

2 / 3 AUGUST 2024

כ"ח תמוז תשפ"ד

SHABBAT WILL START AT 8:33pm AND TERMINATE AT 9:41pm

Mevarachim Chodesh Matot Masei is Shabbat 3 August

Rosh Chodesh Av is Monday 5 August



Community Candle Lighting is at 7:30pm

FRIDAY NIGHT

7:00pm Mincha, Kabbalat Shabbat and Maariv in the Deal Hall

7:00pm Minyan LaShir in the Liora Graham Beit Midrash

7:00pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash followed by Kiddush

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Large Deal Hall
"Hilchot Na'arah Betulah – Laws of Seduction"

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Chazan Shimon and Daniel Cohen
Rabbi Heller will speak

9:15am MAIN SERVICE in the Main Synagogue led by Chazan Eli Sufrin
Kriat Hatorah by Howard Mulkis
Rabbi Yisroel Fine will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Scholem Erlanger
Rabbi Yisroel Fine will speak

YOUTH SERVICE will return in September after the summer break

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES
Ages 0 – 4 - in the Silver Suite - run by Daniel Frankl & Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Combined Yr 3 - Yr 6 - in the Newman Room

After the service there will be a kiddush for the whole community
in the Kinloss Suite.

If you would like to sponsor future kiddushim please contact ian.kamiel@kinloss.org.uk

SHABBAT AFTERNOON

8:10pm Mincha followed by Seuda Shlishit with Lyn Julius
in the Small Deal Hall
Sponsored by Manna Deli

9:41pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash



Are we there yet? – Leora and Harry Salter

אֵלֶּה מַסְעֵי בְּנֵי־יִשְׂרָאֵל אֲשֶׁר יָצְאוּ מֵאֶרֶץ מִצְרַיִם לְצִבְאָתָם בְּיַד־מֹשֶׁה וְאַהֲרֹן:

These were the marches of the Israelites who started out from the land of Egypt, troop by troop, in the charge of Moses and Aaron. (Numbers 33:1)

Parashat Masei recalls the journeys of the Bnei Yisrael in the wilderness and mentions forty-two geographical names they passed on their travels. Rashi, along with other commentators, asks why are all the stations recorded? Surely it seems superfluous and the Torah could have just mentioned that the Bnei Yisrael travelled on a journey without mentioned all the places they went passed.

Rashi offers two answers to this question. The first answer is to show the kindness that Hashem brought to the Bnei Yisrael. Although the wondering in the wilderness was decreed by Hashem, one should not think that they just did nothing in the desert for forty years. The journey is set out in detail to show that the Bnei Yisrael were not just sleeping all day and were rather strengthening their bond with Hashem.

The second answer offered by Rashi is through a parable. It may be compared to the case of a king whose son was ill and whom he took to a distant place to cure him. When they returned home the father began to enumerate all the stages, saying to him, “Here we slept, here we caught cold, here you had the head-ache, etc.” The journey is set out to show how much Hashem cared about the Jewish people, even after they have sinned.

Nachmanides comments that the journey is set out in detail so that people would be unable to say that the Bnei Yisrael had it easy and just got handed the Land of Israel on a silver plate. Such assumptions are laid to rest with the detailing of the journey.

Dr Erica Brown writes in her book *Leadership in the Wilderness: Authority and Anarchy in the Book of Numbers* that by the time we read the list on Shabbat, we feel utter fatigue of the journey. We care less about the stops on the journey and more about the ending. However, for the people on the journey, it strengthen their belief in the Land of Israel and made it more appealing. Dr Brown quotes Rabbi Lunshits who explains that relative to the length of the journey, the forty-two temporary lodging spots were not many but each place had something to teach the Bnei Yisrael about life in their community.

All of the explanations highlight the need to document the journey. Whether it is to show us, the reader, that Hashem cared about the Bnei Yisrael, even after they had sinned, or to show that the Bnei Yisrael did not have an easy journey, or to show the importance of each stop, each explanation teaches us that in life, the journey is just as important as the destination. Doing the right thing is important, but doing it in the right way is equally as important.

