

KOL KINLOSS



בא

SHABBAT START

4:33pm

SHABBAT END

5:39pm

BO

**Heroes From
the Front Line
(27 January)**

**Standing ovation for
Ariella Ruback's
moving account of
October 7th**



31 January - 1 February 2025
ג' שבט תשפ"ה


KINLOSS

SHABBAT AT KINLOSS

FRIDAY NIGHT

4.30pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall
4.30pm Minyan La'Shir in the Liora Graham Beit Midrash
4.30pm Sephardi Mincha, Kabbalat Shabbat & Maariv

MAZEL TOV
JOSEPH
SPEIGEL
on his
Bar Mitzvah

SHABBAT MORNING SERVICES

7:45am **HASHKAMA** in the Liora Graham Beit Midrash
9:00am **SEPHARDI SERVICE** in the Sephardi Synagogue
9:15am **MAIN SERVICE** in the Main Synagogue celebrating
the Bar Mitzvah of **JOSEPH SPEIGEL**
9:30am **THE MINYAN** in the Nissan and Rifca Deal Halls
9.30am **MINYAN HATZA'IR** in the Rabstein Room
9:45am **YOUTH SERVICE** in the Liora Graham Beit Midrash

YR 3-6
RAFFLE –
come along
to find out
more

10.45am CHILDREN'S SERVICES

Age 0–4 in the Silver Suite with Leah Frankl and Zac Simmons
Reception to Yr 2 in the Nemetnejad Room with Jason Roomer
Yr 3-Yr 4 in the 1st floor classrooms with Jasmine Bor and Sam Ellis
Yr 5-Yr 6 in the Newman Room with Mia Wohlgemuth and Tomer Doctors

12.30pm **EARLY MINCHA** in the Main Shul

SHABBAT AFTERNOON

4.30pm **MINCHA** followed by a light Seuda Shlishit and **SHIUR** in the Liora Graham Beit Midrash by **RABBI YONI BIRNBAUM**, entitled '**RADICAL OR RATIONAL REACTION? TORAH PERSPECTIVES ON DEMONSTRATIONS & PUBLIC PROTESTS**'

The topical shiur will take place each week approximately half an hour before the end of Shabbat - all welcome!

5:39pm MA'ARIV & TERMINATION OF SHABBAT

**Kinloss is proud to support
the work of JAMI this Shabbat**

Ambassador: Richard Kafton

Mobile: 07973 986 344

Email: richard.kafton@cedarhfs.co.uk

www.jamiuk.org



KIDDUSHIM AT KINLOSS

Friday Night Chicken Soup Kiddush in the Kinloss Suite Foyer after Maariv

Shabbat morning at the conclusion of the:

HASHKAMA MINYAN in the Silver Suite

MAIN SERVICE in the Kinloss Suite sponsored by Sharon & Shimon Speigel in celebration of Joseph's Bar Mitzvah

MINYAN sponsored by Rachelle & Edward Lazarus to celebrate Edward's special birthday

MINYAN HATZA'IR in the Rabstein Room



MAZEL TOV



JOSEPH SPEIGEL

Joseph attends Hasmonean Boys and his hobbies are table tennis, football, badminton, chess & gaming. He has 3 siblings, Nathan, Danielle & Kaylee. Joseph is twinning his Bar Mitzvah through Yad Vashem with a young boy called Yosef Chaim who perished in the Holocaust and was not able to have a Barmitzvah.

Mazel Tov to parents Sharon & Shimon, siblings Nathan, Danielle and Kaylee, grandparents Linda & Philip Lyons and Maureen Speigel. Remembering the late Zalman Speigel z'l at this happy time.

Mazel Tov to the children in our community celebrating their birthdays this week:

**Jonah Aboody (10), Elisa Ebrahimoff (10)
Rafi Eden (9), Ariana Oshry (7),
Elizabeth Altmann-Richer (1), Lily Marks (7)**



**BE PART OF
THE KINLOSS
WhatsApp
COMMUNITY**

To make sure you know about everything that's going on at Kinloss, join the newly launched Kinloss WhatsApp Community.

