

KOL KINLOSS



A spectacular light show at the 'Musical Havdallah & Community Chanukah Party' on Motzei Shabbat



ויגש

The
Fast of
Asarah B'Tevet
is on
Tuesday

Service Starts: 3.40pm
Candle lighting: 3.41pm
Shabbat Ends: 4.52pm

VAYIGASH


KINLOSS

26TH - 27TH December 2025
ז' טבת תשפ"ו

SHABBAT AT KINLOSS

FRIDAY NIGHT

- 3.30pm **SEPHARDI MINCHA, KABBALAT SHABBAT & ARVIT** in the Sephardi Synagogue
3.40pm **MINCHA FOLLOWED BY MINYAN LASHIR KABBALAT SHABBAT** in the Large Deal Hall
3.41pm **CANDLE LIGHTING**

SHABBAT MORNING SERVICES

- 7.45am **HASHKAMA** in the Liora Graham Beit Midrash
9.00am **SEPHARDI SERVICE** in the Sephardi Synagogue
9.15am **MAIN SERVICE** in the Main Synagogue
9.30am **THE MINYAN** in the Nissan & Rifca Deal Halls
9.30am **MINYAN HATZA'IR** in the Silver Suite
9.45am **YOUTH SERVICE** are on a break this week, back on the 3rd January



10.15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER

10.45am CHILDREN'S SERVICES

Age 0-4 in the Kinloss Suite Foyer
Reception - Yr 2 in the Nemetnejad Room with Natalie
Yr 3-4 are on a break this week, back on the 3rd January
Yr 5-6 are on a break this week, back on the 3rd January

12.35pm **EARLY MINCHA** in the Main Synagogue

SHABBAT AFTERNOON

3.35pm **MINCHA** followed by a light Seuda Shlishit and **SHIUR** in the Liora Graham Beit Midrash with **RABBI BIRNBAUM**, entitled '**THE SOURCE & SIGNIFICANCE OF THE MOURNER'S KADDISH.**'

The Shiur will take place during the last half hour of Shabbat (4:20pm)

4.52pm **MA'ARIV & SHABBAT ENDS**

KIDDUSHIM AT KINLOSS



FRIDAY NIGHT CHICKEN SOUP KIDDUSH in the Small Deal Hall after Maariv sponsored by **JOANNA WOLFF, TANYA DAHAN & ZARA BLASKEY** in memory of their mother, **ANGELA LANDESBURG Z'L.**

Shabbat morning at the conclusion of the:

HASHKAMA in the Rabstein Room

MINYAN HATZA'IR in the Silver Suite sponsored by Marcel & Miriam Schajer to celebrate Gila's birthday

MINYAN KIDDUSH in the Small Deal Hall sponsored by **MICHAEL & MANDY STASZEWSKI** on the birth of a granddaughter

The entire community is invited to kiddush at the conclusion of the **MAIN SERVICE** in the Kinloss Suite

SPONSOR A KIDDUSH AT KINLOSS

Whether you're marking a birthday, a special anniversary, or honouring the memory of someone dear, sponsoring a kiddush is a beautiful way to bring the whole community together.



And the best part is that the shul will take care of everything for you so all you have to do is turn up!

www.kinloss.org.uk/sponsor-a-kiddush

KINLOSS

BIRTHDAYS



Mazel Tov to the children in our community celebrating their birthdays this week:

**Reuben Ezra (7), Amalie White (11), Tamara Hoddes (10),
Aiden Adler (10), Tobias Davidson (3), Thea Last (10),
Maya Aminoff (7), Benjamin Swerdlow (6)
Poppy Cowen (7), Benjamin Weitzman (8)**

LEARNING A

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15am	*Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
Shabbat	9am - 9.30am	*Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Deal Hall	All
	Between Mincha & Maariv	Contemporary Jewish Topics	Rabbi Birnbaum/ Rabbi Josh	Beit Midrash	All
Sunday	8.45 – 9.30am	Gemara Megilla	Rabbi Birnbaum	Deal Hall	All
Monday	1.30 – 2.10pm	*Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.40 – 9.15am	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
	8.15 - 9.15pm	*L'Chaim & Learn	Rabbi Josh	Rabbi Josh's home	All
Wednesday	8.45 – 9.30am	*Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 - 8.45pm	*Timeless Torah Parsha Shiur	Rabbi Birnbaum	Beit Midrash	All
Thursday	8.50 - 9.30am	Gemara Pesachim - 10 th Perek	Rabbi Heller	Beit Midrash	All
Starting 8th January	7.30 - 8.10pm	*Divrei Torah for the Shabbat Table	Rabbi Fine	Zoom	All
	8:45 - 9:25pm	*Advanced Hilchot Shabbat	Rabbi Birnbaum	Beit Midrash	Women

