KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

כי תבוא
KI TAVO

בס"ד

KINLOSS
WWW.KINLOSS.ORG.UK

01 / 02 SEPTEMBER 2023 טייז אלול תשפייג

SHABBAT WILL START AT 7:33pm AND TERMINATE AT 8:34pm

Mazel tov to Calev Morris on his Bar Mitzvah.
We extend a warm welcome to his family and guests

FRIDAY NIGHT

Friday Night sing-a-long Minyan will resume in September

7:15pm Mincha, Kabbalat Shabbat and Maariv in the Main Synagogue

7:15pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
'Hilchot Yibum v'Chalitzah - Law of the Brother-in-Law'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji
Rabbi Heller will speak

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Chazan Eli Sufrin
Rabbi Shmuel Zajac will be speaking

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Calev Morris
Rabbi Josh Harris will be speaking

The Youth Service is on the summer break until 9th September

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Daniel Frankl & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Sam Ellis & Ellie Marantz
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

After the Services there will be a Kiddush in the Kinloss Suite sponsored by Talya, Ben, Aviya, Daniella and Eliav Morris on Calev's Bar Mitzvah

SHABBAT AFTERNOON

7:25pm Mincha followed by Shiur by Rabbi Shmuel Zajac
followed by
8:34pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

Positive Repentance – Rabbi Josh Harris

Confession is the acknowledgement of wrongdoing and the acceptance of guilt. It's therefore very troubling why the Torah presents a routine in this week's Parsha known as Vidui Maasrot – the confession of the tithes. At prescribed times during the seven year Shemitta cycle, a person would appear in front of the Kohanim and proclaim that they have fulfilled all of the tithing requirements assigned to them by the Torah. This affirmation of their fulfilment of the necessary commandments is called Vidui Maasrot – the confession of the tithes, yet the confession is notable by its absence! This appears to be the direct opposite of confession. Instead of recognising that they have transgressed a commandment of G-d, they are celebrating their total fulfilment of G-d's words. Why do we refer to this as a confession?

Rav Joseph B. Soloveitchik goes back to the root of the Jewish understanding of repentance and confession in order to answer this question. Repentance in Jewish thought is underlined by two main principles. First, a person must be able to accuse themselves. They must think of themselves in a derogative manner, happy to own up and accept they have fallen to a level which is beneath them. However, repentance isn't complete if we leave ourselves on the floor. The second stage of repentance is recognising the power within us to elevate ourselves back to the level we were before we erred. Humanity always has the potential to reach incredible spiritual heights, even after having strayed away from G-d's path to whatever degree.

Rav Soloveitchik points out that both elements of repentance are just as important as the other. Of course, to start the process a person is required to self-assess and self-judge. However, there can be no capacity for future change if a person does not have faith in their ability to rise above the sins they have committed. If someone believes they are trapped by their previous actions, they will continue on that downward spiral. On the contrary, if a person believes in the power G-d granted the human being to change, they will be able to confess and repent and continue to grow despite their previous downfalls. Rav Soloveitchik is expressing something quite beautiful – the sinner must view himself simultaneously from antithetical viewpoints: the futility of man in sin, and the power of man in change.

Thus, praise can in fact be part of confession. When a person stands in front of the Kohanim and declares, "I obeyed the Lord, my God; I did according to all that you commanded me" (Devarim 27:14), it is in fact part of a confession. It is a declaration of the willingness to live in accord with the will of Hashem, to fulfil His commandments and follow in His ways. It celebrates the power of the human being to be able to make such a declaration out of one's own free will. It is, in essence, the second and vital element of repentance.

During the month of Elul and the upcoming Yomim Noraim, we can get so consumed by the first element of repentance, that we forget the second element entirely. The fact that after having sinned we have the ability to release ourselves from those shackles and reach heights irrespective of our wrongdoing, is something worth celebrating. To be able to stand in front of Hashem and declare that we will use His Mitzvot and His Torah to continue growing, even after having been knocked down, is a tremendous gift which we should not take for granted during these auspicious days.