Just scan the QR code or
visit kinloss.org.uk/whatsapp




KINLOSS

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15 AM	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10 AM	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	*8.45 – 9.15 AM	Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Large Deal Hall	All
	Half an hour before Shabbat ends	Contemporary Themes	Rabbi Birnbaum / Rabbi Josh / Guests	Beit Midrash	All
Sunday	8.45 – 9.30 AM	Gemara Megilla	Rabbi Birnbaum	Small Deal Hall	All
Monday	1.30 – 2.10 PM	Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.45 – 9.15 AM	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
Wednesday	8.45 – 9.15 AM	Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 8.45 PM	Timeless Torah Parsha Shiur	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 9.00 PM (fortnightly)	KYC Gemara Chabura	Rabbi Josh	Members' Homes	Men
Thursday	8.50 – 9.15 AM	Nach - Kohelet	Rabbi Heller	Beit Midrash	All
	8.00 – 8.40 PM	Advanced Practical Halacha with Shalem Student Fellowship	Rabbi Birnbaum	Beit Midrash	Women
	*8.30 – 9.30 PM (fortnightly)	KYC Practical Halacha Chabura	Rabbi Josh	Members' Homes	Men

*Not taking place this week

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
18th Feb	8.00 – 9.00 PM	The Stories You Weren't Taught In School (3 Part Series)	Rebbetzen Tali	Members' Homes	Women
7th Feb 7th Mar 4th Apr	10.00 – 11.00 AM	Highlights & Hot Drinks – Inspiration around the Jewish year	Rebbetzen Elisheva	Small Deal Hall	Women
3rd Feb 3rd Mar	8.00 – 9.00 PM	Women's Rosh Chodesh Shiur: 'Opportunities for Renewal – Rosh Chodesh Shevat'	Rebbetzen Elisheva / Rebbetzen Tali / Guest Speakers	Beit Midrash	Women
27th Feb 20th Mar	12.30 – 1.15 PM	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Homes	Those in the year of mourning or marking a Yahrzeit

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

For further information on any of the outstanding learning opportunities on offer at Kinloss, please contact the Shul Office or the speaker directly.

TIMELESS∞TORAH

PARSHAT BO - First Moments of An Eternal People

A Message for the Generations

The three final plagues recorded in Parshat Bo expose a certain shift in perspective both on the part of the Egyptians as well as the Jewish people. For the first time since the plagues began, Pharaoh's servants implored him to concede to Moshe's demands before Egypt would become ruined. Pharaoh's servants used the unusual word '*mokesh*—stumbling-block' to describe Moshe, and Rabbi Shmuel Salant (Ashkenazi Chief Rabbi of Jerusalem, d. 1909) finds in this word the key to understanding their change in attitude. Although a stumbling-block causes no damage when it is placed, the ensuing damage can be enormous. So too, throughout the first seven plagues, the Egyptians felt that they could weather the temporary discomfort. They realised, however, that a plague of locusts following so soon after a devastating hailstorm would mean nothing for them to eat for the foreseeable future. Faced with months of famine, they capitulated.

Among the Jewish people too, the plague of locusts brought with it a change in attitude. An intriguing aspect of this plague is that we find no specific instruction from Hashem to Moshe that the eighth plague would be locusts. Instead, Hashem told Moshe that there would be another plague visited upon the Egyptians, the purpose of which would be that the Jewish people would be able to retell — *l'maan tesaper* — these wonders to future generations. The Ba'alei Tosfot (12th-13th century) suggest that this expression was the hint from which Moshe understood the nature of the plague. When a country is beleaguered by

a swarm of locusts, this event is spoken about for years after.

