performed it as God had commanded - so had they done - and Moshe blessed them" (Shemot 39.43)

The *Mishkan* (Tabernacle), is now completed. Two questions immediately emerge from the text. Stated chronologically, why is the description of performance repeated, and what was the blessing that Moshe gave?

We will look at the second question initially.

Rashi explains that Moshe's blessing was that the Divine Presence should rest over their work, invoking a verse found at the end of Psalm 90 and said in Shabbat morning prayers (p. 338 in the green Siddur).

This is one of the 11 Psalms in the Book of Tehilim (Psalms) attributed to Moshe, as noted by Rashi in his commentary to that Psalm. Those 11 Psalms correspond to the 11 tribes blessed by Moshe in the Sidra of Vezot HeBeracha (Devarim chapter 33).

Rabbi Shlomo Efraim, commenting on our verse in his 16th century work, "Keli Yakar", sees the construction of the Mishkan and the blessing as repairing the damage caused by the building of the golden calf. Ironically, perhaps the golden calf was a catalyst for the construction of the Mishkan, as people needed a designated place where they could pray communally.

This emphasises the power of community and shul. It is a place where our very presence by itself unites us and provides the setting to enable all present to flourish, a process enhanced by our activity in prayer, chesed and Torah.

Turning to the first question, Keli Yakar notes that the description of performance could also hint that the Jews carried out similar activities in both the construction of the Mishkan and the building of the golden calf. Moshe prayed that in building the Mishkan, the people's activities and motivations would be correct, worthy of receiving God's blessing.

Keli Yakar concludes by noting that Moshe prayed that the correct approach to constructing the Mishkan would lead to the realisation of one of the earliest verses describing the Mishkan, "And they shall make me a Mishkan and I will dwell amongst them", (Shemot 25:8). Proper construction of the Mishkan, the very opposite of the construction of the golden calf or of anything else physical or attitudinally which we are tempted to prioritise, could demonstrate the worthiness of the people for God's Presence to dwell within them.

May we emulate this to the best of our ability in Kinloss and every other shuls.

VAYAKHEL STATISTICS
MITZVOT: ONLY 1 OF THE 613 MITZVOT
VERSES: 122 (17TH LONGEST OF THE 54 SIDROT)
WORDS: 1558 (24TH LONGEST)
LETTERS: 6181 (21ST LONGEST)
HAFTARAH: 11 VERSES (JOINT 3RD SHORTEST OF THE 80 HAFTAROT)

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
VAYAKHEL	573	373	516
MAFTIR HACHODESH	386	253	348
HAFTARAH HACHODESH	1195	1001	1218

Remembering Ambassador Shlomo Argov – Fond of Finchley.


Daily Mail
Midnight gun battle in Mayfair
ISRAELI ENVOY SHOT DOWN

On 3rd June 1982, Israel's Ambassador to the Court of St James's was shot in the head and critically injured as he left a banquet at the Dorchester Hotel in Park Lane.

Ambassador Shlomo Argov was a diplomatic giant in the Israeli Foreign Service. Born in 1929, Argov was a seventh generation Jerusalemite. He fought in the Palmach in the War of Independence and was wounded in the Battle for Tsfat.

He attained a BA in political Science from Georgetown University in 1952, then moved to London to study for an MA in International Relations from the LSE. In 1953, he married Chava Sternberg at Finchley Synagogue. She was a Secretary at the Israel Embassy.


Marriage solemnized at Finchley Synagogue in the District of

On returning to Israel, Argov served in David Ben Gurion's Prime Minister's Office, then embarked on a distinguished career in the Foreign Service. This took him to Ghana, Nigeria, New York, Washington, Mexico and the Netherlands.

In 1979, Prime Minister Menachem Begin saw Argov as the ideal Ambassador for the London Embassy, even though Argov identified with Israel's Labour party. Argov was a passionate supporter of local Jewish communities, and a diplomatic heavyweight; someone who could forcefully and articulately put the Israeli case to a generally hostile Foreign Office and British media. This was the year of the peace process with Egypt, but also a time of escalating terror and atrocities by Palestinian factions. The latter controlled southern Lebanon.

On 3rd June 1982, Colin Simpson was Ambassador Argov's protective bodyguard. He testified, "He bent down somewhat and was about to enter the car. When he was about to put his head inside, I heard a noise behind me. The ambassador fell to the pavement. I looked down at him and saw what appeared then as an extremely serious wound."

