

KOL KINLOSS



A truly uplifting
Evening of Song
& Inspiration



נצבים

LaShir

Service starts: 6.30pm

Candle lighting: 6.45pm

Minyan Sheini

Service starts: 6.50pm

Candle lighting: 6.52pm

Shabbat Ends: 7.59pm

NITZAVIM



KINLOSS

19 - 20 September 2025

כ"ז אלול תשפ"ה

SHABBAT AT KINLOSS

FRIDAY NIGHT

Earliest candle lighting - 5.51pm

6.30pm Minyan LaShir in the Large Deal Hall

(candles should be lit by 6.45pm)

6.50pm Minyan Sheini in the Liora Graham Beit Midrash

(candles should be lit by 6.52pm)

7.00pm Sephardi Mincha, Kabbalat Shabbat & Arvit

Please note: If you (and members of your household) are unable to attend shul altogether, you should light candles no later than 6.52pm

**SPECIAL
THEMED
SHABBAT:
TEFILLA
UNLOCKED**

SHABBAT MORNING

7.45am **HASHKAMA** in the Liora Graham Beit Midrash

9.00am **SEPHARDI SERVICE** in the Sephardi Synagogue

9.15am **MAIN SERVICE** in the Main Synagogue

9.30am **THE MINYAN** in the Nissan & Rifca Deal Halls

9.30am **MINYAN HATZA'IR** in the Rabstein Room

9.45am **YOUTH SERVICE** in the Liora Graham Beit Midrash with **CHANNI & LEO**

WOMEN'S HAFTORAH GROUP in the Kinloss Suite Foyer (approx. 10.45am). Haftorah will be read by Jaime Mark and Rebbetzen Elisheva will be speaking.

10.45am CHILDREN'S SERVICES

Age 0-4 in the Small Deal Hall with Leah Frenkel

Reception - Yr 2 in the Nemetnejad Room with Natalie Sommer

Yr 3-4 in the 1st floor classrooms with Jasmine Bor & Zac Simmons

Yr 5-6 in the Newman Room with Gila Schajer and Ellie Marantz

There will be a kiddush following all Children's Services at 11.30am in the Silver Suite

11.15am - 12pm **SPECIAL SHABBAT FORUM** in the Large Deal Hall with **KIDDUSH** entitled 'MAKING MUSSAF MEANINGFUL' (full details on page 3)

6.00pm **TZURBA (PRACTICAL HALACHA) CHABURA** with **RABBI JOSH**

6.30pm **MINCHA** followed by a light Seuda Shlishit and **SHIUR** in the Liora Graham Beit Midrash by **RABBI BIRNBAUM** entitled 'WHY DO WE DAVEN: NEW PERSPECTIVES'

7.59pm **MA'ARIV & SHABBAT ENDS**

SHABBAT MORNING KIDDUSHIM AT KINLOSS

HASHKAMA in the Silver Suite

JOINT KIDDUSH in the Small Deal Hall

MINYAN HATZA'IR in the Rabstein Room

YOUTH KIDDUSH in the Lira Graham Beit Hamidrash



**10.15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER**

MAZEL TOV

Mazel Tov to Shirley & Richard Ellis on their 55th wedding anniversary.

Mazal tov to Eryn London and Michael Gilmont and big sister Ellie, on the birth of Sapira (Polly) Bina. Mazal tov to the grandparents, great grandparents, and the Gilmont and London families.

BIRTHDAYS



Mazel Tov to the children in our community celebrating their birthdays this week:

Elisheva Klein (8) Oliver Davies (6), Lola Arad (10)
Olivia Wolfson (9), Jack Swerdlow (11) Zoe Renton (6),
Raphael Shem-Tov (5)

TEFILLA SHABBAT

TEFILLAH UNLOCKED

Shabbat 20th September

Join the Kinloss Rabbinic Team for a special pre-Rosh Hashana themed Shabbat, inspiring your shul experience this Yomim Noraim

Friday Night: 'Making Tefillah Transformative'

Special Shabbat Forum in the Large Deal Hall with Kiddush, 11:15am - 12pm

'Making Mussaf Meaningful'

8 minute TED Talks with the Rabbinic Team

Rabbi Birnbaum	The Rosh Hashana Mussaf Journey
Rebbetzen Elisheva	Malchuyot: Connecting to Kingship
Rebbetzen Tali	Zichronot: The Power of Memory
Rabbi Josh	Shofarot: The Everlasting Call

