

KIDCARE 4U

**REPORT OF THE TRUSTEES
AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2022**

REGISTERED CHARITY NUMBER - 1185496

KIDCARE 4U
REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

CONTENTS

Page

1 - 8	Report of the Trustees
9	Independent Examiner's Report
10	Receipts and Payments Account
11	Statement of Assets and Liabilities



KIDCARE 4U

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30TH SEPTEMBER 2022

The trustees present their report and unaudited financial statements of KidCare 4U (the Charity) for the year ended 30th September 2022.

STRUCTURE, GOVERNANCE AND MANAGEMENT

KidCare 4U is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 25th September 2019. Its governing document is its Constitution, adopted on 28th September 2019.

The Charity is managed by its Board of Trustees who meet on a monthly-basis and ensure that all financial resources are used effectively and efficiently, along with ensuring that KidCare 4U complies with legal requirements. The Board of Trustees also examine the most appropriate use of monies relating to projects entered into.

The tight controls ensure that funds are spent for the purposes which they were given and in accordance with the objectives of the Charity.

In selecting individuals for appointment as the Charity's trustees, they must have regard to the skills, knowledge and experience needed for the effective administration of the Charity. Apart from the first trustees of the Charity, every trustee is appointed for a term of three years by a resolution passed at a properly convened meeting of the Charity trustees.

Rusna Begum is the Chief Executive Officer and manages the Charity, the programs and KidCare 4U's employees. Ms Begum is responsible for implementing the strategies and policies of the Charity as directed by the Board of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Registration Number:

1185496

Trustees:

J. Johnson (Chair)
R. Begum
M. I. Rahman
E. Owrid

Chief Executive Officer:

R. Begum

Principal Office:

34 St. Julians Avenue
Newport
NP19 7JU



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Bankers:

National Westminster Bank PLC.
High Street
Newport
NP20 1GG

Independent Examiner:

Christine Pritchard FCA
Arthur Gait & Company
Chartered Accountants
18 Gold Tops
Newport
NP20 5WJ

CHIEF EXECUTIVE OFFICER'S STATEMENT

It is hard to believe another year has gone and what a year it has been. Although we are still living with COVID-19, this year we were able to get our services back to normal and to see them develop. At the end of last year we secured funding from the National Lottery People & Places for the Family Support Project. This grant is for 3 years allowing us to continue the support we offer families in our communities and give us the opportunity to grow the project.

The pandemic has taught us so much, including the importance of play and socialisation for our children. The Saturday Club has increased the number of children it can take this year. We want to be able to offer the children the opportunity to catch up with their school work and enjoy being with friends.

We have this year been able to secure funding to continue to deliver our projects into 2023 and have developed amazing partnerships that allow us to provide additional opportunities for the community. I would like to take this opportunity to thank all our staff, volunteers and supporters for making this another successful year.

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE

The Charity's main objective as set out in its Constitution is to work for the public benefit to advance the education of children, their families and carers in varying subjects including but not limited to English, Maths, ESOL, and debt management.

The Charity aims to raise funds and to invite and receive contributions in order to meet its objectives.

The Charity is a public benefit entity. The trustees have complied with their duty in Section 4 17(5) of the Charities Act 2011 and has referred to the guidance published by the Charity Commission on public benefit when reviewing the Charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives it has set.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Three years in and KidCare4U has continued to grow and develop. We have seen an increase in our beneficiaries and we have increased the services we are now providing. Thanks to the hard work of our CEO Rusna Begum, we have secured funding to allow us to continue our projects and develop new ones. Also a huge thank you to our hard working staff who have continued to support people of all ages in our communities.

Networking and partnership working has been key to our success this year and we have been able to provide access to activities that have not been available to our communities previously. This has included Women Swim sessions at the Newport Sports Village.

The impact of the Saturday Club on our children is now showing itself through the young people who attended the club now wishing to volunteer at the sessions. We have developed the Youth Mentoring Project to allow these young people to be engaged with us and for them to support the younger children. We are so proud of our children and the staff who have mentored them.

Moving forward into our fourth year we know that as trustees we must look at the long-term strategic development and sustainability of the organisation. We now have plans to complete our five year strategic plan. We are also looking at alternate sources of funding, this includes the development of a social enterprise that will employ local people and the profits will be re-invested into the KidCare4U projects.

