KOL KINLOSS

NEWSLETTER OF FINCHLEY SYNAGOGUE

וירא
VAYERA

בס"ד

KINLOSS

WWW.KINLOSS.ORG.UK

3 / 4 NOVEMBER 2023

כ' חשון תשפ"ד

SHABBAT WILL START AT 4:15pm AND TERMINATE AT 5:17pm

FRIDAY NIGHT

4:15pm Friday Night Minyan LaShir in the Liora Graham Beit Midrash

4:15pm Mincha, Kabbalat Shabbat and Maariv in the Large Deal Hall
followed by Chicken Soup Kiddush in the Kinloss Suite Foyer

4:05pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

Rabbi Dr Raphael Zarum's Rambam Shiur will be back on 18th November 2023

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji
Rabbi Heller will speak

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Neil Nachshen

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by JJ
Rabbi Josh Harris will speak

After the Services there will be a Shabbat Forum in the Main Synagogue
with Lord Jonathan Kestenbaum
on Rabbi Jonathan Sacks Z"L.
Jonathan worked with Rabbi Sacks Z"L as
Executive Director of the Office of the Chief Rabbi from 1991 - 1996
followed by Kiddush

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Daniel Frankl & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Sam Ellis & Ellie Marantz
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

12:30pm Early Mincha in the Main Synagogue

SHABBAT AFTERNOON

3:30pm - 5pm Bnei Akiva

4:10pm Mincha followed by Shiur with Sacks Scholar, Jo Greenaway

5:17pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

One people, with one heart

In last week's parsha, Avraham and Sara travelled to Egypt, in this week's Parsha, וירא, they travel once again. On both occasions Avraham tells Sara to say that Avraham is her brother, rather than her husband. Avraham is afraid that if people know he is her husband they will kill him in order to take Sara. In תולדות this story repeats itself when Yitzchak and Rivkah travel to Geror. When Avimelech confronts Avraham, he replies (בראשית 20: 11-13) 'There is no fear of G'd in this place, I had no choice as I was afraid you would kill me.' He then adds something which seems superfluous: 'When G'd took me from the house of my father, I turned to my wife and said, I need a kindness from you, whenever we travel please say about me 'אחי הוא' - 'he is my brother'.

Avraham seems to be protecting his own life, but neglecting his wife's safety. The Zohar explains that Avraham knew that Sarah's stature was much greater than his. Both Avraham and Yitzchak recognised their wives' greatness, knew they were spiritually protected and would not be harmed.

Why does the Torah repeat this storyline three times? Avraham lived 175 years, only the stories that are relevant for eternity are recorded in the Torah. What is the lesson here?

Rabbi Yitzchak Yaakov Rabinowitz (1847-1905) explains why when talking to Avimelech, Avraham mentioned the arrangement he had with Sarah ('wherever we go say he is my brother'). Avraham is talking to all of us, forever. Avraham is telling us that our nation will go through many journeys and face adversity. The one thing that will allow us to survive and endure is to turn to each other and say, אחי הוא, you are my brother/sister.

Avraham is articulating one of the most powerful messages in Jewish history. We have been in exile for 2000 years, for most of our history we have been wandering. How have we survived and managed to maintain our identity? Most nations without an infrastructure will forfeit their identity after some generations. The Dalia Lama was exiled from Tibet in 1959. In 1992, he decided to ask the Jews for their 'secret technique' of survival and maintaining identity in exile. The answer is in this week's parsha. Our path was trail blazed by Avraham. We may not be related, we may come from different countries, perspectives, levels of observance, speak different languages or have disagreements, and still the חסד (kindness) that Avraham asks of us is to say אחי הוא. This is what protects us. Brothers and sisters who disagree still have an intrinsic bond, beneath the surface and the superficial divisions, we are one family.

At this time of crisis we have seen the outpouring of support from Jews all over the world. 32 tons of essential aid has been sent to Israel by GIFT alone, many other charities are sending required items, people are donating charity, offering to be drafted in the army, 100s of people are volunteering to make Tzizit which are in high demand from both religious and secular soldiers. There are many videos on YouTube showing unity between Jews from all walks of life. Jews want to be able to hold onto something eternal, let us do our part by getting involved and strengthening our relationship with G'd, the source of all blessing, praying and taking on extra Mitzvot, and helping others who wish to do so. It is inspiring to see this new level of unity which has emerged. A cynic may say this unity is superficial, in reality it is the divisions which are superficial. We are one נשמה (soul) manifested in many different bodies. We say in davening, ברכינו אבינו כלנו כאחד 'Bless us, our Father, all as one'. Being 'together as one' makes us worthy of Divine blessings. This story is repeated three times in the Torah, to remind us to never allow our differences to tear us apart. We are a nation chosen to represent love and unity; this is the power of the Jewish people. Let us hold onto this unity and in this merit we will see peace and a complete Geulah speedily in our days.

