

KOL KINLOSS



Chats for Chaps &
Monday Matters on
6th January.

Thank you to
Lord Jonathan Kestenbaum

שמות

SHABBAT START

4:09pm

SHABBAT END

5:17pm

SHEMOT



י"ח טבת תשפ"ה
17-18 January 2025


KINLOSS

SHABBAT AT KINLOSS

FRIDAY NIGHT

4:05pm Combined Mincha, Kabbalat Shabbat and Maariv
in the Large Deal Hall

4:05pm Sephardi Mincha, Kabbalat Shabbat & Maariv

SHABBAT MORNING SERVICES

7:45am **HASHKAMA** in the Liora Graham Beit Midrash

9:00am **SEPHARDI SERVICE** in the Sephardi Synagogue

9:15am **MAIN SERVICE** in the Main Synagogue celebrating
the Bar Mitzvah of **DYLAN GOLDING**

9:30am **THE MINYAN** in the Nissan and Rifca Deal Halls celebrating
the Bar Mitzvah of **RAPHAEL BARSAM**

9:30am **MINYAN HATZA'IR** in the Rabstein Room

9:45am **YOUTH SERVICE** in the Liora Graham Beit Midrash

10.45am CHILDREN'S SERVICES

Age 0-4 in the Silver Suite with Leah Frankl and Zac Simmons

Reception to Yr 2 in the Nemetnejad Room with Jason Roomer

Yr 3-Yr 4 in the 1st floor classrooms with Jasmine Bor and Sam Ellis

Yr 5-Yr 6 in the Newman Room with Mia Wohlgemuth and Tomer Doctors

12.30pm **EARLY MINCHA** in the Main Shul

SHABBAT AFTERNOON

4.05pm **MINCHA** followed by a light Seuda Shlishit and **SHIUR** in the Liora Graham Beit Midrash by **RABBI YONI BIRNBAUM**, entitled '**HOW MUCH PRESSURE CAN YOU PUT ON SOMEONE TO DO YOU A FAVOUR?**'

The topical shiur will take place each week approximately half an hour before the end of Shabbat - all welcome!

5:17pm **MA'ARIV & TERMINATION OF SHABBAT**



10.15am
ANIM ZEMIROT CLUB
IN THE NEWMAN ROOM
LED BY DAVID LESSER

MAZEL TOV
RAPHAEL
BARSAM
on his
Bar Mitzvah

MAZEL TOV
DYLAN
GOLDING
on his
Bar Mitzvah

YR 3-6
RAFFLE -
come along
to find out
more



KIDDUSHIM AT KINLOSS

Friday Night Chicken Soup Kiddush in the Small Deal Hall after Maariv sponsored by Sarah & Allon Barsam in celebration of Raphael's Bar Mitzvah and Rachel & Daniel Golding in celebration of Dylan's Bar Mitzvah

Shabbat morning at the conclusion of the:

HASHKAMA MINYAN in the Silver Suite
JOINT KIDDUSH in the Kinloss Suite sponsored by Sarah & Allon Barsam in celebration of Raphael's Bar Mitzvah and Rachel & Daniel Golding in celebration of Dylan's Bar Mitzvah

MINYAN HATZA'IR in the Rabstein Room



MAZEL TOV



Bar Mitzvah - RAPHAEL LEIV BARSAM

Raphael attends Habs and his hobbies are football, tennis, skiing, running and saxophone. Raphael volunteered at GIFT and Project Impact, and will be doing Bnei Mitzvah Challenge in the summer to raise money for Magen David Adom and save a child heart.

Mazel Tov also to parents Allon & Sarah, brothers Aron, Zeik and Joseph, Grandparents Ann & Tony Korn, Ety & Mervyn Mandell and Ephraim & Ewa Barsam



Bar Mitzvah - DYLAN GOLDING

Dylan attends JFS and his hobbies are football, Arsenal, gaming and piano. Dylan did a sponsored 13 mile walk around London through the night, handing out care packages to homeless people raising over £2,000 for the charity Shelter.

Mazel Tov also to parents Rachel & Daniel Golding, sisters Jodie and Lily, Grandparents Val & Jeff Golding and Lizzie & Ian Wilson and the whole Golding & Wilson family.

Mazel Tov to Rabbi and Rebbetzen Fine on the marriage of their granddaughter.