Shabbat Afternoon Shiur (following Mincha at 6:30pm)
'Why Do We Daven: New Perspectives' with Rabbi Birnbaum

LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15am	Rav S R Hirsch on the Parsha	Rabbi Josh		All
	10.30 – 11.10am	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	9am - 9.30am	Rambam: Laws of Illicit Relations	Rabbi Dr Zarum	Deal Hall	All
	Half an hour before Mincha	Tzurba (Practical Halacha) Chabura	Rabbi Josh		All
Sunday	8.45 – 9.30am	Gemara Megilla	Rabbi Birnbaum		All
Monday	1.30 – 2.10pm	* Key Themes in Sefer Devarim	Rabbi Fine		Women
Tuesday	8.45 – 9.15am	* Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
	8.15 - 9.15pm	* L'Chaim & Learn	Rabbi Josh	Rabbi Josh's home	All
Wednesday	8.45 – 9.15am	* Gemara Berachot	Rabbi Birnbaum		All
	8.00 - 8.45pm	* Timeless Torah Parsha Shiur	Rabbi Birnbaum		All
Thursday	8.50 - 9.15am	* Perek Chelek in Sanhedrin	Rabbi Heller		All

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

* indicates not taking place this week

COMING UP AT KINLOSS

SHABBAT
20 SEP
12:30PM

YEAR 9 SHABBAT LUNCH IN THE FLAT **WITH CHANNI & LEO**

Food - Ruach - Torah - Friends
Book at kinloss.org.uk/y9lunch

**THIS
WEEK!**

RH DAY 2
24 SEP
11:30AM

MUSSAF MISHPACHTI

Lively Mussaf Experience for the Entire Family with
Rabbi Josh & Rebbetzen Tali in the Persian Synagogue

**THIS
WEEK!**

SHABBAT
11 OCTOBER
12:30PM

YOUNG FAMILIES SHABBAT LUNCH IN THE SUCCA

Join other Kinloss Young Families for a delicious Shabbat
lunch and a special Sukkot ruach
Book at kinloss.org.uk/succahlunch

Journey to Poland

Led by Rabbi Dr Yoni Birnbaum together with
Scott Saunders MBE, CEO International March of the Living



Thursday 30th April - Sunday 3rd May 2026

From the depths of pain in the Warsaw Ghetto to the remarkable story of Jewish Lublin. Bear witness to the horrors of Majdanek and Auschwitz. Draw strength from an inspirational Shabbat in Krakow.

Cost is £980 per person (excluding flights & travel insurance)
Single supplement is £150

Places are limited and will be on a first come first serve basis

TO SECURE BOOKING & PAY DEPOSIT VISIT
WWW.KINLOSS.ORG.UK/POLAND


KINLOSS

For more information about events at Kinloss please contact lucy.marcus@kinloss.org.uk

TIMELESS TORAH

NITZAVIM - FACING THE FUTURE TOGETHER

Collective Growth

As Moshe reaches the endnote of his epic discourse to the nation, he reminds the people that they are all gathered together, from the highest echelons of the nation's leadership to ordinary workers among the people. The purpose of this gathering, Moshe explains (29:11), is in order to make a brit, a covenant, with Hashem. Although the second of the two critical covenants - that of Sinai and that of the Plains of Moav - was already recorded in Parshat Ki Tavo (28:69), the Ohr HaChaim (d.1743) explains that the covenant of Parshat Nitzavim is necessary because it focuses on a different aspect than that of Ki Tavo. Last week's covenant summed up the message of the Admonition - the *Tochachah* - where the people accepted upon themselves the consequences of their actions, whether for the good or otherwise. Here, however, the entire nation collectively takes responsibility for each other's performance. This is the brit of *arvut*, of communal and mutual responsibility. It may be a natural instinct to look only at ourselves and our own mission in life, but in Parshat Nitzavim, the nation made a covenant based upon collective responsibility.

Of course, the first level of this is to ensure that we are not 'drilling a hole in our part of the boat' but are also behaving in a way that does not compromise the rest of society. Real collective responsibility, however, is far broader than that. For a nation in which spiritual endeavours are a shared pursuit, *arvut* means building within ourselves the sensitivity to create a positive spirit of growth within the community, aside from ensuring that we do not cause harm one another.

