



WHY – AND HOW – TO INVOLVE STUDENTS?

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EXPERT SELF CARE
PROVIDING TOOLS FOR BETTER HEALTH

Assumptions about you

You want to **support** your students better

You have **different levels** of experience of working with students

You might **feel a bit anxious** about involving students



Take-aways

Feel **more confident** about working with students

Be **inspired** to try different methods

Reflect on **what you can do** and take the first step(s) today!





Student Health App

Help unis provide reliable health information

Encourage safe self-care

Signpost services and resources

International Student App (UK)

Help your students with transition

Prepare them for life and study in the UK

Signpost services and support

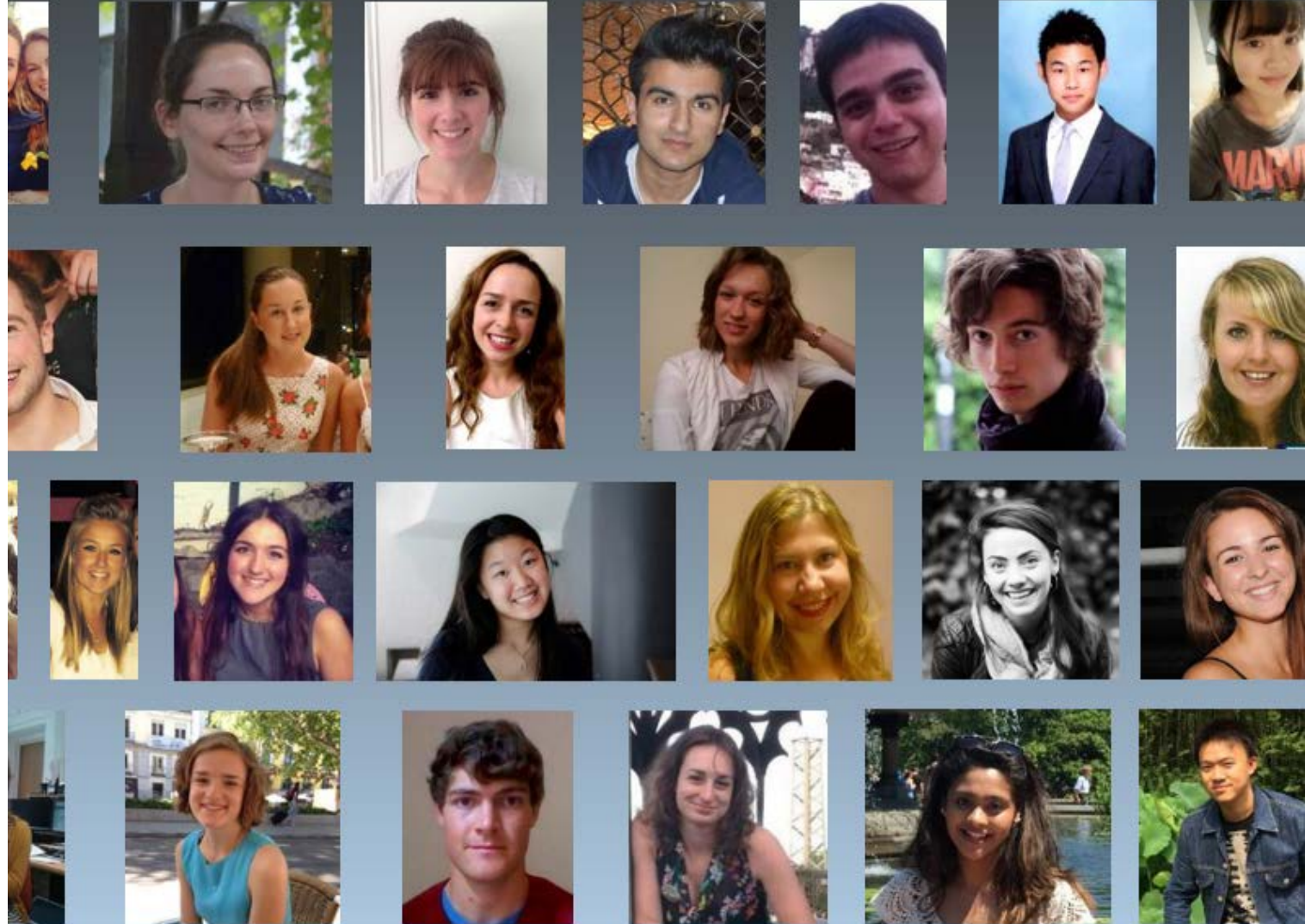


Student team members

Just do it

Start small

Keep learning



Why should
I engage
students?