Simpson gave chase and exchanged fire with one of the three would be assassins from the Abu Nidal faction. They were subsequently arrested, convicted and sentenced to terms of 30 and 35 years. In their rooms was found weaponry and a list of distinguished names, most probably potential targets. These included Chief Rabbi Jacobovits and other prominent Anglo-Jewish leaders.

Ambassador Argov was hospitalised and comatose for three months. On regaining consciousness, he returned to Israel. In the early years, he had periods of lucidity in which he continued to follow the news. Permanently paralysed, he remained as a patient at Hadassah Hospital for 21 years till his death on 23 February 2003. Chava had died the year before. They are survived by their three children, Gidon, Yehudit and Edna.

In 1983, Yehuda Avner succeeded Shlomo Argov as Ambassador, a position he occupied till 1988.

The assassination attempt became the effective trigger for Israel's invasion of Lebanon on June 6th. In a letter to a friend, dictated in 1983, and subsequently printed in HaAretz, Ambassador Argov reflected that "Israel should go to war only when there is no alternative. Our soldiers should never go to war unless it is vital for survival. We are tired of wars. The nation wants peace."

This Wednesday evening at 8pm, we look forward to welcoming **Ambassador Argov's children, Gidon, Yehudit and Edna** with grandchildren and other members of his family to Kinloss, alongside the senior Embassy staff of today, for a celebration of his life. Of course, the whole complex has certainly changed since his marriage to Chava in 1953! The family note he had a warm affection for our community; and **you are invited by them and the Embassy to join for reflection, celebration and refreshment.**

Fittingly, Wednesday night is Rosh Chodesh Nisan, the month of our liberation. The mitzvah of marking the new moon was the first commandment given by Hashem to our nation as a whole. The Sfat Emet (1847-1905) wrote, that even though we experience depths of pain, alienation and exile, like the return of the moon and the redemption of Pesach, Israel must have faith that when we mark time as holy, Hashem will rise to defend His People.

Many thanks to the generous donors who assisted in raising **£521,392 for US Chesed** over their campaign last week. The campaign leaders have expressed their warm thanks to the Kinloss families and friends who contributed through our page, as well as all those who matched donations and contributed their time and energy.

This Shabbat we are encouraging your **support of the Eruv, which** requires weekly supervision and periodic maintenance. The Eruv is of significant help to our community members of all ages. It particularly enables thriving children's activities, and stops many families from being socially restricted or housebound. For **just £1 per family per week** we can ensure the smooth continuity of this transformative facility. Please do contribute through www.kinloss.org.uk/eruv.

Please do join **Rabbi Heller's shiur on The Seder in Halacha** on Monday evening at 8pm at Mark & Eleanor's home, 90 Windermere Ave N3.

Shabbat Shalom & Chodesh Tov
R' Jeremy Lawrence

MARCH 2023 EVENTS

WEDNESDAY
22ND
MARCH

8
PM

KINLOSS

Israeli Ambassador Shlomo Argov:

A Celebration of Life





Register Now
www.kinloss.org.uk/argov

Joined by Senior Israeli Diplomat

Shlomo Argov born in Jerusalem, after years in the Prime Minister's Office under Ben-Gurion, joined the Israel Ministry of Foreign Affairs and posts included Ghana, Nigeria, New York and Washington, as well as Deputy Director-General for Information of Jerusalem's Foreign Ministry, before being appointed as Ambassador to Mexico, the Netherlands and finally Britain. In 1982, Ambassador Argov was shot and critically wounded by Palestinian terrorists and was hospitalised in Jerusalem for 21 years and remained permanently incapacitated until his death, aged 73.

SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS.
THE GROUP READ ALOUD AND WE DISCUSS IT. NO NEED TO PREPARE ANYTHING IN ADVANCE, COME AND HAVE A CUP OF TEA WITH US AND ENJOY THE GROUP.

Tuesday 28th March at 2pm
in The Rabbi's Office at Kinloss

For more information, please speak to :

Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

MARCH 2023 EVENTS

NORTH WEST LONDON ERUV

KINLOSS

LET'S CARRY ON

Please support the Kinloss Eruv Fundraising campaign

19 March 2023

www.kinloss.org.uk/eruv



The North West London Eruv has changed Kinloss life for us all. So much so that we now take it for granted.

It costs £45,000 per year to maintain the Eruv. The cost is split around the various communities that depend on it, with Kinloss responsible for £7,500 per year.

