

KOL KINLOSS



**TISHA B'AV:
FAST STARTS
SHABBAT 2 AUGUST
AT 8:47PM (SEE
INSIDE FOR FULL
DETAILS)**

דברים

LaShir

Service starts: 7.00pm
Candle lighting: 7.13pm

Minyan Sheini

Service starts: 7.30pm
Candle lighting: 7.45pm

Shabbat Ends: 9.44pm

DEVARIM



KINLOSS

1st - 2nd August 2025

ח' אב תשפ"ה

SHABBAT AT KINLOSS

FRIDAY NIGHT

Earliest candle lighting - 7.13pm

7.00pm Minyan LaShir in the Large Deal Hall (candles should be lit at 7.13pm)

7.00pm Sephardi Mincha, Kabbalat Shabbat & Arvit

7.30pm Minyan Sheini in the Liora Graham Beit Midrash (candles should be lit by 7.45pm)

Please note: If you (and members of your household) are unable to attend shul altogether, you should light candles by 7.45pm

SHABBAT MORNING SERVICES

7.45am **HASHKAMA** in the Liora Graham Beit Midrash

9.00am **SEPHARDI SERVICE** in the Sephardi Synagogue

9.15am **MAIN SERVICE** in the Main Synagogue

9.30am **THE MINYAN** in the Nissan & Rifca Deal Halls

9.30am **MINYAN HATZA'IR** in the Rabstein Room

YOUTH SERVICE will resume on 6th September

10.45am **CHILDREN'S SERVICES**

Age 0–4 in the Silver Suite with (parent cover) Debra Dunitz

Reception to Yr 2 in the Nemetnejad Room with Natalie Sommer

Yr3-Yr 6 in the Newman Room with Gila Schajer and Natan Ruback

5.30pm **SPECIAL SHIUR** by **RABBI BIRNBAUM** in the Liora Graham Beit Midrash entitled
'PATHWAYS TO THE LAST TISHA B'AV'

6.00pm **SHABBAT MINCHA** in the Liora Graham Beit Midrash

8.47pm **TISHA B'AV FAST BEGINS**

9.44pm **SHABBAT ENDS**

Say “Baruch Hamavdil Bein Kodesh L'chol” and change into non-leather shoes at this time. Havdallah is not made until Tisha B'Av ends on Sunday night (spices are not used), with the exception of the blessing on the Havdallah candle which is said on Motzei Shabbat.

10.00pm **MAARIV, EICHA & KINNOT** in the Main Synagogue

SHABBAT MORNING KIDDUSHIM AT KINLOSS

HASHKAMA in the Silver Suite

MAIN KIDDUSH in the Kinloss Suite

MINYAN KIDDUSH sponsored by
ATARAH & DANIEL RUBACK to celebrate
NATAN'S FORTHCOMING ALIYAH

MINYAN HATZA'IR in the Rabstein Room



10.15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER

MAZEL TOV

Mazel Tov to Miriam, Jason, Arielle and Aaron Roomer on the birth of a son and brother. Mazel Tov also to grandparents Louise & David Felder and Toni & Michael Roomer.

BIRTHDAYS



Mazel Tov to the children in our community celebrating their birthdays this week:

Ava Lewi (6), Mila Sagar (4), Lielle Freedman (2),
Keira Koschland (2), Isabelle Spencer (8)
Eliyahu Ventura Faiwusiewicz (9), Emma Schaffer (8)
Noam Sacks-Goldstein (7), Gabriel Conway (3),
Jake Saltman (12), Scarlett Stoller (10),
Ruben Morrison (8), Jaimie Hochman (10)

TISHA B'AV AT KINLOSS

SHABBAT

8.47pm

FAST BEGINS

9.44pm

SHABBAT ENDS

10.00pm

MAARIV, EICHA & KINNOT in the Main Synagogue

SUNDAY

8.30am

SHACHARIT & EXPLANATORY KINNOT with **RABBI BIRNBAUM, RABBI FINE & RABBI JOSH** in the Large Deal Hall

2.00pm

EARLY MINCHA in the Large Deal Hall

5.45pm

FILM 'CARL LUTZ DANGEROUS DIPLOMACY' in the Silver Suite

7.00pm

MINCHA in the Main Synagogue

7.45pm

'STORIES OF STRENGTH & SURVIVAL' WITH BARBARA FRANKISS & DAVID KLEINMAN in the Large Deal Hall