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	955	702	900
Haftarah (for Masei)	984	725	1193

Matot Statistics
Mitzvot: 2 of the 613 mitzvot, 1 positive and 1 negative
Verses: 112 (24th longest of the 54 Sidrot)
Words: 1484 (29th longest)
Letters: 5652 (30th longest)

Masei Statistics
Mitzvot: 6 of the 613 mitzvot, 2 positive and 4 negative
Verses: 132 (12th longest of the 54 Sidrot)
Words: 1461 (32nd longest)
Letters: 5773 (28th longest)

Tisha B'Av at Kinloss

Monday 12th August

Fast in 8:29pm | Maariv & Eicha 8:40pm

Tuesday 13th August

7:30am Combined Shacharit

**8:15am (approx) Explanatory Kinnot with Rabbi Fine,
Rabbi Laitner, Rabbi Josh & Rebbetzin Tali**

**11:00am 'Supernova': The Music Festival Massacre
(not suitable for below Year 12)**

**This film provides a retrospective of 24 hours at the Nova festival in Re'im through
the lens of young individuals who endured the horror.**

Introduction and summary with Rabbi Josh & Rebbetzin Tali

2:00pm Early Mincha

6:00pm Second Mincha

**6:30pm Legend of Destruction
with Rabbi Andrew Shaw**

**Experience the gripping tale of the destruction of the
Second Temple in 70 CE, as Jerusalem becomes a
powder keg of social unrest and religious fervor amidst
Roman rule. With stunning visuals and a stirring score,
LEGEND of DESTRUCTION delves into the dangers of
greed, corruption, and religious fanaticism. Winner of 4
Israeli Academy Awards**

**Rabbi Shaw will be accompanying the movie with a
short introduction and summary**

**Suggested donation: £3 for members; £5 for non-
members - on the door or at kinloss.org.uk/lod**

8:45pm Maariv

9:14pm Fast Ends




KINLOSS

COMING SOON

SEP

**STUDENTS & YPS
SCHMOOZE &
BOOZE**



**PRE-ROSH
HASHANA
CRAFTS**



SEP

OCT

**ROSH HASHANA
MUSSAF
MISHPACHTI**



**SPIRITS IN THE
SUKKAH**



OCT



WHATSAPP

[KINLOSS.ORG.UK/KYC](https://kinloss.org.uk/kyc)

KINLOSS BAR MITZVAH PROGRAMME 2024/25

PARENT-SON PROGRAMME FOR BOYS IN YEARS 7 & 8

Members Only

8 fun and
interactive
sessions,
including two
group outings!

Explore
key topics
that will enhance
the meaning of
the Bar Mitzvah
year

Meet the
rest of the Kinloss
boys celebrating
their Bar Mitzvah
next year!

Dates:
(Wednesdays)
9th Oct; 13th Nov;
11th Dec; 8th Jan;
5th Feb; 5th Mar;
2nd Apr;
7th May

£50 per
participant

SIGN UP AT [KINLOSS.ORG.UK/BAR](https://kinloss.org.uk/bar)

For more info, please
speak to Rabbi Josh
07721423316



Kinloss Bat Mitzvah Programme

The Bat Mitzvah Programme is a parent-child programme open to girls in Years 6 & 7 and provides a fun and meaningful way to prepare for your Bat Mitzvah! Over 8 sessions, we will explore core Jewish topics through interactive learning and activities, as well as group outings.