These costs are a responsibility for us all

Please donate at least £1 per week at

www.kinloss.org.uk/eruv

Registered charity no. 1081160

MARCH 2023 EVENTS

KINLOSS



Wednesday 22 March, 7.30pm

Demonstration and Tasting of 3 Pesach Desserts

Italian Pesach Desserts with Silvia Nacamulli
Jewish Flavours of Italy: A Family Cookbook



Silvia is a master in the art of traditional Italian Jewish home-cuisine. Signed copies of the books will be available.



Book via www.kinloss.org.uk/baking
£3 Kinloss Members, £5 Non Members

KINLOSS cares about you

CHATS FOR CHAPS AND MONDAY MATTERS

Informal discussion groups for men and women, all subjects up for discussion, current affairs, anything topical, music, and much more!
We are always happy to see new faces.

WILL BE ON WEDNESDAY 29TH MARCH 2023
STARTING AT 11:00AM
FOLLOWED BY LUNCH

FOR CATERING PURPOSES, IF YOU WOULD LIKE TO ATTEND

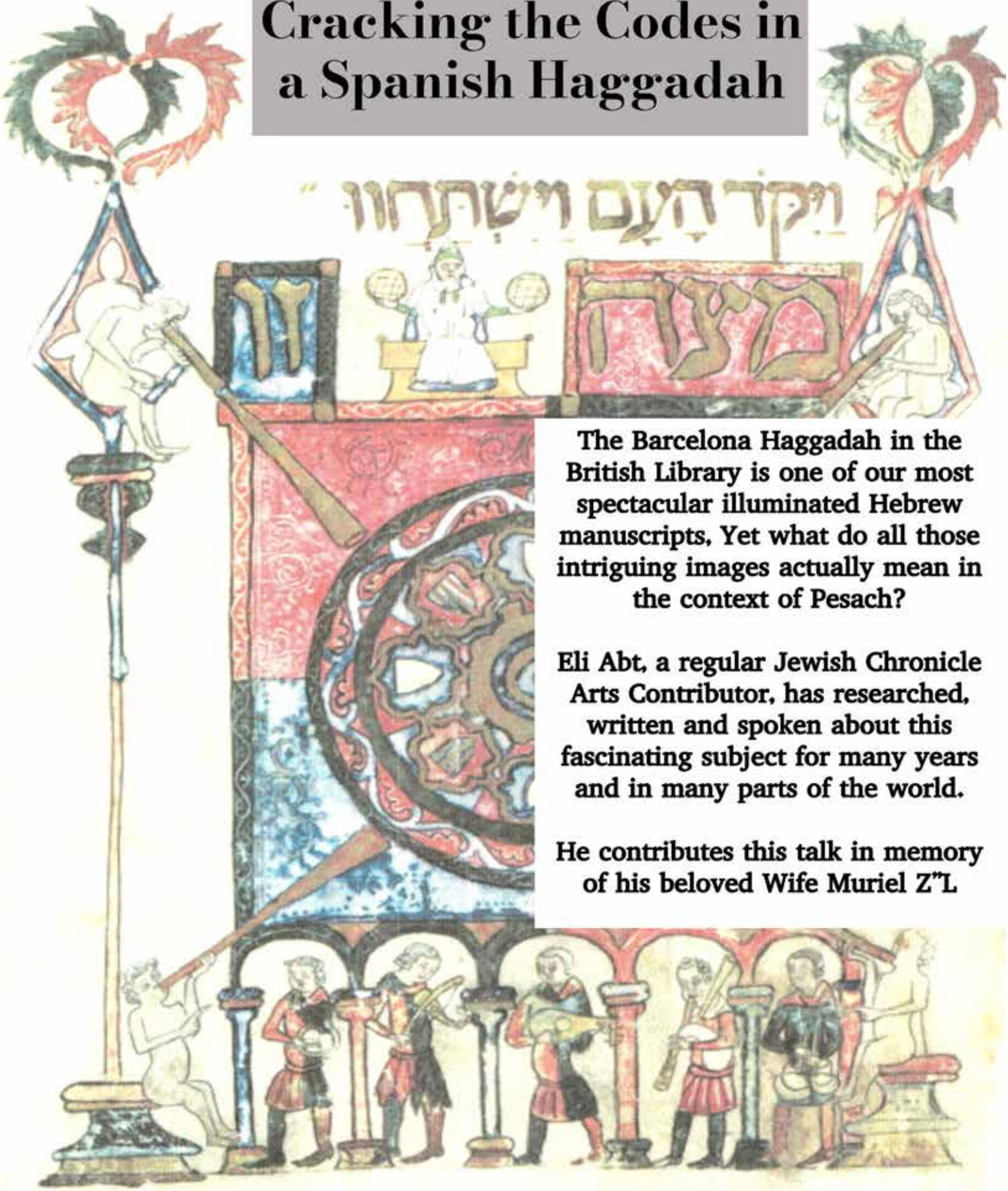
Please call Rochelle on 020 8349 5263 or email kinlosscares@kinloss.org.uk
BY Friday 24th March 2023

