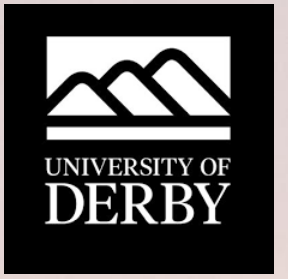


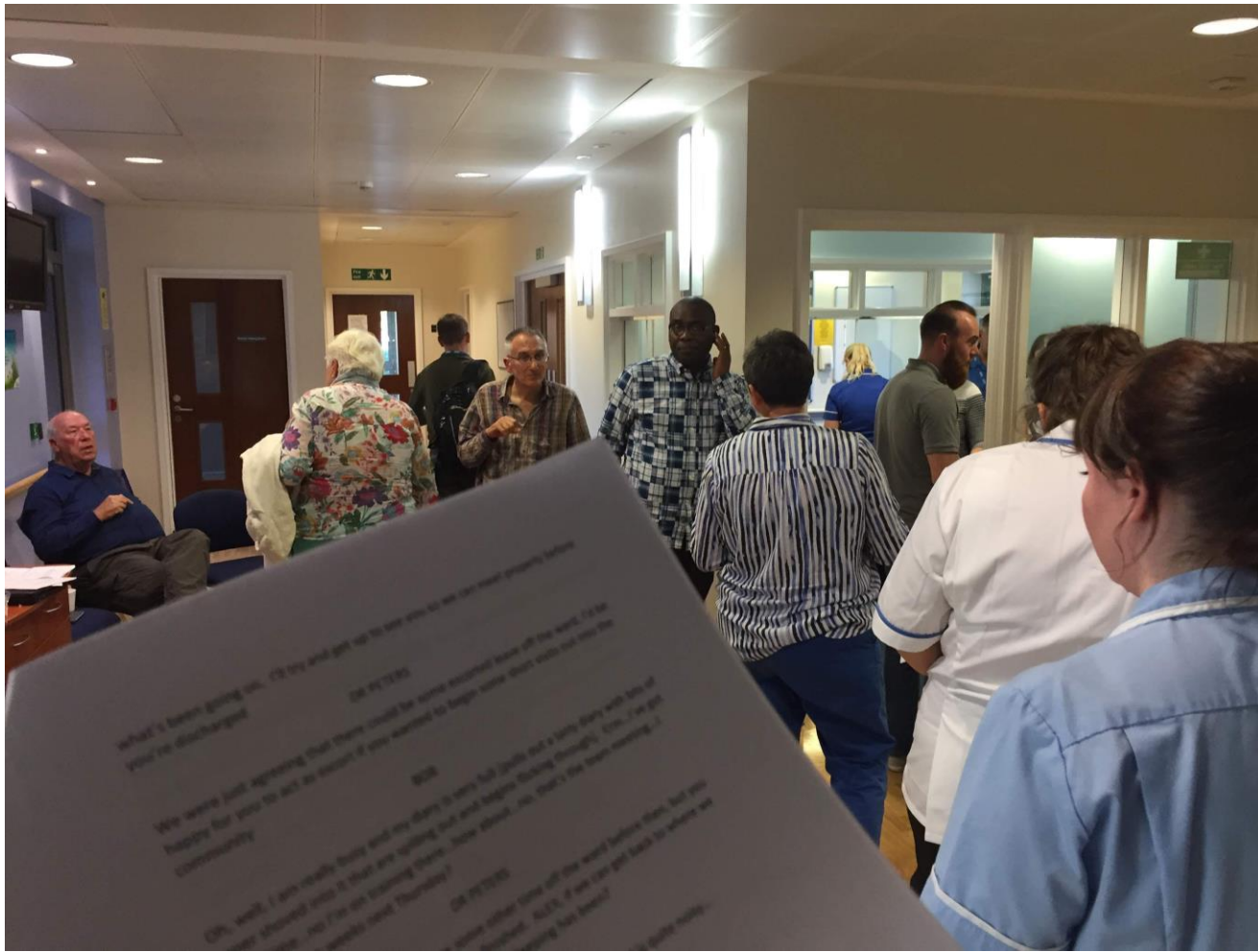
Using immersive video to develop empathy in mental health nursing students within simulated practice sessions