Fascinatingly, '*l'maan tesaper*' is also an initial source for the mitzvah to tell our children and grandchildren the story of the Exodus. As the Ramban explains in a lengthy essay at the end of the parsha, *Yetziat Mirayim* (the Exodus from Egypt) was the eternal demonstration of Hashem's omnipotence. Open miracles will not be wrought freely in every generation, and it is incumbent on us to contemplate upon and educate others about the miracles that Hashem brought on the Egyptians. Possibly, this cryptic allusion to the plague of locusts hints to the idea that knowledge of the story of *Yetziat Mitzrayim* is not something that can be taken for granted. We have to actively involve ourselves in attaining new depths of understanding of these events and their significance.

As Jews, we live our lives in constant replay of the Exodus, with so many of the mitzvot being a remembrance for *Yetziat Mitzrayim*. It is mentioned in *kiddush* every Shabbat and it is the underlying reason for the mitzvot of Pesach, sitting in the sukkah, *pidyon haben* and so on. In the Ramban's famous illustration, one who affixes a mezuzah to his or her doorpost demonstrates subservience to Hashem and affirms their belief in the words they contain. With one simple action, a Jew can entrench within themselves the principles of Hashem's supremacy demonstrated at *Yetziat Mitzrayim*.

To Own Time

The very first mitzvah given to the Jewish people as a nation was the mitzvah of Rosh



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

Chodesh, to sanctify the new moon and calculate the correct times to observe the *chagim*. The Seforno (d.1549, Bologna, Italy) comments on an interesting phrase used in the context of this mitzvah. The Torah says, 'This month shall be for you the first month of the year'. What is meant by describing this month as your month? The Seforno explains that until now, time did not belong to the Jewish people. In slavery, they were bound to the whims and desires of their masters. From now on, however, the months would be theirs to do with them as they wished. This month, according to this interpretation, was the beginning of the existence of the free will of the Jewish nation, something which sits at the very core of our humanity.

With this insight, we can shed light on why this mitzvah is placed as the introduction to the mitzvah of the Korban Pesach, the unique Pesach offering. In a masterful piece, Rav Hirsch (d.1888), expounds on how the Korban Pesach is designed to be a gathering of family groups and close neighbours. These, presumably, would have been concepts far removed from the slave psyche of the Jewish people in Egypt. A slave exists only for himself, fighting for his survival from day to day. He does not make decisions for himself and does not have time to reach out to others.

In his famous memoir of his experiences in the concentration camps, 'If This is a Man' (1947), Primo Levi describes the moment the survivors became truly free following the liberation. This occurred when they were able to give away a piece of bread to someone else. The simple act of sharing their bread was, 'the first human gesture that occurred among us. I believe that that

moment can be dated as the beginning of the change by which we who had not died slowly changed....to men again'.

Redemption of Haste; Redemption of Tranquillity

One of the central themes of the mitzvah of Korban Pesach is the idea of *chipazon* — haste. The Korban is to be eaten hastily and within a strict timeframe. Moreover, this haste was to be reflected in the very attire of the Jewish people. They were commanded to eat it with 'girded loins, shoes on their feet and their staffs in their hands' (Shemot 12:11). According to the Kli Yakar (d.1619, Prague), this haste was an echo of the nature of the redemption, which took place, as the verse states, 'with Hashem before them' (Shemot 13:21). Egypt was a place of idolatry, and the Jewish people were to leave with their eyes on Hashem in front of them, fleeing from the negativity of Egypt and all it stood for.

In contrast, the prophet Yeshayah (42:12) says that in the future redemption, 'you will not leave in haste'. Then, the Divine presence will envelop us both from in front and behind and there will no longer be a need to run. Throughout our long history, the Jewish people have been running after Hashem's presence, yet all too often fleeing persecution and oppression from behind. One day, however, the time will come when we will be free to sit in peace and tranquillity, 'every person under his vine and under his fig tree' (Micah 4:4). May we merit to see that tranquillity for our people in the very near future.