9.00pm

MAARIV in the Main Synagogue

9.36pm

FAST ENDS

LEARNING AT KINLOSS

SUMMER SCHEDULE

Day	Time	Topic	Given By	Venue	Open To	Resumes
Friday	8.45 – 9.15am	*Rav S R Hirsch on the Parsha	Rabbi Josh		All	29 Aug 2025
	10.30 – 11.10am	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All	
Shabbat	9 - 9.30am	Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Deal Hall	All	
	Half an hour before Mincha	*Tzurba (Practical Halacha) Chabura	Rabbi Josh		All	23 Aug 2025
Sunday	8.45 – 9.30am	*Gemara Megilla	Rabbi Birnbaum		All	31 Aug 2025
Monday	1.30 – 2.10pm	*Key Themes in Sefer Devarim	Rabbi Fine		Women	8 Sept 2025
Tuesday	8.45 – 9.15am	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All	
	8.15 - 9.15pm @ Rabbi Josh's home	*L'Chaim & Learn	Rabbi Josh		All	2 Sept 2025
Wednesday	8.45 – 9.15am	*Gemara Berachot	Rabbi Birnbaum		All	3 Sept 2025
	8.00 - 8.45pm	*Timeless Torah Parashat Shiur	Rabbi Birnbaum		All	3 Sept 2025
Thursday	8.50 - 9.15am	*Perek Chelek in Sanhedrin	Rabbi Heller		All	14 Aug 2025

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)

* Not taking place this week. Please check table to see when this resumes.

TISHA B'AV AT KINLOSS

8:30AM Shacharit
& Explanatory Kinnot with
Rabbi Birnbaum, Rabbi Fine and Rabbi Josh

2:00PM Early Mincha

5:45PM Film 'Carl Lutz Dangerous Diplomacy'

Film rating 13 years plus

Swiss diplomat Carl Lutz used his government position and bureaucratic expertise to rescue tens of thousands of Jews in Budapest Hungary who were in danger of deportation to Auschwitz during World War II.



7:00PM Mincha

7:45PM
Stories of Strength & Survival with
Barbara Frankiss & David Kleinman

Barbara Frankiss was born in Warsaw in 1938, and survived the Holocaust by hiding in a wardrobe at a Polish family's home, who were paid to protect her. After her mother died in the camps, the payments stopped, and Barbara was abandoned in a Warsaw field. She was taken in by a Polish policeman and concealed her identity. In 1946, her father, a camp survivor, found her after a long search.



David Kleinman a 15-year IDF reservist in the elite Rabbinical Search and Rescue Unit (Yasar), has served in critical missions marked by halachic integrity and national urgency. He helped identify Jewish victims after October 7, guarded captured Hamas terrorists under investigation, and took part in key security operations on the Syrian front. His unit's sacred work ensures dignity for the dead, even in the harshest conditions. David's entire service reflects unwavering dedication to both Torah and Tzahal.



9:00PM Maariv | Fast Ends 9:36PM

Stories of Strength & Survival

Tisha B'Av at Kinloss 2025

SUNDAY 3 AUGUST

TIMELESS TORAH

DEVARIM - Pathways of Rebuke, Reflection & Renewal

The Uniqueness of Sefer Devarim

Sefer Devarim is unique among the five Books of the Torah in that it contains almost no narrative but is actually a continuous monologue of Moshe Rabbeinu, who, before his death, leaves his final instructions to the Jewish people to prepare them to enter Eretz Yisrael. The Ramban, in his short introduction to the Sefer, describes the two themes of the entire Sefer Devarim. Focusing on the Sages' reference to this Book as *Mishneh Torah*, the repetition of the Torah, he writes that Moshe repeated in this final discourse to the nation many of the mitzvot that had already been taught, either in order to add some explanation or to warn of their particular severity. Occasionally, he also detailed some mitzvot, such as the laws of divorce and levirate marriage (*yibum*), which, although taught at Sinai, had not yet been recorded. These are mentioned only now, the Ramban suggests, because they may have only actually been observed after the Jewish people entered the Land. This fits with the overarching theme of the mitzvot in this Book, which are designed to help prepare the people for their new life in the Land of Israel.

The first theme of Sefer Devarim, then, is a final revision of the fundamental principles that the people would need in order to begin the new stage of their journey. The second theme, however, which occupies most of the first parshah, Parshat Devarim, is that of rebuke. The purpose of this rebuke, the Ramban explains, was also a preparation for their new role as inhabitants of a civilised land. By reminding the Jewish people of the shortcomings of the nation throughout their sojourn in the Wilderness, Moshe Rabbeinu was actually encouraging them not to be overwhelmed by the myriad

of mitzvot that they were expected to keep. This generation was born in the desert and had never witnessed more than a potential promise of complete redemption, so they may have become disheartened, disbelieving that they would ever get to Eretz Yisrael. Moshe's message was that by reflecting on the events of the past forty years, they would see that even when the nation did not live up to expectation, Hashem demonstrated His mercifulness and did not destroy them. This generation, too, should never see themselves as too deficient to inherit the land.