Laura Hollinshead and Victoria Sweetmore

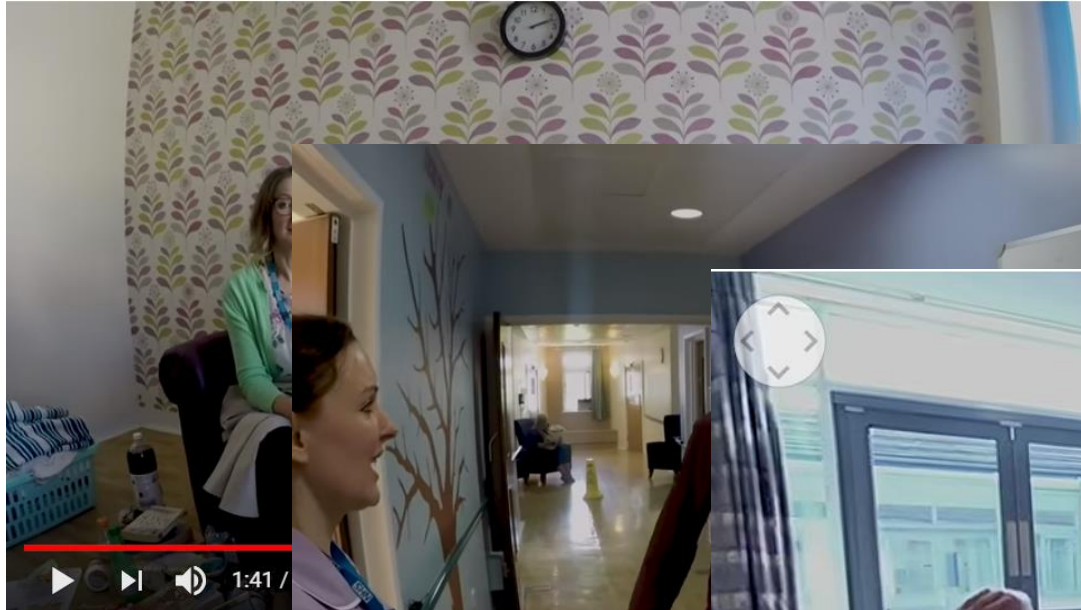
The vision





Creating the lived experience

Video Creation



When



Moving to remote delivery



Living Room

You are sitting in your living room waiting for your CPN to arrive. Your CPN talks about the possibility of you being hospitalised. Watch the video to see what is discussed.

(5.53)

Arriving at Hospital

You are arriving onto the ward for the first time, accompanied by your mum and CPN. Click on the video to find out more.

(2.29)



Zoom



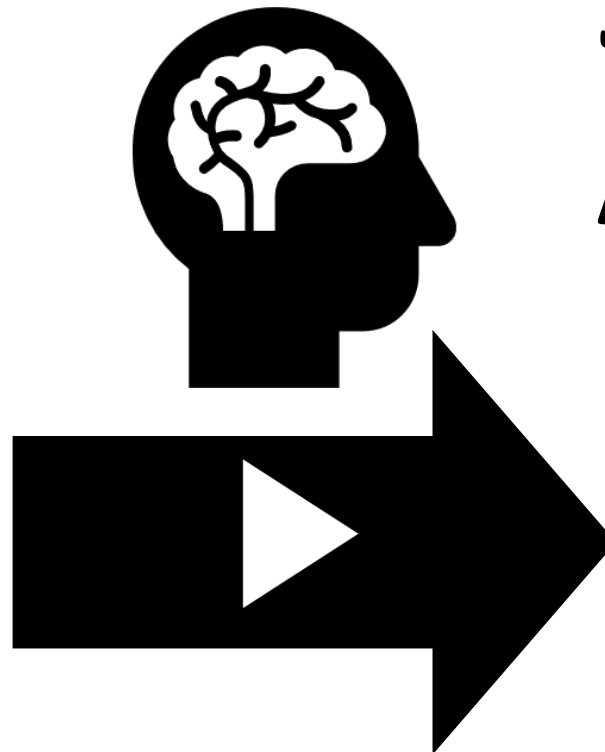
What did
students think?