Shabbat Shalom, Good Shabbos! Chazan Eli and Nechama

VAYERA STATISTICS

Mitzvot: None of the 613 Mitzvot
Verses: 147 (7th longest of the 54 Sidrot)
Words: 2085 (2nd longest)
Letters: 7862 (3rd longest)
Haftarah: 37 verses (8th longest of the 80 Haftarot)
Vayera is effectively the second longest Sidra of the Torah (it has unusually long verses).

Today's Revii is the 2nd longest of the Torah.

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	86	63	78
Haftarah	113	76	1134

KINLOSS YOUNG COMMUNITY

Parsha & Paint Night

CREATE BEAUTIFUL ARTWORK INSPIRED BY THOUGHTS ON THE PARSHA WITH REBBETZEN TALI HARRIS

PAINTING WILL BE GUIDED STEP BY STEP, NO PRIOR ART SKILLS NECESSARY!

MUMS & THEIR DAUGHTERS IN YEARS 5, 6 & 7	MUMS & THEIR DAUGHTERS IN YEARS 8, 9 & 10	KYC WOMEN
TUESDAY, NOV. 28 7:15 PM	TUESDAY, JAN. 16 7:45 PM	DRINKS WILL BE SERVED! TUESDAY, JAN. 30, 8:00 PM

Spots are limited!
£10 per person, members only
Register at
kinloss.org.uk/parshapaint

KYC
KINLOSS YOUNG COMMUNITY



MUSSAF MISHPACHTI

A LIVELY MUSSAF EXPERIENCE FOR THE ENTIRE FAMILY!

BEST SUITED FOR FAMILIES WITH CHILDREN AGES 0-11

ICE CREAM KIDDUSH

SHABBAT PARSHAT CHAYEI SARA, NOVEMBER 11

11:20
IN THE SILVER SUITE

*Please note that this will not count as a Halachic Mussaf

HALLEL MISHPACHTI

A LIVELY HALLEL FOR THE ENTIRE FAMILY

BEST SUITED FOR FAMILIES WITH CHILDREN AGES 0-11

DOUGHNUT KIDDUSH

11:20
IN THE SILVER SUITE

SHABBAT CHANUKAH, DEC. 9

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Kinloss Friday Nights

PARSHAT VAYERA - FRIDAY 3RD NOVEMBER

Main Service	Minyan LaShir	Sephardi Minyan
Mincha followed by Kabbalat Shabbat	Pre Mincha L'chaim! Mincha followed by sing-a-long Kabbalat Shabbat	Mincha followed by Kabbalat Shabbat
4:15pm Main Shul	4:15pm Beit Midrash	4:05pm Sephardi Shul

Followed by a CHICKEN SOUP Kiddush in the Kinloss Suite foyer and a 3-minute Parsha thought!

WE ARE LOOKING FOR 2 VOLUNTEERS TO SET UP AND CLEAR AWAY THE FRIDAY NIGHT KIDDUSH WEEKLY. PLEASE SIGN UP FOR A WEEK VIA WWW.KINLOSS.ORG.UK/FRIDAY

IF YOU ARE INTERESTED IN SPONSORING THE FRIDAY NIGHT KIDDUSH, PLEASE SPEAK TO SHIMON IN THE OFFICE

This week, everyone will be given the name of a hostage to daven for on Friday night

Join our new whatsapp group to receive info on our latest events and learning programmes, divrei torah for Shabbat and other exciting updates and resources!

Rabbi Josh and Tali Harris

Use the link to join or the QR code
kinloss.org.uk/kyc

KYC
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YOUTH

WANT TO THE RECEIVE THE WEEKLY KINLOSS YOUTH UPDATE?

SAVE OUR CONTACT ON YOUR PHONE AND SEND US A WHATSAPP WITH YOUR NAME AND YEAR GROUP

07827 031 851

KINLOSS tribe

KINLOSS tribe

Vayera

9:25am - Breakfast Shmooze in Youth Flat

9:45am - Youth Service - Liora Graham Beit Midrash

Followed by Israel Briefing and a chocolate Kiddush sponsored by family White!

KINLOSS YOUTH LAST WEEK

At Learn2Lead this week we did team building activities!







youth@kinloss.org.uk

Kinlossyouth

07827031851

SHABBAT LUNCH IN THE FLAT



Join your year for Shabbat lunch with Leora and Harry

Year 11- Shabbat 25th November

Year 12 & 13 - Shabbat 2nd December

Year 10 - Shabbat 9th December

Year 9 - Shabbat 6th January

Sign up for free:

www.kinloss.org.uk/youthlunch

NOVEMBER 2023 EVENTS

Proceeds will be donated to the Kinloss Emergency Appeal for Israel

Kinloss Learning Presents...