Public Perfection

Building on this theme, the Malbim (d.1879) comments on two words in the opening verse of the parshah. The verse describes how the entire nation gathered to hear Moshe's words, and it enumerates the various strata of society: the elders, the law enforcers, the water drawers and so on. Of the first two groups of people mentioned in this list — *rosheichem* and *shivteichem* — the latter, *shivteichem*, clearly refers to the twelve tribes, who, seemingly, stood in distinct groups. *Rosheichem*, therefore, would appear to mean 'the heads of the tribes', i.e., the *nesi'im*, the princes of each tribe. Why, asks the Malbim, were the *nesi'im* not standing together with the other prominent personalities, such as the elders and the law-enforcers? The Malbim answers that Moshe deliberately placed these leaders together with the ordinary people under their charge. His subtle message to them was that as leaders, their place is not separate from the people. The theme of this gathering, Moshe was alluding, is responsibility for one's community, and now, then, is the time not only for ordinary people to learn how to step up to the plate, but specifically for the leadership to internalise their own role among the people of their tribe.

It is this spirit of harmony and mutual mission, the Malbim adds, that explains why this gathering in particular was described as '*lifnei Hashem Elokeichem* — before Hashem, your God' (29:9). Just as the nation, as a single community, accepted the Torah upon themselves, moving together towards Hashem, so did Hashem Himself, so-to-speak, come forward to greet them.



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

This message is particularly relevant to this time of year. As we approach the days that are described by the Sages as 'the days in which Hashem is near', we are taught that one of the most potent ways to merit the closeness of Hashem is not by singling ourselves out, showcasing our own extraordinary deeds, but by viewing ourselves as part of the community, taking responsibility for our collective growth.

In this vein, Rav Yehudah Halevi (d.1141) in his classic work, the Kuzari, sheds light on the concept of communal prayer. Many people might feel that solitary contemplation is a more effective way of communicating with the Creator than the sometimes distracting atmosphere of prayer in shul. While that might be a fair consideration, the advantage of making oneself part of the community far outweighs it. An individual person will find it very difficult to have proper understanding and focus on every word, but when we daven as a community, our collective prayer is the sum of each person's successes.

Repentance is Easy

A cryptic verse towards the end of the parshah declares that 'this mitzvah is not concealed from you; it is not far, but indeed exceedingly close to you' (30:11). According to Rashi, this refers to the mitzvah of studying and keeping the Torah, which is indeed within the attainable grasp of every Jew. Other commentators (Ramban, Seforno), however, maintain that 'this mitzvah' refers specifically to the mitzvah of teshuvah, repentance, which is a concept that the previous verses discuss at length. According to this interpretation, then, the verse is telling us that teshuvah is an easy mitzvah to perform.

The question, though, is clear. How can it be said that teshuvah is easy? Surely, changing even one of our negative character traits is an exceptionally difficult task that requires a lot of introspection and hard work. In what way is this mitzvah, of all the mitzvot of the Torah, called 'close to hand'?

Rav Chaim Shmuelevitz (d.1979) offers a perceptive insight to answer this question. A person, in general, becomes accustomed to his or her station in life and does not seek to change. As long as we are stuck in the closed circle of routine practices, teshuvah, or even small changes, are far from our reach. This is the power of habit that forces us into inertia; as the Vilna Gaon (d.1797) wrote in a famous letter to his family, 'habit is the all-powerful master'. If, however, a person would allow themselves to catch a glimpse of where they really are in relation to where they could be, they would be immediately inspired to move in that direction. Teshuvah is indeed a mitzvah that is close to hand -as long as we remove the blinkers that obstruct our vision of our true goal.

This insight is powerful because while learning the lessons of unity and communal responsibility in this week's parshah, we must, at the same time, know that we have a personal, individual, responsibility to avoid shirking behind the habits of the people around us. While we must take our place as part of the community, we must also be brave enough to reach out and make changes in ourselves so that we are able to continually strive for spiritual success.

The Timeless Torah weekly shiur will resume on Wednesday, 22nd October, Parshat Noach