Looking at another comment of the Ramban, we find this perspective on rebuke emphasised further. The opening words of the parshah are *eleh hadevarim*, 'these are the words'. The commentaries debate exactly which words are being referenced here, but the Ramban's opinion is that this is an introduction to the mitzvot that will be discussed throughout this Book. When we consider, however, that the Torah immediately digresses to retell at great length the history of the Jews in the Wilderness, this interpretation is difficult to substantiate. In light of the above discussion about the purpose of this rebuke, though, the Ramban's meaning is clear. Moshe was telling the people that while he intends to instruct them as to how to conduct themselves in their new existence in Eretz Yisrael, he must first remind them of how they got to this stage.

An Essential Part of Our Destiny

Rashi's interpretation of the words *eleh hadevarim* takes a more direct perspective on the theme of rebuke. According to Rashi, the words refer directly to the words of admonishment that comprise the next few chapters of the Torah. Here, we see the



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

significance of being able to get up and stop ourselves and others from doing the wrong thing. As painful as it might be to do this and as careful as we must be about how we do it, it is sometimes essential.

The well-known story of Kamtza and Bar Kamtza (Gittin 55b/56a) vividly illustrates how failing to speak out against wrongdoings can lead to terrible consequences. The Gemara relates that when Bar Kamtza was publicly humiliated by his enemy, the rabbis and sages of Yerushalayim were all present, but none of them protested against what was going on. This tragic story eventually led to the destruction of Yerushalayim, but had the Rabbis who were there objected to his behaviour, there might have been a very different ending.

In this context, the Malbim (d.1879, Kyiv), in a sublime observation, notes a subtle discrepancy between the way the Jewish people are referred to throughout the Torah and the way they are titled in Sefer Devarim. Normally, when the Torah addresses or speaks about the Jewish people, they are called Bnei Yisrael, the Children of Israel. In Devarim, however, they are predominantly known simply as Yisrael. The Malbim explains that whereas when teaching the mitzvot, the Torah normally addresses the people as individuals, Moshe's rebuke in Devarim was focused on the nation as a whole: not the individual Children of Israel but the Nation of Israel in a collective sense. In berating the nation for their previous wrongdoings, Moshe was sensitive to the nuances of his speech. He did not mean to criticise one particular person or another, but was teaching the people that the key to their survival and renewal is association with the nation of Israel and appreciation of their shared history and destiny.

part of the tribe of Menashe were also given Moshe begins his rebuke of the nation by recalling their argumentative and confrontational nature. '*Eichah esa levadi* - How can I carry on my own', exclaimed Moshe, the burden of this nation. The Sages connect this word *eichah* to the same word that forms the refrain of Megillat Eichah: 'Had you merited,' says the Midrash, "you would have read, '*Eichah esa levadi*'. Now, however, you must read, '*Eichah yashvah badad* - Alas! How she sits alone.'

Rav Shlomo Yosef Zevin (Jerusalem, d. 1978) explains the message behind this cryptic Midrash. A wise person, he writes, is able to perceive that their actions and the actions of those around them affect not only their immediate lives and surroundings but also have consequences on the distant future. As the Mishnah in Pirkei Avot teaches (4:1), a wise man is one who foresees the consequences of his actions. Thus, the Midrash subtly points out the result of our failure to heed Moshe's rebuke. If only we had understood the depth of strife among us - the attitude that brought Moshe to cry out, 'I cannot carry you alone!' - we might not have had reason to read, '*Eichah yashvah badad*'. The key for us is to search, in hindsight, for the divisions that threatened to tear us apart in the first place, and from there, build a way back.

The weekly Timeless Torah Parsha Shiur resumes after the summer break on 3rd September.