* indicates not taking place this week

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

AT KINLOSS

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
10th January, 10th February	8pm– 8.45pm	Women's Rosh Chodesh Shiur (The Book of Shoftim)	Rebbetzen Tali	Beit Midrash	Women
15th January	12.30 pm – 1.30pm	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Home. <i>Contact Samantha Sussman (020 8349 5269) for the address</i>	Those in the year of mourning or marking a Yahrzeit
15th January, 12th February & 12th March	10.15am - 11am	Highlights & Hot Drinks	Rebbetzen Elisheva	Meeting Room	Women
17th January	11:45am – 12:05pm	Horim V'Yeladim	Rabbi Josh & Rebbetzen Tali	Large Deal Hall	Primary School Children & their Parents



KINLOSS

SPONSOR LEARNING AT KINLOSS

Various options available including sponsoring a week of Kinloss learning or for a specific regular Shiur

Offering an ideal opportunity to mark a Yahrzeit, honour a loved one's memory or to celebrate a special occasion.

For more details and to sponsor, please be in touch

www.kinloss.org.uk/sponsor-learning

office@kinloss.org.uk

020 8346 8551

TIMELESS TORAH

VAYIGASH: From Crisis to Connection: The Hidden Ascent

From Yaakov to Yisrael

Hidden beneath the narrative of Parashat Vayigash – the reunion of Yosef with his family and the descent of the Jewish people to Egypt – is a theme that encapsulates Yaakov's life: spiritual connection born through challenges. In a sense, this theme is captured in the verse that describes Yaakov's reaction to hearing the news that Yosef was still alive. The verse says that, for a while, Yaakov refused to believe what he was hearing, and that '*vayafag libo* – his heart stopped' (45:26). The Ramban explains that Yaakov was so overwhelmed by the news that he entered a state of shock, nearly fainting, until he was persuaded that it was indeed true. At that point, the verse says, '*Vatechi ruach Yaakov* – The spirit of Yaakov revived'. According to Targum Onkelos, this means that not only was he physically revived, but for the first time since Yosef left, the Divine inspiration rested on Yaakov. After so many years of mourning and sadness, Yaakov finally reaches the place where he is joyous enough to connect spiritually and receive prophecy once again.

Following this theme, a remarkable insight can be gleaned from examining which of Yaakov's names are used in the ensuing narrative of his descent to Egypt. Throughout the entire episode of Yosef's disappearance, the name Yaakov is used consistently, with only one exception (43:6-11). This name, Rav Hirsch (d.1888) explains, is based on the root *akev*, heel, and represents the lower aspect of Yaakov's personality – his sense of being dependent upon and led by events instead of taking the lead himself.

Now, as he readies himself to travel, the name Yisrael is used again, signifying – *sar*, prince – his lofty character and aspirations. But then, on the journey, while staying at night in Be'er Sheva, Yaakov has a vision: 'And Hashem said to Yisrael ... "*Yaakov, Yaakov, do not be afraid*". Despite the joyous circumstances, Yaakov is clearly anxious to leave Eretz Yisrael and travel to Egypt. The Seforno (d.1550) explains that by using the name Yaakov, the verse is sensitive to these premonitions of the exile, but Hashem is nevertheless speaking to the Yisrael side of Yaakov, telling him that the descent to Egypt is actually an elevated mission. In Canaan, the Seforno writes, there is a danger that the soon-to-be Jewish nation would become assimilated, whereas the Egyptians would always reject them, leaving them free to grow without disturbance. Descent to Egypt, Yaakov was being taught, will be a challenge, but Egypt is the crucible from which the Jewish nation would be born [YK1.1]. Upon hearing this, the verse continues, '*vyis'u Bnei Yisrael et Yaakov avihem* – the children of Yisrael carried Yaakov, their father'. Fully cognisant of the Yaakov motif, the challenges and the darkness of the exile to come, the tribes, appearing here for the first time as the 'Children of Israel', confidently carried their father forward towards Egypt.