Mazel Tov to the children in our community celebrating their birthdays this week:

Maya Davidson (9), Ezra Sagal (5), Binyamin Laitner (12),
Sienna Polak (9), Harry Kanzen (6), Micah Bennett (5),
Judah Joseph (3), Sofia Fels (8),
Mijal Ventura Faiwusiewicz (7)



LEARNING AT KINLOSS

WEEKLY SHIURIM

Day	Time	Topic	Given By	Venue	Open To
Friday	8.45 – 9.15 AM	Rav S R Hirsch on the Parsha	Rabbi Josh	Beit Midrash	All
	10.30 – 11.10 AM	The Derashot of Rabbi Isaac Bernstein	Rabbi Fine	Zoom	All
Shabbat	9.00 – 9.30 AM	Rambam: Mishna Torah	Rabbi Zarum	Large Deal Hall	All
	Half an hour before Shabbat ends	Contemporary Themes	Rabbi Birnbaum / Rabbi Josh / Guests	Beit Midrash	All
Sunday	8.45 – 9.30 AM	Gemara Megilla	Rabbi Birnbaum	Small Deal Hall	All
Monday	1.30 – 2.10 PM	Key Themes in Sefer Devarim	Rabbi Fine	Zoom	Women
Tuesday	8.45 – 9.15 AM	Sefer Pele Yoetz – Encyclopaedia of Judaism	Rabbi Fine	Beit Midrash	All
Wednesday	8.45 – 9.15 AM	Gemara Berachot	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 8.45 PM	Timeless Torah Parsha Shiur	Rabbi Birnbaum	Beit Midrash	All
	8.00 – 9.00 PM (fortnightly)	KYC Gemara Chabura	Rabbi Josh	Members' Homes	Men
Thursday	8.50 – 9.15 AM	Navi – Sefer Iyov	Rabbi Heller	Beit Midrash	All
	8.00 – 8.40 PM	Advanced Practical Halacha with Shalem Student Fellowship	Rabbi Birnbaum	Beit Midrash	Women
	8.30 – 9.30 PM (fortnightly)	KYC Practical Halacha Chabura	Rabbi Josh	Members' Homes	Men

*Not taking place this week

MONTHLY SHIURIM

Next Dates	Time	Topic	Given By	Venue	Open To
21st Jan 18th Feb	8.00 – 9.00 PM	The Stories You Weren't Taught In School (3 Part Series)	Rebbetzen Tali	Members' Homes	Women
7th Feb 7th Mar 4th Apr	10.00 – 11.00 AM	Highlights & Hot Drinks – Inspiration around the Jewish year	Rebbetzen Elisheva	Small Deal Hall	Women
3rd Feb 3rd Mar	8.00 – 9.00 PM	Women's Rosh Chodesh Shiur	Rebbetzen Elisheva / Rebbetzen Tali / Guest Speakers	Beit Midrash	Women
23rd Jan 20th Feb 20th Mar	12.30 – 1.15 PM	Shiur 'Eitz Chaim'	Rabbi & Rebbetzen Birnbaum	Members' Homes	Those in the year of mourning or marking a Yahrzeit

THIS WEEK!

THIS WEEK!

Daily: Daf Yomi with Rabbi Moshe Sampson
Nemetnejad Room – 8.00 – 9.00am (Sunday 9.00 – 10.00am)
Monday-Friday: Advanced Gemara Shiur with Rabbi Heller
Persian Sephardi Synagogue – 7.45 – 8.15am

For further information on any of the outstanding learning opportunities on offer at Kinloss, please contact the Shul Office or the speaker directly.

TIMELESS TORAH

PARSHAT SHEMOT - The Origins of Great Leadership

From Individuals to a Nation

'There are stars whose radiance is visible on Earth though they have long been extinct. There are people whose brilliance continues to light the world even though they are no longer among the living. These lights are particularly bright when the night is dark. They light the way for humankind.' (Hannah Senesh, 1921-1944).

As we begin a new Book of the Torah, we observe a pivotal transition in the narrative, shifting focus from stories of individuals and families to the Jewish people as an emerging nation. Indeed, the Ramban, in his introduction to Sefer Shemot writes that the theme of the development of the Jewish nation and their redemption from Egyptian slavery lies behind not only the first few parshiyot of Sefer Shemot but also the later parshiyot, which discuss the building of the Mishkan as a place for Hashem's Presence to rest among the people. True redemption, according to the Ramban, can only be achieved when the people return to the original lofty status of their forebears. It is for this reason that the parshah opens with a list of the names of the children of Yaakov Avinu. Although these individuals play no direct role in the events of the Book of Shemot, their names are repeated here to underscore the idea that our ancestors are our paradigm of single-minded devotion to Hashem that is the scale against which we would need to measure our national success.