I understand
the lived experience of service
users



**Strongly
Agree**

19%



**Strongly
Agree**

35%

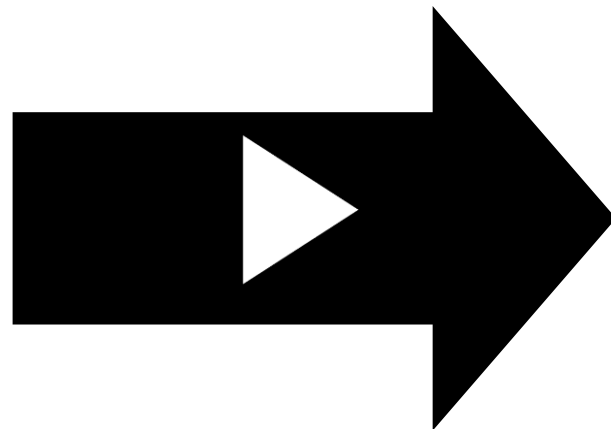
+16%

I empathise with
the lived experience of service
users



**Strongly
Agree**

39%



**Strongly
Agree**

58%

+19%

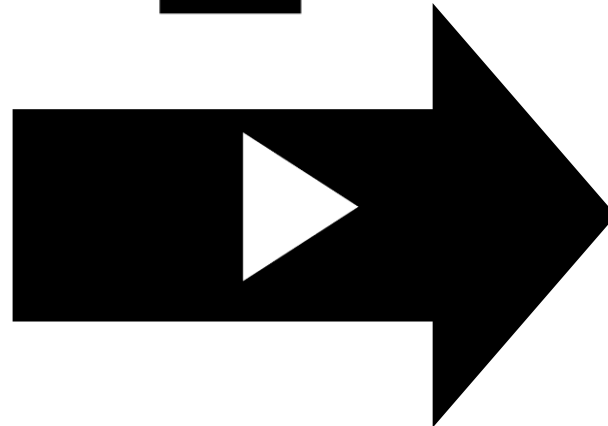
I can critically reflect

on the nuances within my practice which
contribute to the positive and negative
experiences of care



**Strongly
Agree**

20%



**Strongly
Agree**

43%

+23%

Will you make
changes to your
practice?

Yes

74%



The session has helped
me to consider aspects
of patient care and
treatment I had not
previously considered

Agree

94%



(Strongly Agree 31% and Agree 63%)



How would you change your clinical practice?



Make my clinical practice **more empathetic**

More considerate towards how my actions will effect service users

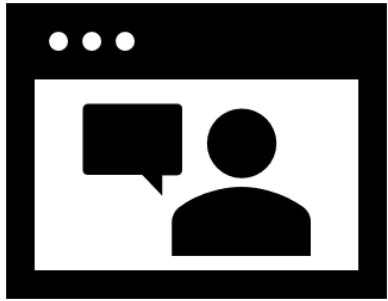
Always think how the patient feels

Put myself in their shoes to reflect

Mindful of how others are experiencing the environment

The simulation has further shown the importance of **considering the lived experience**

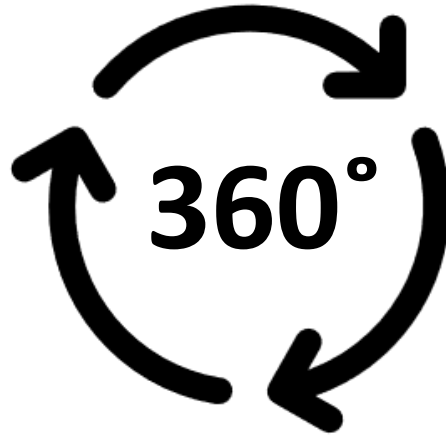
Effectiveness of the videos



89%

First person
video

(Very Effective or Effective)



80%

360° Video

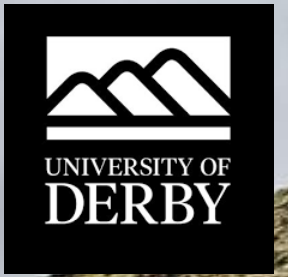
(Very Effective or Effective)



70%

Would watch
video again

Next steps



How could this be used in your context?



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