MARCH 2023 EVENTS

KINLOSS

ב״ה

Cracking the Codes in a Spanish Haggadah



The Barcelona Haggadah in the British Library is one of our most spectacular illuminated Hebrew manuscripts, Yet what do all those intriguing images actually mean in the context of Pesach?

Eli Abt, a regular Jewish Chronicle Arts Contributor, has researched, written and spoken about this fascinating subject for many years and in many parts of the world.

He contributes this talk in memory of his beloved Wife Muriel Z"L

Tuesday 28th March, 8pm

Book via www.kinloss.org.uk/pesach23

PESACH 2023

SALE OF CHAMETZ FORMS ARE NOW AVAILABLE ONLINE



PLEASE GO TO :

WWW.KINLOSS.ORG.UK/PESACH

FORMS MUST BE RETURNED TO THE KINLOSS OFFICE BEFORE TUESDAY 4 APRIL 2023

BARNET CHOMETZ REFUSE COLLECTION 2023

We have been advised that Barnet Council will again be providing Chometz collection service to residents before Pesach.

This service will operate on over 300 pre-designated roads, and will make it simple for residents who wish to dispose of their Chometz before the start of Pesach.

Barnet Council have details on their website

www.barnet.gov.uk/pesach-collection

BARNET
LONDON BOROUGH



HAGALAT KEILIM FOR PESACH



Monday 3rd April, 7.30pm- 10pm, Deal Hall Kitchens

To Kasher your Metal Utensils

Pre book slots - www.kinloss.org.uk/hagalat

KINLOSS

APRIL 2023 EVENTS

Alzheimer's Disease

"How the Biomarker and Treatment Treatment Revolution is resolving this global Pandemic."

THURSDAY 20th APRIL, 7.30PM

Dr Emer MacSweeney



Co-founder, Dr MacSweeney, is CEO and Medical Director of award-winning brain and mind clinic Re:Cognition Health to provide a specialist service in the neurological assessment and imaging of cognitive impairment, neurovascular diseases and traumatic brain injury, including the provision for medico-legal expert opinion. Health Clinics in both the UK and US, are also major centres for international trials of disease-modifying and new symptomatic drugs for Alzheimer's disease and other neurological conditions.