The Charity's current activities include:

Saturday Kids' Club

- 96 children on register
- 12 staff employed
- Children come from 6 ethnic backgrounds
- Workshops have included:
 - Health and Mental Well-being sessions in partnership with CAMHS
 - Drug Awareness sessions with BAROD
 - Connecting to nature with Gwent Wildlife Trust
 - Sewing workshops in partnership with Gwent Police
 - Health cooking workshops.
- Funding received to continue the provision from the Gwent Police and Children in Need

Kids' Football Project

Kidcare4U has continued working in partnership with Newport City Football Club to develop our kids' football project. The children continue to train mid-week with the club. We now have 35 children registered with the Football Association Wales and are training and playing matches on a Sunday for a professional club.

Saturday Football - the Saturday Football session has changed this year to provide more children with the opportunity to access football. The sessions run from 10 to 11am on Saturday and are open to all children. We are encouraging parents to be volunteers and to support the coaches.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Family Support

The Family Support Project is in its first year of the National Lottery funding and the project has continued to grow. The project has this year had a support worker for the Yemeni community. The support workers saw 95 clients during the year from 13 different diverse communities and speaking 8 different languages. There were 52 new clients this year.

With this project developing we have identified areas of work that need developing and the need to develop working partnerships to help our families. We recognised that much of our work is based around the language or cultural barriers our clients face. ESOL classes were essential to help many of our clients move on. We have been working with Pobl to get free classes for our clients. We also worked with Newport Live to access to a swimming pool for our women.

- 528 support contact/visits made
- 195 wellbeing calls/visits made
- 33 New client introductions made however some new clients had support visits made immediately
- Psychological well-being practitioner translation – 9 sessions supported totalling 8.75 hours

Early Angels

This project provides support for parents with new babies and where language is a barrier.

- 8 Families supported

Over the last year this project has developed and changed. It was found that the support was needed for parents not just with premature babies but for all parents with a new baby. The project now provides the family with information and support as with the family support project but also gives that additional help with parents that face the challenges of having a new child.

Female Well-Being Project

This group brings together women from a number of diverse ethnic backgrounds, encouraging social interaction between groups. Recent natural disasters that have happened abroad affected family members here. Many of the women in our wellbeing group are anxious and very scared, so we needed to support them by providing them with accurate information. Working with RSPB and Nature Reserves Wales, KidCare4U connected our Women's Wellbeing Group to nature, educating them climate change and its impact on their lives, and taking them on walks. 65 women took part over the year.

As well as our usual projects for the adults, KidCare4U has held extra workshops. This included Trading Standards from Newport City Council delivering a session about how to avoid scams. Many people we work with are vulnerable for various reasons and are likely to fall victim to such scams.

Men's Football Project

We are currently running 3 sessions a week with 48 participants from diverse ethnic backgrounds; however, in the last few months we have 6 or more players joining from white ethnicity. The men from across Newport have formed a football WhatsApp group, are voluntarily organising the sessions and taking ownership of the group.

KidCare4U is only paying for the pitch hire. This project was set up to support men's physical and mental health and has now developed, bringing men in the community together showing integration and has provided confidence and self-esteem to the men who are now organising the project themselves.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Parent & Toddler

The Parent & Toddler group continued to run during this year with 19 parents and 22 children accessing the service. The team grew with a new volunteer joining and being active in the provision.

During the year, we accessed funding from Early Years Wales to buy a storage unit. We also had a team from Early Years Wales come in to provide activities for the children and parents to support children in being active.

Some of the parents also accessed the Paediatric First Aid Course providing them with a qualification. For many this was a huge achievement.

Unfortunately, the funding has come to an end for this project. However, from the lessons we have learnt about the project we are now looking at supporting parents using our new office space.

Summer of Fun

Once again the Welsh Government released funding through Newport City Council for the Summer of Fun. This meant that during the summer holidays we were able to take our families on trips to Barry, Cheddar Gorge, Cosmeston Lake, Porthcawl and Wookey Hole.

Many of our families are unable to afford trips and these trips were a great experience for the whole family. We took over 360 people during the summer on trips to places they have never been. There was no financial burden on the family as KidCare4U provided packed lunches, admission costs and transportation.

The funding also allowed us to host a Summer of Fun event at Pill Millennium Centre, where families could take part in a range of activities including a Bouncy Castle.