**Next Week: Parshat Beshalach:
To Survive & To Thrive**

COMING UP AT KINLOSS

GROUPS AND CLUBS



MONDAY 7.30PM
IVRIT DISCUSSION GROUP (ONLINE)
[KINLOSS.ORG.UK/CHUG](https://kinloss.org.uk/chug)



MONDAY 8PM
WOMEN'S PILATES
[KINLOSS.ORG.UK/PILATES](https://kinloss.org.uk/pilates)



TUESDAY 2.00PM
BRIDGE
[KINLOSS.ORG.UK/BRIDGE](https://kinloss.org.uk/bridge)

עברית

TUESDAY 7.30PM
IVRIT CLASSES
[KINLOSS.ORG.UK/IVRIT](https://kinloss.org.uk/ivrit)



THURSDAY 10.30AM
CHAIR BASED EXERCISE
[KINLOSS.ORG.UK/EXERCISE](https://kinloss.org.uk/exercise)



THURSDAY 5.30PM
JUNIOR TABLE TENNIS CLUB
[KINLOSS.ORG.UK/TABLETENNIS](https://kinloss.org.uk/tabletennis)



MONDAY 3RD FEB
CHAPS FOR CHAT
AND MONDAY MATTERS
KINLOSSCARES@KINLOSS.ORG.UK



TUESDAY 4TH FEB
FRIENDSHIP CLUB RESTARTS WEEKLY
[KINLOSS.ORG.UK/FRIEND](https://kinloss.org.uk/friend)



TUESDAY 11TH FEB
KINLOSS WHISKY SOCIETY
[KINLOSS.ORG.UK/WHISKY](https://kinloss.org.uk/whisky)



TUESDAY 11TH FEB
ART CLASS
[KINLOSS.ORG.UK/ART](https://kinloss.org.uk/art)

For more information about events at Kinloss please contact lucy.marcus@kinloss.org.uk

COMING UP AT KINLOSS

UPCOMING EVENTS

SUNDAY
2ND FEB
6.00PM

FILM SCREENING OF 'THE COMMANDANT'S SHADOW'

A film which shows for the first time a descendant of a major war criminal meeting an Auschwitz survivor in a private setting

KINLOSS.ORG.UK/SHADOW

SHABBAT
7TH/8TH FEB

ANNUAL FAMILY SHABBATON AT KINLOSS

PLEASE SEE NEXT PAGE FOR MORE DETAILS

KINLOSS.ORG.UK/FAMSHAB

SUNDAY
9TH FEB
11.00AM

SHUL FOR THE MIND

A unique prayer service for people living with dementia and their family and professional caregivers. All are invited to come and connect spiritually through prayer, song and of course a great kiddush.

KINLOSS.ORG.UK/MIND

MONDAY
10TH FEB
8.00PM

YOUR ESSENTIAL GUIDE TO CHOOSING A JEWISH PRIMARY SCHOOL

Hear from our panel of representatives from across the Jewish educational sector, who are ready to answer your questions and guide you through the process

KINLOSS.ORG.UK/PRIMARY

SHABBAT
30TH/31ST
MAY

RABBI BIRNBAUM'S INDUCTION

Please save the date for the formal Induction Shabbat of Rabbi Birnbaum by the Chief Rabbi. More information to follow.



FAMILY SHABBATON

THE ANNUAL KINLOSS FAMILY SHABBATON

with guest speaker, Mical Santhouse & guest Chazzan, Rafi Sandford

**WED. 5th
FEB
7pm**

YOUTH BAKE!

For Years 7-13. Go to kinloss.org.uk/bake
Bake desserts for the Shabbaton

**FRI. 7th
FEB
4:45pm**

GUEST CHAZZAN, RAFI SANDFORD

Join us for a special Kabbalat Shabbat
followed by a Chicken Soup Kiddush

**FRI. 7th
FEB
5:15 pm**

CHILDREN'S TU B'SHEVAT ACTIVITY

A special activity for children in primary
school during davening, in the Silver Suite

**FRI. 7th
FEB
9:00 -
10:00pm**

YOUTH ONEG WITH MICAL SANTHOUSE

Mical will be speaking about the loss of her
brother and nephew on October 7th.
For Years 7-11. Venue TBC