ROSH HASHANAH AT KINLOSS

MONDAY 22ND SEPTEMBER - EREV ROSH HASHANAH	
6.40pm	Sephardi Mincha & Arvit (Deal Halls)
6.45pm	Yom Tov Begins & Candle Lighting (light a 48-hour candle)
6.45pm	Mincha followed by Maariv (Main Synagogue)
TUESDAY 23RD SEPTEMBER - FIRST DAY ROSH HASHANAH	
6.30am	Hashkama (Sephardi Synagogue)
8.00am	Main Synagogue
8.15am	Parallel Service (Kinloss Suite)
8.30am	Sephardi Service (Deal Halls) / Minyan HaTzair (Silver Suite)
9.00am	Youth Service (Liora Graham Beit Hamidrash)
9.30am	Reading of the Torah in Main Synagogue (approx.)
9.45am	Reading of the Torah in Parallel Service (approx.)
10.15am	Shofar in Main Synagogue and Parallel Service (approx.)
10.45am	Children's Services (end at 11.45am, followed by kiddush)
12.30pm	End of Mussaf followed by Sermon in Main Synagogue by Rabbi Birnbaum and in Parallel Service by Rabbi Josh
1.00pm	Additional Shofar blowing (Main Synagogue)
5.30pm	Community Tashlich at Waverley Grove Bridge
5.50pm	Sephardi Mincha & Tashlich
6.40pm	Mincha followed by Shiur (Main Synagogue)
7.44pm	Maariv (Main Synagogue) & Candle Lighting from an existing flame
WEDNESDAY 24TH SEPTEMBER - SECOND DAY ROSH HASHANAH	
6.30am	Hashkama (Sephardi Synagogue)
8.00am	Main Synagogue
8.15am	Parallel Service (Kinloss Suite)
8.30am	Sephardi Service (Deal Halls) / Minyan HaTzair (Silver Suite)
9.00am	Youth Service (Liora Graham Beit Hamidrash)
9.30am	Reading of the Torah in Main Synagogue (approx.)
10.00am	Reading of the Torah in Parallel Service (approx.)
10.15am	Shofar in Main Synagogue (approx.)
10.30am	Shofar in Parallel Service (approx.)
10.45am	Children's Services (end at 11.30am, followed by kiddush)
12.30pm	End of Mussaf followed by Sermon in Main Synagogue by Rabbi Josh and in Parallel Service by Rabbi Birnbaum
1.00pm	Additional Shofar blowing (Main Synagogue)
6.40pm	Sephardi Mincha (Deal Halls)
6.40pm	Mincha followed by Shiur (Main Synagogue)
7.42pm	Maariv (Main Synagogue) & Yom Tov Ends

ROSH HASHANAH AT KINLOSS

Yomim Noraim Learning

Rosh Hashanah

Breakout Sessions 11am - 11:45am (Rabstein Room)

Day 1: A Paradox of Prayer: Uncertainty & Chutzpah in Approaching God with Rabbanit Hannah Abrams

Rabbanit Hannah grew up in Highgate, attended City Girls, and studied at Midreshet Lindenbaum before earning a History degree at Durham. She spent six years studying Gemara and Halacha at Yeshiva University in New York & Jerusalem, as well as Matan's Beit Midrash. Rabbanit Hannah has also taught at seminaries in Jerusalem, including MMY and MTVA.



Day 2: The Human Mind & Soul in the Age of AI with Rav Yoni Abrams

Rabbi Yoni's day job is as a software engineer at a GenAI start up in Tel Aviv. Rav Yoni learned for Semicha in Yeshiva University in New York and YU's Gruss Kollel in Jerusalem. He has a degree in Maths from YU and experience teaching Torah to a diverse range of people.



Rabbi Yoni & Rabbanit Hannah run the Chief Rabbi's Shalem Fellowship Programme for post sem and yeshiva students in London. The women's programme takes place in Kinloss!

Shiurim following Mincha at 6:40pm (Main Shul)

Day 1: Rabbi Birnbaum - The Shofar that Shook Jerusalem: A 1904 Tale of Tension & Tradition in the Holy City

Day 2: Rabbi Josh - Beyond the Self: Encountering God and People Through Teshuva



KINLOSS

Host of 'Ask Haviv Anything' podcast, Middle East analyst at
The Free Press and senior analyst at The Times of Israel

Haviv Rettig Gur

will be recording his podcast to a live audience
at his only UK event in 2025

ASK HAVIV ANYTHING LIVE AT KINLOSS



Monday 10th November | 8pm

Tickets £35 / £30 US Members / £25 Kinloss Members

Book now at kinloss.org.uk/askhaviv

All proceeds will be split between MyIsrael and the Kinloss
Kol Nidre Appeal kindergarten project at Kibbutz Be'eri

Haviv Rettig Gur is a veteran Israeli journalist. He has covered Israel's politics, foreign policy, education system and relationship with the Jewish diaspora since 2005, reported from over 20 countries, served as director of communications for the Jewish Agency for Israel, Israel's largest NGO, and taught at prestigious pre-military academies.