Youth Mentoring Project

Many of our young people once they get to 16 years do not want to leave the Saturday Kids Club. We now offer young people the opportunity to volunteer with KidCare4U and become youth mentors, supporting younger children who are vulnerable or are exhibiting concerning behaviours. The youth mentors are offered training and are encouraged to lead projects. One such project was the Boxing where the mentors lead the project supporting the younger children to participate in some basic boxing training sessions. We encourage our young people to look at other volunteering roles through GAVO and to participate in youth panels whenever possible.

Women's Swim Sessions

Access to fitness activities for women from diverse backgrounds is very limited due to cultural and religious barriers. KidCare4U has collaborated with the Black Swimming Association, Newport Live and Swim Wales to provide swimming lessons with qualified swimming instructors. We currently have 3 sessions per week with 78 women registered.

We now are in talks with the venue to organise gym sessions on their site for females only at a subsidised cost. Newport Live own the leisure centres across Newport and as a charity they want to work in partnership with us to improve the health and wellbeing of people from diverse ethnic backgrounds. They now see the need to respect the cultural backgrounds of our users and to provide the services required. We are looking into swim sessions for men only as this has been requested by the community.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Dignity Project

Usually the Local Authority have hubs where females can go for free sanitary products, however both the LA and KidCare4U identified that women from diverse ethnic backgrounds were uncomfortable attending the hubs and therefore were not accessing the service. Many of the women we work with are from low-income households with multiple females and are the most in need, so working with Newport City Council we now provide a service.

Stock is delivered to us and via our female staff the products are distributed to women who need it. We provide products to girls who attend our Saturday Club.

Well-Being Funding from Newport City Council

This funding allowed KidCare4U to provide a range of activities including trips and healthy cooking workshops throughout the winter months to support our young people's mental health following the last two years of living with the pandemic.

Training- Women's Well Being Program

As part of the Women's Well-Being project we have worked in partnership with a number of different organisations to provide training for women in our communities. The training has provided access to new life skills, qualifications and has built self-esteem and confidence.

Training courses have included:

- Paediatric First Aid Level 3 provided by Volunteering Wales for 28 women and 10 volunteers
- Basic Computer Skills provided by Digital Wales

Windrush Event

Funded by the Race Council Cymru, KidCare4U hosted a Windrush Event to celebrate the arrival of the first Black Immigrants. We found that many of our families were unaware of the history of immigrants in this country and so it was a great opportunity for them to hear from people who actually were part of this period of history.

Family Event

Working in partnership with Gwent Police, Aneurin Bevan Health Board and others KidCare4U hosted a Family event. The event, held at Pill Millennium Centre, offered a range of activities for the children, but it also provided free health checks, and mental health advice and Gwent Police were collecting the views of local people .

Partnership Work

Over the last year we have continued to expand our network of organisations and agencies that can support our work. By acknowledging our capacity and looking at the long-term sustainability of our organisation we have developed strong partnership working ensuring that our beneficiaries have the best access to opportunities and access to services. This partnership working has lead to more activities being available, access to additional funding and our profile has been elevated. This has meant more opportunities.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

Our partners include:

- Newport City Football Club
- Aneurin Bevan University Health Board
- Gwent Police
- Gwent Wildlife Trust
- Barod
- Newport Live
- Community House
- Pill Millennium Centre
- Volunteering Wales
- Early Years Wales
- GAVO
- Swim Wales

FINANCIAL REVIEW

Details of the Charity's performance during the year are shown in the Receipts and Payments Account on page 10. The Charity's total receipts during the year amounted to £130,316.47. Total receipts during the year include receipts from fees, various grants and sundry income.

During the year, KidCare 4U received grant funding from the following funders:

- The Tudor Trust core funding - £30,000 per annum for 3 years
- The National Lottery Community Fund - £32,674 for 3 Family Support Workers (6 hours each), Welsh translation, consultant and 15 hours of CEO post;
- Garfield Weston for Women's Wellbeing project - £10,000;
- BBC Children In Need - money for heroes project - £1,000;
- Children in Need for Saturday Club - £9,997;
- Newport City Council for Winter of Well-being - £7,500;
- Newport City Council Participatory Budget project - £9,236;
- Newport City Council Summer of Fun - £5,000;
- Gwent Police for Saturday Club - £12,041.50;
- Race Council Cymru GM Fund for Women's Well-being project - £3,800;
- Race Council Cymru for Windrush event - £1,690.50;
- GAVO for youth led boxing project - £1,970;
- GAVO Winter Pressures funding - £3,490;
- Early Years Wales for Parent & Toddler group - £250;
- Additional funding received - £1347.47

The Charity's total payments during the year amounted to £172,206.64 resulting in a net cash outflow for the year amounting to £41,890.17.