The Impact and Torah of Rabbi Sacks Z"L marking his Yahrzeit on 4 November



Shabbat 4 November

Shabbat Forum with Lord Jonathan Kestenbaum &
Mincha followed by Shiur at 4.10pm with
Sacks Scholar, Jo Greenaway

This Shabbat's Scholar in Residence Dr Tanya White has sadly had to postpone her visit to the UK because of the current situation in Israel.

14 November - Rabbi Michael Pollak

21 November - Gila Sacks & Dan Sacker

Tuesdays - doors open 7.45pm for a 8pm start



Light Refreshments
Book through QR code or via
www.kinloss.org.uk/sacks

KINLOSS

NOVEMBER 2023 EVENTS









KINLOSS cares about you

Message to the Kinloss Community
We are here to support you and your family in these difficult times.

If you require any pastoral, welfare or Rabbinic support, please do not hesitate to contact the Kinloss Cares on 0208 349 5263
kinlosscares@kinloss.org.uk

Would you like to sponsor a Kiddush in the Minyan on Shabbat?
Please sign up via:
www.kinloss.org.uk/minyankiddush

NOVEMBER 2023 EVENTS

THE KINLOSS SHABBAT LUNCHEON CLUB WILL BE ON THIS SHABBAT 4 NOVEMBER 2023

VOLUNTEERS NEEDED.....
We are looking for 2 volunteers to set up and clear away the Friday Night Kiddush weekly.
Please sign up via www.kinloss.org.uk/friday



DECEMBER 2023 EVENTS



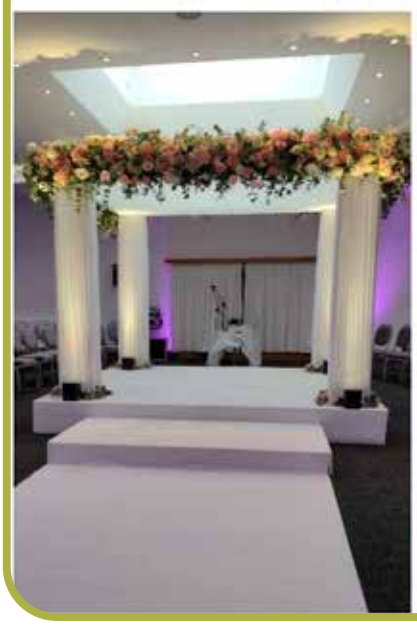


Thank you to Lord Daniel Finkelstein for his very interesting
'In Conversation' with Jeremy Mindell on Tuesday 31st October.
The event was very well attended together with Lord Finkelstein's
book launch 'Hitler Stalin Mum & Dad' a family memoir of miraculous survival









Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk

kinloss.banqueting



The following charities received £1,000 each from the recent Kinloss daily Tzedaka distribution.

* Kinloss Israel Appeal,
* MDA Israel,
* Zaka Israel,
* Hatzala Israel,
* Beit Halochem,
* Sarah Hertzog Hospital



Mazel Tov to the children in our community celebrating their birthdays

Amy Davidson (6)
Joshua Murciano (3)
Zoe Murciano (3)
Maya Harris (10)
Bella Averbuch (6)
Tamar Gordon (8)
Dafna Stone (7)
Ora Josephs (10)
Olivia Benjamin (4)

Kinloss Cares

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Financial assistance through the Phyllis Nathan Trust (www.kinloss.org.uk/pnt)
- Advice on communal services
- Shopping

Contact Rochelle
020 8349 5263
kinlosscares@kinloss.org.uk

KINLOSS

The Kinloss Junior Table Tennis has 5 weeks left and there are spaces available.
Sign up now :
www.kinloss.org.uk/tabletennis

Reminder:
Kinloss is a nut free zone
Please do not bring any food with peanuts or traces of nuts to be consumed on these premises

Anim Zemirot Club

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat at 10:15am in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

BRIDGE



BRIDGE

The Bridge Club meet on **TUESDAY AFTERNOONS, 2PM-4PM** in the Persian Synagogue, 2nd floor. There is a lift should you need it.

Meeting weekly playing self-taught bridge – a reasonable knowledge of the game is required.