Ki Tavo Statistics

Mitzvot : 6 of the 613 mitzvot, 3 positive and 3 prohibitions.
Verses: 122 (17th longest of the 54 Sidrot)
Words: 1747 (16th longest)
Letters: 6811 (15th longest)
Haftarah: 22 verses (joint 33rd shortest of the 80 Haftarot)

Page No.	Soncino	Hertz	Artscroll
Sidra	1117	859	1068
Haftarah	1134	874	1201

We are delighted to welcome Rabbi Shmuel Zajac this Shabbat



Rabbi Zajac is a distinguished scholar, spiritual leader, and community builder with a profound dedication to religious education and interfaith dialogue. With a rich background in religious studies and a passion for mentorship, Rabbi Shmuel has made an indelible impact on communities across the globe. He holds a Bachelor of Arts in Religious Studies from the Rabbinical College of America.

His previous roles include Director of the Chabad Jewish Centre is Auckland, NZ (2003 – 2006) and Senior Rabbi of the Wellington Hebrew Congregation (1999 – 2003). In addition to his extensive religious and educational background, Rabbi Shmuel brings a diverse skill set to his role. He holds a degree in Computer Literacy from the Manukau Institute of Technology (Auckland, NZ).

SEPTEMBER 2023





KINLOSS cares about you

Kinloss Cares - Rosh Hashanah

Volunteers needed to make Yom Tov phone calls to Kinloss Members.
Please contact Rochelle 0208 349 5263/ 07517 577 019 or email: kinlosscares@kinloss.org.uk

Yom Tov Hospitality

If you would like Yom Tov Hospitality please contact Rochelle, at Kinloss Cares.
Also, if you would like someone to come to your home to blow the Shofar please contact Rochelle at Kinloss Cares: 0208 349 5263/ 07517 577 019.

KYC
KINLOSS YOUNG COMMUNITY

LAUNCH EVENT

Join us for an event for all the family...

End of Summer BASH

Sept 3rd

4.30-6.00 PM
The Deal Hall

Meaty dinner • Crafts • Arcade Games
Rosh Hashana gifts

Entrance fee:
Children & Youth £1.50 • Adults £5

Hosted by Rabbi Josh & Tali Harris

Members only

Please RSVP to www.kinloss.org.uk/KYClaunch

SEPTEMBER 2023

Shabbat 9th September
Scholar in Residence: Michal Horowitz
Repentance, Prayer & Charity: Being Inscribed in the Book of Life

Shabbat Forum (Approx 11.45am)
"Repentance: Are We Paying Attention To G-d, To Others, To Ourselves?"

12.30pm: Pre- Booked Shabbat lunch: "Charity: Going Beyond Ourselves, A Heart & Hand To Those In Need" - Booking via www.kinloss.org.uk/michal

7.05pm: Mincha followed by Shabbat afternoon Shiur. "Tefilla: Service of the Heart in the Worship of G-d"



Mrs. Michal Horowitz earned a Bachelor of Science from combined studies at York University, Toronto, and Brooklyn College, NY and completed a Master of Science from Brooklyn College, NY. She delivers weekly shiurim in her community of the Five Towns, NY, while her zoom shiurim reach audiences across the world. Mrs. Horowitz has been a guest lecturer and scholar in residence in schools and communities, nationally and internationally. She is a regular presenter for various OU Women's Initiative Torat Imecha programs, launching the world-famous Torat Imecha Nach Yomi program in 2020. Mrs. Horowitz has close to 2,000 shiurim online, located on YUTorah.org,TorahAnyTime.com, OUTorah.org, the OU Torat Imecha app and the OU AllParsha app.

Office of The

KINLOSS

במוצאי מנוחה קדמנוך תחלה

At the outgoing of the Sabbath we first approach You

Choral Midnight Selichot

Saturday Night, 9th September 2023
Motzei Shabbat, 24 Ellul 5783
11.30pm, doors open 10.45pm
In the Main Synagogue



Guest Speaker
Dayan Danny Kada
Service conducted by
Rabbi Lionel Rosenfeld, Jerusalem
and
Chazan Jonny Turgel, Stanmore & Canons Park Synagogue
with
The Shabbaton Choir
Musical Director: Harry Style
Boy Soloists:
Joseph Abramson and Aaron Cooperman

The Shabbaton Choir accompanies the Cantors in a night of prayer, set to stirring, evocative melodies in the traditional Shabbaton Style.