**SHA. 8th
FEB
9:15am**

SPECIAL COMBINED SERVICE

Led by the youth of the shul, Rafi Sandford,
and ft. the Children's Services Choir.
Women's Haftorah Group led by the Youth

**SHA. 8th
FEB
12:30pm**

FAMILY SHABBATON LUNCH

With guest speaker, Mical Santhouse, and
entertainment for all ages.
Book at kinloss.org.uk/famshab

**SHA. 8th
FEB
6:30pm**

**MUSICAL HAVDALLAH FOR THE ENTIRE
COMMUNITY WITH RAFI SANDFORD.
NO NEED TO PRE-BOOK**

Yahrzeits

Shabbat 1st February

Patricia Burns	Father
Jehuda Sosnow	Father
Sylvia Spiro	Husband
Irene Stanton	Father
Michael Young	Father

Sunday 2nd February

Mark Feldmann	Father
Philippa Goldmeier	Mother
Jonathan Kestenbaum	Father

Monday 3rd February

Sandra Bernstone	Mother
Gloria Lebetkin	Father
Jonathan Pope	Mother
Harvey Sinclair	Mother
Jacob Steinberg	Sister

Tuesday 4th February

Albert Bauernfreund	Father
Charles Cohen	Mother
John Goldman	Mother
Rebecca Nemetnejad	Mother
Lynn Stock	Father

Wednesday 5th February

Farzaneh Amini	Mother
Suzanne Black	Father
Clive Chippeck	Mother
John Frenkel	Father

Thursday 6th February

Shirley Arkush	Sister
Brian Clarke	Brother
Huguette Cukier	Mother
Reuben Ezekiel	Brother
Norman Goldner	Mother

Friday 7th February

Susan Gradel	Father
David Kass	Father
Michael Moliver	Mother
Harry Rabbie	Mother
Lisa Woolfson	Mother
John Zucker	Father

THE KEHILLA WISHES

חיים ארוכים
'LONG LIFE' TO THE
FOLLOWING WHO HAVE
Yahrzeit
THIS WEEK

CONDOLENCES

To Shari Jesner, Ari Jesner, Jared Jesner and Gavriella Abehasera on the passing of their husband and father **JOSEPH JESNER** z"l

CONSECRATIONS

Sunday 2nd February 2025, 12pm at Bushey New in memory of Brian Graham z"l

Friday 7th February 2025, 10am Israel time at Modi'in Cemetery in memory of Eta Weitzman z"l

Wednesday 12th February 2025, 11am at Bushey New in memory of Edith Breskin z"l

Sunday 23rd February 2025, 11.30am at Bushey Old in memory of Fay Aarons z"l

SERVICE TIMES

SERVICES	Sun 2nd 4 Shevat	Mon 3rd 5 Shevat	Tues 4th 6 Shevat	Wed 5th 7 Shevat	Thurs 6th 8 Shevat	Fri 7th 9 Shevat
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	-	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:45am	6:45am	6:45am	6:45am	6:45am
Mincha / Ma'ariv	4.40pm	4.40pm	4.40pm	4.40pm	4.40pm	4.45pm

KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207

Rebbetzen Elisheva Birnbaum: rebbetzen.elisheva@kinloss.org.uk / 07581 312 310

Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423 316

Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423 317

Ian Kamiel, Interim COO: ian.kamiel@kinloss.org.uk / 020 8349 5264

Shul Office: office@kinloss.org.uk / 020 8346 8551

Bills and Finance: finance@kinloss.org.uk / 020 8349 5261 (monitored answerphone)

Kinloss Cares: 020 8349 5263

Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk

Jami Ambassador, Richard Kafton: 07973 986 344

Security (volunteering): security@kinloss.org.uk



KINLOSS

0208 346 8551 | office@kinloss.org.uk
kinloss.org.uk | @Finchley United Synagogue