In a thought-provoking analogy, set out by Rashi at the beginning of the parsha, our Sages compare these great leaders to stars. The radiance of a great leader, explains the Kli Yakar, is felt long after their passing from this world, just as a star clearly exists in the

daytime despite the fact that it cannot be observed. Moreover, he continues, the true distinction of a leader is sometimes only really felt after they pass away. Just as stars become visible only at night, a person's greatness only truly shines after they have completed a successful life. Sometimes, a person can grow and inspire others throughout his or her life only to fail just before their death, but those who continue to shine even after their sun has set are true role models for eternity.

If we want to understand the true strength of our national story, therefore, we need to look at the stars of our people and examine how they navigated their own pathway to greatness.

Passionate Leadership

The Torah describes in great detail the circumstances surrounding the birth of Moshe Rabbeinu. Perplexingly, though, his parents remain anonymous: they are described merely as 'a man from the house of Levi who married a daughter of Levi' (*Shemot* 2:1). Clearly, a key point we are meant to appreciate about Moshe is his lineage from the tribe of Levi. What were Levi's unique characteristics that were so formative for Bnei Yisrael's first leader?

Looking back at Yaakov's final words to Levi himself, we discover that the tribe embodied a fierce passion for justice and moral courage. Yaakov's chief concern for this tribe was that these traits would manifest dangerously, as in the massacre of the town of Shechem in Parshat Vayishlach. Therefore, he 'scattered them among Yisrael and divided them among Yaakov' (*Bereishit* 49:7), not allowing them a unified portion in Eretz Yisrael. These very traits, however,



Contemporary Perspectives on the Weekly Parsha with Rabbi Dr Yoni Birnbaum

Wednesdays - 8.00-8.45pm | In-person at Kinloss

were also the foundation of the tribe of Levi's mission within the Jewish people as teachers and spiritual guides. Rav Hirsch points out that the dual expression used to describe Levi's dispersion among the other tribes reflects the merits of their traits as well as their liabilities. When Bnei Yisrael were at peace in their homeland, Levi was scattered among them, devoid of the ability to unite as a body in a way that could disturb the balance of the nation. When the Jewish people were in exile, however, Levi's traits were channelled positively to sustain Jewish identity and pride. They were divided among the nation, sharing their burning passion and devotion with the rest of the people. These traits make the identification of Moshe Rabbeinu as a descendant of the tribe of Levi essential to the story that follows.

Empathy and Compassion

The first episode that we are told about Moshe is characteristic of the empathy that would become the hallmark of his career as a leader. As explained by the Sages, shocked at the sight of an Egyptian taskmaster mistreating a Jewish slave, he utters the Ineffable Name of Hashem and the taskmaster dies immediately. The next day, however, this episode becomes a catalyst for a very different reaction. When he attempts to mediate between quarrelling Jews, they jeeringly ask him if he is going to kill them, just as he killed the Egyptian. Afraid that he will be arrested, Moshe then flees to Midyan, where he shepherds the flocks of Yitro and eventually marries Yitro's daughter. Strikingly, a word used repeatedly in this chapter is '*vayeishev*—and he dwelled.' This word, according to Rav Soloveitchik, denotes permanent residence, an inference born out, perhaps,

by the fact that forty years elapsed between his departure from Egypt and his return there to redeem the Jewish people. The implication here is that Moshe, upon hearing the way that the two quarrelling Jews rejected his intervention, gave up hope of redemption and sought to build a life elsewhere.

The key turning point in Moshe's leadership development occurred at the burning bush, where, after he had displayed compassion towards a helpless sheep, Hashem called upon him to lead the Bnei Yisrael out of Egypt. In this dialogue, Moshe learns that Hashem's vision for the Jewish people surpasses human limitations. Where Moshe saw brokenness, Hashem saw potential. This shift in perspective encouraged Moshe to take up a leadership position with renewed faith in his people.

