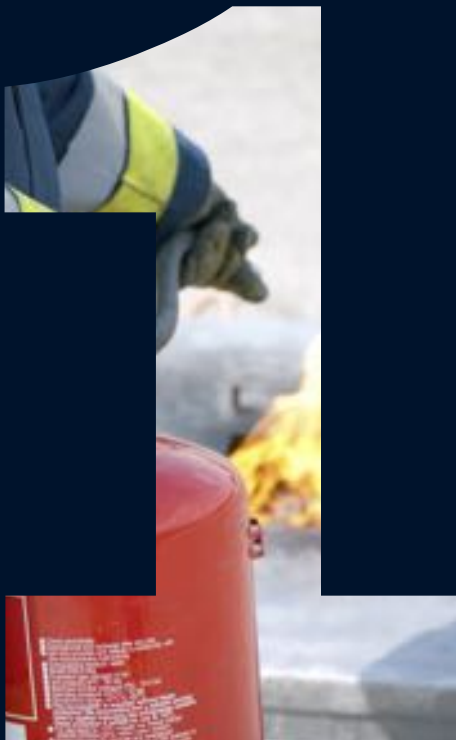




Ajuda

Training Services

Educating People to Save Lives



Open Course Calendar



Ajuda

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Educating People to Save Lives



At Ajuda we can provide all the mandatory training you need to ensure that your workplace is fully compliant with HSE Regulations.

We offer a full range of courses which can be run at your premises or at our Training Academy in Cardiff Bay.

Ajuda Limited is a multi award winning company that provides companies with affordable Health and Safety Courses such as First Aid Training, Manual Handling, Health & Safety, Food Safety, Fire Safety, Mental Health First Aid, and many more related courses throughout Wales and the rest of the UK.

OUR MISSION STATEMENT



To deliver high quality, customer focused, accredited training to suit the individual needs of all. We strive to provide reliable information, knowledge and skills enabling candidates to succeed.



MARCH 2019

Date	Course	Days	Price
6th, 7th, 13th, 14th & 21st	Level 3 Award in Education & Training (RQF)	5	£575
11th	Level 2 Award in Health & Safety (RQF)	1	£90
12th	Level 2 Award in Safe Moving & Handling (RQF)	1	£90
18th	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
18th - 20th	Level 3 Award in First Aid at Work (RQF)	3	£210
25th & 26th	Mental Health First Aid (Wales) (Adult)	2	£120
27th & 28th	Level 3 Award in Paediatric First Aid (RQF)	2	£160



APRIL 2019

Date	Course	Days	Price
1st - 3rd	First Aid Trainer / Assessor	3	£425
4th	Defib Instructor Course	1	£150
8th	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
8th - 10th	Level 3 Award in First Aid at Work (RQF)	3	£210
23rd	Level 2 Award in Fire Safety and Fire Marshal (RQF)	1	£90
24th	Level 3 Award in Allergens (RQF)	1	£90
25th & 26th	Mental Health First Aid (Wales) (Adult)	2	£120
29th	Level 2 Award in Food Hygiene (RQF)	1	£90

MAY 2019

Date	Course	Days	Price
1st	Level 2 Award in Conflict Management (RQF)	1	£90
2nd	Level 2 Safeguarding Vulnerable Adults (RQF)	1	£90
7th	Level 2 Award in COSHH (RQF)	1	£90
8th	Level 2 Award in Customer Service (RQF)	1	£90
13th	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
13th - 15th	Level 3 Award in First Aid at Work (RQF)	3	£210
20th & 21st	Level 3 Award in Paediatric First Aid (RQF)	2	£160
23rd & 24th	Mental Health First Aid (Wales) (Adult)	2	£120
28th - 30th	Level 3 Award in Health & Safety (RQF)	3	£295



JUNE 2019

Date	Course	Days	Price
3rd & 4th	Level 3 Award in First Aid at Work Refresher (RQF)	2	£160
6th	Interview Skills	1	£60
10th - 12th	First Aid Trainer / Assessor	3	£425
13th	Defib Instructor Course	1	£150
17th	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
17th - 19th	Level 3 Award in First Aid at Work (RQF)	3	£210
20th	Employability Skills	1	£60
24th	Level 2 Award in Safe Moving & Handling (RQF)	1	£90
25th	Level 2 Award in Fire Safety and Fire Marshal (RQF)	1	£90
26th	Level 2 Award in Food Hygiene (RQF)	1	£90
27th & 28th	Mental Health First Aid (Wales) (Adult)	2	£120