Dates: 9th Oct; 13th Nov; 11th Dec; 12th Jan; 5th Feb; 5th Mar; 2nd Apr; 7th May

£50 per participant
Members only

Register at
kinloss.org.uk/bat

For more information,
speak to Rebbetzin Tali
07721423317



SHUL FOR THE MIND

**All are invited to come
and connect spiritually
through prayer, song and
of course a great kiddush**

**A unique prayer service for
people living with dementia
and their family caregivers.
Professional caregivers
welcome.**

2024

**4th August
22nd September
27th October
10th November
15th December**

**Sunday, 11am,
The Deal Hall
Kinloss**

For more info: Rochelle in Kinloss office 0208 349 5263
kinlosscares@kinloss.org.uk



KINLOSS cares
about you

Chaps for Chat & Monday Matters

Monday 12th August AT 11 AM

THE DEAL HALL

Guest Speaker and lunch

For more information & to RSVP:-
Please reply by 8th August 2024, 0208 349 5263.
kinlosscares@kinloss.org.uk.

Chaps for Chat & Monday Matters are
lively discussion groups for men &
women. All welcome.

SEUDA SHLISHIT

KINLOSS

The Way We Were

This year, the Kinloss Seuda Shlishit summer season will feature talks from community members and others, recalling earlier years in other parts of the world.

03
AUG

MAGHREB, MOROCCO



Lyn Julius



CHINA



KINLOSS

YIZKOR BOOKLET 5785 - 2024/25

During Yizkor, we recite a special memorial prayer for each of our relatives whom we wish to remember, and this is your opportunity to include their names in the Yizkor Booklet.

Letters have been sent out by post.

**IN ORDER TO MEET DEADLINES WITH THE PRINTERS,
COULD YOU PLEASE COMPLETE AND RETURN THE FORMS
NO LATER THAN FRIDAY 2ND AUGUST 2024**

If you have not received a letter, or have any queries,
please contact the Shul office on 020 8346 8551
or by email to yizkor@kinloss.org.uk

In Conversation with Paul Gross
*"WHAT YOU SEE FROM HERE,
YOU DON'T SEE FROM THERE"*



Few outside Israel appreciate the scale of the national trauma caused by the events of 7 October. Israel is not the same country or society as it was on 6 October, and understanding how and why it has changed is critical to understanding why Israeli's view the atrocity - and their country's response - differently to the rest of the world.

TUESDAY 6 AUGUST
8.15PM



Paul Gross writes and lectures on Israeli and global politics. His writing can be found in a number of publications in Israel, the UK, and the US; and he has appeared as a political commentator on Israeli English-language news channels. In the months before 7 October, he was involved in the mass protests against the government, as one of the leaders of the "Olim for Democracy" movement.

Paul moved to Israel from the UK in 2007 after working for the Home Office on legislation tackling religious discrimination, and for the Embassy of Israel in London as the Ambassador's speechwriter. He has a Masters in Middle East Politics from the School of Oriental & African Studies (SOAS).

REGISTER VIA
WWW.KINLOSS.ORG.UK/7OCT

Suggested Donation:
£3 Kinloss Members
£5 Non Members

**TRIBE COMMUNITY MEMBERSHIP (TCM)
FOR SINGLES AGED BETWEEN 21-29**

**Is your child single and
between the age of 21 - 29?**

If so, they are not covered under your family membership and are not part of the United Synagogue Burial Scheme. It is essential they become members of TCM in their own right

The cost is only £5 a month

This will also enable them to attend weekday, Shabbatot and Chaggim Services, and would be included in the United Synagogue Burial Scheme.

Please sign up via the following link :
<https://portal.tribeuk.com/account/tcm/register/>



Please note opening times for our cemeteries
on Tuesday 13 August 2024, Tisha B'Av

Bushey Old and New Cemeteries, Waltham Abbey
Cemetery and Willesden Cemetery
09.00 – 17.00

East Ham Cemetery, 09.00 – 15.00

Alderney Road, Brady Street, Lauriston Road and
Plasht Cemeteries, 11.00 – 15.30

West Ham Cemetery, 11.00 – 15.00

The United Synagogue cemeteries are maintained to a good standard but due to the nature of the grounds there are inevitable risks namely, slips and trips.

In particular, please be careful when visiting our older cemeteries, as paths can be very uneven.

When walking around the graves please ensure that you do not hold onto the headstones and you watch your footing. The ground at these cemeteries is very volatile; subsidence can occur at any time.