COMING UP

GROUPS AND CLUBS



TUESDAY 10.00AM
FRIENDSHIP CLUB
[KINLOSS.ORG.UK/FRIEND](https://kinloss.org.uk/friend)



TUESDAY 2.00PM
BRIDGE
[KINLOSS.ORG.UK/BRIDGE](https://kinloss.org.uk/bridge)



THURSDAY 10.30AM
CHAIR BASED EXERCISE
[KINLOSS.ORG.UK/EXERCISE](https://kinloss.org.uk/exercise)



THURSDAY 5.30PM
JUNIOR TABLE TENNIS CLUB
[KINLOSS.ORG.UK/TABLETENNIS](https://kinloss.org.uk/tabletennis)



SUNDAY 7 SEPTEMBER
11.00AM
SHUL FOR THE MIND

JOIN THE KINLOSS FANTASY FOOTBALL LEAGUE

Season Starts Friday 15th August 2025

Rabbi Josh has won this the last two seasons,
can anyone stop this becoming a treble?

LEAGUE CODE: zu71dg

Prize for the winner!

AT KINLOSS

UPCOMING EVENTS

TUES

19 AUG

8PM- 9.30PM

GUEST SPEAKER JONATHAN HAROUNOFF

Israel's international spokesperson to the United Nations

Booking essential www.kinloss.org.uk/jh

STARTS

TUES 2 SEP

8.15PM

L'CHAIM & LEARN

Every Tuesday night, Tractate Taanit for beginners
with Rabbi Josh.

Join the WhatsApp group www.kinloss.org.uk/l&l

SHABBAT

6 SEP

11.30AM

SHABBAT FORUM WITH LORD MANN

HM Government's Independent Adviser on Antisemitism

Followed by Kiddush in the Kinloss Suite for the whole community

Back by popular demand for a second year!

KINLOSS PRE ROSH HASHANA

AN EVENING OF SONG & INSPIRATION

Sunday 14th September 2025, 8:00 PM

Join us for a magical evening of uplifting music, nostalgic melodies, soulful stories & spiritual insights in preparation for Rosh Hashana & Yom Kippur.

Led by Rabbi Dov Cowan & the Kinloss Rabbinic Team

Sign up at kinloss.org.uk/song



Rabbi Dr Yoni Birnbaum



Rebbetzin Elisheva Birnbaum



Rabbi Dov Cowan

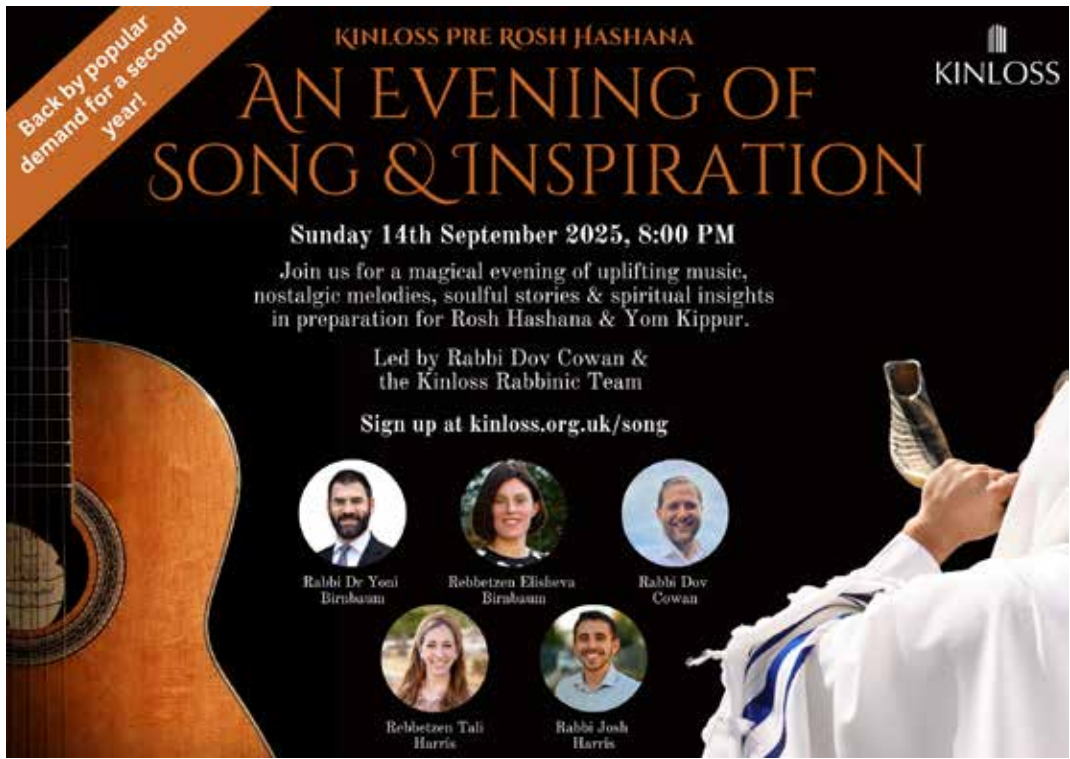


Rebbetzin Tali Harris



Rabbi Josh Harris





SAVE THE DATE

Journey to Poland

Led by Rabbi Dr Yoni Birnbaum together with
Scott Saunders MBE, CEO International March of the Living