JULY 2019

Date	Course	Days	Price
2nd	Level 2 Award in Health & Safety (RQF)	1	£90
3rd	Level 2 Safeguarding Vulnerable Adults (RQF)	1	£90
8th	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
8th - 10th	Level 3 Award in First Aid at Work (RQF)	3	£210
16th & 17th	Level 3 Award in Paediatric First Aid (RQF)	2	£160
25th & 26th	Mental Health First Aid (Wales) (Adult)	2	£120
29th - 31st	Level 3 Award in Food Hygiene (RQF)	3	£295
29th & 30th	Level 3 Award in First Aid at Work Refresher (RQF)	2	£160



AUGUST 2019

Date	Course	Days	Price
5th	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
5th - 7th	Level 3 Award in First Aid at Work (RQF)	3	£210
12th	Level 2 Award in Fire Safety and Fire Marshal (RQF)	1	£90
13th	Level 2 Award in Safe Moving & Handling (RQF)	1	£90
14th	Level 2 Award in COSHH (RQF)	1	£90
19th	Level 2 Award in Food Hygiene (RQF)	1	£90
22nd & 23rd	Mental Health First Aid (Wales) (Adult)	2	£120

Open Courses take place at Ajuda Training Academy

15 Mount Stuart Square, Cardiff Bay, CF10 5DP

For more information or to book a place

Call the team on 02920 576883 or email admin@ajuda.org.uk



SEPTEMBER 2019

Date	Course	Days	Price
2nd & 3rd	Level 3 Award in First Aid at Work Refresher (RQF)	2	£160
4th	Interview Skills	1	£60
9th	Level 2 Award in Health & Safety (RQF)	1	£90
10th & 11th	Level 3 Award in Paediatric First Aid (RQF)	2	£160
16th	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
16th - 18th	Level 3 Award in First Aid at Work (RQF)	3	£210
23rd, 24th & 1st, 2nd, 7th Oct	Level 3 Award in Education & Training (RQF)	5	£575
24th & 25th	Mental Health First Aid (Wales) (Adult)	2	£120
25th	Employability Skills	1	£60



OCTOBER 2019

Date	Course	Days	Price
3rd	Level 2 Award in Conflict Management (RQF)	1	£90
8th	Level 2 Award in Safe Moving & Handling (RQF)	1	£90
9th	Level 2 Award in Risk Assessment (RQF)	1	£90
14th - 16th	First Aid Trainer / Assessor	3	£425
14th & 15th	Mental Health First Aid (Wales) (Adult)	2	£120
17th	Defib Instructor Course	1	£150
21st	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
21st - 23rd	Level 3 Award in First Aid at Work (RQF)	3	£210
28th - 30th	Level 3 Award in Health & Safety (RQF)	3	£295

NOVEMBER 2019

Date	Course	Days	Price
5th	Level 2 Award in Fire Safety and Fire Marshal (RQF)	1	£90
6th	Level 2 Award in Health & Safety (RQF)	1	£90
11th	Level 2 Award in Customer Service (RQF)	1	£90
11th & 12th	Mental Health First Aid (Wales) (Adult)	2	£120
12th	Level 2 Award in Food Hygiene (RQF)	1	£90
18th	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
18th - 20th	Level 3 Award in First Aid at Work (RQF)	3	£210
25th & 26th	Level 3 Award in Paediatric First Aid (RQF)	2	£160
27th & 28th	Level 3 Award in First Aid at Work Refresher (RQF)	2	£160



DECEMBER 2019

Date	Course	Days	Price
2nd	Level 2 Safeguarding Vulnerable Adults (RQF)	1	£90
9th	Level 3 Award in Emergency First Aid at Work (RQF)	1	£90
9th - 11th	Level 3 Award in First Aid at Work (RQF)	3	£210
16th & 17th	Mental Health First Aid (Wales) (Adult)	2	£120

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