Tea, coffee and biscuits/cake will be provided and there is a weekly cost of £3 Kinloss Members, £5 non Members. If you would like more information, please contact Lucy on 020 8349 5267

Membership Bills for 2023/2024

You have received your membership bills from Pesach 2023 in the post.
If you haven't already done so, could you please pay your invoices via:

* Online BACS payment
* The member portal https://myus.theus.org.uk/login
* If you would like to pay by Credit / Debit Card over the phone please call Denise on 020 8346 8551

Please note we do not accept Shaimos/Geniza

If you would like to dispose, please take it to one of the following locations:

Beis Hamedrash Nishmas Yisroel,
4 Brent Green, Hendon, NW4 2HA OR
Sinai Golders Green, 54 Woodstock Avenue, NW11 9RJ

DAILY MINYAN:

SERVICES (שבת **see front page)**	Sun 5th 21 Cheshvan	Mon 6th 22 Cheshvan	Tues 7th 23 Cheshvan	Wed 8th 24 Cheshvan	Thurs 9th 25 Cheshvan	Fri 10th 26 Cheshvan
Shacharit	8:00am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2		8:00am	8:00am	8:00am Shiur with Rabbi Heller followed by breakfast	8:00am Shiur with Rabbi Heller followed by breakfast	8:00am
Sephardi	7:50am	6:45am	6:45am	6:45am	6:45am	6:45am
Mincha / Ma'ariv	4:00pm	4:00pm	4:00pm	4:00pm	4:00pm	4:05pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash
8:00am minyan will continue on a Daily basis.



WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

SHUL MEMBERS, PLEASE JOIN OUR SECURITY ROTAS FOR SHIFTS.
OUR SHUL IS ONE OF THE MOST VISIBLE, HIGH PROFILE BUILDINGS IN LONDON.

THE COMMUNITY REMAINS ON A SERIOUS STATE OF ALERT AND WE MUST PROVIDE A VISIBLE DETERRENT.

YOU WOULD ONLY BE REQUIRED FOR ONE HOUR EVERY 8 WEEKS, ON SHABBAT MORNING.

PLEASE EMAIL :
SECUREKINLOSS@YAHOO.CO.UK
OR CALL MARTIN SHIERS
ON 07831 836 031 TO VOLUNTEER

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 4 NOVEMBER

Laurence Cohen	Father
Alick Glass	Brother
John Greenbourne	Mother
Shiley Hagai	Father
Gila Sacks	Father
Mannie Sher	Mother
George Taylor	Mother
Martin White	Sister

Sunday 5 NOVEMBER

Muriel Krieger	Father
Henry Milner	Mother
Gillian Pincus	Mother
Pearl Rubin	Brother
Barbara Rubinstein	Mother
Brian Silver	Mother
Michael Soussan	Father
Clive Sutton	Father

Monday 6 NOVEMBER

Michael Abrahams	Father
Anita Alexander-Passe	Husband
Gabriella Alexander-Passe	Father
Perry Conway	Mother
Trevor Gee	Brother
John Greenbourne	Father
David Lightstone	Father
Gillian Pincus	Sister
Thea Valman	Mother

Tuesday 7 NOVEMBER

Maxine Burland	Father
Lotte Levy	Father
Parviz Namdar	Wife
Tony Namdar	Mother
Arnold Wagner	Father
Ruth Warents	Father

Wednesday 8 NOVEMBER

Madeline Jacobs	Mother
Muriel Krieger	Brother
Barbara Nicholls	Mother
David Pelled	Father
Elaine Renshaw	Mother
Pamela Rubens	Mother
Sylvia Schryber	Mother
Leslie Swerling	Father
George Taylor	Daughter
Heather Taylor	Daughter

Thursday 9 NOVEMBER

Eli Abt	Mother
Sharon Aharon	Father
Malcolm Dagul	Wife
Cassie Goodall	Mother
Joyce Grossmark	Husband
Michael Rubinstein	Father

Friday 10 NOVEMBER

Angela Abrahams	Father
Estelle Belmont	Husband
Rochelle Belmont	Father
Marilyn Dvorkin	Husband
Ivor Freedman	Father
Harvey Hirsh	Mother
Rosalind Seres	Father
Davinia Teacher	Mother



Kinloss JAMI Ambassador is Richard Kafton
Mobile no: 07973 986344
Email: richard.kafton@cedarhfs.co.uk
https://jamiuk.org/tipsonmanaginganxiety/

KINLOSS

CONSECRATIONS:

12/11/23	11:00 in Bushey New in memory of Joan Graham Z"L
23/11/23	12:00 in Bushey New in memory of Sylvia Fisher Z"L
26/11/23	09:30 in Bushey New in memory of Shirley Karp Z"L
03/12/23	09:30 in Bushey Old in memory of Geoffrey Bradley Z"L
03/12/23	10:00 in Bushey Old in memory of Maureen Sander Z"L
03/12/23	10:30 in Willesden in memory of Clara Landenberg Z"L
03/12/23	11:00 in Bushey Old in memory of Muriel Altman Z"L



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Shimon Gillis, Chief Operations Officer: 020 8349 5264
Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423316
Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423317
Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263