Please take notice of the iron railings and any signage indicating risk.

KINLOSS

BETTER
the feel good place



Flexibility, strength, balance, posture & fitness

**CHAIR BASED
EXERCISE CLASS**

THURSDAYS at 10.30AM, NEMETNEJAD ROOM

Regular physical activity for over 55's is so important for so many reasons – keep Kinloss moving

August - 1, 8, 15, 22 & 29
September - 5, 12 & 19

BOOKING IS ESSENTIAL

www.kinloss.org.uk/exercise OR
Call 020 8349 5267

**KINLOSS DOES NOT ACCEPT
SHAIMOS / GENIZA**

**IF YOU HAVE ANYTHING
YOU WISH TO
DISPOSE OF,
PLEASE TAKE IT TO ONE OF THE
FOLLOWING LOCATIONS:**

**BEIS HAMEDRASH NISHMAS YISROEL,
4 BRENT GREEN,
HENDON,
NW4 2HA**

**SINAI GOLDERS GREEN,
54 WOODSTOCK AVENUE,
LONDON,
NW11 9RJ**

* Angela and Mike Abrahams on the birth of a granddaughter, a daughter for Estie and Gaby Bergin and family, also to Gwen and Simon Bergin and to the whole family.



US CHESED STATIONERY BANK 2024

DROP-OFF LOCATION
TRIBE CAMP WILL HAVE
DROP OFF BINS FOR NEW
STATIONERY

BACK TO SCHOOL

CHESED AMAZON WISH LIST
WWW.THEUS.ORG.UK/STATIONERY

SIMPLY ADD YOUR ITEMS TO YOUR EMPTY BASKET, SELECT 'CHESED STATIONERY BANK' AS THE DELIVERY ADDRESS AND THEY WILL BE DELIVERED TO THE CHESED HUB

US CHESED STATIONERY BANK – HGERSON@THEUS.ORG.UK
PROVIDING ESSENTIAL SCHOOL ITEMS TO FAMILIES IN NEED.

Made with PosterMyWall.com

**MAZEL TOV TO
THE CHILDREN
IN OUR
COMMUNITY CELEBRATING
THEIR BIRTHDAYS**

Mila Sagar (3)
Lielle Freedman (1)
Keira Koschland (1)
Eliyahu Ventura Faiwusiewicz (8)
Emma Schaffer (7)
Noam Sacks-Goldstein (6)
Gabriel Conway (2)
Jake Saltman (11)
Scarlett Stoller (9)
Ruben Morrison (7)
Jaimie Hochman (9)

Friendship Club

All are welcome!



Tuesdays, 10am-1.30pm



- ✓ Socialising
- ✓ Playing cards
- ✓ Knitting
- ✓ Outings
- ✓ Lunch and Refreshments

Call Lucy on 020 8349
5267 for more details

Kinloss Membership Bills for 2024/2025

The new membership bills from Pesach 2024 were sent out to everyone.

If you haven't already done so, could you please pay your invoices via:

* Online BACS payment

* The member portal <https://myus.theus.org.uk/login>

* If you would like to pay by Credit / Debit Card over the phone,
please call Denise on 020 8346 8551

KINLOSS VOLUNTEERING

Fire Marshalls

We are looking for new fire
marshalls to join our team.

Please contact
office@kinloss.org.uk

BRIDGE CLUB

The Bridge Club meet weekly on Tuesday afternoons,
2pm-4pm in the Deal Hall, Ground Floor.

Join us for a friendly game. All are welcome with or without a
partner. Playing self-taught bridge where
a reasonable knowledge of the game is required.

Tea, coffee and biscuits are provided
£3 Kinloss Members, £5 non Members

We look forward to seeing you.