SAVE THE DATE

Thursday 30th April - Sunday 3rd May 2026

From the depths of pain in the Warsaw Ghetto to the remarkable story of Jewish Lublin. Bear witness to the horrors of Majdanek and Auschwitz. Draw strength from an inspirational Shabbat in Krakow.

Cost is £980 per person (excluding flights & travel insurance)

Single supplement is £150

Places are limited and will be on a first come first serve basis

BOOKING OPENS MONDAY 1ST SEPTEMBER


KINLOSS

YAHRZEITS

THE KEHILLA
WISHES
חיים ארוכים
'LONG LIFE' TO THE
FOLLOWING WHO
HAVE Yahrzeit
THIS WEEK

Shabbat 2nd August

Josephine Cohen	Mother
Philip Elias	Father
Heather Grant	Father
Claire Harris	Father
Raffaello Nemni	Mother
Helen Pope	Mother
Karina Simmons	Father

Sunday 3rd August

Edit Elek	Father
Simon Fearnley	Father
Audrey Godfrey	Husband
Dalia Hajioff	Father
Sarah Leveson	Father
Sheila Leveson	Husband
Joseph Soleiman	Father
Sheila Soleiman	Husband
Madeleine Winston	Father

Monday 4th August

Donald Breslaw	Sister
Michelle Bull	Mother
Barry Frey	Father
Howard Israel	Father
Gail Silver	Father

Tuesday 5th August

Barbara Cohen	Brother
Shirley Freeman	Husband
David Isaacs	Mother
Geoffrey Morrow	Father
Stuart Selwyn	Mother

Wednesday 6th August

Ian Addleson	Wife
David Cavendish	Mother
Michael Cavendish	Mother
Arlette Gotkine	Sister
Valerie Green	Father
Frances Posener	Husband
Celia Rabstein	Father
Miriam Roomer	Sister
Bernard Trent	Father

Thursday 7th August

Andrew Brayam	Mother
Caroline Brower	Father
Irene Dickson	Father
Michael Jacobs	Sister
Joy Lyons	Husband
Jeremy Newman	Mother
Nasser Rahimi	Mother
Zena Wagner	Father

Friday 8th August

Jonathan Barr	Mother
Nigel Howard	Father
Maurice Lazarus	Mother
Melanie Mark	Father
Monique Solomon	Father
Sylvia Spiro	Father

CONDOLENCES

Melanie Mark, Gideon Mark, Daniel Mark, Benjamin Mark and Michael Mark on the passing of their husband, father and brother John Mark z'l

CONSECRATIONS

Sunday 31st August 2025, 11am at Bushey Old in memory of Sidney Bowles z'l

Sunday 14th September 2025, 1.30pm at Bushey Old in memory of Renate Altmann z'l

Sunday 7th September 2025, 3.30pm at Rainham Cemetery in memory of Norman Leff z'l father of Joshua Leff

Sunday 28th September 2025, 11.00am at Willesden in memory of Marian Phillips z'l

SERVICE TIMES

SERVICES	Sun 3rd August 9 Av Tisha B'Av	Mon 4th August 10 Av	Tue 5th August 11 Av	Wed 6th August 12 Av	Thurs 7th August 13 Av	Fri 8th August 14 Av
Shacharit	See inside for timings	7.00am	7.00am	7.00am	7.00am	7.00am
Shacharit 2		8.00am	8.00am	8.00am	8.00am	8.00am
Sephardi Shacharit		6.30am	6.45am	6.45am	6.30am	6.45am
Mincha / Ma'ariv		7.30pm	7.30pm	7.30pm	7.30pm	7.00pm (no Minyan Sheini)

TO KEEP INFORMED OF UPCOMING EVENTS
AND ALL THINGS KINLOSS, JOIN THE
KINLOSS WHATSAPP COMMUNITY
[KINLOSS.ORG.UK/WHATSAPP](https://kinloss.org.uk/whatsapp)



KEEP IN TOUCH

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Kinloss Cares: 020 8349 5263

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Jami Ambassador, Richard Kafton: 07973 986 344

Security (volunteering): security@kinloss.org.uk