Details of the Charity's assets and liabilities are shown in the Statement of Assets and Liabilities on page 11. At 30th September 2022, the Charity's cash funds totalled £6,711.96 and its liabilities, its Bounce Back Loan, totalled £7,923.48.



KIDCARE 4U

REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 30TH SEPTEMBER 2022

The Charity's key financial aim remains to be financially sustainable. The Board of Trustees has established a policy whereby the unrestricted funds not committed or invested in tangible assets (the free reserves) held by the Charity should be to amount to three months running costs. This will allow the Charity to run for a very short period of time, in the event of a significant reduction in funding. How the funding would be replaced, or activities changed would need to be addressed urgently, but should not compromise the primary objectives of KidCare 4U. Free reserves at 30th September 2022 totalled £6,711.96.

FUTURE DEVELOPMENTS

Moving forward the following projects will be developed:

- New office space to be opened in Clarence House
- Development of ESOL classes in partnership with Pobl
- Gym sessions and possible men's swim sessions
- Monthly coffee mornings for women
- Development of IT sessions with Coleg Gwent
- Early Angels project moving into the Family Support project
- Development of Youth Mentoring Program

THANK YOU!

We acknowledge the following people and organisations for their support:

- All our staff for all their hard work and dedication
- To our CEO, Rusna Begum, for her vision, dedication, hard work, and her heart
- To all the Trustees for their work, support and belief in KidCare4U
- To all the Organisations, Agencies and Statutory Bodies that have worked in partnership with us
- To all our Funders
- To the Pill Millennium Centre, Newport Sports Village and Eveswell Community Centre, for providing us the opportunity to deliver our projects in safe and comfortable venues.
- Newport City Football Club for working with us on our Football Project
- And finally to all our families for supporting us and making our work worthwhile

Approved by the trustees on 3rd June 2023 and signed on its behalf by:

J. Johnson



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF KIDCARE 4U

I report to the trustees on my examination of the accounts of Kidcare 4U (the Charity) for the year ended 30th September 2022, which comprise the Receipts and Payments Account and Statement of Assets and Liabilities.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christine Pritchard FCA
Arthur Gait & Company
Chartered Accountants
18 Gold Tops
Newport
NP20 5WJ