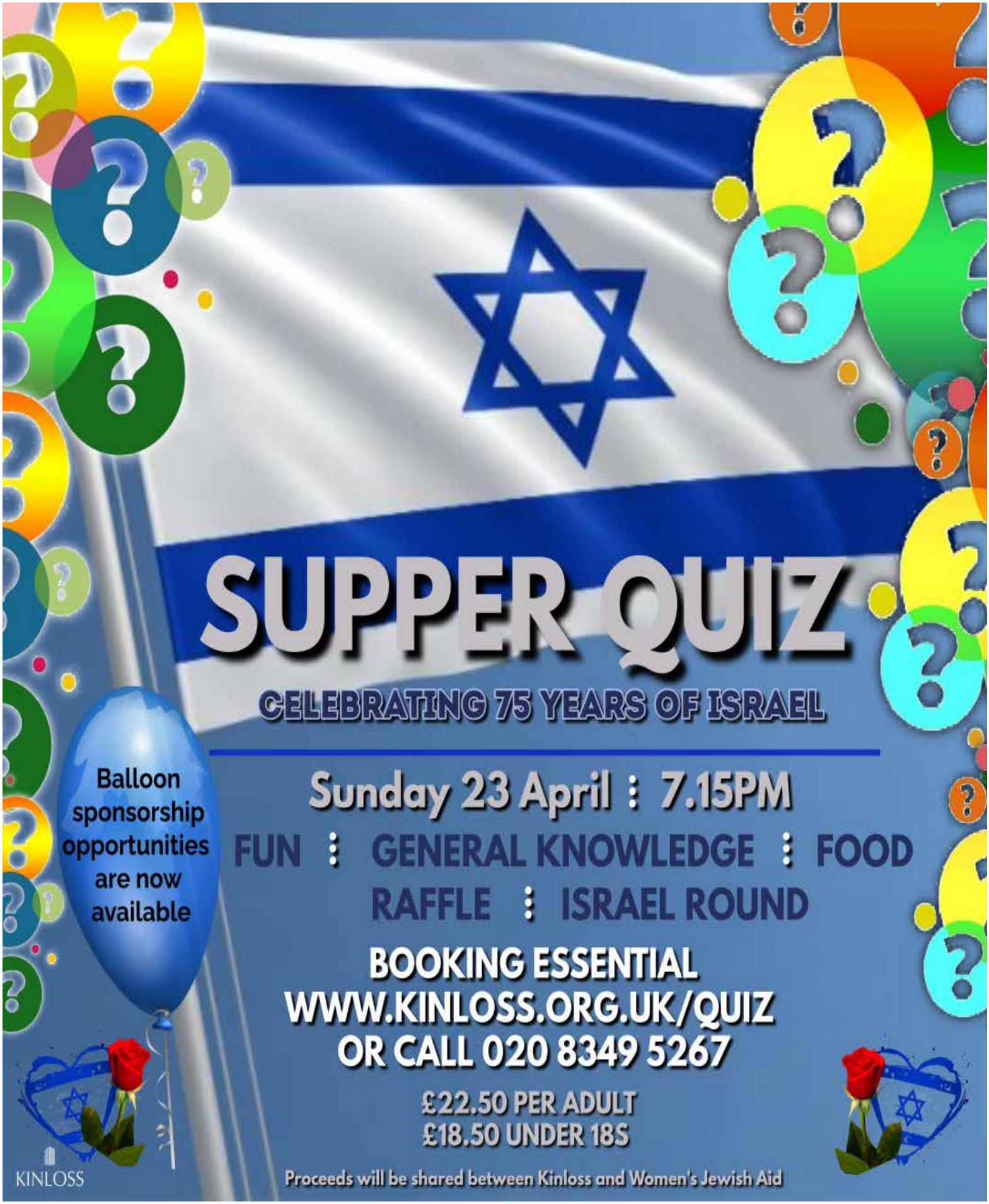
Book Now

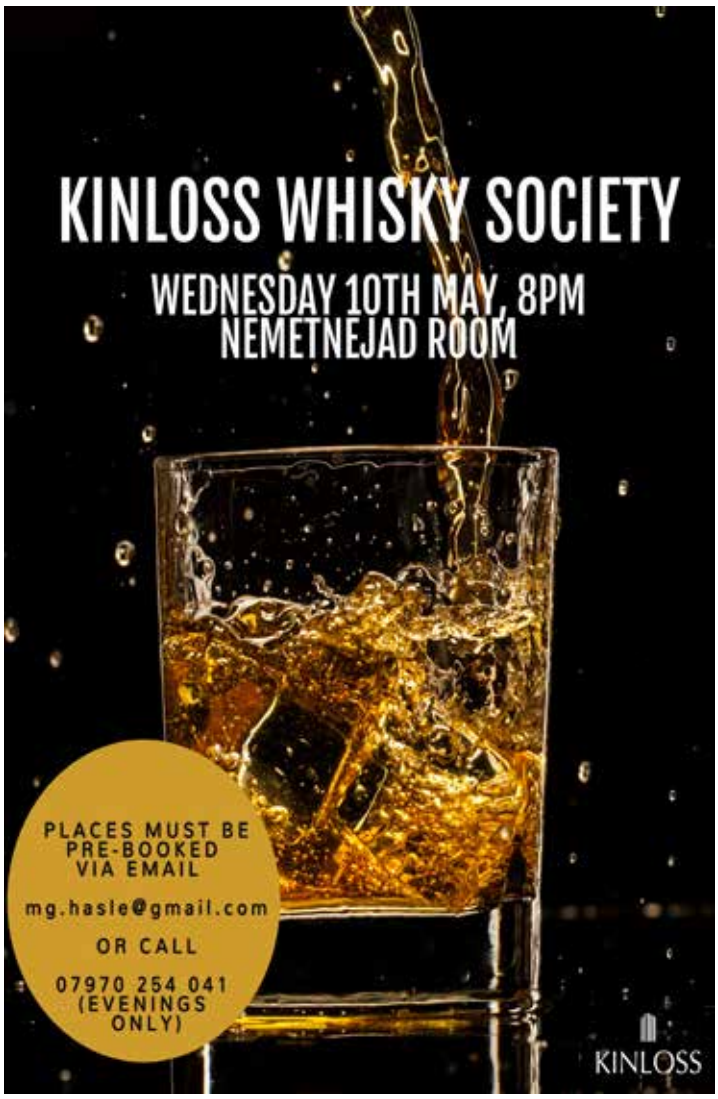
www.kinloss.org.uk/brain

KINLOSS

Re:Cognition Health Brain and Mind Experts

APRIL 2023 EVENTS







The CRP Process has changed

There are no longer any online options for collecting points

The Tribe course is available to attend in person only

The online Kabbalat Shabbat Services are no longer an option for collecting points

Friday night can be attended for collecting points OR Shabbat morning services (ONE TOKEN PER WEEK)

Recording attendance to shuls commences from 21st April 2023

TO REGISTER PLEASE GO TO : WWW.KINLOSS.ORG.UK/CRP



KINLOSS cares about you

"Kinloss Cares" offers discreet and confidential financial help through the Phyllis Nathan Trust for those in our community in need of support. Over the years we have helped with, eg:

1. Regular financial support to those struggling with the payment of utility bills, etc
2. The distribution of vouchers for the "Kosher Outlet", to help with weekly shopping bills
3. Contributions towards tuition fees for children with special educational needs.
4. Help towards special medical needs, eg physiotherapy, speech therapy, and wheelchairs.

If you have financial difficulties, or know of someone else who does, the Trustees can be contacted, in complete confidence, by writing to the Trustees of the Phyllis Nathan Trust c/o the Shul,

or through Shimon or Rochelle

in the Shul office

email : pnt@kinloss.org.uk

KINLOSS

BETTER
the feel good place







CHAIR BASED EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

NEW BLOCK OF 8 CLASSES
23rd & 30th March, 20th & 27th April and
4th, 11th, 18th & 25th May

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

BOOKING IS ESSENTIAL
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267

FEEL FREE TO TURN UP. NO NEED TO BOOK!

LITTLE EXPLORERS