Create better services

Avoid making assumptions

Different perspective

Ensure relevance

Create champions for your work

What issues
do I need to
consider?

How to involve
students in
your project

Roles and
responsibilities

Financial
support

Consider types
of students

How many?
Target
audience?

Reflect broad
range

Which
methods
should I use?

1

Range of
techniques

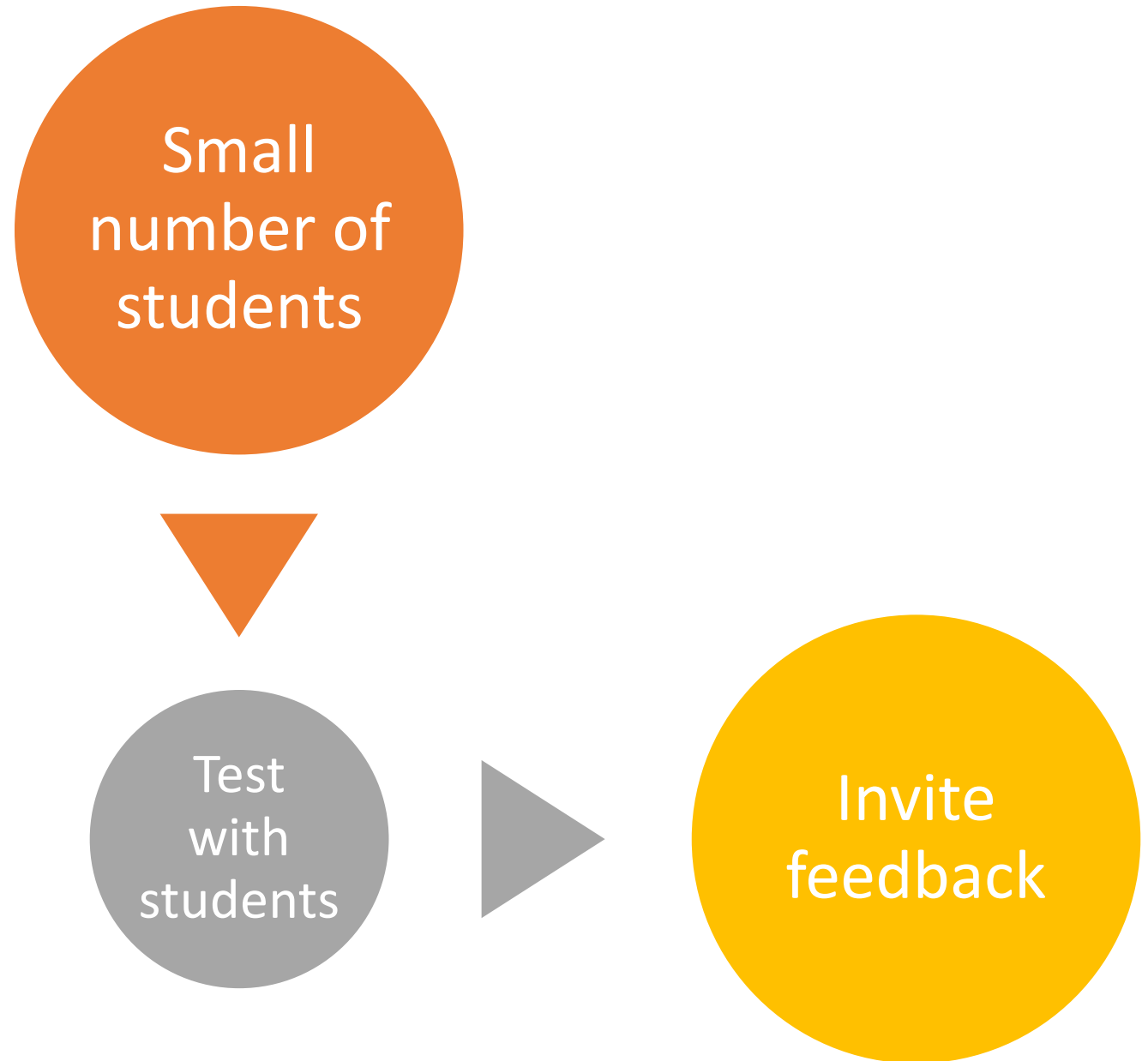