Fascinatingly, a cryptic Midrash (Devarim Rabba 2:29) suggests that towards the end of Moshe's life, he sang a shirah, a song of praise, when he designated the three cities of refuge on the eastern bank of the Jordan. These cities were to provide a safe haven for unintentional murderers against those who might be driven to take revenge. At this point, Moshe found that he was able to empathise with the pain of someone who kills unintentionally, as he remembered the pain that he had felt when he fled to Midyan after killing the Egyptian. This was the hallmark of Moshe's leadership: personal responsibility, deep-seated compassion and the ability to draw from his own experiences to properly empathise with those of his people in the lowest possible situation.

**Next Week: Parshat Va'era:
Plagues & Perceptions: A Study
in Alternate Realities**

COMING UP

WEEKLY ACTIVITIES



SUNDAY 11.00AM
SHUL FOR THE MIND
KINLOSS.ORG.UK/MIND



MONDAY 7.30PM
IVRIT DISCUSSION GROUP (ONLINE)
KINLOSS.ORG.UK/CHUG



MONDAY 8PM
WOMEN'S PILATES
KINLOSS.ORG.UK/PILATES



TUESDAY 2.00PM
BRIDGE
KINLOSS.ORG.UK/BRIDGE

עברית

TUESDAY 7.30PM
IVRIT CLASSES
KINLOSS.ORG.UK/IVRIT



THURSDAY 10.30AM
CHAIR BASED EXERCISE
KINLOSS.ORG.UK/EXERCISE



THURSDAY 5.30PM
JUNIOR TABLE TENNIS CLUB
KINLOSS.ORG.UK/TABLETENNIS

MONDAY 3RD FEB
CHAPS FOR CHAT
AND MONDAY MATTERS

TUESDAY 4TH FEB
FRIENDSHIP CLUB RESTARTS WEEKLY
KINLOSS.ORG.UK/FRIEND

For more information about events at Kinloss please contact lucy.marcus@kinloss.org.uk

AT KINLOSS

UPCOMING EVENTS

MONDAY
27TH JAN
8.00PM

HEROES FROM THE FRONT LINE

Hear from 3 IDF soldiers retelling their experience of October 7th

[KINLOSS.ORG.UK/HEROES](https://kinloss.org.uk/heroes)

SHABBAT
8TH FEB

THE ANNUAL FAMILY SHABBATON LUNCH

For all families with children ages 0-18 for a full Kinloss Shabbat experience and programme

[KINLOSS.ORG.UK/FAMSHAB](https://kinloss.org.uk/famshab)

MONDAY
10TH FEB
8.00PM

YOUR ESSENTIAL GUIDE TO CHOOSING A JEWISH PRIMARY SCHOOL

Hear from our panel of representatives from across the Jewish educational sector, who are ready to answer your questions and guide you through the process.

[KINLOSS.ORG.UK/PRIMARY](https://kinloss.org.uk/primary)

SUNDAY
2ND FEB
6.00PM

FILM SCREENING OF 'THE COMMANDANT'S SHADOW'

A film which shows for the first time a descendant of a major war criminal meeting an Auschwitz survivor in a private setting

[KINLOSS.ORG.UK/SHADOW](https://kinloss.org.uk/shadow)

7TH/
8TH FEB

MUSICAL HAVDALLAH & GUEST CHAZZAN

Rafi Sandford, one of the UK's most in-demand Jewish singers, will be spending Shabbat with us, leading Kabbalat Shabbat and Mussaf and the Shabbat will culminate with a special musical Havdallah for the entire Kinloss community, led by Rafi

KINLOSS YOUTH

What a great start to the new term!

Kiddush Club last week was a great success, with so many of our amazing youth engaging in some great thought-provoking chaburot, including the Jewish relationship with Israel, and the essence of V'ahavta L'reacha K'mocha. Keep your eyes peeled for the release date of the next edition!

We're also super excited to be hosting the sixth form Friday night dinner at the youth flat on 24th January, and it's not too late to sign up!



Elisheva - 07725 172500



Amichai - 07724 840560



Our barmitzvah boys learning about mental health through boxing at The Warehouse!



The boys team in Learn2Lead preparing for their Power of Debate presentation!

Is it your birthday weekend?

Bar/Batmitzva anniversary?

Your football team won?

Sponsor a youth kiddush!