£6 PER CHILD/ £10 FOR FAMILY

FOR CHILDREN 0-3YRS

EVERY FRIDAY
10.30AM-11.30AM

For more information, contact
Tanya 07779 002 269







Bring your little explorers to Kinloss for a morning filled with fun, play and music. A great opportunity to meet new friends as well as to let your little ones explore a range of toys in a safe and contained environment.

KINLOSS

KINLOSS

Kids Art Classes

Let your children explore art and their imagination

FOR CHILDREN AGED 6-11 YEARS

FORTNIGHTLY ON MONDAYS
4.30PM-6PM

13 & 27 FEB
13 & 27 MARCH



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDS

Friendship Club

All are welcome!



Tuesdays, 10am-1.30pm



- ✓ Socialising
- ✓ Playing cards
- ✓ Knitting
- ✓ Outings
- ✓ Lunch and Refreshments

Call Lucy on 020 8349 5267 for more details

KINLOSS in partnership with JEWISH CARE

KINLOSS tribe

Vayahkel - Pekudei
9:25am - Breakfast Shmooze in Youth Flat
9:45am - Youth Service - Liora Graham Beit Midrash
Followed by a Dvar Torah and a chocolate Kiddush sponsored by Shiri Doctors

KINLOSS YOUTH LAST WEEK & COMING UP

LEARN2LEAD - KRAV MAGA WITH STREETWISE






youth@kinloss.org.uk
Kinlossyouth
07827031851



MAZEL TOV - מזל טוב

* Mazel Tov to Heather & Brian Gedalla on the birth of a granddaughter, Aviva Steinbock, a daughter for Sara & Chanania of Rehovot. Mazel Tov also to grandparents Racheel & Michael Steinbock of Jerusalem.

* Mazel Tov to Heather & Brian Gedalla on their Ruby Wedding Anniversary

* Mazel Tov to Amy-Fleur (née Simmons) Adam and Quinn on the birth of a daughter and sister, Brontë Elodie-Jayce. Mazel Tov also to grandparents Karina Simmons, Cheryl & Simon Goldsmith. Named in loving memory after the late Elsie Zadel A"H and John Goldsmith A"H

* Mazel Tov to Miriam & Samuel Margolin on the engagement of another granddaughter, Tania, daughter of James & Louise Margolin to Adam son of Howard & Nicola Leach.