2

Vary
methods

3

Give
feedback

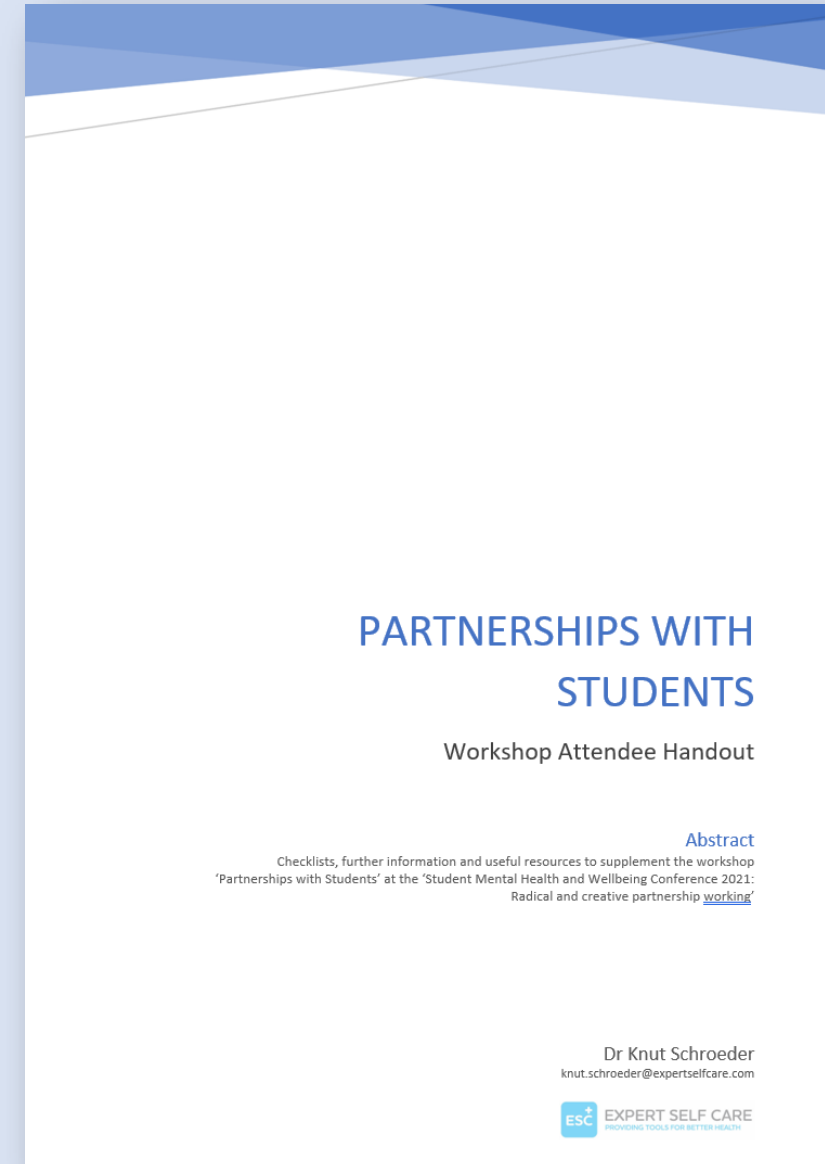
How to co-produce with students





Find new ways to engage
with YOUR students and
involve them in everything
you do – the benefits can
be massive!

Get in touch for an **e-handout**
with checklist, further
information and links to useful
resources



Get in touch

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