Book now: [Kinloss.org.uk/youthkiddush](https://kinloss.org.uk/youthkiddush) or contact Elisheva - youth@kinloss.org.uk, 07725172500

Kinloss Youth

youth@kinloss.org.uk
@kinlossyouth

YAH RZEITS

Shabbat 18th January

Thomas Boltman	Father
Fiona Bor	Mother
Laurence Cohen	Mother
Jonathan Field	Father
Philip Mayer	Father
Linda Sharpe	Mother
Joseph White	Mother
Michael Zabaroff	Father

Sunday 19th January

Ian Addleson	Father
David Grant	Father
Helena Hart	Father
Martin Landsman	Father
Jarvis Lebetkin	1st Wife
Paul Tuhrim	Father

Monday 20th January

Marcia Bloom	Son
Peter Bloom	Son
Shirley Bowles	Mother
Lucy Furman	Father
Leslie Kaye	Father
Joseph Sassoon	Mother
Kelly Worth	Husband

Tuesday 21st January

Rachael Alcobi	Mother
Simon Eisenberg	Wife
Rachel Hajioff	Father
Harvey Plant	Mother
Karen Waters	Mother

Wednesday 22nd January

Ian Addleson	Mother
Irene Alizade	Father
David Grant	Mother
Michael Grunberg	Mother
Stephen Pincus	Brother
Jonathan Rutland	Sister
Vikki Shields	Sister
Michael Young	Mother

Thursday 23rd January

Leon Meyer	Father
David Seres	Mother
Yaffa Toubian	Father
Paul Vegoda	Father
Aviva Vyner	Father

Friday 24th January

Harvey Plant	Brother
Liz Stoll	Mother
Adrienne Sussman	Sister

THE KEHILLA WISHES

חיים ארוכים

**'LONG LIFE' TO THE
FOLLOWING WHO HAVE
YAH RZEIT
THIS WEEK**

CONDOLENCES

To Stephanie Steinbock, Jason Greenspan, Natalie Koenig and Liliana Weissberg on the passing of their mother and sister **EVA GREENSPAN z"l**

To Pat Saunders, Scott Saunders, Gabrielle Sharpe and Zena Scheindlinger on the passing of their husband, father and brother **BASIL SAUNDERS z"l**

To Douglas Specter, Darran, Marc & Jonah Specter, Geoffrey, Stuart & Michael Selwyn on the passing of their wife, mother and sister **ROCHELLE SPECTER z"l**

To Jennifer Goodman, Hilary Burns, Nigel Burns and Anthony Burns on the passing of their father and husband **GEOFFREY BURNS z"l**

CONSECRATIONS

Sunday 2nd February 2025, 12pm at Bushey New in memory of Brian Graham z"l

Sunday 23rd February 2025, 11.30am at Bushey Old in memory of Fay Aarons z"l

Wednesday 12th February 2025, 11am at Bushey New in memory of Edith Breskin z"l

SERVICE TIMES

SERVICES	Sun 19th 19 Tevet	Mon 20th 20 Tevet	Tues 21st 21 Tevet	Wed 22nd 22 Tevet	Thurs 23rd 23 Tevet	Fri 24th 24 Tevet
Shacharit	8:00am	7.00am	7.00am	7.00am	7.00am	7.00am
Shacharit 2	-	8.00am	8.00am	8.00am	8:00am	8:00am
Sephardi	8:00am	6:30am	6:45am	6.45am	6:30am	6:30am
Mincha / Ma'ariv	4.15pm	4.15pm	4.15pm	4.15pm	4.15pm	4.20pm

KEEP IN TOUCH

Rabbi Dr Yoni Birnbaum: rabbi.birnbaum@kinloss.org.uk / 07905 964 207

Rebbetzen Elisheva Birnbaum: rebbetzen.elisheva@kinloss.org.uk / 07581 312 310

Rabbi Josh Harris: rabbijosh@kinloss.org.uk / 07721 423 316

Rebbetzen Tali Harris: tali.harris@kinloss.org.uk / 07721 423 317

Ian Kamiel, Interim COO: ian.kamiel@kinloss.org.uk / 020 8349 5264

Shul Office: office@kinloss.org.uk / 020 8346 8551

Bills and Finance: finance@kinloss.org.uk / 020 8349 5261 (monitored answerphone)

Kinloss Cares: 020 8349 5263

Safeguarding Officer, Rachelle Lazarus: safeguarding@kinloss.org.uk

Jami Ambassador, Richard Kafton: 07973 986 344

Security (volunteering): security@kinloss.org.uk



KINLOSS

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