KINLOSS
Shabbaton Choir

SEPTEMBER 2023







KINLOSS

BETTER
the feel good place

CHAIR BASED EXERCISE CLASS

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

NEW BLOCK OF 10 CLASSES
September - 21, 28
October - 12, 19, 26
November - 2, 9, 16, 23, 30

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

BOOKING IS ESSENTIAL
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267

KINLOSS

Kids Art Classes

Let your children explore art and their imagination

SUITABLE FOR PRIMARY SCHOOL CHILDREN

NEW TERM

MONDAYS AT 4.30PM-6PM
18 SEPTEMBER
9, 16 & 23 OCTOBER
6 & 20 NOVEMBER



LIMITED AVAILABILITY
WWW.KINLOSS.ORG.UK/KIDSART



KINLOSS

The Kinloss Junior Table Tennis new term starts 21st September for 10 weeks.
Sign up now
www.kinloss.org.uk/tabletennis
Spaces are limited

KINLOSS

SHUL FOR THE MIND

Is a unique prayer service for people living with dementia and their family carers.
(Professional carers are welcome).

10th September at 10:45am
in the Large Deal Hall

All are invited to come and connect spiritually through prayer, song and of course a great kiddush.

Contact Rochelle in the office on
0208 349 5263

Would you like to sponsor a Kiddush in the Minyan on Shabbat?

Please sign up via:
www.kinloss.org.uk/minyankiddush

OCTOBER 2023 EVENTS

SHARED READING GROUP

EVERYONE IS WELCOME BOTH MEN AND WOMEN, EXISTING OR NEW PARTICIPANTS.
THE GROUP READ ALOUD AND WE DISCUSS IT.
NO NEED TO PREPARE ANYTHING IN ADVANCE, COME AND HAVE A CUP OF TEA WITH US AND ENJOY THE GROUP.

Tuesday 10th October
@ 2pm
in The Rabbi's Office at Kinloss

Tea, coffee and biscuits will be provided and there is a weekly cost of £3 Kinloss Members and £4 non Members

For more information,
please speak to: Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

NOVEMBER 2023 EVENTS



MAZEL TOV - מזל טוב



CALEV MORRIS

Mazel Tov to Calev on his Bar Mitzvah

Calev has three siblings Aviya, Daniella and Eliav and he attends JFS

His hobbies are playing cricket and football and hanging out with his cats

Calev has volunteered for Project Impact

* Mazel Tov to Talya, Ben, Aviya, Daniella and Eliav Morris on Calev's Bar Mitzvah. Mazel Tov also to grandparents Pauline & Ian Morris, Selma Shrank and remembering the late Paul Shrank Z"L, much missed at this time.

* Mazel Tov to Michelle & Yuda (Z"L) Ambalo and Philip and Michelle Hertz on the marriage of Zack Ambalo to Amy Hertz in Israel. Mazel Tov also to grandparents Devorah Ambalo and Miriam Tobe. Remembering the late Yuda Ambalo Z"L, Barry & Sylvia Hertz Z"L, David Tobe Z"L, Reuven Ambalo Z"L and Sharon & Martin Kole Z"L at this happy time.