Living Life

Yaakov finally arrives in Egypt and reunites with his long-lost son. As father of the viceroy, he is granted an audience with Pharaoh, who unexpectedly asks him his age. Yaakov, instead of responding with a



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

number, gives Pharaoh a rather depressing overview of his life: 'The years of my life have been few and bad, and have not reached the age of my fathers' (47:8-10). Aside from the curious exchange itself, the choice of words here also needs an explanation: both Pharaoh's question and Yaakov's response use the term 'the days of the years of life'. Explaining this term, the Netziv (d.1893) gives a powerful perspective on the message that Yaakov was giving to Pharaoh. When Pharaoh first saw Yaakov, he was confused. On the one hand, Yaakov looked old and haggard, indicating that his life had not been easy. On the other hand, Pharaoh was seeing Yaakov as the pinnacle of success; unlike everyone around them, Yaakov's family was intact and thriving despite the famine, his children were strong and productive, and his son was the one of the most powerful people in the world. Pharaoh, like so many of the nations of the world throughout history wanted to know the secret of Jewish success: how many years of life – the real, successful years of positive 'living' – had Yaakov experienced? Yaakov, knowing that his children and grandchildren were about to enter servitude and exile, used the opportunity to teach Pharaoh an eternal lesson. He told Pharaoh that although his family was currently thriving, his life had not always been comfortable. But the Jewish people are not dependent on predestined fortune – our success is dependent only upon Divine providence. At the very first introduction of the Egyptians to the Jewish nation, Yaakov was conveying a remarkable expression of faith: throughout the vicissitudes of life – for the good or for the bad – we are a people who see our lives governed by the Hand of Hashem.

Spiritual Anchor

Another comment of the Netziv, explaining the last verse of the parsha, reflects a further key aspect of Yaakov's message to Pharaoh. After recounting how Yaakov's family settled in Egypt, the verse, by way of summary, says, '*Vayeishev Yisrael b'Eretz Mitzrayim b'Eretz Goshen* – And Yisrael dwelled in the land of Egypt in the land of Goshen' (47:27). The syntax here is difficult to follow – Goshen was a district in Egypt, so the verse should really have mentioned these places in the opposite order, saying that they dwelled in Goshen, which was in the land of Egypt. The Netziv cites the Targum Yonatan, who understands that the verse is describing two different forms of settlement: their dwelling places – where they lived – was in Egypt in general, but they also 'dwelled' figuratively in their *batei midrash*, their places of Torah learning, which were in Goshen. Physically, they were dispersed all over the land of Egypt, but their sanctity and their commitment to their heritage was rooted in Goshen specifically. Through the next two hundred years, the Jewish people were able to cope with all the troubles that they were to face by connecting themselves to their hallowed mission of one day becoming the Bnei Yisrael.

**Next Week - VAYECHI: Eternal Blessings,
Enduring Responsibility**

**TIMELESS TORAH WILL RESUME IN
PERSON ON WEDNESDAY 7TH JANUARY AT
8.00pm**

COMING UP

GROUPS AND CLUBS



TUESDAY 2.00PM
BRIDGE
KINLOSS.ORG.UK/BRIDGE

עברית

TUESDAY 7.30PM
IVRIT CLASSES
KINLOSS.ORG.UK/IVRIT



BABY MASSAGE WITH ANNA

(Certified Infant Massage Instructor)

NEW 4-WEEK PRE-CRAWLERS' COURSE AT KINLOSS
MONDAYS 10 UNTIL 10.45AM ON 5, 12, 19, 26 JANUARY 2026

Discounted price for Kinloss members!

To book go to [www.kinloss.org.uk/baby massage](http://www.kinloss.org.uk/baby%20massage)



SHUL FOR THE MIND

**All are invited to come
and connect spiritually
through prayer, song and
of course a great kiddush**

A unique prayer service for
people living with dementia
and their family caregivers.
Professional caregivers
welcome.

2026

18 January
22 February
15 March
26 April

**Sunday, 11am,
The Deal Hall
Kinloss**

For more info: Rochelle in Kinloss office 0208 349 5263
kinlosscares@kinloss.org.uk



AT KINLOSS

UPCOMING EVENTS

SHABBAT
17TH JAN
2026

SHABBAT LUNCH WITH THE BIRNBAUMS

Please book by Monday 12th January 2026

kinloss.org.uk/shabbatlunch
or call Rochelle 0208 349 5263

There is no charge but if you would like to make a donation the suggested amount is £15pp

MOTZEI MADNESS

Years 3-6 | Book now: kinloss.org.uk/motzei

Musical Havdallah followed by an epic activity and pizza!