KINLOSS

Yahrzeits

THE KEHILLA
WISHES
חיים ארוכים
'LONG LIFE' TO THE
FOLLOWING WHO
HAVE YAHRZEIT
THIS WEEK

Shabbat 20th September

Jonathan Berke	Mother
Eitan Epstein	Father
Norman Goldner	Father

Sunday 21st September

Jonathan Angel	Brother
David Bermange	Father
Felice Crown	Father
Linda Davis	Father
Jill Pivnik	Father
Thea Valman	Father

Monday 22nd September

Pauline Amdur	Father
Shirley Freeman	Father
Arlette Gotkine	Husband
Janice Oliver	Mother
Mauricio Rozenthal	Mother
Claire Shine	Father

Tuesday 23rd September

Rebecca Aminoff	Brother
Simon Eisenberg	Brother
Sheila Leveson	Mother
Eugenia Melnick	Father
Eugenia Melnick	Mother
Lasse Paulen	Father
Birthe Tager	Father
Esther Yellon	Sister
Esther Yellon	Mother

Wednesday 24th September

Helen Azizoff	Brother
Suzanne Clinton-Davis	Father
Anna Ezekiel	Mother
David Lew	Mother
Anna Popivker	Father
Ronald Rosenblatt	Wife
Michael Weinstein	Mother

Thursday 25th September

Harold Ellis	Brother
Melanie Harris	Father
Howard Markham	Father
Carole Paule	Mother
Alison Ross	Mother
Vikki Shields	Husband
Jehuda Sosnow	Mother
Gail Swerling	Father

Friday 26th September

Myrna Eagell	Husband
Brian Gedalla	Father
Howard Gilmore	Mother

CONDOLENCES

Nader Navazesh on the passing of his mother Iran Farzanpour z'l

CONSECRATIONS

Sunday 28th September 2025, 11.00am at
Willesden in memory of Marian Phillips z'l

Sunday 28th September 2025, 9.30am at
Bushey New Cemetery in memory Rochelle
Specter z'l sister of Stuart Selwyn

Sunday 19th October 2025, 12.30pm at
Bushey New in memory of Angela Lucas z'l

Sunday 26th October 2025, 2.45pm at
Waltham Abbey in memory of
Helen Prager z'l mother of Ashley Prager

Wednesday 29th October 2025, 10.30am at
Bushey Old in memory of Miriam Margolin z'l

Sunday 30th November 2025, 9.30am at
Bushey Old in memory of Valerie Halpern z'l

SERVICE TIMES

SUNDAY 21ST SEPTEMBER	
7.40am	Sephardi Selichot & Shacharit (Sephardi Synagogue)
7.40am	Selichot & Shacharit (Liora Graham Beit Hamidrash)
6.40pm	Sephardi Mincha & Arvit (Sephardi Synagogue)
6.40pm	Mincha & Maariv (Liora Graham Beit Hamidrash)
MONDAY 22ND SEPTEMBER - EREV ROSH HASHANAH	
5.40am	Sephardi Selichot, Hatara & Shacharit (Sephardi Synagogue)
6.15am	Selichot, Shacharit & Hatarat Nedarim (Liora Graham Beit Hamidrash)
7.40am	Selichot, Shacharit & Hatarat Nedarim (Main Synagogue)
FOR TIMES OVER ROSH HASHANAH PLEASE REFER TO TIMETABLE ON PAGE 8	
THURSDAY 25TH SEPTEMBER - TZOM GEDALIAH (FAST OF GEDALIAH)	
5.12am	Fast Begins
5.45am	Sephardi Selichot & Shacharit (Sephardi Synagogue)
6.35am	Shacharit (Liora Graham Beit Hamidrash)
7.40am	Shacharit (Main Synagogue)
6.15pm	Sephardi Mincha & Arvit (Sephardi Synagogue)
6.30pm	Mincha & Maariv (Liora Graham Beit Hamidrash)
7.33pm	Fast Ends
FRIDAY 26TH SEPTEMBER	
6.00am	Sephardi Selichot & Shacharit (Sephardi Synagogue)
6.40am	Selichot & Shacharit (Liora Graham Beit Hamidrash)
7.40am	Selichot & Shacharit (Liora Graham Beit Hamidrash)
6.25pm	Sephardi Mincha, Kabbalat Shabbat & Arvit (Sephardi Synagogue)
6.35pm	Candle Lighting. Mincha followed by Kabbalat Shabbat & Maariv

KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207

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