If you would like more information,
please contact Lucy on 020 8349 5267
or visit www.kinloss.org.uk/bridge



DAILY MINYAN:

SERVICES (שבת see front page)	Sun 4th 29 Tamuz	Rosh Chodesh Mon 5th 1 Av	Tues 6th 2 Av	Wed 7th 3 Av	Thurs 8th 4 Av	Fri 9th 5 Av
Shacharit 1		6:50am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	8:00am Shiur with Rabbi Laitner	8:00am	8:00am Shiur with Rabbi Fine	8:00am Shiur with Rabbi Heller	8:00am Shiur with Rabbi Heller	8:00am
Sephardi	7:50am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:00pm

Please support the morning Minyanim Services in the Liora Graham Beit Midrash.



**WEEKLY
SHIURIM**
with Rabbi Fine



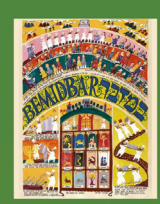

*The Rabbinic Sages
who*
"REBUILT"
THE JEWISH WORLD

During the Omer period we remember the tragic loss of 24,000 stellar students of Rabbi Akiva who died in the 2nd Century CE. Five survived and rebuilt the Jewish world with their teacher. During the Omer, let's study them and their impact.

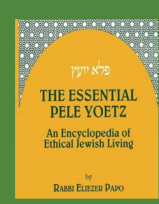


Sunday Mornings after 8am Shacharit
with
Rabbi Michael Laitner





MONDAY 1.30pm
Ladies' Zoom Shiur in conjunction with 'Eminah' - Themes on Sefer Devarim.



TUESDAY 8.40am
In the Beit Hamidrash, Sefer Pele Yoetz - an encyclopaedia of Judaism.



FRIDAY 10.30am
Zoom on Rabbi Isaac Bernstein's Drashot on the Parsha.

**WE URGENTLY NEED
VOLUNTEERS
TO JOIN OUR SECURITY ROTAS**

Shul members
PLEASE join our security rotas
Please email securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031
to volunteer and register



Monday & Friday zoom available via
www.kinloss.org.uk/rabbifine

KINLOSS

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 3 AUGUST

Shirley Arkush	Father
Sarah Curtis	Husband
Andrew Stock	Mother

Sunday 4 AUGUST

Maxine Burland	Mother
Neville Chajet	Father
Natalie Miller	Father
David Pelled	Mother

Monday 5 AUGUST

Renate Altmann	Husband
Ros Altmann	Father
Gilda Braff	Sister
Corinne Clarke	Mother
Harvey Plant	Sister
Martin Sanders	Brother
Geoffrey Solomon	Mother

Tuesday 6 AUGUST

Helena Hart	Mother
Susan Lee	Mother
Joseph Soleiman	Wife
Irving Toffel	Mother
David Whiteman	Mother

Wednesday 7 AUGUST

Eitan Epstein	Sister
Erica Silas	Mother
Jeanne Wilson	Father

Thursday 8 AUGUST

Miriam Langdon	Mother
Rose Young	Husband (2nd)

Friday 9 AUGUST

Bernard Oster	Father
Ruth Renton	Mother

Kinloss Cares

What can we offer?



- Welfare Phone Support
- Bereavement Support
- Financial assistance through the Phyllis Nathan Trust (www.kinloss.org.uk/pnt)
- Shopping

Advice on communal services

Contact Rochelle
020 8349 5263

kinlosscares@kinloss.org.uk



**Kinloss JAMI Ambassador
is Richard Kafton**



Mobile no: 07973 986344

Email: richard.kafton@cedarhfs.co.uk

<https://jamiuk.org/tipsonmanaginganxiety/>

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat
at 10:15am in the Newman Room.
Boys of 6 and over welcome.
Led by David Lesser

CONDOLENCES:

* Family and friends of the late Trudie Donner z"l

CONSECRATIONS:

04/08/2024	13:30pm in Bushey New in memory of David Nathan z"l
11/08/2024	11:00am in Bushey New in memory of Stewart Eagell z"l
11/08/2024	13:30pm in Bushey New in memory of both Josephine and David Kay z"l

FINCHLEY SYNAGOGUE USEFUL CONTACT DETAILS:



Ian Kamiel, Interim COO: 020 8349 5264

Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423316

Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423317

Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263