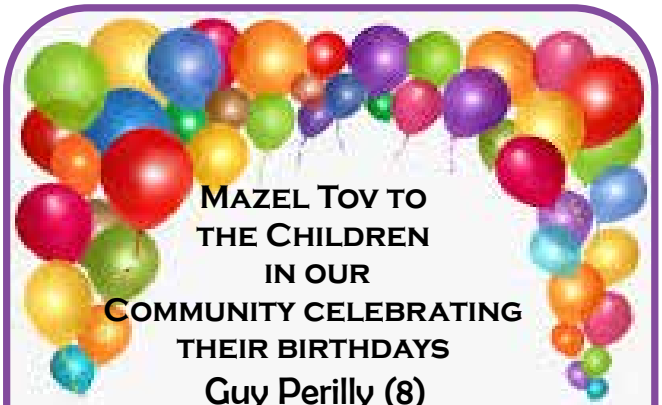
* Mazel Tov to Susana Ross Cohen & Nabeel Cohen on the birth of a granddaughter, Livia Rafaella, in New York City to Daniel & Ilana Ross. Mazel Tov to Drs Lu Steinberg and Michael Schulder, and great grandfather Leo Wiener.

* Mazel Tov to Geoffrey Solomon on his 80th birthday.

PLEASE NOTE WE DO NOT ACCEPT SHAIMOS/GENIZA

If you would like to dispose, please take it to one of the following locations:

Beis Hamedrash Nishmas Yisroel,
4 Brent Green, Hendon, NW4 2HA
OR
Sinai Golders Green,
54 Woodstock Avenue, NW11 9RJ



MAZEL TOV TO THE CHILDREN IN OUR COMMUNITY CELEBRATING THEIR BIRTHDAYS

Guy Perilly (8)
Rimona Greenaway (10)
Jesse Daniels (6)
Nathaniel Davidson (4)
Ilan Sacker (12)
Valerie Oshry (2)



Reminder:
Kinloss is a nut free zone
Please do not bring any food with peanuts or traces of nuts to be consumed on these premises

KINLOSS

Membership Bills for 2023/2024

You have received your membership bills from Pesach 2023 in the post.

If you haven't already done so, could you please pay your invoices via:

* Online BACS payment

* The member portal https://myus.theus.org.uk/login

* If you would like to pay by Credit / Debit Card over the phone please call Denise on 020 8346 8551

Kinloss Cares

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Advice on communal services
- Shopping
- Financial assistance through the Phyllis Nathan Trust (www.kinloss.org.uk/pnt)

Contact Rochelle
020 8349 5263
kinlosscares@kinloss.org.uk

Kinloss Cares
Rosh Hashanah 5784

Volunteers Needed to make Yom Tov telephone calls to members.

Please call Rochelle:
0208 349 5263/ 07517 577 019

Kinloss CARES







The Bridge Club meet on **TUESDAY AFTERNOONS, 2PM-4PM** in the Persian Synagogue, 2nd floor. There is a lift should you need it.

Meeting weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits/cake will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 020 8349 5267

NATALIE'S SIMCHAT TORAH GRADUATION SERVICE SUNDAY 8 OCTOBER

If your child has currently left year 2
And would like to attend this service too
Please confirm without any delay
Whether a Dvar Torah your child might like to say...
No problem at all should they not wish to speak -
Just let us have 2 hobbies like HIDE AND SEEK!
Deadline for RSVP close of play 18 September
So contact us - don't forget - please remember!
Natalie Sommer 07949 684 842
email: nataliesommer2000@yahoo.co.uk

If your child is currently leaving Year 2 and would like to take part in Natalie's Simchat Torah Graduation too - please confirm without delay including whether your child a Dvar Torah might like to say - no problem at all if they don't wish to speak - just let us have two hobbies like hide and seek!
email nataliesommer2000@yahoo.co.uk / 07949684842

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

SHUL MEMBERS, PLEASE JOIN OUR SECURITY ROTAS FOR SHIFTS.
OUR SHUL IS ONE OF THE MOST VISIBLE, HIGH PROFILE BUILDINGS IN LONDON.

THE COMMUNITY REMAINS ON A SERIOUS STATE OF ALERT AND WE MUST PROVIDE A VISIBLE DETERRENT.

YOU WOULD ONLY BE REQUIRED FOR ONE HOUR EVERY 8 WEEKS, ON SHABBAT MORNING.