The Bridge Club are now meeting on TUESDAY AFTERNOONS, 2PM-4PM
in the Persian Synagogue, 2nd floor. There is a lift should you need it.

The club meets weekly.
Self-taught bridge will be played with a possibility of Supervision.

All abilities are welcome, feel free to bring a friend.

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members and £5 non Members.

If you would like more information, please contact Lucy on 0208349 5267

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat at 10:15am in the Newman Room.
Boys of 6 and over welcome.

Led by David Lesser

Would you like to sponsor a Kiddush in the Minyan on Shabbat?
Please sign up via:
www.kinloss.org.uk/minyankiddush





WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our security rotas for shifts.

Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we **MUST** provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.

Please email : securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031
to volunteer

DAILY MINYAN:

SERVICES (שבת **see front page)**	Sun 19th 26 Adar	Mon 20th 27 Adar	Tues 21st 28 Adar	Wed 22nd 29 Adar	Rosh Chodesh Nisan Thur 23rd 1 Nisan	Fri 24th 2 Nisan
Shacharit	8:00am	7:00am	7:00am	7:00am	6:50am	7:00am
Shacharit 2		8:00am followed by Sanhedrin by Rabbi Lawrence and breakfast		8:00am followed by Proverbs by Rabbi Laitner and breakfast	8:00am followed by Shiur by Rabbi Heller and breakfast	
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	6:00pm	6:00pm	6:00pm	6:00pm	6:00pm	Mincha Kabbalat Shabbat 6:10pm

Please support the morning Minyanim

Services are in the Liora Graham Beit Midrash

Kinloss members on their gap year in Israel



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 18 MARCH

Harvey Bengen	Brother
David Elek	Father
Audrey Godfrey	Mother
Deborah Harris	Husband
Vivienne Mervis	Father
Isaac Symons	Mother
Esther Yellon	Father

Sunday 19 MARCH

Harvey Bengen	Father
Gilda Braff	Father
Eva Greenspan	Husband
Laurence Greenspan	Brother
Andrew Wolfson	Father

Monday 20 MARCH

Arnold Archer	Father
Sheila Cameron	Mother
Jonathan Deal	Son
Deborah Goulden	Mother
Frances Greenfield	Mother
Stephen Levy	Mother
Jonathan Lewis	Mother
Geoffrey Solomon	Father
Miriam Solomon	Sister
Susan Sperber-Kosky	Father
Anthony Stanton	Father
Sylvia Woolf	Mother

Tuesday 21 MARCH

Anne Chajet	Father
Charles Cohen	Father
Dara Ebrahimoff	Father
Shirley Freeman	Mother
Rosalind Goulden	Mother
Margaret Marks	Father
Yvonne Mocatta	Mother
Sandrine Prager	Mother
Roselyn Rosenfeld	Mother
Valerie Selwyn	Father

Wednesday 22 MARCH

Patricia Burns	Mother
Anthony Colton	Mother
Stanley Coorsh BEM	Father
Neil Nachshen	Mother
Sarah Nachshen	Father
Beatrice Primhak	Sister
Dorothy Sadlik	Husband
Stewart Shrank	Father
Adrienne Sussman	Father

Thursday 23 MARCH

Robert Cohen	Mother
Maurice Faigenblum	Father
Mia Lyons	Father
Jonathan Pope	Father
Andrew Silver	Father
Harvey Steinberg	Father
Alan Tinger	Mother

Friday 24 MARCH

Sylvia Bassalian	Husband
Elizabeth Cohen	Mother
Janice Epstein	Mother
Michael Jacobs	Mother
Barbara Klinger	Mother
Stephen Landy	Father
John Miller	Father
Jeremy Newman	Father
Hetty Phillips	Husband
Barry Zackon	Father
John Zucker	Mother

CONSECRATIONS:

19/03/23	14:00 in Federation Burial Grounds Edgwarebury Lane in memory of Sheila Fertleman Z"L
16/04/23	12:00 in Bushey Old in memory of Helen Hantman Z"L
23/04/23	11:00 in Bushey Old in memory of Sybil Frankfurt Z"L (mother of Barbara Zucker)



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124
Shimon Gillis, Chief Operations Officer: 020 8349 5264
Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263