13th December (5:30pm)

Years 3 & 4 - Mad Science Party!

Years 5 & 6 - Graffiti Night!

10th January (5:45pm)

Laser Tag!

Years 3-6





KINLOSS

Kinloss Community Shabbaton

WITH SPECIAL GUEST EITAN KATZ

TO LAUNCH **KINLOSS 100**

SHABBAT 6-7 FEBRUARY 2026



(4:40PM) KABBALAT SHABBAT WITH EITAN KATZ
FOLLOWED BY FRIDAY NIGHT DINNER WITH THE
CHIEF RABBI

BOOK AT [KINLOSS.ORG.UK/100GALADINNER](https://kinloss.org.uk/100galadinner)

(8:45PM) ONEG SHABBAT WITH EITAN KATZ - NO BOOKING NECESSARY

COMBINED SERVICE (9.15AM) LED BY EITAN KATZ
FAMILY SHABBAT LUNCH WITH SPECIAL GUEST SPEAKER,
FULL CHILDREN'S AND YOUTH PROGRAMME

BOOK AT [KINLOSS.ORG.UK/100FAMLUNCH](https://kinloss.org.uk/100famlunch)

YAHREZEITS

THE KHEILLA
WISHES
חיים ארוכים
'LONG LIFE' TO THE
FOLLOWING WHO
HAVE YAHREIT
THIS WEEK

Shabbat 27th December

Judith Berman	Father
Ivan Burland	Mother
Philip Elias	Sister
Geoffrey Herman	Father
Vivienne Muhlgay	Father
Alan Tinger	Father

Sunday 28th December

Joachim Frank	Mother
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Monday 29th December

Louis Abraham	Mother
Jake Green	Father
Pauline Harris	Sister
Walter Muhlgay	Mother
Pnina Ravid	Husband
Michael Sperling	Son

Tuesday 30th December

Michelle Ambalo	Husband
James Levene	Father
Jane Markham	Father
Danny Nassimi	Mother
Stuart Selwyn	Sister
Russell Shaw	Mother

Wednesday 31st December

Rachel Caplan	Father
Clive Chippeck	Brother
Lea Gilchrist	Father
Sheila Leveson	Father
Jane Markham	Brother
Rowena Rosenberg	Mother
Valerie Sanders	Father

Thursday 1st January

Loretta Adelson	Father
Carole Chesterman	Mother
John Simons	Mother

Friday 2nd January

Donald Breslaw	Brother
Lorna Gimmack	Mother
Jennifer Goodman	Father
Stephen Levy	Father
Ruth Pittack	Mother
Nasser Rahimi	Father
Scott Saunders	Father
Stephen Singer	Mother

CONSECRATIONS

Sunday, 11th January 2026, 1.45pm at Hoop Lane Cemetery in memory of Reuben Ezekiel z'l (father of Joanne Lappin)

Sunday 25th January 2026, 10.30am at Bushey New in memory of Philip Klingner z'l

Sunday 22nd February 2026, 11.00am at Bushey Old in memory of Roberta Sanford z'l

Sunday 22nd March 2026, 11.00am at 11.30am at Bushey Old in memory of Shirley Davidson z'l

Tuesday 24th March 2026, 11.00am at Bushey Old in memory of Harold Stewart z'l

SERVICE TIMES

SERVICES	Sun 28 st Dec 8 Tevet	Mon 29 th Dec 9 Tevet	Tue 30 th Dec 10 Tevet Fast of Tevet Begins 6.16am Ends 4.48pm	Wed 31 st Dec 11 Tevet	Thur 1 st Jan (Bank Holiday) 12 Tevet	Fri 2 nd Jan 13 Tevet
Shacharit	8.00am	8.00am	8.00am	8.00am	8.00am	7.00am
Shacharit 2	-	-	-	-	-	8.00am
Sephardi Shacharit	8.00am	6.30am	6.45am	6.45am	8.00am	8.00am
Mincha / Ma'ariv	3.50pm	3.50pm	3.40pm	3.50pm	3.50pm	3.45pm



KINLOSS IS BACK ON INSTAGRAM!

Follow us @kinlosscommunity
for all the latest updates