PLEASE EMAIL : SECUREKINLOSS@YAHOO.CO.UK
OR CALL MARTIN SHIERS ON 07831 836 031 TO VOLUNTEER

DAILY MINYAN:

SERVICES (שבת see front page)	Sun 3rd 17 Elul	Mon 4th 18 Elul	Tues 5th 19 Elul	Wed 6th 20 Elul	Thurs 7th 21 Elul	Fri 8th 22 Elul
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2		8:00am	8:00am followed by Shiur with Rabbi Fine	8:00am followed by Shiur with Rabbi Heller	8:00am followed by Shiur with Rabbi Heller	8:00am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:15pm	7:15pm	7:15pm	7:15pm	7:15pm	7:00pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash
8:00am minyan will continue on a Daily basis.

The morning minyanim have a good ruach but there is the challenge to maintain that over the Summer when so many regulars are on holiday. So if you can please support the minyanim over the Summer and enjoy the companionship and atmosphere.

KINLOSS tribe

YEAR 7 INDUCTION SHABBAT

Shabbat 9th September

9:45am Youth Service in the Liora Graham Beit Midrash followed by a bumper Kiddush to welcome Year 7

Movie and Waffles Night - Year 7

Sunday 10th September @ 6pm - 8:30pm

Movie and Waffle Bar by WaffleMeUP

Sign up: www.kinloss.org.uk/waffles

For more information, visit: www.kinloss.org.uk/year7 or contact Leora & Harry on: 07827031851 or youth@kinloss.org.uk



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 2 SEPTEMBER

Jonathan Fisch	Father
Rosemary Fisch	Husband
Jacqueline Gittelmon	Father
Gillian Linke	Mother
Irene Mansfield	Brother
Zena Shattin	Sister
Michael Staszewski	Mother
Alon Stock	Father
Kenneth Waters	Father

Sunday 3 SEPTEMBER

Sheila Aidallbery	Father
Rochelle Bard	Mother
Joseph Davar	Father
Neil Egnal	Brother
Bernard Goodwin	Father
Rita Gordon	Father
Richard Reingold	Mother
Jilli Vegoda	Father

Monday 4 SEPTEMBER

Josephine Cohen	Father
Natalie Cohen	Mother
Esther Gorjian	Sister
Hooshang Hakimi-Sefat	Father
Marian Phillips	Husband
Suzanne Ralton	Father

Tuesday 5 SEPTEMBER

Rebecca Aminoff	Mother
Michael Grunberg	Father
Frank Rosenfeld	Mother
Janice Silver	Mother

Wednesday 6 SEPTEMBER

Chokat Bassally	Brother

Thursday 7 SEPTEMBER

Sidney Bowles	Father
Sharon Monty	Father
Joseph Szlezinger	Father

Friday 8 SEPTEMBER

Jeffrey Fisher	Father
Michael Fisher	Father
Susan Goldberg	Father
Ian Hantman	Sister



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Kinloss JAMI Ambassador is Richard Kafton
Mobile no: 07973 986344
Email: richard.kafton@cedarhfs.co.uk

THE FRIENDSHIP CLUB
WILL BE CLOSED FROM 5 SEPTEMBER ONWARDS AND WILL RE-OPEN AFTER ALL THE CHAGGIM (DATE TO BE CONFIRMED)

ANIM ZEMIROT CLUB
Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat
at 10:15am
in the Newman Room.
Boys of 6 and over welcome. Led by David Lesser

CONDOLENCES:

* Stephen Silverstein, Caroline Golchewski, David Silverstein and Anthony Silverstein on the passing of their mother Rycia Silverstein Z"L

CONSECRATIONS:

03/09/23	12:00 in Willesden in memory of Zena Gerstler Z"L
10/09/23	09:30 in Bushey Old in memory of Marion Conway Z"L
27/09/23	11:30 in Bushey New in memory of Frances Colton Z"L
15/10/23	12:00 in Willesden in memory of Rev Simon Hass Z"L
18/10/23	13:30 in Bushey Old in memory of June Brookes Z"L
29/10/23	10:00 in Bushey Old in memory of Raymond Lyons Z"L
29/10/23	09:30 in Bushey Old in memory of Alf Borman Z"L
12/11/23	11:00 in Bushey New in memory of Joan Graham Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264
Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423316
Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423317
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263