5th June 2023

KIDCARE 4U

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2022

RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

	TOTAL	UNRESTRICTED FUNDS			RESTRICTED FUNDS																		
					National Lottery Family Support Project	Garfield Weston Foundation Women's Wellbeing	Moondance Foundation Children's Football	BBC Children in Need Money Heroes Project	BBC Children in Need Saturday Kids Club	Newport City Council Early Angels	Newport City Council Winter of Wellbeing Project	Newport City Council Participatory Budget Project	Newport City Council Summer of Fun	Gwent Police Saturday Kids Club	Awards for All Parent and Toddler Group	Race Council Cymru - GM Fund Women's Wellbeing Project	Race Council Cymru - Survey	Race Council Cymru - Windrush	GAVO Boxing	GAVO Winter Pressures Project	Early Years Wales Parent and Toddler Group	WCVA Voluntary Services Recovery Fund	2021
	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£
Receipts																							
Fees	0.00																						50.00
Grants	128,969.00			30,000.00	32,674.00	10,000.00		1,000.00	9,997.00		7,500.00	9,236.00	5,000.00	12,041.50		3,800.00	320.00	1,690.50	1,970.00	3,490.00	250.00		133,888.46
Sundry	1,347.47	1,347.47																					1,190.42
HMRC Job Retention Scheme	0.00																						6,833.45
	130,316.47	1,347.47	0.00	30,000.00	32,674.00	10,000.00	0.00	1,000.00	9,997.00	0.00	7,500.00	9,236.00	5,000.00	12,041.50	0.00	3,800.00	320.00	1,690.50	1,970.00	3,490.00	250.00	0.00	141,962.33
Payments																							
Wages and salaries & HMRC PAYE	107,655.93	20,403.45	8,778.00		18,792.84	495.00	624.00		9,746.64	1,392.00	1,430.00	2,160.00	2,600.00	24,915.00	4,224.00	9,560.00	320.00	190.00	585.00	1,440.00			89,351.63
Grant repayment	0.00																						3,780.51
Bounce Back Loan repayments	1,243.21	1,243.21																					414.40
Food	5,356.61	515.80				160.88					1,550.50		1,823.23				1,064.90	241.30					2,634.26
Materials, equipment and resources	7,412.57	771.69				455.35	66.97	1,000.00		1,416.50	1,015.89		534.28		1,272.47			319.42	310.00	250.00			5,522.74
Rent	15,112.25		4,312.55				1,420.00				535.00	1,822.25	607.00	2,005.70	954.75	771.00		180.00	774.00	1,730.00			8,432.50
Insurance	949.16	949.16																					966.21
Professional fees	3,647.12	1,171.12	2,436.00				40.00																6,256.18
Training	0.00																						729.00
DBS	217.60	9.70					158.40											49.50					584.00
Uniform	750.00	630.00					120.00																222.30
Expenses and admin	1,594.52	1,004.61							68.99				152.48		103.60	94.84		170.00					2,530.58
Sundry and travel	8,957.22	1,852.27				200.00	110.00						4,784.95			2,010.00							0.00
Activities	10,667.95	878.70					150.00	250.00		2,967.00	1,400.00	4,669.00			25.75	227.50	100.00						6,187.17
Volunteer costs	727.50		91.00				356.50								280.00								1,849.50
Consultancy	7,915.00				5,280.00										1,075.00						1,560.00		4,530.00
	172,206.64	29,429.71	15,617.55	0.00	24,072.84	1,311.23	3,045.87	1,000.00	9,996.64	2,877.49	7,498.39	5,382.25	15,170.94	26,920.70	7,935.57	12,663.34	320.00	1,704.90	1,969.22	3,480.00	250.00	1,560.00	133,990.98
Net receipts/(payments)	-41,890.17	-28,082.24	-15,617.55	30,000.00	8,601.16	8,688.77	-3,045.87	0.00	0.36	-2,877.49	1.61	3,853.75	-10,170.94	-14,879.20	-7,935.57	-8,863.34	0.00	-14.40	0.78	10.00	0.00	-1,560.00	7,971.35
Transfers between funds	0.00	49.16	-933.89				791.87		5.49	-1.61			170.94		0.82	-36.66		14.40	-0.78	-10.00		-49.74	0.00
Cash funds brought forward	48,602.13	2,664.70	16,551.44	0.00	84.00	0.00	2,254.00	0.00	0.00	2,872.00	0.00	0.00	0.00	5,731.50	7,934.75	8,900.00	0.00	0.00	0.00	0.00	0.00	1,609.74	40,630.78
Cash funds carried forward	6,711.96	-25,368.38	0.00	30,000.00	8,685.16	8,688.77	0.00	0.00	0.36	0.00	0.00	3,853.75	-10,000.00	-9,147.70	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	48,602.13

The Receipts and Payments Account was approved by the trustees on 3rd June 2023 and signed on its behalf by

J. Johnson

KIDCARE 4U

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2022

STATEMENT OF ASSETS AND LIABILITIES AS AT 30TH SEPTEMBER 2022

	TOTAL	UNRESTRICTED FUNDS			RESTRICTED FUNDS																	2021
		General	Garfield Weston Foundation	Garfield Weston Foundation	National Lottery	The Tudor Trust	Moondance Foundation Children's Football	BBC Children in Need Heroes Project	BBC Children in Need	Newport City Council Early Angels	Newport City Council Winter of Wellbeing Project	Newport City Council Participatory Budget Project	Newport City Council	Gwent Police	Awards for All Parent and Toddler Group	Race Council Cymru - GM Fund Women's Wellbeing Project	Race Council Cymru - Windrush	GAVO Boxing	GAVO Winter Pressures Project	Early Years Wales	WCVA Voluntary Services Recovery Fund	
	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£
Cash funds																						
Bank current account	6,711.96	-25,368.38	0.00	30,000.00	8,685.16	8,688.77	0.00	0.00	0.36	0.00	0.00	3,853.75	-10,000.00	-9,147.70	0.00	0.00	0.00	0.00	0.00	0.00	0.00	48,602.13
Liabilities																						
Bounce Back Loan	7,923.48	0.00	0.00	7,923.48	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	9,628.70

The Statement of Assets and Liabilities was approved by the trustees on 3rd June 2023 and signed on its behalf by

J. Johnson